

**THE UNIVERSITY OF TEXAS AT SAN ANTONIO  
KINESIOLOGY AND HEALTH NTERNSHIP**

**Agency Information Sheet**

Today's Date: May 21, 2013

Agency Name: Braundera Family YMCA

Address: 9606 Bandera Road

Agency Phone: 210-520-9700/F: 520-6600

Email: [michaelv@ymcasatx.org](mailto:michaelv@ymcasatx.org)

1. Please briefly describe the scope of your agency's work. Printed brochures or fact sheets explaining your organizational goals may be attached.

**The Braundera Family YMCA operates a full-facility family fitness center including an 8,000 square foot cardio and strength training center, a 28' indoor climbing wall, over 30 group exercise classes per week, and outdoor swimming pool and splash park, a child watch center, and youth sports leagues.**

2. Indicate the most appropriate person(s) to contact within your agency regarding internship possibilities.

| <u>NAME</u>   | <u>TITLE/RESPONSIBILITY</u>  | <u>PHONE #</u> |
|---------------|--|----------------|
| Michael Voris | Member Engagement Director   | (210) 520-9700 |
| Jake Oglesby  | Sports Director ( <a href="mailto:jakeo@ymcasatx.org">jakeo@ymcasatx.org</a> ) | (210) 520-9700 |

3. Briefly describe the internship experiences available with your agency.

- **The intern would be responsible for assisting youth and adult members with their fitness plans. The intern will meet individually with members and conduct wellness orientations as well as guide them through the "Commit-to-be-Fit" program which is a 12 week program consisting of goal setting, strength and cardiovascular training and helping overcome barriers. The YMCA is open to suggestions or ideas that the intern may bring from their college experience that would enhance the programs and services provided to our members.**

4. Are there any restrictions to an internship that the student or university should be aware of?  
Will this be a paid position?

**This is not a paid internship. No restrictions at this time.**

Please return this questionnaire to:

The University of Texas at San Antonio  
College of Education and Human Development  
Department of Health and Kinesiology  
Internship Supervisor  
San Antonio TX 78249-0654  
Email: [tunetha.wren@utsa.edu](mailto:tunetha.wren@utsa.edu)  
Tel. (210) 458-5407  
Fax: (210) 458-5873