

Shelby Scott, Ph.D.

Assistant Professor

Department of Psychology

Research area: Clinical Psychology

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Bio

Dr. Shelby Scott is a licensed Clinical Psychologist and incoming Assistant Professor in the Psychology Department at UTSA beginning in Winter 2020. She received her Ph.D. in 2016 from the University of Denver and served as the Women's Mental Health Psychologist and LGBT Veteran Care Coordinator for VA Eastern Colorado Health Care System. Her research interests include understanding how diverse couples and families navigate complex and evolving systems of oppression, as well as how marginalized populations develop resilience and cope through these processes. Her American Psychological Foundation funded research has focused on relationship dynamics in female same-sex couples and she has also worked to develop culturally sensitive relationship interventions and clinical guidelines for same-sex couples. Dr. Scott will be building her PRIDE (**P**romoting **R**esilience **I**n **D**ivers**E**) Family Studies lab to continue her research at UTSA with an emphasis on intersectionality across families from marginalized identities. She also has a passion for teaching and mentoring students to help foster a more personal awareness of systemic, structural, and interpersonal forms of oppression.

Degrees

- Ph.D. in Clinical Psychology, 2016, University of Denver (APA approved)
- M.A. in Clinical Psychology, 2012, University of Denver
- B.A. in Psychology, 2009, University of Houston

Recent Publications

Peer-Reviewed Journal Articles

1. Stanley, S. M., Rhoades, G. K., Kelmer, G., **Scott, S. B.**, & Markman, H. J. & Fincham, F. D. (in press). Unequally into "Us": Characteristics of individuals in asymmetrically committed relationships. *Family Process*.
2. **Scott, S. B.**, Whitton, S., & Buzzella, B. (2018). Providing relationship interventions to same-sex couples: Clinical considerations, program adaptations, and continuing education. *Cognitive and Behavioral Practice*.

3. **Scott, S. B.**, Ritchie, L., Knopp, K., Rhoades, G. K., and Markman, H. J. (2018). Sexuality within female same-gender couples: Definitions, frequency, and satisfaction. *Archives of Sexual Behavior*, 47(3), 681-692.
4. **Scott, S. B.**, Parsons, A., Post, K. M., Stanley, S. M., Markman, H. J., & Rhoades, G. K. (2017). Changes in the sexual relationship and relationship adjustment precede extradyadic sexual involvement. *Archives of Sexual Behavior*, 46(2), 395-406.
5. Whitton, S., **Scott, S. B.**, & Weitbrecht, E. (2017). Participant perceptions of relationship education programs adapted for male and female same-sex couples. *Journal of Couple & Relationship Therapy*.
6. Knopp, K., **Scott, S. B.**, Ritchie, L., Rhoades, G. K., Markman, H. J., & Stanley, S. M. (2017). Once a cheater, always a cheater? Serial infidelity across subsequent relationships. *Archives of Sexual Behavior*, 46(8), 2301-2311.
7. Whitton, S. W., **Scott, S. B.**, Dyar, C. E., Weitbrecht, E. M., Hutsell, D. W., & Kuryluk, A. D. (2017). Piloting relationship education for female same-sex couples: Results of a small randomized waitlist-control trial. *Journal of Family Psychology*, 31(7), 878-888.
8. Stanley, S. M., Rhoades, G. K., **Scott, S. B.**, Kelmer, G., & Markman, H. J. & Fincham, F. D. (2016). Asymmetrically committed relationships. *Journal of Social and Personal Relationships*, 34(8), 1241-1259.
9. **Scott, S. B.** & Rhoades, G. K. (2014). Relationship education for lesbian couples: Perceived barriers and content considerations. *Journal of Couple and Relationship Therapy*, 13(4), 339-364.
10. **Scott, S. B.**, Rhoades, G. K., Stanley, S. M., Allen, E. S., & Markman, H. J. (2013). Reasons for divorce and recollections of premarital intervention: Implications for improving relationship education. *Couple and Family Psychology: Research and Practice*, 2(2), 131-145.
11. **Scott, S. B.** & Babcock, J. C. (2010). Attachment as a moderator between intimate partner violence and PTSD symptoms. *Journal of Family Violence*, 25(1), 1-9.

Book Chapters

1. Knopp, K., **Scott, S. B.**, and Parsons, A. (2017). Galena Rhoades. In J. Lebow, A. Chambers, and D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. Springer.
2. Knopp, K., Parsons, A., **Scott, S. B.**, & Ritchie, L.L., (2017). PREP Enrichment Program. In J. Lebow, A. Chambers, and D. Breunlin (Eds.). *Encyclopedia of Couple and Family Therapy*. Springer.