

PROSPECTIVE AFFILIATION AGREEMENT

Agency / Facility Information Sheet

This information collected on this sheet will be used to complete a formal agreement with your institution.

Today's Date: 9 / 20 / 17

Agency Name: YMCA of Greater San Antonio Address: 231 E. Rhapsody, SAT 78216

Phone Number: 210-246-9600 Email address: NA

1. Please briefly describe the scope of your facility/agency's work. Printed brochures or fact sheets explaining your organizational goals may be attached.

The YMCA of Greater San Antonio is a charitable organization that helps transform our community through programs that build healthy spirit, mind, and body for all regardless of race, age, income or background. We 13 wellness facilities where we not only offer group ex classes and a wellness floor but we also offer healthy living classes for individuals and families, teaching kitchens for nutrition education, and social events for all ages.

The YMCA Y Living Center is the hub of the Healthy Living Programs for all of the San Antonio YMCAs where programs such as Cancer Survivorship, Diabetes Prevention, Childhood Obesity Prevention & Intervention, and Blood Pressure Management are taught/trained and then offered through out the city.

2. Indicate the most appropriate person(s) to contact within your facility/agency regarding internship possibilities.

Name Kristine Gusman
Phone # 210-582-0999

Title/Responsibility Association Healthy Living Director
Email: kristineg@ymcasatx.org

3. Briefly describe the internship experiences available with your facility/agency.

Nutritionist/Dieticians – Interns will work with our staff in the teaching kitchens (northwest and southside YMCA's) offering CHEF classes or specialized classes developed for the cliental at that YMCA location. Interns can also work with our healthy living programs to develop and then teach health chats for individuals participating in the program.

Facility Wellness Coaches – The YMCA has 13 full facilities where interns can assist youth and adult members with achieving their fitness goals through wellness orientations and by guiding them through our Fit Path Program. Other duties would include assisting on the wellness floor with members and equipment.

Healthy Living Coaches – Interns are trained to deliver specific YMCA evidence-based programs that are offered through out San Antonio. Programs include: Healthy Weight & Your Child (youth obesity intervention program); YLiving (lifestyle behavior change intervention); Workplace Wellness (weight loss program with current business partners); Blood Pressure Self-Management; and Health Matters (healthy living program for adults with intellectual and developmental disabilities). For more information about healthy living programs, please visit the Y Living website at ymcasatx.org/ylivingcenter

4. Are there any restrictions to an internship that the student or university should be aware of?
Will this be a paid position?

- Interns must be a Junior, Senior or Graduate student at time of acceptance
- Concentrated studies in health, wellness, kinesiology, nutrition/dietetics, exercise science or related discipline are encouraged to apply
- Apply by emailing a cover letter and resume to the contact person. Standardized in-person interviews will to scheduled for selected candidates.
- Interns will need to pass a drug test and criminal background check to be able to participate as an intern with the YMCA

The YMCA offers paid and unpaid opportunities for 300-400 hours. Healthy Living Coaches are the only paid internship positions because of the specialized training with the YMCA programs and commitment of time. All other internships will be unpaid.

5. Is your organization a HIPPA covered agency? YES _____ NO X

Please return this questionnaire to:
Stephanie Keiningham Greeson, LAT
Health & Kinesiology Internship Coordinator
College of Education and Human Development
UTSA
San Antonio TX 78249-0654
Tel. (210) 458-8551 Email: stephanie.keiningham@utsa.edu
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