

CURRICULUM VITAE

Vidya Sharma, Ph.D., RD, LD, CDCES

Date of Preparation: 11/12/2024

PERSONAL DATA:

Email: vidya.sharma@utsa.edu

PERSONAL STATEMENT:

With a diverse background in community, clinical, and food service management, I am dedicated to research and community engagement projects that aim to improve nutrition among vulnerable populations in South Texas. As an Assistant Professor of Practice, I teach Nutrition and Dietetics courses to undergraduate and graduate students. I am also a Registered Dietitian (RD), a Licensed Dietitian (LD) in the State of Texas, and a Certified Diabetes Education Care Specialist (CDCES).

EDUCATION:

<u>Year</u>	<u>Degree</u>	<u>Discipline</u>	<u>Institution/Location</u>
1996	BHMS	Bachelor of Homeopathic Medicine and Surgery	University of Mumbai, Mumbai, India.
2004	MA	Nutrition and Food Science	Wayne State University, Detroit, MI, USA
2004	CPD	Coordinated Program in Dietetics	Wayne State University, Detroit, MI, USA.
2024	Ph.D.	Translational Science	UTSA/UT Health, San Antonio.

CERTIFICATIONS & TRAINING:

- Registered Dietitian (RD) - Registration # 949733
- Licensed Dietitian Texas (LD) - License # DT 81642
- Certified Diabetes Care and Education Specialist (CDCES) - License # 20810383
- Certification in Weight Management (ACE)
- Texas Food Protection Manager Certification

FELLOWSHIPS:

- Pediatric Nutrition Fellowship, Children's Hospital of Michigan (2004)

PROFESSIONAL AFFILIATIONS:

- American Dietetic Association
- Texas Dietetic Association
- National Board of Certified Diabetes Educators

EMPLOYMENT:

ACADEMIC APPOINTMENTS

- | | |
|-----------------|--|
| 01/22 - Current | <ul style="list-style-type: none">• Assistant Professor of Practice & Graduate Advisor of Record, University of Texas at San Antonio, TX |
| 01/12- 12/21 | <ul style="list-style-type: none">• Instructor, University of the Incarnate Word, San Antonio, TX• Community Liaison, Dietetic Internship Program |

NON-ACADEMIC APPOINTMENTS

09/15 – 12/21	Clinical Manager, Cecelia Health (Personalized Diabetes Coaching)
02/12-09/15	Nutrition Program Coordinator, San Antonio Fire Department Office of Health and Wellness
11/06 –06/10	Community Nutritionist, Mattapan Community Health Center, Mattapan, MA
06/07 – 12/09	We Can! Nutrition Educator, Boston Public Health Commission, Boston, MA
10/08 – 12/09	Consultant, Center for Community Health, Education and Research, Boston, MA

HONORS AND AWARDS:

Fall 2023	First place in 3MT Thesis competition, UT Health, San Antonio
Fall 2023	Travel Award \$750, UT Health, San Antonio
2016-2017	CDE of the Quarter Award, Cecelia Health
2003-2005	American Dietetic Association Scholarship
2003-2004	Women of Wayne Scholarship, Wayne State University, Detroit, MI
2003-2004	N.V Shah Memorial Scholarship, College of Science Dean’s Office, Wayne State University, Detroit, MI
2003-2004	College of Science Dean’s List, Wayne State University, Detroit, MI

SCHOLARLY PUBLICATIONS:

PEER REVIEWED ARTICLES:

1. **Sharma, V.**, Aguilar, M., Abdelrahman, S., Sosa, E.T., He, M., Martinez, M., Hutson, A., Zhang, T., Yin, Z., Ullevig, S.L. A Culturally Tailored Digital Education Intervention to Improve Nutrition among Older Adult Congregate Meal Participants during COVID-19: Protocol for a Stepped-Wedge Cluster Randomized Controlled Trial. *JMIR Research Protocols*. (Submitted)
2. **Sharma V**, Sharma R. Food is Medicine Initiative for Mitigating Food Insecurity in the United States. *J Prev. Med Public Health*. 2024;57(2):96-107.
3. **Sharma V**, Feldman M, Sharma R. Telehealth Technologies in Diabetes Self-management, and Education. *J Diabetes Sci Technol*. 2024 Jan;18(1):148-158. doi: 10.1177/19322968221093078. Epub 2022 Apr 29. PMID: 35485769; PMCID: PMC10899831.

NON-PEER REVIEWED ARTICLES:

1. Revised by **Sharma V**, Wang J. Vitamin Requirements of the Older Adult. In: *Nutrition for the Older Adult*: Jones & Bartlett Learning; 2018. p. 91 - 107.
2. Reviewer *Community Nutrition, Planning Health Promotion & Disease Prevention*, 3rd edition, by N.E Nkakwe, Jones & Bartlett Learning.
3. Reviewer *Understanding Nutrition*, 16th edition, by Ellie Whitney & Sharon Rady Rolfes, Cengage.

CONFERENCES/POSTER PRESENTATION:

- **Sharma V**, Ullevig S, Sosa. E, He M, Zhang T, Yin Z (2023). Technology Use, Access, and Nutrition: Findings from a Qualitative Study with Congregate Meal Participants. Texas Academy of Nutrition & Dietetics Annual Conference. Austin, TX.
- Martinez H, Chiang N, **Sharma V**, Sosa E, He M, Yin Z, Zhang T, Ullevig S, (2023). Food Security, Nutritional Risk, Technology Usage and Access to Community-Dwelling Adults in Bexar County. Texas Regional Center for Clinical & Translational Science Consortium (TRCC) Annual Meeting. Houston, TX.
- Abdelrahman S, Aguilar M, **Sharma V**, Martinez M, Sosa E, He M, Yin Z, Zhang T, Ullevig S, (2024). Nutritional Risk and Technology Use in an At-Risk Older Adult Population Who Attend Congregate Meal Centers. Texas Academy of Nutrition & Dietetics Annual Conference. Dallas, TX.
- **Sharma V**, Abdelrahman S, Aguilar M, Martinez M, Sosa E, He M, Yin Z, Zhang T, Ullevig S, (2024). Assessment of Dietary Intake and Comparison to MyPlate in Community-Dwelling Older Adults in Bexar County. VIVA Science, UT Health, San Antonio.
- **Sharma V**, (2024). Older Adult Health Interventions Research Roundtable. College for Health, Community & Policy, University of Texas at San Antonio.
- **Sharma V**, Abdelrahman S, Aguilar M, Martinez M, Sosa E, He M, Yin Z, Zhang T, Ullevig S, (2024). Assessment of Dietary Intake and Comparison to MyPlate in Community-Dwelling Older Adults in Bexar County. IIMS/CTSA 14th Annual Frontiers in Translational Science Research Day, UT Health, San Antonio.
- **Sharma V**, Ullevig S, Hutson A, He M, Sosa. E, Zhang T, Yin Z, (2024). 5-Week Technology Class Increases Positive Attitude Towards Technology in At-Risk Community-Dwelling Older Adults Prior to Taking an Online Nutrition Class. American Society for Nutrition Annual Conference, Chicago, IL

COMMITTEES:

- Graduate Student Representative - Translational Science Committee
- Advisory Board member - Supporting Older Adults through Research Network (SOARNet) Practice-Based Research Network at the UT Health, San Antonio, Institute for the Integration of Medicine and Science (IIMS)

EXTRAMURAL FUNDING:

2024-2025 **Funder:** Institute for the Integration of Medicine & Science (IIMS), UT Health, San Antonio.
Dollars: \$5000. **Project Title:** Project ECHO Nutrition & Brain Health Training for Primary Care Providers: A Stakeholder-Engaged SOARNet Study. **Role:** PI

INVITED TALKS:

- **UTSA Active Minds.** Talk on Nutrition & Mental Health, March 2022.
- **DANSA – UTSA (Student Dietetic Association):** Talk on Career Spotlight as a Certified Diabetes Educator Specialist, March 2022.
- **Smt. CMP Medical College, Mumbai, India.** Invited Talk - Nutrition & Diabetes Management (June 2022).
- **Panelist for Rice festival hosted by UTSA Honors College** - November 2022. Discussed the significance of rice as a culturally accepted food, the nutrient content of rice, genetically modified varieties of rice and their implications, food insecurity and how it is handled globally, role of rice in addressing food insecurity.
- **Guest speaker and panelist at the 6th Annual Cardiorenal Connections Conference (UT Health, San Antonio)** – April 2023. Presentation topic: Effect of nutrients on microbiome modulation: diet approach to improve cardiometabolic outcomes.
- **Guest Speaker (Channel 26)** – March 2009. Talk show related to Diabetes and Obesity.