

William M. Land, PhD

Assistant Professor
College of Education and Human Development
Department of Kinesiology, Health, & Nutrition
University of Texas at San Antonio

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Educational Background

Doctor of Philosophy, Florida State University, Tallahassee, Florida

Graduation Date: Summer 2010

Department of Educational Psychology and Learning Systems

Major: Sport Psychology

Dissertation: The Benefit of External Focus: Common-Coding or Attunement to Affordances?

Advisor: Gershon Tenenbaum, PhD

GPA: 4.0

Masters of Science, Florida State University, Tallahassee, Florida

Graduation Date: Fall 2007

Department of Educational Psychology and Learning Systems

Major: Sport Psychology

Thesis: Facilitation of Automaticity: Sport Relevant vs. Non-Relevant Secondary Tasks.

GPA: 4.0

Bachelors of Science, University of Tennessee at Chattanooga

Graduation Date: December 2003

Major: Psychology

Minor: Philosophy

GPA: 4.0

Professional Experience

2013 - Present

Assistant Professor, Department of Kinesiology, Health, & Nutrition, University of Texas at San Antonio, USA

- 2014 – Present **Lab Director**, Human Performance Laboratory, University of Texas at San Antonio
http://education.utsa.edu/health_and_kinesiology/human_performance_laboratory/
<https://www.facebook.com/UTSAHumanPerformanceLab>
- 2010 - 2013 **Post-doctoral Researcher**, Research Institute for Cognition and Robotics (CoR-Lab) and "Neurocognition and Action - Biomechanics" Research Group (Faculty of Psychology and Sports Science) and Center of Excellence "Cognitive Interaction Technology" (CITEC) Bielefeld University, Germany
- 2012 - 2013 **Lab Supervisor**, Social Motor Learning Laboratory, Bielefeld University, Germany
[http://www.uni-bielefeld.de/\(en\)/sport/arbeitsbereiche/ab_ii/labs/sml_lab.html](http://www.uni-bielefeld.de/(en)/sport/arbeitsbereiche/ab_ii/labs/sml_lab.html)
- Spring 2009 **Interim Women's Assistant Golf Coach**, Florida State University
- 2008-2009 **Sport Psychology Organization Research Team (SPORT) President**, Florida State University
- 2007-2008 **Graduate Research Assistant**, Florida State University – Learning Systems Institute, Budget and Office Manager under David Eccles, PhD.
- 2005-2010 **Sport Psychology Consultant**, Florida State University, Athletic Department, Tallahassee, Florida. Consultant to the women's varsity golf team.
- 2005-2006 **Applied Research Coordinator**, Florida State University, Applied Sport Psychology (ASP) group.
- 2004-2007 **Graduate Research Assistant**, Florida State University, Research Assistant to Gershon Tenenbaum, PhD.
- 2004-2005 **Assistant Sport Psychology Consultant**, Florida State University, Athletic Department, Tallahassee, Florida. Consultant to the men's varsity golf team.

Refereed Publications

Submitted & In Preparation

van der Lei, H., Tenenbaum, G., & **Land, W.** (submitted). The hourglass performance model in golf. *Psychology of Sport & Exercise*. Corresponding Author

Land, W. (in preparation). The influence of perceptual movement effects during the learning and control of rich motor skills.

Land, W. (in preparation). Effects of action priming on motor performance.

Yao, W., Jiang, Z., **Land, W.**, & Yue, G. H. (in preparation). Modulation of brain functional connectivity during voluntary concentric and eccentric muscle contractions.

2016

Land, W. (accepted, 2016). Action effects and task knowledge: The influence of anticipatory priming on the identification of task-related stimuli in experts. *PLOS One*

Land, W., Liu, B., Cordova, A., Wang, Y., Yue, G. H., & Yao, W. X. (accepted, 2016). Effects of physical practice and imagery practice on intermanual transfer in learning a sequential tapping task. *PLOS One*

Schack, T., & **Land, W.** (accepted, 2016). Mental representation and learning. In R. Schinke, K. McGannon, & B. Smith (Eds.), *International Handbook of Sport Psychology*, Routledge

Abdollahipour, R., Psotta, R., **Land, W. M.**, Nieto, M. P., & Bahram, A. (accepted, 2016). The effects of attentional focus instructions on vertical jump height under visual and non-visual conditions. *Research Quarterly for Exercise and Sport*.

Frank, C., **Land, W. M.**, & Schack, T. (2016). Perceptual-cognitive changes during motor learning: The influence of mental and physical practice on mental representation, gaze behavior, and the performance of a complex action. *Frontiers in Psychology: Movement Science and Sport Psychology* (6),
Doi:10.3389/fpsyg.2015.01981.

2015

Muskovskiy, A., **Land, W. M.**, Schack, T., & Giese, M. (2015). Modeling of predictive human movement coordination patterns for applications in computer graphics. *Journal of WSCG*, 23, 139-146.

Basevitch, I., **Land, W.**, Tenenbaum, G., & Ward, P. (2015). Visual and skill effects on passing task performance and variability. *Frontiers in Psychology*, 6, 198.

2014

Frank, C., **Land, W.**, Popp, C., & Schack, T. (2014). Mental representation and mental practice: Experimental investigations on the functional links between motor

memory and motor imagery. *PLOS ONE* 9(4): e95175.
doi:10.1371/journal.pone.0095175

Frank, C., **Land, W. M.**, & Schack, T. (2014). Just do it?! The influence of physical and mental practice on performance, mental representation, and the quiet eye in golf putting. In R. Frank, I. Nixdorf, F. Ehrlenspiel, A. Geipel, A. Mornell, & J. Beckmann (Eds.), *Performing under pressure. 46. Jahrestagung der Arbeitsgemeinschaft für Sportpsychologie* (pp. 95). Hamburg: Feldhaus. ISBN: 978-3-88020-610-6

Phillippen, P. B., Legler, A., **Land, W.**, Schuetz, C., & Schack, T. (2014). Diagnosing and measuring the yips in golf putting: A kinematic description of the involuntary movement component that is the yips. *Sport, Exercise, and Performance Psychology*, 3, 149-162.

Land, W., Frank, C., & Schack, T. (2014). The influence of attentional focus on the development of skill representation in complex action. *Psychology of Sport and Exercise*, 15, 30-38.

Land, W., & Tenenbaum, G. (2014). Self-awareness theory. In R. J. Eklund & G. T. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology* (pp. 617-619). Los Angeles, CA: Sage Publishers

Land, W., & Tenenbaum, G. (2014). Information processing. In R. J. Eklund & G. T. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology* (pp. 377-380). Los Angeles, CA: Sage Publishers

2013

Land, W., Volchenkov, D., Bläsing, B., & Schack, T. (2013). From action representation to action execution: Exploring the links between cognitive and biomechanical levels of motor control. *Frontiers in Computational Neuroscience*, 7, doi: 10.3389/fncom.2013.00127

Land, W., Tenenbaum, G., Ward, P., & Marquardt, C. (2013). Examination of visual information as a mediator of external focus benefits. *Journal of Sport and Exercise Psychology*, 35, 250-259.

Land, W., Rosenbaum, D. A., Seegelke, C., & Schack, T. (2013). Whole-body posture planning in anticipation of a manual prehension task: Prospective and retrospective effects. *Acta Psychologica*, 144, 298-307.

Frank, C., **Land, W.**, & Schack, T. (2013). Mental representation and learning: The influence of practice on the development of mental representations structure in complex action. *Psychology of Sport and Exercise*, 14, 353-361. doi: 10.1016/j.psychsport.2012.12.001

2012 and Earlier

Land, W., & Tenenbaum, G. (2012). An outcome- and process-oriented examination of a golf-specific secondary task strategy to prevent choking under pressure. *Journal of Applied Sport Psychology, 24*, 303-322.

Land, W., & Tenenbaum, G. (2009). The role of attention and movement variability in the production of skilled performance. In D. Araujo, H. Ripoll, & M. Raab (Eds.), *Perspectives on cognition and action in sport* (pp. 207-221). Nova.

Tenenbaum, G., & **Land, W.** (2009). Mental representations as an underlying mechanism for human performance. In M. Raab, J. Johnson, & H. Heekeren (Eds.), *Progress in brain research (174): Mind and motion. The bidirectional link between thought and action* (pp. 251-266). New York: Elsevier.

Tenenbaum, G., Hatfield, B., Eklund, R., **Land, W.**, Calmeiro, L., Razon, S., & Schack, T. (2009). A conceptual framework for studying emotions-cognitions-performance linkage under conditions which vary in perceived pressure. In M. Raab, J. Johnson, & H. Heekeren (Eds.), *Progress in brain research (174): Mind and motion. The bidirectional link between thought and action* (pp. 159-178). New York: Elsevier.

Razon, S., Basevitch, I., Filho, E., **Land, W.**, Thompson, B., Biermann, M., & Tenenbaum, G. (2010). Associative and dissociative imagery effects on perceived exertion and task duration. *Journal of Imagery Research in Sport and Physical Activity, 5*, 1-25.

Razon, S., Basevitch, I., **Land, W.**, Thompson, B., & Tenenbaum, G. (2009). Perception of exertion and attention allocation as a function of visual and auditory conditions. *Psychology of Sport and Exercise, 10*, 636-643.

Land, W., & Tenenbaum, G. (2008). *Facilitation of Automaticity: Sport Relevant vs. Non-Relevant Secondary Tasks*. Masters Thesis, Florida State University, Tallahassee, Florida.

Professional Presentations (Refereed)

Land, W., & Yao, W. (2015). *Effect Anticipation and Contextual Priming in Experts*. A poster presented at the 14th European Congress of Sport Psychology (FEPSAC), July, 2015, Bern, Switzerland

Land, W., & Yao, W. (2015). *The Influence of Perceptual Movement Effects on the Priming of Complex Action*. A poster presented at the 14th European Congress of Sport Psychology (FEPSAC), July, 2015, Bern, Switzerland

- Sosa, A., Oyama, S., Douphrate, D., Ortega, C., **Land, W.**, Yao, W., Campbell, R., & Vasquez, C. (2015). *Evaluation of Scapular Kinematics During Milking Task*. A poster presented at the Texas Physical Therapy Association Annual Conference, October 22-25, Arlington, Texas
- Land, W.** (2014). *Action Effects and the Link to Task-Relevant Knowledge Representations in Experts*. A poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, June, 2014, Minneapolis, MN.
- Frank, C., **Land, W. M.**, & Schack, T. (2014). Just do it?! The influence of physical and mental practice on performance, mental representation, and the quiet eye in golf putting. *46. Jahrestagung der Arbeitsgemeinschaft für Sportpsychologie*, 2014, Munich.
- Frank, C., **Land, W. M.**, & Schack, T. (2014). Perceptual-cognitive changes during skill acquisition: The influence of physical and mental practice on performance, mental representation structure, and the quiet eye in golf putting. *Annual meeting of the Research on Imagery and Observation group*.
- Frank, C., **Land, W.**, & Schack, T. (2013). *Behind the curtain: The influence of mental practice on the development of mental representation structure in early skill acquisition*. Annual meeting of the Research on Imagery and Observation (RIO) group from May, 09th to May, 10th 2013 in Dublin, Ireland.
- Land, W.**, Seegelke, C., & Schack, T. (2012). *Anticipatory posture control during a complex prehension task*. A paper presented at the 48. Kongress der Deutschen Gesellschaft für Psychologie, September 23-27, 2012, Bielefeld, Germany.
- Land, W.**, Tenenbaum, G., & Ward, P. (2012). *The Impact of Visual Information on the Benefits of External Focus and Movement Variability*. A poster presented at the 48. Kongress der Deutschen Gesellschaft für Psychologie, September 23-27, 2012, Bielefeld, Germany.
- Frank, C., **Land, W.** & Schack, T. (2012). *Veränderung der Struktur mentaler Repräsentationen durch Übung*. In H. Wagner, C. Bohn, & N. Eden (Hrsg.), *Neuromotion – Aufmerksamkeit, Automatisierung, Adaption*. 9. gemeinsames Symposium der dvs- Sektionen Biomechanik, Sportmotorik und Trainingswissenschaft vom 21.-23.03.2012 in Münster (S. 103). Münster: Uni-Print Münster.
- Frank, C., **Land, W. M.** & Schack, T. (2012). Die Wirkung Mentalen Trainings auf die mentale Repräsentationsstruktur beim Fertigkeitserwerb. In M. Wegner, J.-P. Brückner, & S. Kratzenstein (Hrsgs.), *Sportpsychologische Kompetenz und Verantwortung*. *44. Jahrestagung der Arbeitsgemeinschaft für Sportpsychologie (asp) vom 17.-19.05.2012 in Kiel/ Oslo (p. 71)*. Hamburg: Feldhaus.

Frank, C., **Land, W. M.**, & Schack, T. (2012). Veränderung der Struktur mentaler Repräsentationen beim Fertigkeitserwerb. In R. Riemann, *48. Kongress der Deutschen Gesellschaft für Psychologie (DGPs)* vom 23.-27.09.2012 in Bielefeld (S. 16). Lengerich: Pabst Science Publishers.

Land, W., Tenenbaum, G., Ward, P., Eklund, R., & Eccles, D. (2011). *Examination of the mediating effects of visual information on the benefits of external focus*. A paper presented at the 13th Annual European Congress of Sport Psychology (FEPSAC), July 12-17, 2011, Madeira Island, Portugal.

Razon, S., Basevitch, I., Filho, E., **Land, W.**, Thompson, B., Biermann, M., & Tenenbaum, G. (2011). *Differential Imagery Effects on Perceived Pain and Task Adherence*. A paper presented at the 13th Annual European Congress of Sport Psychology (FEPSAC), July 12-17, 2011, Madeira Island, Portugal.

Stöckel, T., **Land, W.**, Krause, A., & Schack, T. (2010). *Cognitive Motor Control*. A presentation given at the Adaptive Modular Architectures for Rich Motor Skills (AMARSi) workshop, September 9-10, 2010, Innsbruck, Austria.

Razon, S., Basevitch, I., **Land, W.**, Thomspson, B., & Tenenbaum, G. (2010). *Visual and Auditory Effects on Perceived Exertion and Attentional Styles*. A paper presented at the Southeast Chapter of the American College of Sports Medicine (SEACSM), February 11-13, 2010, Greenville, South Carolina.

Razon, S., Basevitch, I., Filho, E., **Land, W.**, Thompson, & Tenenbaum, G. (2010). *Imagery Effects on Attention, Perceived Exertion, and Effort Duration*. A paper presented at the Southeast Chapter of the American College of Sports Medicine (SEACSM), February 11-13, 2010, Greenville, South Carolina.

Razon, S., Basevitch, I., Filho, E., **Land, W.**, Thompson, & Tenenbaum, G. (2009). *Imaged external/internal attention effects on perceived exertion, attention allocation, and effort duration*. A paper presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, June 10-14, 2009, Austin, Texas.

Land, W., & Tenenbaum, G., (2009). *Attention and Performance: The Benefit of Optimal Attentional Focus Under Pressure*. A paper presented at the International Society of Sport Psychology (ISSP) 12th World Congress, June 17-21, 2009, Marrakech, Morocco.

Land, W., & Tenenbaum, G. (2008). *Attention and Movement Variability: Facilitation of Compensatory Mechanisms Under Optimal Attentional Focus*. A poster presented at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) Annual Conference, June 6-8, 2008, Niagara Fall, Ontario, Canada.

Land, W., & Tenenbaum, G. (2007). *Facilitation of Automaticity: Secondary Tasks and Motor Variability*. A paper presented at the 12th Annual European Congress of Sport Psychology (FEPSAC), September 4-9, 2007, Halkidiki, Greece.

Land, W. (2007). *Facilitation of Automaticity: Sport Relevant vs. Non-Relevant Secondary Tasks*. A poster presented at the Association for Applied Sport Psychology (AASP) Annual Conference, October 24-27, 2007, Louisville, Kentucky.

Land, W., & Tenenbaum, G. (2007). *Facilitation of Automaticity: Sport Relevant vs. Non-Relevant Secondary Tasks*. A paper presented at the North American Society for the Psychology of Sport and Physical Activity (NASPPA) Annual Conference, June 7-9, 2007, San Diego, California.

Invited Talks & Workshops

Land, W. (2015). Collection and Processing of Human Movement Data via Motion Capture System. Florida State University. November 12-15th, 2015.

Land, W. (2015). The Mental Side of Human Performance. UTSA, Scientific Principles in Kinesiology.

Land, W. (2014). Anticipatory Priming in Behavioral & Cognitive Performance. Invited talk. Bielefeld University, German.

Land, W. (2014). Mental Side of Human Performance: Choking Under Pressure. Invited lecture. UTSA, Scientific Principles in Kinesiology.

Land, W. (2014). Mental Side of Human Performance: Motivation & Sport. UTSA, Scientific Principles in Kinesiology.

Griffiths, S., Peters, A., Lichtenthaler, C., **Land, W., & Frank, C. (2012).** *Interaction Between Humans and Mobile Robots*. A workshop presented at the Center of Excellence Cognitive Interaction Technology (CITEC) 3rd Annual Summer School. August 27th-31st, 2012, Bielefeld, Germany.

Land, W., Frank, C., & Schack, T. (2012). *The influence of learning on skill representation*. A workshop presented at the Center of Excellence Cognitive Interaction Technology (CITEC) Workshop on Cognitive Inter/Action Technologies. April 18th-20th, 2012, Bielefeld, Germany.

Land, W., & Philippen, P. (2011). *Focus of attention and motor performance: From theory to analysis*. A workshop presented at the Center of Excellence Cognitive Interaction Technology (CITEC) 2nd Annual Summer School. October 3-8, 2011, Bielefeld, Germany.

Granting Activities

Pending Research Support

1. NSF Industry & University Cooperative Research Program (I/UCRC): UTSA/UTHSCSA iPerform satellite center. Co-Pi. (in preparation)
2. NIH Research Proposal: Visual Behavior and Falls in the Elderly: Assessment, Training, and Prevent. Co-Pi. (in preparation)
3. NSF Major Research Instrumentation Grant: Acquisition of a modular robotics system for advancing research in improving human safety and quality of life. Co-PI. (2015) - \$340,000 *Submitted, Revision and Resubmission of Previous Grant*

Current Research Support

1. COEHD Faculty Research Grant: The influence of action-effect priming on bilateral transfer. Principal Investigator. (2016) - \$5,000 *Funded*

Previous Research Support

1. COEHD Faculty Research Grant: The influence of perceptual movement effects during the learning and control of rich motor skills. Principal Investigator. (2014) - \$3,900 *Funded*
2. Florida State University Dissertation Research Grant. PI. (2009) - \$800 *Funded*
3. Extramural Research Support and Collaboration, Science and Motion, GmbH (SAMPutt Lab, 2009-2010). Principal Investigator - *Technical Support*
4. Extramural Research Support and Collaboration with Interactive Frontiers (V1 Golf, 2006). Principal Investigator – *Technical Support*
5. Florida State University College of Education Travel Grant (2007, 2008, 2009) - \$1500 *Funded*

Research Support Not Funded

1. NSF Major Research Instrumentation Grant: Acquisition of a modular robotics system for advancing research in improving human safety and quality of life. Co-PI. (2015) - \$491,584 *Not funded*
2. UTSA GREAT Grant: The Influence of Movement-Effect Priming on Bilateral Transfer during Motor Skill Acquisition. PI (2015) - \$19,845 *Not Funded*

Grant Training

- NSF Seminar titled “Increasing Research Funding Productivity” by Dr. Marshal Kaplan, UTSA Faculty Center, February 13, 2015.

Teaching Activities

Sport and Society (2014-present). University of Texas at San Antonio, Graduate Level.
KAH/COU 6013

Applied Sport Psychology (2014-present). University of Texas at San Antonio,
Graduate Level. KAH/COU 6043

Sport Psychology (2013-present). University of Texas at San Antonio, Graduate Level.
KAH/COU 6033

Psychosocial Aspects of Sport and Exercise (2013-present). University of Texas at San
Antonio, Undergraduate Level. KIN 4123

Exercise Psychology (2014-present). University of Texas at San Antonio, Undergraduate
Level. KAH 4023

Cognitive Systems (2011). Bielefeld University, Graduate Level.

Educational Psychology (Spring, 2009). Florida State University, Undergraduate and
Graduate Level.

Student Supervision

Richards, K. (2015-present) MS student, University of Texas at San Antonio, Masters Thesis Advisor, Topic: *The Influence of Effect Priming on Quiet Eye Behaviors*.

Garcia, S. (2013-2015) MS student, University of Texas at San Antonio, Masters Thesis Advisor, Topic: *Enhancing Error Detection Capability in a Tossing Task in an Effort to Improve the Learning Experience and Performance of a Motor Skill*.

Sosa, A. (2013-2015). MS student, University of Texas at San Antonio, Thesis Committee Member, Topic: *Evaluation of Trunk, Shoulder, and Scapular Kinematics and Muscle Activity During a Milking Task*.

Oviatt, D. (2013-2015). PhD student, University of Texas at San Antonio, Doctoral Committee Member, Topic: *Entitled to Success: The Development of Entitlement and Its Implications on Student-Athlete Success, Health, and Happiness*.

Frank, C. (2010-2014) PhD student, Bielefeld University, Dissertation Topic: *Examination of the Development of Mental Representations during Learning and Skill Acquisition*

Philippen, P. (2010-2012) PhD student, Bielefeld University, Dissertation Topic: *Diagnosing and Evaluating Movement Disorders in Golf*

Oehmichen, C. (2012) MS student, Bielefeld University, Master's Thesis Topic: *The Effects of Imagery on Skill Representation*

Legler, A. (2010-2011) MS student, Bielefeld University, Master's Thesis Topic: *Bio-Mechanical Analysis of the Yips Phenomenon in Golf*

Service Activities

Department

- Academic Policy and Curriculum Committee (2013-2016)
- Graduate Studies Committee (2013-2014)
- Academic Recognition Committee (2013-2015)
- Strategic Planning Committee (2014-2016)
- Department Faculty Advisory Committee (2015-2017)
- Undergraduate PE Curriculum Task Force - Chair (2015-2016)
- PhD Task Force (2015-2016)

College

- COEHD Scholarship Committee (2013-2015)
- Faculty Leave Committee (2014-2016)

University

- Parking and Traffic Committee (2015-2017)

Professional

- Organizing Committee Member – 10th International Symposium on Computer Science in Sport

Academic Honors and Awards

- Graduated Summa Cum Laude (UTC)
- Southern Conference Academic Honor Roll (4 years, UTC)
- Received The UTC Outstanding Senior Award in Psychology
- Received the Dale Mabry Award (highest senior athlete GPA, UTC)
- Elected to the Alpha Society (UTC's highest honors society)
- UTC Dean's List (4 years)
- UTC Varsity Golf Team (4 years)

Technical System Expertise

- **Vicon Motion Systems** – 3d kinematic motion capture system.
- **MATLAB** – programming environment for algorithm development, data analysis, visualization, and numerical computation.
- **IBM SPSS** – statistical package for the social sciences
- **Neurobehavioral Systems Presentation** – a stimulus delivery and experimental control program for neuroscience.
- **Inquisit** – a stimulus delivery and experimental control program for neuroscience

- **Thought Technology Infinity ProComp 2** – biofeedback equipment
- **CogLens** – visual occlusion glasses
- **Science & Motion Putt Lab** – motion capture system for golf

Certificates

Measurement and Statistics

- The Measurement & Statistics certificate represents proficiency in educational measurement and applied statistics methods.
- *Completed Spring 2010, Florida State University*

Program Evaluation

- The purpose of the Program Evaluation Certificate is to certify graduate level training in the basic concepts and skills necessary to conduct formative and summative evaluations of programs and program improvement efforts.
- *Completed Spring 2008, Florida State University*

Program for Excellence in Instruction

- The PIE certificate represents a professional development activity aimed at providing beginning instructors knowledge regarding grading, professional conduct, academic integrity, classroom procedures, and learning strategies.
- *Completed Spring 2009, Florida State University*

Memberships

- Association of Applied Sport Psychology (AASP)
- North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
- European Federation of Sport Psychology (FEPSAC)
- Deutschen Gesellschaft für Psychologie (DGP)
- Applied Sport Psychology (ASP), Florida State University (2004-2010)
- Sport Psychology Organization Research Team (SPORT), Florida State University (2004-2010)

Ad Hoc Journal Reviewer

- Journal of Sport and Exercise Psychology
- Journal of Applied Sport Psychology
- International Journal of Sport and Exercise Psychology
- European Journal of Sport Science
- The Sport Psychologist
- Journal of Sports Sciences
- Journal of Experimental Psychology: Human Perception and Performance
- Perceptual and Motor Skills

- Psychology of Sport and Exercise
- International Journal of Exercise Science

Mentions in Popular Media

Radcliffe, S. (2013). Improve your performance by focusing on the ball, not yourself. *Men's Fitness*. <http://www.mensfitness.com/training/improve-your-performance-by-focusing-on-the-ball-not-yourself>

Warren, C. (2014). Spurs Six-Peat Season Preview: 1 Big Question: Is the Spurs' Toughest Opponent Father Time? <http://www.sanantoniomag.com/Online/October-2014/Six-Peat-Season-Preview/index.php?cparticle=7&siarticle=6#artanc>