Mobile Health Lab

Internship Opportunity

The Mobile Health Lab (Department of Health & Kinesiology) is seeking interns to contribute their valuable time and hard work in programs aimed at improving community health in Roadrunners Diabetes Screening and Education Project. Interns will work as “Health Ambassadors” to participate in diabetes screening and brief counseling in the community. The screening includes HbA1c, fasting glucose, blood pressure, obesity, and blood lipids. Interns will also have opportunity to teach diabetes education classes to residents in underserved communities. In addition, interns will assist with data collection and entry of multiple studies related to the lab.

The Mobile Health Lab also provides research training opportunities. Currently, Dr. Yin is conducting community-based obesity and diabetes prevention studies. Some of the ongoing studies includes:

- **Miranos!:** Obesity Prevention in Head Start
- **Healthy South Texas Partnership**
- **Healthy Frio Family Obesity Prevention Study**
- **Wilson County Diabetes Prevention Pilot Study**
- **Rural Chronic Pain Management Pilot Study**

All candidates should have good work ethic, flexible schedule, and interest of serving the underserved populations. This is **not** a paid position, but there is a small monthly stipend for transportation.

*Please contact the laboratory at 210-458-5650 or email Dr. Zenong Yin, director, at zenong.yin@utsa.edu*