

**THE UNIVERSITY OF TEXAS AT SAN ANTONIO
PROSPECTIVE AFFILIATION AGREEMENT
Agency / Facility Information Sheet**

This information collected on this sheet will be used to complete a formal agreement with your institution.

Today's Date: 10 / 24 / 19

Agency Name: Your Fitness 365

Address: 9703 Bandera rd. ste. 101 San Antonio, Tx 78250

Phone Number: 210-236-7219

Email address: colleen@rainbowseniorcenter.com

1. Please briefly describe the scope of your facility/agency's work. Printed brochures or fact sheets explaining your organizational goals may be attached.

Organization's exempt purpose:

Mission: As a family owned and operated facility, we aim to improve the well-being of our community by maximizing the opportunities for our members to achieve their goals.

Vision: Our vision is to establish a friendly, fun environment that actually allows members to enjoy coming to our facility. This combined with our experienced staff will not only set the foundation needed for members to obtain their goals, but help them along the way.

Programs and Services: Our programs are constantly involving to include strength and conditioning for athletes to self-defense for all ages.

- Strength and Conditioning Program: This programs is geared towards improving the fitness of athletes to improve in-game performance. In addition to strength and conditioning, if focuses on injury prevention and weight loss. Program is tailored for all ages.
- Durability and Mobility Program: This program is intended for those just exiting rehab yet still aren't at full strength. Our staff develops classes and personal training geared towards establishing a solid foundation that enables members to achieve their fitness goals in an injury free manner.
- Self-Defense Program: Protecting yourself from getting injured by others is just as, if not, more important than learning how to prevent fitness injuries. Our attached mixed martial arts academy provides weekly lessons that teaches self-confidence and techniques preventing others from hurting members.
- 24 Hour Fitness Center: Members have 24 hour access to top rated equipment, as well as unconventional and strongmen gear. Members also have access to amenities such as our infrared sauna, towel service, private showers, lockers, and free-wi-fi (arguably our most important amenity).
- Submission-Concepts (Mixed Martial Arts academy): Attached to our 24 hour facility is our MMA academy that teaches disciplines ranging from boxing, MMA, Brazilian Jiu-Jitsu (adults and kids), wrestling, and kids Karate.
- Personal Training programs: Customized 1-on-1 training for members researched and designed by our trainers to maximize their fitness goals.
- Team Training Programs: Same template as our personal training program but executed in a group motivating environment. This makes training more affordable for members as well.
- Gym Wars Program: Monthly competitions focusing on different fitness objectives designed to encourage community involvement while also achieving fitness goals.

Who do we serve: Our members span across all ages with a focus on those who want to live a healthy lifestyle.

Where do you provide services: We provide services to our surrounding area including Helotes, western San Antonio, and Leon Valley area.

2. Indicate the most appropriate person(s) to contact within your facility/agency regarding internship possibilities.
3. Name Vinny Babauta Title/Responsibility General Manager Phone (cell) # 210-489-0641 Office Address: 9703 Bandera Rd. ste.101 San Antonio, Tx 78250
Email: vinny.fitness365@gmail.com Type of Company (LLC, Non-for Profit, etc.): LLC

4. Briefly describe the internship experiences available with your facility/agency.

- Sales
- Nutrition
- Marketing
- Management
- Fitness

5. Are there any restrictions to an internship that the student or university should be aware of? Will this be a paid position?

There are no current restrictions. This is NOT a paid position