CURRICULUM VITAE Casey Straud, PsyD, ABPP

GENERAL INFORMATION

PERSONAL DATA:

Main Work Address: One UTSA Circle Main Building 2.306,

San Antonio, TX, 78249

Main Work Phone Number: (210) 562-6742

Work Email Address: casey.straud@utsa.edu

Mobile Phone Number: (713) 459-7241

EDUCATION:

Years enrolled 2006-2009	Degree Earned BA, Psychology	<u>Date Awarded</u> December, 2009	Institution Name/Location (City/State/Country) University of Texas at San Antonio, San Antonio, TX, USA
2010-2012	MS, Experimental Psychology	May, 2012	University of Texas at San Antonio, San Antonio, TX, USA
2012-2015	MS, Clinical Psychology	December, 2015	Nova Southeastern University, Fort Lauderdale, FL, USA (APA Accredited)
2016-2017	Predoctoral Internship, Clinical Psychology	August, 2017	Pittsburgh Veteran's Administration Healthcare System Pittsburgh, PA (APA Accredited)
2012-2017	PsyD, Clinical Psychology	August 2017	Nova Southeastern University, Fort Lauderdale, Psychology FL, USA (APA Accredited)

POST-GRADUATE TRAINING:

Years engaged
2017-2019Training Type/Discipline
Trauma PsychologyInstitution Name/Location (City/State/Country)
University of Texas Health Science Center at San
Antonio, San Antonio, TX, USA in collaboration with
the STRONG STAR Consortium

STRONG STAR Consortium Description: The South Texas Research Organizational Network Guiding Studies on Trauma and Resilience (STRONG STAR) Consortium is the nation's largest research program ever funded with a primary focus on military with combat-related stress. It is a multidisciplinary and multi-institutional research consortium centered at UTHSCSA. STRONG STAR has collectively received more than \$200 million in research funding from the Department of Defense (DoD), Veteran's Administration (VA), National Institute of Health (NIH), and private agencies in support of more than 100 projects focused on clinical trials, epidemiology, neuroimaging, biomarkers, and preclinical research. Together, STRONG STAR includes ongoing collaborations with over 40 academic research institutions and 150 international investigators.

ACADEMIC APPOINTMENTS:

<u>Years</u>	Name of Academic Appointment	Institution Name/Location (City/State/Country)
2025-present	Associate Professor with Tenure	*University of Texas at San Antonio, Department of Psychology, San Antonio, TX, USA
2024-present	Associate Professor	*University of Texas at San Antonio, Department of
	(cross appointment as of 2025)	Psychiatry and Behavioral Sciences, San Antonio, TX, USA
2019-2024	Assistant Professor	University of Texas Health Science Center at San Antonio, Department of Psychiatry and Behavioral Sciences, San Antonio, TX, USA
2019-2025	Assistant Professor (joint appointment)	University of Texas at San Antonio, Department of Psychology, San Antonio, TX, USA

2019-2024 Research Investigator South Texas Veterans Health Care System, Office

of Research and Development, San Antonio, TX,

USA

2019-2020 Adjunct Professor Texas A&M University at San Antonio, Department

of Psychology, San Antonio, TX, USA

CERTIFICATION AND LICENSURE:

Board Certification(s):

Agency Date Acquired Number Status - Renewal Date

American Board of August 2021 9458 December 2025

Professional Psychology

Description: The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology. Within the specialty of clinical psychology, less than 3% have achieved the ABPP board certification. I am board certified under the Behavioral and Cognitive Psychology specialty board, which emphasizes an empirical approach toward behavioral and cognitive sciences and theory to understand human behavior and develop interventions that enhance the human condition.

Licensure:

Description/AgencyDate AcquiredNumberStatus - Renewal DateTexas State Board ofSeptember 201837991 (TX)November 2025

Examiners of Psychologists

Clinical Expertise Certification(s):

<u>Prolonged Exposure (PE) Therapy</u>: Is an evidence-based, first-line psychological intervention for posttraumatic stress disorder based on behavioral learning and conditioning theory. I am a certified expert provider in PE. I completed an intensive training program developed by Edna Foa, PhD (PE treatment developer) which included a 4-day training, an intensive year-long consultation, and completion of clinical cases.

Cognitive Processing Therapy (CPT): Is an evidence-based, first-line psychological intervention for posttraumatic stress disorder (PTSD) based on cognitive theory. I am an expert provider in CPT by the Veteran's Administration (VA). I completed an intensive VA training program developed in collaboration with Patricia Resick, PhD, ABPP (CPT treatment developer) which included a two-day training, 6-months of weekly consultation, and completion of clinical cases.

<u>Written Exposure Therapy (WET)</u>: Is an evidence-based, first-line psychological intervention for posttraumatic stress disorder (PTSD) based on narrative writing, extinction learning, and emotional processing theory. I am a certified expert provider in WET. I completed an intensive training program developed by Denise Sloan, PhD and Brian Marx, PhD (co-developers of WET), which included a 2-day training.

Clinician Administered PTSD Scale for DSM-5 (CAPS-5): The CAPS is a gold-standard posttraumatic stress disorder (PTSD) assessment structured interview. I am an expert assessor for the CAPS-5. I completed an intensive training program designed by Frank Weathers, PhD (assessment developer) which included completion of CAPS-5 training modules, four co-rating exercises with an expert CAPS-5 assessor, two mock CAPS-5 interview administrations with an expert CAPS-5 assessor, and a supervised CAPS-5interview with a real patient.

<u>Crisis Response Planning for Suicidality (CRP)</u>: CRP is a brief, evidence-based intervention that guides individuals in creating problem-solving tools for suicidality and self-harm, including warning signs, self-management skills, reasons for living, social support, and professional services. I am a certified in CRP. I completed an intensive 2-day training program developed by David Rozek, PhD in collaboration with the STRONG STAR Training Initiative.

<u>Cognitive Behavior Therapy (CBT) for Depression and Suicidality:</u> CBT is an evidence-based psychotherapy for a variety of mental health disorder. This workshop focused specifically on Beck's CBT model of depressive

^{*}The University of Texas at San Antonio and The University of Texas Health Science Center at San Antonio merged into one institution September 1, 2025 (https://utsystem.edu/san-antonio). On this date, Dr. Straud's primary appointment transitioned to the Department of Psychology and he maintains a cross appointment in the Department of Psychiatry and Behavioral Sciences.

disorders and suicidality, which emphasizes identification and evaluation of distorted/unhelpful thoughts and beliefs. I completed an intensive 3-day training program at the Beck Institute led by Judith Beck, PhD, Aaron Beck, PhD, and Daniella Cavenagh, PhD.

HONORS AND AWARDS:

<u>Date</u>	Name of Honor, Award, or Endowment
2024	Reviewer of the Year (2024), The Behavior Therapist, Association for Behavioral and Cognitive
2023	National Institute of Health Loan Repayment Program Awardee
2023	Clinical and Translational Sciences Awards (CTSA) Program, Visiting Scholar Program Award at
	the University of Pittsburgh
2022	Military Health System Research Symposium (MHSRS) Research Team Award for Academia
2019	National Center for Advancing Translational Sciences, Mentored Research (K12) Award,
	UTHSCSA
2017	Intramural Postdoctoral Trauma Psychology Fellowship, President's Fund, Military Health
	Institute, STRONG STAR Consortium, UTHSCSA
2014	Student Travel Award, College of Psychology, Nova Southeastern University
2013	Student Conference Travel Award, Student Government, Nova Southeastern University
2013	Student Travel Award, College of Psychology, Nova Southeastern University
2012	Student Travel Award, College of Psychology, Nova Southeastern University
2012	Student Conference Travel Award, Student Government, Nova Southeastern University
2012	Recognition of Commitment & Service, Graduate School, University of Texas San Antonio

TEACHING

COURSE BASED TEACHING:

<u>Dates</u> <u>Course Name</u> <u>Level</u> <u>Role</u>

09/2025-present PSY7143 Advanced Topics in Graduate Course Instructor

Diversity and Health Disparities

Role & Activity Description: This 16-week semester course (one 150 min classes/week) includes topics related to differences in prevention, etiology, healthcare delivery, and response to intervention related to gender, racial/ethnic identity, socioeconomic group, and/or geographic region of origin. Areas covered include differences in the type and rate of specific health problems in different groups, differences in access and response to prevention and treatment interventions and differences in the role of organizational, family-based and social support in healthcare interventions (Taught at University of Texas at San Antonio: 2025).

09/2024-present PSY2513 Abnormal Undergraduate Course Instructor Psychology

Role & Activity Description: The purpose of this 16-week semester course (two 75 min classes/week) is to provide the student with the dynamics of abnormal behavior with attention to description, causes, and treatment of major psychological disorders, including neuroses, psychoses, personality disorders, and psychosomatic disorders. Students will also be introduced to the APA DSM and other relevant alternative nomological diagnostics approaches (Taught at University of Texas at San Antonio: 2024).

09/2020-present PSY3543 Introduction Undergraduate Course Instructor

to Clinical Psychology

Role & Activity Description: The purpose of this 16-week semester course (two 75 min classes/week) is to provide the student with the concepts, principles, and practices of clinical psychology. The student will learn about the evolution, ethics and diversity topics related to clinical psychology. The course will also cover various theoretical perspectives of psychological assessment and psychotherapy, such as clinical interviewing, cognitive behavior therapy, and psychological/neurological assessment. Students will also be introduced to evidence-based prevention and intervention strategies, as well as sub-specialty fields of clinical psychology (Taught at University of Texas at San Antonio: 2020-2024).

09/2020-present PSY4243 Psychology Undergraduate Course Instructor

of Health

Role & Activity Description: The purpose of this 16-week semester course (two 75 min classes/week) is to provide the student with the concepts, principles, and practices of health psychology. The student will learn

about the interaction between psychological, social, and biological factors related to health and illness. The course will cover theoretical and diagnostic concepts related to various illness/conditions/disorders, such as stress, pain, diabetes, cardiovascular disease, and obesity. Students will also be introduced to evidence-based prevention and intervention strategies related to health promotion (Taught at University of Texas at San Antonio: 2020-2023)

09/2022-present PSY5313 Seminar Graduate Course Instructor

in Psychopathology

Role & Activity Description: This 16-week semester graduate level course (two 75 min classes/week) covers descriptive psychopathology and research on the etiology, epidemiology, dynamics, and diversity issues of pathologic psychiatric syndromes. It provides a thorough introduction to the DSM-5 as a diagnostic tool (Taught at University of Texas at San Antonio: 2022, 2024).

<u>Dates</u> <u>Course Name</u> <u>Level</u> <u>Role</u>

09/2019 PSY6113 Psychological Graduate Course Instructor

Measurement

Role & Activity Description: The purpose of this 16-week semester course (two 75 min classes/week) is to provide the student with the concepts, principles, and practices of classical and modern test theory. The student will learn to analyze and evaluate psychometric properties of psychological tests and assessment instruments used in research and practice from the statistical framework of both classical and modern test theories (Taught at University of Texas at San Antonio: 2020).

<u>Dates</u> <u>Course Name</u> <u>Level</u> <u>Role</u>

09/2019 PSYC3488 Research Undergraduate Course Instructor

Statistics II w/ Lab

Role & Activity Description: The purpose of this 16-week semester course (two 75 min classes/week; one 60 min lab/week) is to provide students with a fundamental understanding of research in psychology. Students will learn about research design and implementation concepts, principles, and practices. Students will receive training on the mathematical concepts of specific statistical methods and on how to carry out and interpret these analyses in SPSS via a corresponding weekly computer/statistical lab. Students will formulate a project based on the course principles (Taught at Texas A&M University at San Antonio: 2019).

NON-COURSE BASED TEACHING / INSTRUCTIONAL SUPERVISION:

<u>Dates</u> Spring, 2025	Teaching/Instruction Novel Therapeutics to Augment Exposure Therapy for PTSD, UTHSCSA, Department of Pharmacology Spring Seminar Series	Learner number & level 50 graduate students, postdoctoral fellows, and faculty
Summer, 2024	An Introduction to Written Exposure Therapy, UTHSCSA, Psychiatry Medical Resident Program	8 Medical Residents
Spring, 2024	An Introduction to Motivational Interviewing, UTHSCSA, APA Accredited Clinical Psychology Internship Program	10 Doctoral Students
Fall, 2023	Prolonged Exposure for PTSD, UTHSCSA, APA Accredited Clinical Psychology Internship Program	6 Doctoral Students
Summer, 2023	Cannabidiol for the Treatment of PTSD, UTHSCSA, Department of Psychiatry and Behavioral Sciences, STRONG STAR Trauma Psychology Fellowship	3 Postdoctoral Fellows
Spring, 2023	Rigor of Proposed Research,	8-12 Graduate and

	UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	Postgraduate Students
Spring, 2023	Rigor of Prior Research. UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Spring, 2023	Translational Research on Cannabidiol to Treat PTSD, University of Pittsburgh, Visiting Scholar Program, Clinical and Translational Sciences Award Grand Rounds	100 graduate students, postdoctoral fellows, medical. residents, and faculty
Spring, 2023	Approaches for Dual Diagnosis and Substance Use Disorders, UTHSCSA, APA Accredited Clinical Internship Program	7-8 Doctoral Students
Fall, 2022	Cannabidiol to Enhance PTSD Treatment, UTHSCSA, Department of Psychiatry and Behavioral Sciences Grand Rounds	100 graduate students, postdoctoral fellows, psychiatry residents, and faculty
Fall, 2022	Exposure Based Therapies for PTSD: Prolonged Exposure, UTHSCSA, APA Accredited Clinical Internship Program	5 Doctoral Students
Fall, 2022	Rigor of Proposed Research, UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Fall, 2022	Rigor of Prior Research. UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Spring, 2022	Rigor of Proposed Research in Biomedical UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Spring, 2022	Rigor of Prior Research in Biomedical UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Fall, 2021	Rigor of Proposed Research in Biomedical UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Fall, 2021	Rigor of Prior Research in Biomedical UTHSCSA, Graduate School of Biomedical Sciences, Rigor and Reproducibility in Biomedical Research Workshop Series	8-12 Graduate and Postgraduate Students
Fall, 2021	Exposure Based Therapies for PTSD: Prolonged Exposure, UTHSCSA, APA Accredited Clinical Psychology Internship Program	5 Doctoral Students

Summer, 2021	Cultivating your Professional Identity and Navigating Licensure, UTHSCSA, APA Accredited Clinical Internship Program	7-8 Doctoral Students
Fall, 2020	Evidence Based Treatments for PTSD: An Introduction to Prolonged Exposure Therapy. UTHSCSA, APA Accredited Clinical Psychology Internship Program	5 Doctoral Students
Summer, 2020	Cultivating your Professional Identity and Navigating Licensure, UTHSCSA, APA Accredited Clinical Internship Program	8 Doctoral Students
Summer, 2020	Introduction to Bayesian Statistics and Adaptive Platform Trials, UTHSCSA, Department of Pharmacology and Center for Biomedical Neurosciences	10 Faculty, 5 Postgraduate Students, and 4 Doctoral Students
Spring, 2020	Interventions and Diversity Considerations for Maladaptive Anger, UTHSCSA, APA Accredited Clinical Psychology Internship Program	8 Doctoral Students
Summer, 2019	Transitioning into Postdoctoral Fellowship and Licensure, UTHSCSA, APA Accredited Clinical Psychology Internship Program	8 Doctoral Students
Spring, 2019	Cognitive Behavioral Therapy for Anxiety- Related Disorders, UTHSCSA, Psychiatry Medical Resident Cognitive Behavior Therap Seminar Series	20 Psychiatry Residents y
Spring, 2019	Interventions and Diversity Considerations for Maladaptive Anger, UTHSCSA, APA Accredited Clinical Psychology Internship Program	8 Doctoral Students
Fall, 2019	Approaches for Dual Diagnosis and Substance Use Disorders, UTHSCSA, APA Accredited Clinical Psychology Internship Program	5 Doctoral Students
Fall, 2019	Evidence Based Treatments for PTSD: An Intro to Cognitive Processing Therapy, UTHSCSA, APA Accredited Clinical Psychology Internship Program	5 Doctoral Students

EDUCATIONAL CURRICULUM / COURSE MATERIALS DEVELOPED:

All course based and non-course based teaching curriculum and materials (e.g., PowerPoint, Assignments, Projects, Assessments, Quizzes, Exams, Handouts, Syllabi, Online Course Materials/Lectures, etc.) listed above were developed and maintained by Casey L. Straud.

FORMAL MENTORING (SUPERVISION):

Undergraduate and Post-Baccalaureate Students:

<u>Dates</u>	Mentee Name	Institution/School/Dept/Site
2023-2024	Alvssa Reves	UTHSCSA

Department of Psychiatry and Behavioral Sciences

Psychology BA College Student / Research Assistant

Status: Clinical Psychology Doctoral Applicant

2023-2024 Makayla Daniels UTHSCSA

Department of Psychiatry and Behavioral Sciences Psychology BA College Student / Research Assistant

Status: Counseling Master's Student

2022-2024 Nadia Malek Palo Alto VA

National Center for PTSD

Post Baccalaureate Psychology Student / Research Assistant

Status: Clinical Psychology Doctoral Student

2021-2024 Elizabeth Santos UTHSCSA

Department of Psychiatry and Behavioral Sciences Psychology BA College Student / Research Assistant

Status: Clinical Psychology Doctoral Student

2021-2023 Victoria Marshall UTHSCSA

Department of Psychiatry and Behavioral Sciences

Post Baccalaureate Psychology Student / Research Assistant

Status: Counseling Master's Student

Master's Degree Students:

DatesMentee NameInstitution/School/Dept/Site2024-presentMcKenna CowsertUniversity of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Examining the Impact of Caffeine Use on PTSD Treatment Outcomes Among Treatment Seeking Military

Service Members and Veterans (Committee Member)

2023-2025 Sophie Jiwani University of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Further Examination of the Psychometric Properties of the Social Anxiety Disorder Index-5 in Samples of

College Students (Committee Member)

2023-2025 Ishita Khurd University of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Investigating Non-Suicidal Self-Injury: How Trauma Exposure and Personality Traits Influence NSSI Risk

in Young Adults (Committee Member)

2024 Dustin Burkey University of Texas at San Antonio

Department of Psychology

Non-thesis option (Committee Member) Psychology MS Program

2024 Kenny Kolawole University of Texas at San Antonio

Department of Psychology

Non-thesis option (Committee Member) Psychology MS Program

2023-2025 Kimberly Gomes University of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Exploring Factors Associated to Posttraumatic Stress Disorder Symptoms Among Deployed Military Medical Personnel (Committee Member)

2022-2024 Kara Rayha University of Texas at San Antonio

Department of Psychology

Psychology MS Program

Thesis, *Prevalence and Persistence: Understanding Intimate Partner Violence Victimization Trends in The Military* (Committee Member)

2019-2021 Caitlin Geraci University of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Stress and Coping in Undergraduate College Students: The Mediating Roles of Self-Compassion and

Sense of Belonging (Committee Member)

2019-2021 Sarah Vacek University of Texas at San Antonio

Department of Psychology Psychology MS Program

Thesis, Evaluating the psychometric properties of the childhood trauma questionnaire for use in a U.S. military sample (Research Supervisor)

Doctoral Degree (Research) Students:

DatesMentee NameInstitution/School/Dept/Site2025-presentKimberly GomesUniversity of Texas at San Antonio

Department of Psychology

Psychology PhD Program

2022-2025 Kiara Buccellato University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, Examining the Role of Cortisol in Development and Treatment of Posttraumatic Stress Disorder

Among Military Service Members: Current State of the Literature (Committee Member)

2021-2023 Chelsea McMahon University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, The Identification of Genetic Biomarkers for Fibromyalgia and PTSD in Military Members Following a Combat Deployment (Research Mentor)

2021-2022 Rebecca Kilgore University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, The Mediating Role of Social Support on the Relationship Between PTSD and Aggression:

Examining Racial/Ethnic Differences (Committee Member)

2019-present Sarah Vacek University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, Examining the Relationship Between Childhood Trauma Experiences and PTSD in U.S. Military

Members (Chair)

2017-2019 Jose Lara-Ruiz University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, A Latent Class Analysis of Traumatic Brain Injury Associated with Health Outcomes in Active Duty

Military Personnel (Research Mentor)

2017-2019 Brian Moore University of Texas at San Antonio

Department of Psychology Psychology PhD Program

Dissertation, Assessing Implicit and Explicit Self-Concept in Military Personnel and Civilians with Posttraumatic

Stress Disorder (Research Mentor)

<u>Doctoral Degree (Clinical) Students:</u>

<u>Dates</u> 2024-2025	Mentee Name Christopher Jurgens	Institution/School/Dept/Site UTHSCSA, Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2024-2025	Vanessa Oliphant	UTHSCSA, Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2023-2024	Rylee Jensen	UTHSCSA, Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2023-2024	Mahsa Mojallal	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2023-2024	Emily Tran	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2022-2023	Gabrielle Weierbach	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2022-2023	Emily Cnapich	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2021-2022	Ann Inouye	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2021-2022	Sharon Levine	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2021-2022	Michael Ramsey	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2021-2022	Bailee Schuhmann	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2020-2021	Lauren Hammond	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2020-2021	Staci Grant	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2019-2020	Hyejin Jin	UTHSCSA Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)
2018-2019	Ashley Cherrington	UTHSCSA Department of Psychiatry and Behavioral Sciences

Clinical Psychology Internship Program (APA Accredited)

2017-2018 Lauren Koch UTHSCSA

Department of Psychiatry and Behavioral Sciences Clinical Psychology Internship Program (APA Accredited)

Postdoctoral Residents

<u>Dates</u> 2024-present	Mentee Name Nick Oakey-Frost	Institution/School/Dept/Site UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2023-2025	Angela Richardson	UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2023-2024	Emily Cnapich	UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2022-2024	Bailee Schuhmann	UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2020-2022	Jose Lara-Ruiz	UT Health San Antonio Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2020-2021	Brian Moore	UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program
2018-2020	Lauren Koch	UTHSCSA Department of Psychiatry and Behavioral Sciences STRONG STAR Trauma Psychology Fellowship Program

RESEARCH

PUBLICATIONS:

Original Published Peer-Reviewed Articles:

h-index = 16; i10-index = 28 (as of Summer 2025) *Denotes student author

- 1. Moring, J. C., Dismuke, C. E., Resick, P. A., Young-McCaughan, S., Ortman, J., McGeary, C., **Straud, C. L.,** Mackintosh, M. A., Acierno, R., Rauch, S. A. M., Morland, L. A., & Peterson, A. L. (in press). Cost burden to the system, making the economics work comparing treatment delivery modalities. *Psychological Services*
- Kearns, J. C., Stanley, I. H., Sloan, D. M., Young-McCaughan, S., Tyler, H. C., Hein, J. M., Straud, C. L., Joiner, T. E., Pennebaker, J. W., Rudd, M. D., Peterson, A. L., & Marx, B. P. (2025). Written Exposure Therapy for Suicide Prevention (WET-SP): Design and methodology of a randomized controlled trial among military service members psychiatrically hospitalized for suicide risk. *Contemporary Clinical Trials*, 155, 108001. https://doi.org/10.1016/j.cct.2025.108001
- 3. **Straud, C. L.,** *Buccellato, K. H., Foa, E.B., Brown, L. A., McLean, C. P., Blount, T. H., Schobitz, R. P., DeBeer, B. B., Mignogna, J., Fina, B. A., Hall-Clark, B. N., Schrader, C. C., Yarvis, J. S., Jacoby, V. M., Evans, W. R., Litz, B. T., Meyer, E. C., Niles, B. L., Young-McCaughan, S., Keane, T. M., Peterson, A. L.; for the Consortium to Alleviate PTSD. (2025). Evaluating the differential effects of hazardous drinking on posttraumatic stress disorder outcomes across two prolonged exposure treatment formats. *Behavioral Sciences*. *15*(7), 954. https://doi.org/10.3390/bs15070954

- *Wang, S., *Rodenbaugh, M. M., **Straud, C. L.,** Weiss, N. H., & Contractor, A. A. (2025). Exploring the co-occurrence of posttraumatic stress disorder symptoms and dysregulated positive emotion processes: A network analysis. *Journal of Anxiety Disorders*. 113. 103022. Advance publication available online. https://doi.org/10.1016/i.ianxdis.2025.103022
- Straud, C. L., *Buccellato, K. H., *Vacek, S., Hale, W. J., Baker, M. T., Isler, W. C., Litz, B. T., & McNally, R. J., & Peterson, A. L.; for the STRONG STAR Consortium (2025). The General Military Support Scale: An examination of factor structure and psychological correlates. *Military Psychology*. Advance online publication. https://doi.org/10.1080/08995605.2025.2495371
- 6. Kearns, J. C., **Straud, C. L.,** Stanley, I. H., Solan, D. M., Fina, B. A., Young-McCaughan, S., Tyler, H. C., Kaplan, A. M., Blankenship, A. E., Schrader, C. C., Green, V. R., Bryan, C. J., Peterson, A. L., & Marx, B. P.; for the STRONG STAR Consortium (2025). Written exposure therapy for posttraumatic stress symptoms and suicide risk: A randomized controlled trial with high-risk patients admitted to a military inpatient psychiatric unit. *Suicide and Life-Threatening Behavior.* 55. e70008. https://doi.org/10.1111/sltb.70008
- 7. *Gomes, K., & **Straud, C. L.** (2025). "From Dr. Mary Cover Jones to Cardi B: Centennial and Contemporary Inspiration for Our Clinical Science, Education, and Connection with the Communities We Serve": Reflections on Dr. Sandra Pimentel's Presidential Address. *The Behavior Therapist*, *48*(2). https://www.abct.org/journals/the-behavior-therapist-journal/
- 8. *Hass, N. C., Wachen, J. S., **Straud, C. L.**, Scioli, E., Mintz, J., Litz, B. T., Young-McCaughan, S., Yarvis, J., Peterson, A. L., & Resick, P. A.; for the STRONG STAR Consortium. (2025). Changes in Pain and Related Health Outcomes after Cognitive Processing Therapy in an Active Duty Military Sample. *Journal of Traumatic Stress*. Advance publication online. https://doi.org/10.1002/jts.23143
- 9. Roberts, D. L., *Bruntmyer, L., **Straud, C. L.,** Thorton, C., Lemke, A. W., & Schillerstom, J. E. (2025). Reflective Training: A tool to help diverse learner groups scale—up therapy skills. *The Behavior Therapist, 48*(1). https://www.abct.org/journals/the-behavior-therapist-journal/
- 10. Baig, M. R., Villareal, G., Meraj, A., Davis, B., Aviles, L., Meyer, E. C., **Straud, C.**, Young-McCaughan, S., Peterson, A. L., & Roache, J. D. (2024). Design and Methodology of a Randomized Clinical Trial of Quetiapine to Reduce Central Nervous System Polypharmacy in Veterans with Postconcussive Syndrome Symptoms. *Contemporary Clinical Trials*, *147*, 107741. https://doi.org/10.1016/j.cct.2024.107741
- 11. *Hood, A., Fairley, R., Young-McCaughan, S., **Straud, C.**, Blount, T., Arena, A., Fowler, A., Carrillo, J., Cantu, D., Soto, A., Peterson, A., & De Lorenzo, R. A. (in press). Intramuscular Ketamine and Crisis Response Planning for Suicidality in the Emergency Department: Methodology of the ASPIRED Pilot Trial. *The Medical Journal*. Accepted for publication October 2024.
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- Peterson, A., Baker, M., *Moore, B., Hale, W., Joseph, J., Straud, C., Lancaster, C. L., McNally, R. J., Isler, W. C., Litz, B. L., & Mintz, J. (2018). Deployed military medics: Incidence and impact of healthcare trauma exposure. *Military Medicine*, 184, 133-142. https://doi.org/10.1093/milmed/usy147
- 67. **Straud, C.,** Henderson, S., Vega, L., Van Hasselt, V., LeDuc, T., & Couwels, J. (2018). Resiliency and posttraumatic stress symptoms in firefighter paramedics: The mediating role of depression, anxiety, and sleep. *Traumatology, 24*, 140-47. https://doi.org/10.1037/trm0000142
- 68. Peterson, A. L., Foa, E. B., Blount, T. H., McLean, C. P., Shah, D. V., Young-McCaughan, S., Litz, B. T., Schobitz, R. P., Castillo, D. T., Rentz, T. O., Yarvis, J. S., Dondanville, K. A., Fina, B. A., Hall-Clark, B. N., Brown, L. A., DeBeer, B. R., Jacoby, V. M., Hancock, A. K., Williamson, D. E., Evans, W. R., Synett, S., **Straud, C.,** Hansen, H. R., Meyer, E. C., Javors, M. A., Sharrieff, A.-F. M., *Lara-Ruiz, J., *Koch, L. M., Roache, J. D., Mintz, J., & Keane, T. M.; for the Consortium to Alleviate PTSD. (2018). Intensive prolonged exposure therapy for combat-related posttraumatic stress disorder: Design and methodology of a randomized clinical trial. *Contemporary Clinical Trials*, 72, 126-36. https://doi.org/10.1016/j.cct.2018.07.016.
- 69. **Straud, C.,** McNaughton-Cassill, M. E, & Fuhrman, R. (2015). The role of the Five Factor Model of personality with proactive coping and preventative coping among college students. *Personality and Individual Differences*, 83, 60-64. https://doi.org/10.1016/j.paid.2015.03.055

Original Peer-Reviewed Articles Under Review:

*Denotes student author

- Crenshaw, A.O., Pukay-Martin, N., Wagner, A.C., Schobitz, R.P., Yarvis, J.S., Young-McCaughan, S., Mintz, J., **Straud, C.L.**, Litz, B.T., Riggs, D.S., Peterson, A.L., & Monson, C.M.; for the STRONG STAR Consortium (R&R). A multiverse approach to analyzing data from clinical trials.
- Raps, S. J., Peterson, A. L., **Straud, C. L.**, Hale, W. J., Young-McCaughan, S., Moore, B. A., *Gomes, K. D., Savell, S. W., Shinn, A., Baker, M. T., & Gardner, C. L.; for the STRONG STAR Consortium. (R&R). Comparative Computational Analysis of Physical and Mental Health Outcomes in U.S. Military Deployers and Evacuees, 2001-2015.
- Pruiksma, K. E., Bolstad, C. J., Brock, M. S., Li, X., Gerwell, K., **Straud, C. L.**, Zwetzig, S., Young-McCaughan, S., Peterson, A. L., Taylor, D. J., Mysliwiec, V., & on behalf of the STRONG STAR Consortium. (2025). Comorbidity of nightmares in U.S. military personnel with insomnia, obstructive sleep apnea, or COMISA (Manuscript under review).

*Buccellato, K. H., *Brown, H. N., *Price, W. A., **Straud, C. L.**, Blount, T. H., Foa, E. B., Brown, L. A., McLean, C. P., Schobitz, R. P., DeBeer, B. R., Mignogna, J., Fina, B. A., Evans, W. R., Hall-Clark, B. N., Rentz, T. O., Schrader, C., Yarvis, J. S., Hansen, H., Jacoby, V. M., Lara-Ruiz, J., Hale, W. J., Koch, L. M., Gerwell, K. M., Young-McCaughan, S., Litz, B. T., Meyer, E. C., Williamson, D., E., Roache, J. D., Sharrieff, A. M., Niles, B. L., Keane, T. M., Peterson, A. L.; for the Consortium to Alleviate PTSD. (under review). Graduated exposure to traumatic events decreases distress during prolonged exposure therapy for PTSD.

Original Peer-Reviewed Articles in Preparation:

*Denotes student author

- **Straud, C. L.,** Roache, J. D., Ginsburg, B. C., King, V. L., Baig. M. R., Barron, S., Blount, T. H., Young-McCaughan, S., & Peterson, A. L.; for the STRONG STAR Consortium (in prep). Cannabidiol combined with massed prolonged exposure for posttraumatic stress disorder: An early phase 2 pilot randomized placebo controlled trial.
- **Straud, C. L.**, Martinez, M. Young-McCaughan, S., *Buccellato, K. H., Barron, S., Carreno, F., Lodge, D., Morilak, D., Marx, B. P., & Peterson, A. L.; for the STRONG STAR Consortium (in prep). Transcranial direct current stimulation combined with written exposure therapy for posttraumatic stress disorder in human subjects: Design and methodology.
- Straud, C. L., Marx, B. P., Sloan, D. M., Resick, P. A., McLean, C. P., Foa, E. B., Taylor, D. J., Wachen, J. S., Dondanville, K. A., Buccellato, K. H., McMahon, C., Blount, T. H., Blankenship, A. E., DeBeer, B. B., Nicholson, K. L., Schobitz, R. P., Schrader, C. C., Sharrieff, A. M., Yarvis, J. S., McGeary, C. M., Roache, J. D., Niles, B. L., Litz, B. T., Young-McCaughan, S., Keane, T. M., & Peterson, A. L.; for the STRONG STAR Consortium and the Consortium to Alleviate PTSD. (in prep). Reliable change index on the CAPS-5 and PCL-5 among military service members and veterans: A replication analysis.
- Tyler, H., Pruiksma, K. E., **Straud, C. L.**, Blankenship, A. E., Resick P. A., Taylor, D. J., Dondanville, K. A., Young-McCaughan, S., Mintz, J., Marx, B. P., Peterson, A. L., & Sloan, D. M.; for the STRONG STAR Consortium. (in prep). Sleep outcomes following written exposure therapy vs. cognitive processing therapy for PTSD in U.S. Service Members.
- *Buccellato, K. H., **Straud, C. L.,** Blount, T. H., Evans, W. R., Hein, J., *Santos, E., Hale, W. J., Foa, E. B., Brown, L. A., McLean, C. P., Schobitz, R. P., DeBeer, B. R., Mignogna, J., Fina, B. A., Hall-Clark, B. N., Schrader, C., Yarvis, J. S., Jacoby, V. M., Lara-Ruiz, J., Gerwell, K. M., Litz, B. T., Meyer, E. C., Niles, B. L., Young-McCaughan, S., Keane, T. M., Peterson, A. L.; for the Consortium to Alleviate PTSD. (in prep). Examination of the top three traumas in combat-related PTSD.
- Fox, P. T., Salinas, F. S., Roache, J. D., Lancaster, J. L., Quinones, M., Vaughan, P. W., Franklin, C., Straud, C. L., Price, L. Unzueta-Hernandez, M., Cuellar, J., Woolsey, M. K., Chavez, A. M., Hoselton, D. A., Brundige, A. R., Litz, B. T., Young-McCaughan, S., Keane, T. M., & Peterson, A. L.; for the Consortium to Alleviate PTSD. (R&R) Image-guided, robot-navigated transcranial magnetic stimulation: A randomized controlled trial in combat-related posttraumatic stress disorder.
- *Sterne, C. J., *Zwetzig, S. E., *Vacek, S., *Buccellato, K. H., **Straud, C. L.**, Baker, M. T., *Ojeda, A., Hale, W. J., Young-McCaughan, S., Moore, B. A., Lancaster, C. L., McNally, R. J., Isler, W. C., Litz, B. T., *Koch, L. M., Mintz, J., & Peterson, A. L.; for the STRONG STAR Consortium. (under review). Psychological risk and resiliency in female military medical personnel across the deployment cycle.
- Nason, E. E., Moring, J. C., **Straud, C. L.,** *Ortman, J. A., Wachen, J. S., Dondanville, K. A., Peterson, A. L., Mintz, J., Hale, W. J., Litz, B. T., Young-McCaughan, S., Yarvis, J. S., & Resick, P. A.; for the STRONG STAR Consortium. (under review). The relationship between symptom severity, cognitions, and sexual functioning in a treatment-seeking sample of male service members with PTSD.

PRESENTATIONS:

*Denotes student author

INTRAMURAL PRESENTATIONS:

*Denotes student author

<u>Description:</u> The following references were intramural oral presentations delivered at a research conference.

1. **Straud, C.L.** & Hernandez-Tejada, M. A. (June, 2025). Transcranial direct current stimulation for veterans with PTSD. In Peterson, A.L. (Chair). *Clinical and Translational Science Advances in the Treatment of PTSD in Military Service Members and Veterans [Symposium-co-first author presenters].* 2025 Texas Regional Clinical and Translational Science Award (CTSA) Consortium Annual Meeting, San Antonio, TX.

- 2. **Straud, C. L.** (April 2025). *Noninvasive brain stimulation combined with exposure therapy for PTSD.* Paper presented at the annual Research Quality Improvement Meeting, San Antonio, TX.
- 3. **Straud, C. L.** (April, 2024). *Cannabidiol to Enhance Treatment for PTSD*. Paper presented at the annual Research Quality Improvement Meeting, San Antonio, TX.
- 4. *McMahon, C. J., **Straud, C. L.**, Zwetzig, S. E., Baker, M. T., Ojeda, A., Hale, W. J., Young-McCaughan, S., Moore, B. A., Lancaster, C. L., McNally, R. J., Isler, W. C., Litz, B. T., Koch, L. M., Mintz, J., & Peterson, A. L.; for the STRONG STAR Consortium. (June, 2021). *Psychological Risk and Resiliency in Female Military Medical Personnel across the Deployment Cycle*. Paper Presented at the annual San Antonio Military Health System and Universities Research Forum (SURF) conference, Virtual Conference.
- 5. **Straud, C. L.**, Peterson, A. L., Blount, T. H., Foa, E. B., Brown, L. A., McLean, C. P., ... Mintz, J.; for the Consortium to Alleviate PTSD. (June, 2019). Intensive Prolonged Exposure for Combat-Related PTSD: Preliminary Results from a Randomized Clinical Trial. In A.L. Peterson (Chair), *STRONG STAR Research Findings from Five Studies*. Symposium presented at the San Antonio Military Healthcare System (SAMHS) and Universities Research Forum (SURF).
- 6. Medellin, E., Peterson, A. L., Mintz, J., Moring, J., **Straud, C. L.**, Nabity, P., ... Resick, P. A.; for the STRONG STAR Consortium. (June, 2019). In-Office, In-Home, and Telebehavioral Health Cognitive Processing Therapy for Combat-Related PTSD: Preliminary Results of a Randomized Clinical Trial. In A.L. Peterson (Chair), *STRONG STAR Research Findings from Five Studies*. Symposium presented at the San Antonio Military Healthcare System (SAMHS) and Universities Research Forum (SURF).
- 7. Peterson, A., Foa, E., Resick, P., Hoyt, T., **Straud, C. L.**, *Moore, B., Favret, J. V., Hale, W. J., Litz, B. T., Rogers, T., Stone, J. M., Villarreal, R., Woodson, C. S., Young-McCaughan, S., & Mintz, J.; for the STRONG STAR Consortium. (June, 2019). A Nonrandomized Trial of Prolonged Exposure and Cognitive Processing Therapy for the Treatment of Combat-Related Posttraumatic Stress Disorder in Deployed Settings. Presented at the San Antonio Military Healthcare System (SAMHS) and Universities Research Forum (SURF).

EXTRAMURAL PRESENTATIONS:

*Denotes student author

<u>Description:</u> The following references were extramural oral presentations delivered at a research conference.

- 8. *Malek, N., Rosenfeld, E. A., **Straud, C.**, Rosen, C., McLean, C. P. (2024, November). Veteran preferences towards tech-based modalities of PTSD care. In Malek, N. & Wislocki, K. (Co-chairs). *Leveraging technology to support PTSD assessment and intervention for veteran populations* [Symposium]. Association for Behavioral and Cognitive Therapies 58th Annual Meeting, Philadelphia, PA, United States.
- 9. *Hooper, V., *Malek, N., Rosenfeld, E. A., **Straud, C.**, Rosen, C., McLean, C. P. (2024, November). The Impact of Discrimination on PTSD Treatment Preferences Among Minority Veterans. In McCann, Jesse. *Breaking Barriers, Bridging Gaps: Addressing Issues with Understanding, Treating, and Accessing Care for PTSD* [Symposium]. Association for Behavioral and Cognitive Therapies 58th Annual Meeting, Philadelphia, PA, United States.
- 10. **Straud, C. L.**, *Buccellato, K. H., Martinez, M. Young-McCaughan, S., Barron, S., Carreno, F., Lodge, D., Morilak, D., Marx, B. P., & Peterson, A. L.; for the STRONG STAR Consortium (2024, Oct 22-23). *Noninvasive brain stimulation combined with exposure therapy for PTSD.* [Paper presentation]. 9th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 11. *Kearns, J. C., **Straud, C. L.,** Young-McCaughan, S., Peterson, A. L., Kaplan, A. M., Fina, B., Stanley, I. H., Bryan, C. J., Sloan, D. M., & Marx, B. P. (2024, July). *Decreasing suicide risk among active duty military servicemembers using Written Exposure Therapy for Suicide*. Symposium presented at VA/DoD Suicide Prevention Conference Bi-Annual Meeting. Portland, OR.
- 12. Meyer, E.C., Evans, W.R., Moore, B.A., Young-McCaughan, S., Blankenship, A.E., **Straud, C.L.,** McLean, C.S., Miller, T.L., & Peterson, A.L. (2024, July). *Applying the psychological flexibility model to enhance resilience in military personnel.* Paper presented at the Association for Contextual Behavioral Science World Conference, Buenos Aires, Argentina.
- 13. *Kearns, J. C., **Straud, C. L.,** Young-McCaughan, S., Peterson, A. L., Kaplan, A. M., Fina, B., Stanley, I. H., Bryan, C. J., Sloan, D. M., & Marx, B. P. (2024, April). *Decreasing suicide risk and PTSD symptoms among military servicemembers using Written Exposure Therapy.* Symposium presented at the Anxiety and Depression Association of America 44th Annual Meeting. Boston, MA.
- 14. McLean, C. P., *Malek, N., & **Straud, C. L.** (2023, Nov). The Efficacy of Online Written Exposure Therapy with Peer Coaching on PTSD Symptoms Among Veterans. In K. Knopp (Chair), *Scaling Up Trauma Treatment for Veterans: Innovations in Delivery to Broaden our Reach* [Symposium]. International Society of Traumatic Stress Studies 39th Annual Meeting, Los Angeles, CA.
- 15. Hein, J. M., Fletcher, K. K., **Straud, C. L.**, & Peterson, A. L. (2023, May 20-24). *Combining a Stellate Ganglion Block with Prolonged Exposure for PTSD: A Nonrandomized Clinical Trial.* Presented at American Psychiatric Association Annual Meeting, San Francisco, CA.

- 16. Sloan, D. M., Marx, B. P., Peterson, A. L., Acierno, R., **Straud, C. L.**, & Resick, P. A. (2022, November). Written Exposure Therapy vs. Prolonged Exposure Therapy non-inferiority study. [Symposium]. International Society of Traumatic Stress Studies 38th Annual Meeting, Atlanta, GA.
- 17. *Stoycos, S. A., **Straud, C. L.**, Blankenship, A. E., Marx, B. P., Peterson, A. L., Resick, P. A., Stanley, I., Young-McCaughan, S., & Sloan, D. M., For the STRONG STAR Consortium (2022, November). Examining secondary outcomes for military service members treated with Written Exposure Therapy and Cognitive Processing Therapy for PTSD. In S.A. Stoycos (Chair), *The impact of treatment for PTSD and trauma-related guilt on co-occurring conditions* [Symposium]. International Society of Traumatic Stress Studies 38th Annual Meeting, Atlanta, GA.
- 18. *Sijercic, I., *Swerdlow, B. A., Liebman, R. E., Ip, J., *Baker, S., Whitfield, K., Ennis, N., Sumantry, D., Leifker, F., **Straud, C. L.**, Rozek, D., Fredman, S. J., Monson, C. M., Sippel, L. M. (2022, November). Does treating PTSD improve interpersonal relationships? Results from two meta-analyses. In Dr. Rozek (Chair), *PTSD Treatment and Interpersonal Relationships: Outcomes and Opportunities*. Symposium presented at the 38th Annual International Society for Traumatic Stress Studies Meeting.
- 19. Peterson, A. L., Mintz, J., Moring, J. C., **Straud, C. L.**, Young-McCaughan, S., & Resick, P. A.; for the STRONG STAR Consortium (2022, November). In-office, in-home, and telehealth cognitive processing therapy for posttraumatic stress disorder in veterans: A randomized clinical trial. In R. Stewart (Chair), *Delivery of trauma focused treatment via telehealth across the lifespan: Outcomes and special considerations for child and adult populations* [Symposium]. International Society of Traumatic Stress Studies 38th Annual Meeting, Atlanta, GA.
- 20. Marx, B. P., Sloan, D., Peterson, A. L., Fina, B., Young-McCaughan, S., Dondanville, K., Blankenship, A., & **Straud, C. L.**; for the STRONG STAR Consortium. (2022, October 26-27). *Decreasing suicide risk among service members with posttraumatic stress using written exposure therapy* [Paper presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- Mysliwiec, V., Brock, M. S., Pruiksma, K. E., Straud, C. L., Taylor, D. J., Hansen, S., Foster, S. N., *Zwetzig, S., *Gerwell, K., Young, McCaughan, S., Powell, T., Blue Star, J. A., Cassidy, D. G., Mintz, J., & Peterson, A. L.; on behalf of the STRONG STAR Consortium. (2022, June). A comprehensive evaluation of sleep disorder in male and female U.S. military personnel. Sleep (45 Issue Supplement_1), 146–147. https://doi.org/10.1093/sleep/zsac079.323
- 22. Tyler, H., Pruiksma, K. E., **Straud, C. L.**, Blankenship, A. E., Resick P. A., Taylor, D. J., Dondanville, K. A., Young-McCaughan, S., Mintz, J., Marx, B. P., Peterson, A. L., & Sloan, D. M. (2022, March). *Sleep outcomes following written exposure therapy vs. cognitive processing therapy for PTSD in U.S. Service Members*. Presented at the 2022 World Sleep Congress. Rome, Italy.
- 23. Sloan, D. M., Marx, B. P., Resick, P. A., Dondanville, K. A., Young-McCaughan, **Straud, C. L.**, Mintz, J., Litz, B. T., Peterson, A. L., for the STRONG STAR Consortium (2021, November). Comparing written exposure therapy to cognitive processing therapy for PTSD among military service members: A noninferiority trial. In C.B. Worley (Chair), *Written Exposure Therapy: Efficacy and increased reach in diverse groups and delivery systems*. Symposium presented at the International Society for Traumatic Stress Studies 37th Annual Meeting (Virtual).
- 24. Peterson, A. L., **Straud, C. L.**, Young-McCaughan, S., McCallin, J. P., Hoch, M., Roux, N. P., *Koch, L. *Lara-Ruiz, & Blount, T. H.; for the STRONG STAR Consortium (2021, October). *Combining a stellate ganglion block with prolonged exposure for posttraumatic stress disorder: A case series.* Presented at the annual San Antonio Combat PTSD Conference, Virtual Conference.
- 25. Mysliwiec, V., Brock, M. S., Pruiksma, K. E., **Straud, C. L.**, Taylor, D. J., Hansen, S., Foster, S. N., *Zwetzig, S., *Gerwell, K., Young, McCaughan, S., Powell, T., Blue Star, J. A., Cassidy, D. G., Mintz, J., & Peterson, A. L.; on behalf of the STRONG STAR Consortium. (2021, October). *A comprehensive evaluation of sleep disorder in U.S. military personnel*. Presented at the annual San Antonio Combat PTSD Conference, Virtual Conference.
- 26. **Straud, C. L.** (August, 2021). Clinical and ethical considerations of prolonged exposure treatment during COVID-19: What to do when a provider tests positive? In A. L. Peterson, *Adapting and flexing trauma-focused treatments for PTSD during the COVID-19 Pandemic*. Symposium presented at the annual meeting of the APA, Virtual Conference.
- 27. Sloan, D. M., Marx, B. P., Resick, P. A., Young-McCaughan, S., Dondanville, K. A., **Straud, C. L.**, Mintz, J., Litz, B. T., & Peterson, A. L; for the STRONG STAR Consortium. (October, 2020). *Increasing treatment efficiency among military service members: A randomized noninferiority trial comparing written exposure therapy to cognitive processing therapy.* Paper presented at the annual San Antonio Combat PTSD Conference, Virtual Conference.
- Simpson, T., Kaysen, D., Fleming, C., Jaffe, A., & Rhew, I. (November, 2019). Cognitive Processing Therapy and Relapse Prevention in the Treatment of PTSD and Comorbid Alcohol Use Disorders. In C. L. Straud (Chair), Treatment of Posttraumatic Stress Disorder and Comorbid Substance Use. Symposium presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 29. Vujanovic, A. A., Green, C. E., Rappaport, L., Smith, L. J., Berenz, E. C., Suchting, R., Lane, S. D., & Schmitz, J. M. (November, 2019). A novel, integrated CBT for Co-Occurring PTSD and SUDS: A pilot randomized clinical

- trial. **In C. L. Straud (Chair),** *Treatment of Posttraumatic Stress Disorder and Comorbid Substance Use.* Symposium presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 30. Straus, E., Worley, M. J., Tripp, J. C., Davis, B. C., Haller, M., & Norman, S. B. (November, 2019). Examining attendance patterns across integrated therapies for PTSD and Alcohol Use Disorder. In C. L. Straud (Chair), *Treatment of Posttraumatic Stress Disorder and Comorbid Substance Use.* Symposium presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 31. **Straud, C. L.**, Dondanville, K., Hale, W., Schuster-Wachen, J., Mintz, J., Litz, B. T., ... & Resick, P; for the STRONG STAR Consortium. (October, 2019). *PTSD treatment outcomes as a function of hazardous alcohol use: Findings from a Cognitive Processing Therapy Randomized Clinical Trial.* Paper presented at the annual San Antonio Combat Conference.
- 32. **Straud, C. L.**, *Koch, L. M., *Gerwell, K., Hansen, H., Baker, M. T., *Moore, B. A., Hale, W. J., Lancaster, C. L., McNally, R. J., Isler, W. C., Litz, B. T., Mintz, J., & Peterson, A. L. (August, 2019). Risk and Resiliency in Female Military Medical Personnel after Deployment to a Combat Support Hospital. Paper presented at annual Military Health System Research Symposium, Orlando, FL.
- 33. Blankenship, A., Dondanville, K., DeVoe, E., Hale, W., **Straud, C.,** Jacoby, V., Peterson, A., & Williamson, D. (November, 2018). Parental Status and PTSD among Active Duty Military Personnel. In K. Chard (Chair), *PTSD and Parenting in Veterans and Service Members, from Epidemiology to Treatment.* Symposium presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 34. Straud, C. (2018, October). Moderators of improvements in health functioning in Active Duty Military over the course of PTSD treatment. In W. Hale (Chair), What's the chicken and what's the egg? Examining temporal sequential dependencies between PTSD and malleable risk and protective factors. Symposium conducted at Annual Combat PTSD Conference, San Antonio, TX.
- 35. *Lara-Ruiz, J., Hale, W., **Straud, C.**, Baker, M., Gardner, C., Young-McCaughan, S., & Peterson, A. (2018, June). Differences in Psychiatric Aeromedical Evacuations of Deployed Military Personnel during Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF). Paper presented at annual San Antonio Military Health System & Universities Research Forum, San Antonio, TX.
- 36. Peterson, A., Baker, M., *Moore, B., Hale, W., Joseph, J., **Straud, C.,** Lancaster, C., McNally, R., Isler, W., Litz, B., & Mintz, J. (2018, June) *Deployed Military Medics: Incidence and Impact of Healthcare Trauma Exposure.*Paper presented at annual San Antonio Military Health System & Universities Research Forum, San Antonio, TX.
- 37. **Straud, C.,** Henderson, S., Steinkopf, B., & Van Hasselt, V. (2015, March). Impact of Exposure to Critical Incidents. In S. Henderson & V. Van Hasselt (Chairs), *Mental Health of Law Enforcement Officers: Current Strategies and Issues in Prevention and Intervention.* Symposium conducted at 35th annual meeting of the Anxiety and Depression Association of America, Miami, FL.
- 38. **Straud, C. L.**, Messer, S. C., Sprang, K., & El-Tahch, M. (2014, August). *A meta analytic review of PTSD treatment outcomes across trauma types*. Paper presented at the 122nd annual meeting of the APA, Washington, D.C.
- 39. El-Tahch, M., Messer, S. C., Snow, J., **Straud, C. L.**, Guedj, S. D. & Howell, B. (2014, August). *Efficacy of evidenced-based psychotherapy for combat-related PTSD: A multiple outcome meta-analysis*. Paper presented at the 122nd annual meeting of the APA, Washington, D.C.
- 40. Howell, B., Messer, S. C., **Straud, C.,** Guedj, S. D., Schlairet, T. J., El-Tahch, M., Snow, J., Paisley, S. R., Mahler, C., & Bougere, L. (2013, August). Comparative efficacy of CBT for combat and noncombat-related PTSD: A meta-analytic review. In S. C., Messer (Chair), *Presidential Program: Psychological Treatment of Military Personnel*. Symposium conducted at the 121st annual meeting of the APA, Honolulu, HI.
- 41. Messer, S. C., Guedj, S. D., Howell, B., **Straud, C.,** Snow, J., Mahler, C., Bougere, L., & Paisley, S.R. (2013, April). *Combat versus noncombat-related Posttraumatic Stress Disorder: A meta-analysis of CBT treatment outcome*. Paper presented at the annual meeting of the Anxiety and Depression Association of America, La Jolla, CA.
- 42. Messer, S. C., Zoller, L., Barack, D., Coad, S., **Straud, C.**, Guedj, S. D., & Sharma, V. (November, 2012). *A meta-analytic review of pharmacotherapy treatment outcome for PTSD in military vs. civilian samples.* Paper presented at the 28th annual meeting of the ISTSS, Los Angeles, CA.

Abstracts Presented:

*Denotes student author

Description: The following references were abstract/poster presentations delivered at a research conference.

43. Woodworth, C. A., Marx, B. P., Resick, P. A., Young-McCaughan, **Straud, C. L.,** Brooks, K. L., Peterson, A. L., Sloan, D. M.; for the STRONG STAR Consortium. (September 17-20). *Accounting for treatment outcomes in PTSD: Predictors of treatment response in Written Exposure Therapy and Cognitive Processing Therapy* [poster

- presentation]. Presented at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
- 44. *Cowsert, M.A., *Gomes, K.D., **Straud, C.L.**, Young-McCaughan, S., & Peterson, A.L. (August 2025). *Hospitalizations and Ambulatory Visits for Mental Health Disorders in Active Duty Military Personnel* [poster presentation]. Presented at the American Psychological Association (APA) Convention, Denver, CO.
- 45. *Gomes, K. D., *Cowsert, M. A., *Buccellato, K., Straud, C., Young-McCaughan, S., Rozek, D., Oakey-Frost, N., Baker, M. T., Isler, W. C., McNally, R. J., Litz, B. T., & Peterson, A. L. *The role of social support type in suicidal ideation among deployed military service members* [poster presentation]. Presented at the American Psychological Association 2025 Convention, Denver, CO.
- 46. *Cowsert, M.A., *Gomes, K.D., **Straud, C.L.,** Young-McCaughan, S., & Peterson, A.L. (August 2025). *Healthcare Utilization for Mental Health Conditions Among Active Duty Military Personnel, 2005-2023* [poster presentation]. Presented at the Military Health System Research Symposium (MHSRS), Kissimmee, FL.
- 47. Young-McCaughan, S., Straud, C. L., *Bumstead, S., .Pruiksma, K. E., Taylor, D. J., Jacoby, V. M., Yarvis, J. S., & Peterson, A. L.; for the STRONG STAR Consortium (2025, August 4-7). Aerobic Exercise Improves Sleep in U. S. Active Duty Service Members Following Brief Treatment for PTSD Symptoms [Poster Presentation]. Presented at the 2025 Military Health System Research Symposium, Kissimmee, FL.
- 48. *Buccellato, K. H., Martinez, M., Young-McCaughan, S., Barron, S., Moring, J., Carreno, F., Lodge, D., Morilak, D., Marx, B., Peterson, A. L., & **Straud, C. L.**; for the STRONG STAR Consortium (2024, October 22-23). Combined exposure therapy and non-invasive brain stimulation for treatment of PTSD: A pilot randomized clinical trial. [Poster Session]. Presented at the 9th Annual San Antonio Combat PTSD Conference, San Antonio, TX, U.S.
- 49. Gomes, K. D., **Straud, C. L.,** Hale, W. J., & Peterson, A. L. (2024, October 22-23). *Exploring Factors that Contribute to Posttraumatic Stress Disorder Symptoms Among Deployed Military Medical Personnel* [Poster Session]. Presented at the 9th Annual San Antonio Combat PTSD Conference, San Antonio, TX, United States.
- 50. McLean, C. P., Malek., N., Thompson, S., Rosen, C., **Straud, C.**, Rosenfeld, E. (2024, September). *Understanding How Veterans Want to Receive PTSD Care*. [Poster Presentation]. International Society for Traumatic Stress Studies, 40th Annual Meeting, Boston, MA, United States.
- 51. Wang, S., Rodenbaugh, M. M., **Straud, C. L.**, Weiss, N. H., & Contractor, A. A. (2024, September 25-28). *Exploring the Co-occurrence of Posttraumatic Stress Disorder Symptoms and Positive Emotion Processes: A Network Analysis*. Poster submitted to the International Society for Traumatic Stress Studies, 40th Annual Meeting, Boston, MA, USA.
- 52. Young-McCaughan, S., Wachen, J. S., McLean, C. P., Li, X., **Straud, C. L.,** Foa, E. B., Resick, P. A., Sloan, D. M., Taylor, D. J., Blankenship, A. E., Blount, T. H., DeBeer, B. B., Dondanville, K. A., Nicholson, K. L., Schobitz, R. P., Schrader, C. C., Sharrieff, A.-F., Yarvis, J. S., Litz, B. T., McGeary, C. A., McGeary, D. D., Niles, B. L., Roache, J. D., Keane, T. M., & Peterson, A. L., for the STRONG STAR Consortium and the Consortium to Alleviate PTSD. (2024, August 26-29). *Differences and similarities between military women and men receiving evidence-based psychotherapy for posttraumatic stress disorder* [Poster session]. Military Health System Research Symposium, Kissimmee, FL, United States.
- 53. Buccellato, K. H., Brown, H. N., Price, W. A., **Straud, C. L.**, Blount, T. H., Foa, E. B., Brown, L. A., McLean, C. P., Schobitz, R. P., DeBeer, B. B., Mignogna, J., Fina, B. A., Evans, W. R., Hall-Clark, B. N., Rentz, T. O., Schrader, C., Yarvis, J. S., Hansen, H., Jacoby, V. M., Lara-Ruiz, J., Hale, W. J., Koch, L. M., Gerwell, K. M., Young-McCaughan, S., Litz, B. T., Meyer, E. C., Williamson, D. E., Roache, J. D., Sharrieff, A.M., Niles, B. L., Keane, T. M., & Peterson, A. L., for the Consortium to Alleviate PTSD. (2024, August 8-10). Subjective Distress Across Two Models of Exposure Therapy Delivery for PTSD Among Service Members [Poster Presentation]. Poster presented at the American Psychological Association 2024 Convention, Seattle, WA, U.S.
- 54. **Straud, C. L.**, Roache, J. D., Ginsburg, B. C., King, V. L., Baig. M. R., Barron, S., Blount, T. H., Young-McCaughan, S., & Peterson, A. L.; for the STRONG STAR Consortium (April, 2024). *Cannabidiol combined with massed prolonged exposure for posttraumatic stress disorder: An early phase 2 pilot randomized placebo controlled trial.* [Poster Presentation]. 14th Annual Frontiers of Translational Science Research Conference, San Antonio, TX.
- 55. Santos, E., Buccellato, K. H., Blount, T. H., Hein, J., Foa, E. B., Brown, L. A., McLean, C. P., Schobitz, R. P., DeBeer, B. R., Mignogna, J., Fina, B. A., Evans, W. R., Hall-Clark, B. N., Schrader, C., Yarvis, J. S., Jacoby, V. M., Lara-Ruiz, J., **Straud, C. L.,** Hale, W. J., Gerwell, K. M., Young-McCaughan, S., Litz, B. T., Meyer, E. C., Niles, B. L., Keane, T. M., Peterson, A. L., for the Consortium to Alleviate PTSD. (2023, June 15). *Analyzing the top three trauma types in individual service members and veterans.* [Poster presentation]. San Antonio Military Health and Universities Research Forum, San Antonio, Texas.

- 56. Marshall, V.B., **Straud, C.L.,** Hooper, S.C., Verzijl, C., Becker, C.B., & Kilpela, L.S. (2023) *The prospective relation of body dissatisfaction to health and wellness behaviors in women across the lifespan.* Poster presented at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- 57. *Bolye, A. M., *Perez, S. M., *Buccellato, K. H., **Straud, C. L.**, Lodge, D. J., Morilak, D. A., & Carreno, F. R. (2023, Nov). Examination of Neurophysiological Alterations Associated with tDCS in a Rodent Model Used to Study PTSD. Presented at the Annual 2023 Society for Neuroscience Conference, Washington, DC.
- 58. Adler, R. H., **Straud, C. L.**, Peterson, A. L., Jeffreys, M. D., Finley, E. P., Beaver, B. V., Copeland, L. A., Young-McCaughan, S., & Stern. S. L.; for the STRONG STAR Consortium (2023, Oct). *The Effect of Dog Adoption on Loneliness in Veterans with Posttraumatic Stress Disorder: Implications for Holistic Psychiatric Mental Health Nursing Practice*. Presented at the Annual 2023 American Psychiatric Nurses Association Conference, Lake Buena Vista, FL.
- 59. Jacoby, V. M., Peterson, A. L., Young-McCaughan, S., **Straud, C. L.**, Paine, C., Fowler, P., Blankenship, A., Miles, S. R., & Devoe, E. R.; for the STRONG STAR Consortium. (August, 2023). *Testing a Novel Treatment for Anger and Aggression Following Military-Related Betrayal: Design and Methodology of a Clinical Trial*. To be presented at the Military Health System Research Symposium (MHSRS) 2023, Orlando, FL (in-person).
- 60. Moore, B. A., *Gomes, K. D., Baker, M. T., Isler, W. C., McNally, R. J., **Straud, C. L.**, Litz, B., & Alan L. Peterson. (August 2023). *Identifying predictors of positive and negative affect at mid-deployment among military medical personnel.* Presented at the Military Health System Research Symposium (MHSRS) 2023, Orlando, FL (inperson).
- Mysliwiec, V., Brock, M., Matsangas, P., Pruiksma, K., Powell, T., Hansen, S., Martin, J., Taylor, D., Foster, S., Mithani, S., Straud, C., Young-McCaughan, S., Zwetzig, S., & Peterson, A. (June, 2023). Gender Differences in US Military Personnel with Insomnia, Obstructive Sleep Apnea. Poster presented at the annual SLEEP Conference of the Sleep Research Society, Indianapolis, IN. https://doi.org/10.1093/sleep/zsad077.0734
- 62. *Buccellato, K., Martinez, M., Young-McCaughan, S., Graham, M., Barron, S., Carreno, F., Lodge, D., Morilak, D. & Peterson A. L., & Straud, C. L for the STRONG STAR Consortium (2023, April 26). *Transcranial direct current stimulation combined with written exposure therapy for posttraumatic stress disorder in human subjects: Design and methodology* [Poster presentation]. Presented at Annual Frontiers of Translational Science Research Day, San Antonio, TX.
- 63. Moore, B. A., *Gomes, K. D., Baker, M. T., Isler, W. C., McNally, R. J., **Straud, C. L.**, Litz, B., & Alan L. Peterson. (August 2023). *Predictors of positive and negative affect in deployed military medical personnel.* To be presented at the American Psychological Association (APA) Convention 2023, Washington, D.C. (in-person).
- 64. **Straud, C. L.**, Ginsburg, B., Baig, M. R., King, V.L, Barron, S., Blount, T., Young-McCaughan, S., Roache, J. R. & Peterson A. L.; for the STRONG STAR Consortium (2023, April 18-20). *Enhancing prolonged exposure with cannabidiol to treat posttraumatic stress disorder: Design and methodology* [Poster presentation]. Presented at the Annual Association for Clinical and Translational Science Conference, Washington, D. C.
- 65. Moore, B. A., *Gomes, K. D., Baker, M. T., Isler, W. C., McNally, R. J., **Straud, C. L.**, Litz, B., & Alan L. Peterson. (February 2023). *Predictors of positive and negative affect in deployed military medical personnel.* Poster presented at the Georgia State Capitol 2023, Atlanta, GA.
- 66. *Boley, A. M., Perez, S. M., Morilak, D., **Straud, C. L.**, Lodge, D. J., & Carreno, F. R. (2022, November 12-16). *Neurophysiological and behavioral effects of mPFC tDCS in a rodent model used to study PTSD.* Poster presented at Society for Neuroscience Annual Meeting.
- 67. *Santos, E., Inouye, A. M., **Straud, C. L.**, Young-McCaughan, S., McCallin, J. P., Hoch, M., Roux III, N. P., Koch, L., Lara-Ruiz, J., Roache, J. D., Hein, J. M., Blount, T. H., Peterson, A. L. (2022, November 9-13). Investigating changes in sleep disturbances in military service members with PTSD following treatment with prolonged exposure combined with a stellate ganglion block [Poster presentation]. Annual Biomedical Research Conference for Minoritized Scientists, Anaheim, California.
- 68. *Polizzi, C., Wachen, J. S., **Straud, C. L.**, Hale, W., Baier, A., Mintz, J., Dondanville, K. A., Young-McCaughan, S., Yarvis, J., Peterson, A. L., & Resick, P. A.; for the STRONG STAR Consortium. (2022, November). *Self-Regulatory coping strategies as moderators of cognitive processing therapy for active-duty military personnel with posttraumatic stress disorder* [Poster]. International Society for Traumatic Stress Studies 38th Annual Meeting. Atlanta, GA.
- 69. *Ortman, J., Moring, J., C., Peterson, A. L., **Straud, C. L.**, Mintz, J., Young-McCaughan, S., McGeary, C. A., McGeary, D. D., Litz, B., Macdonald, A., Roache, J. D., & Resick, P. A. (2022, October 26-27). *The interaction between patient preferences expectancies, and stigma contribute to outcomes of PTSD treatment* [Poster presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 70. *Santos, E., *Inouye, A. M., **Straud, C. L.**, Young-McCaughan, S., McCallin, J. P., Hoch, M., Roux III, N. P., Koch, L., Lara-Ruiz, J., Roache, J. D., Hein, J. M., Blount, T. H., Peterson, A. L. (2022, October 26-27). Investigating changes in sleep disturbances in military service members with PTSD following treatment with prolonged

- exposure combined with a stellate ganglion block [Poster presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 71. *Buccellato, K. H., **Straud, C. L.**, *McMahon, C., Zwetzig, S., Hale, W., *Marshall, V., Baker, M. T., Isler, W. C., Young-McCaughan, S., Litz, B. T., McNally, R., Mintz, J., Peterson, A. L.; for the STRONG STAR Consortium. (2022, October). Brief measure of general military support among deployed military medical service members: Mental health correlates [Poster presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 72. Tyler, H., Pruiksma, K. E., *Price, W., **Straud, C. L.**, Blankenship, A. E., Resick P. A., Taylor, D. J., Dondanville, K. A., Young-McCaughan, S., Mintz, J., Marx, B. P., Peterson, A. L., & Sloan, D. M. (2022, October). *Sleep outcomes following written exposure therapy vs. cognitive processing therapy for PTSD in U.S. Service Members.* [Poster presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 73. *Nephew, A. *Buccellato, K., * Ojeda, A., **Straud, C. L.**, Moring, J., Hale, W., Baker, M., *McMahon, C., Bryant, R., Young-McCaughan, S., Isler, W., *Lara-Ruiz, J., Lancaster, C., *Hood, A., & Peterson, A. L.; for the STRONG STAR Consortium (2022, October). *The impact of combat experiences on acute stress reactions in deployed service members: A factor analysis* [Poster presentation]. 7th Annual San Antonio Combat PTSD Conference, San Antonio, Texas.
- 74. *Santos, E., *Inouye, A. M., **Straud, C. L.**, Young-McCaughan, S., McCallin, J. P., Hoch, M., Roux III, N. P., Koch, L., Lara-Ruiz, J., Roache, J. D., Hein, J. M., Blount, T. H., Peterson, A. L. (2022, September 30). Investigating changes in sleep disturbances in military service members with PTSD following treatment with prolonged exposure combined with a stellate ganglion block [Poster presentation]. St. Mary's University Summer Research Symposium, San Antonio, Texas.
- 75. *Ortman, J., Moring, J.C., Peterson, A.L., **Straud, C.,** Mintz, J., Nabity, P., Bira, L., Young-McCaughan, S., Hale, W.J., McGeary, D.D., McGeary, C.A., Litz, B., Velligan, D.I., Macdonald, A., Mata-Galan, E., Holiday, S.L., Dillon, K.H., Roache, J.D., Resick, P.A., for the STRONG STAR Consortium (November, 2021). *The Interaction Between Patient Preferences, Expectancies, and Stigma on PTSD Treatment Outcomes.* Poster Accepted for the Annual Biomedical Research Conference for Minority Students (Virtual).
- 76. *Fridling, N., **Straud, C.,** Dondanville, K., Jacoby, V., Fina, B.; for the STRONG STAR Training Initiative. (2021, November 2-5). *Community Based Clinicians—Comparing Military Connected with Non-Military Connected for the Treatment of Veterans*. Poster Presentation at the 37thAnnual Meeting for the International Society for Traumatic Stress Studies (Virtual).
- 77. *McMahon, C. J., **Straud, C. L.**, *Zwetzig, S. E., Baker, M. T., *Ojeda, A., Hale., W. J., Young-McCaughan, S., Moore, B. A., Lancaster, C. L., McNally, C. L., McNally, R. J., Isler, W. C., Litz, B. T., Mintz, J., & Peterson, A. L., for the STRONG STAR Consortium (October, 2021). *Psychological Risk and Resiliency in Female Military Medical Personnel across the Deployment Cycle*. Poster Presented at the 2021 San Antonio Combat PTSD Conference (Virtual).
- 78. *Fridling, N., **Straud, C.,** Dondanville, K., Jacoby, V., Fina, B.; for the STRONG STAR Training Initiative. (2021, October, 2021). *Does Being Military Connected Matter for Veteran Serving Clinicians?* Poster Presentation at the 2021 San Antonio Virtual Combat PTSD Conference.
- 79. Tyler, H.C., Pruiksma, K.E., Straud, C.L., Blankenship, A.E., Resick, P.A., Taylor, D.J., Dondanville, K.A., Young-McCaughan, S., Jacoby, V.M., Mintz, J., Marx, B.P., Peterson, A.L., & Sloan, D.M; for the STRONG STAR Consortium (September, 2021). Sleep Outcomes Following Written Exposure Therapy versus Cognitive Processing Therapy for Posttraumatic Stress Disorder in U.S. Service Members. Poster presented at the annual meeting of the Society for Behavioral Sleep Medicine, Nashville, TN.
- 80. **Straud, C. L.** (August, 2021). Clinical and ethical considerations of prolonged exposure treatment during COVID-19: What to do when a provider tests positive? In A. L. Peterson, *Adapting and flexing trauma-focused treatments for PTSD during the COVID-19 Pandemic*. Symposium presented at the annual meeting of the APA, Virtual Conference.
- 81. *Phares, A., Spangler, P., West, J., **Straud, C.,** Dempsey, C. L., & Benedek, D. M. (August, 2021). The relationship between childhood trauma and PTSD in a military sample. Poster presented at the annual meeting of the APA, Virtual Conference.
- 82. Pruiksma, K. E., Taylor, D. J., Schuster Wachen, J., **Straud, C. L.**, Hale, W. J., Mintz, J., Young-McCaughan, S., Peterson, A. L., Yarvis, J. S., Borah, E. V., Dondanville, K. A., Litz, B. T., & Resick, P. A.; for the STRONG STAR Consortium. (June, 2021). *Prevalence and Impact of Sleep Problems in Active Duty Military Personnel Receiving Cognitive Processing Therapy for PTSD*. Poster presented at the annual meeting of the Associated Professional Sleep Societies, Virtual Conference.
- 83. *Gerwell, K., Pruiksma, K. E., Brock, M. S., Peterson, A. L., Carrizales, F. A., Brundige, A., Taylor, D. J., Vanecek, R., Hansen, S., Foster, S. N., Young-McCaughan, S., **Straud, C. L.**, & Mysliwiec, V. (August, 2020). *The MSSA: A Novel Instrument to Assess Sleep and Sleep Disturbances in Military Men and Women.* Poster presented at the annual meeting of the Sleep Research Society, Virtual Conference.

- 84. **Straud, C. L.**, Dondanville, K., Hale, W., Schuster-Wachen, J., Mintz, J., Litz, B. T., Roache, J., Yarvis, J., Young-McCaughan, S., Peterson A. L., Resick, P; for the STRONG STAR Consortium. (November, 2019). *The impact of hazardous alcohol use in cognitive processing therapy among active duty military service members with posttraumatic stress disorder: Does treatment modality matter?* Poster presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 85. *Kaya, R., Evans, W. **Straud, C. L.**, *Karp, J., Fina, B., Dondanville, K. (November, 2019). *Comparing Treatment Outcomes of Military versus Civilian Clients of Community Providers Trained in CPT and PE by the STRONG STAR Training Initiative*. Poster presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 86. *Cole, A., Wachen, J., **Straud, C. L.**, Hale, W., Peterson, A. L., & Resick, P. (November, 2019). *The Relationship between PTSD, Depression and Psychosocial Functioning of Treatment-Seeking Active Duty Service Members.*Poster presented at the 35th annual meeting of the ISTSS, Boston, MA.
- 87. Peterson, A. L., Blount, T. H., Foa, E. B., Brown, L. A., McLean, C. P., Keane, T., ... **Straud, C. L.** ... & Mintz, J.; for the Consortium to Alleviate PTSD. (August, 2019). *Intensive Outpatient Prolonged Exposure Psychotherapy for Combat-Related Posttraumatic Stress Disorder: Preliminary Results from a Randomized Clinical Trial.* Poster presented at annual Military Health System Research Symposium, Orlando, FL.
- 88. Peterson, A. L., Resick, P. A., McCaughan-Young, S., McGeary, D. D., McGeary, C. A., ... **Straud, C. L.**, ... & Mintz, J.; for the STRONG STAR Consortium. (August, 2019). *In-Office, In-Home, and Telebehavioral-Health Cognitive Processing Therapy for Combat-Related PTSD: Preliminary Results of a Randomized Clinical Trial.* Poster presented at annual Military Health System Research Symposium, Orlando, FL.
- 89. **Straud, C.,** Hale, W., Moring, J., *Lara-Ruiz, J., Bryant, R., Baker, M., Hansen, H., Cigrang, J., Isler, W., Young, McCaughan, S., & Peterson, A. (November, 2018). *Patterns of Acute Stress Disorder and the Impact of Neuropsychological Symptoms in a Sample of Blast-injured Military Service Members: A Latent Profile Analysis*. Poster presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 90. Hale, W., **Straud, C.,** *Moore, B., *Lara-Ruiz, J., Baker, M., Gardner, C., Young-McCaughan, S., Mintz, J., Cigrang, J., & Peterson, A. (November, 2018). *Gender-based Differential Predictors of Suicide Ideation and Suicide Attempts in Psychiatric Aeromedical Evacuations from OEF and OIF.* Poster presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 91. *Lara-Ruiz, J., **Straud, C.,** Hale, W., Hansen, H., Shah, D., Baker, M., Bryant, R., Gardner, C., Isler, W., Young-McCaughan, S., Hancock, A., Mintz, J., Cigrang, J., & Peterson, A. (November, 2018). *Acute Blast Injury Assessment during Military Deployment: Differences in Psychological and Neurocognitive Outcomes*. Poster presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 92. Hansen, H., **Straud, C.,** Hale, W. J., Moring, J., Lara-Ruiz, J., Young-McCaughan, S., Mintz, J., Cigrang, J. A., & Peterson, A. L.; for the STRONG STAR Consortium. (November, 2018). *Cumulative Combat Experiences, Posttraumatic Stress Disorder, and Posttraumatic Growth Among Military Personnel Assessed After a Blast Exposure*. Poster presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 93. *Lara-Ruiz, J., Hale, W., **Straud, C.,** Baker, M., Gardner, C., Young-McCaughan, S., Hancock, A., Mintz, J., Cigrang, J., & Peterson, A. (November, 2018). *Characteristics of Military Personnel during Psychiatric Aeromedical Evacuations from Iraq and Afghanistan*. Poster presented at the 34th annual meeting of the ISTSS, Washington, DC.
- 94. *Moore, B., **Straud, C.,** Hale, W., Gardner, C. L., Baker, M. T., *Lara-Ruiz, J., Cigrang, J. A., Hancock, A., Mintz, J., Young-McCaughan, S., & Peterson, A. L.; for the STRONG STAR Consortium. (2018, November). *An evaluation of relationship status and gender as factors associated with psychiatric aeromedical evacuations from combat zones among OEF/OIF service members.* Poster to be presented at the annual meeting of the ISTSS, Washington, DC.
- 95. *Lara-Ruiz, J., Hale, W., **Straud, C.,** Baker, M. T., Gardner, C. L., Young-McCaughan, S., Hancock, A., Mintz, J., Cigrang, J. A., & Peterson, A. L.; for the STRONG STAR Consortium. (2018, November). *Differences in psychiatric aeromedical evacuations of deployed military personnel during Operation Iraqi Freedom and Operation Enduring Freedom.* Poster presented at the annual meeting of the ISTSS, Washington, DC.
- 96. Straud, C. (2018, October). Moderators of improvements in health functioning in Active Duty Military over the course of PTSD treatment. In W. Hale (Chair), *What's the chicken and what's the egg? Examining temporal sequential dependencies between PTSD and malleable risk and protective factors.* Symposium conducted at Annual Combat PTSD Conference, San Antonio, TX.
- 97. **Straud, C.,** Hale, W., Moring, J., *Lara-Ruiz, J., Bryant, R., Baker, M., Hansen, H., Cigrang, J. A., Isler, W. C., Young-McCaughan, & Peterson, A., for the STRONG STAR Consortium. (2018, August). *Patterns of Acute Stress Disorder and the Impact of Neuropsychiatric Symptoms in a Sample of Blast-Injured Military Service Members: A Latent Profile Analysis*. Poster presented at annual Military Health System Research Symposium, Orlando, FL.
- 98. **Straud, C.,** Blount, T., Foa, E., McLean, C., Brown, L., Schobitz, R., *Lara-Ruiz, J., & Peterson, A. (2018, August) *Enhancing Massed-Prolonged Exposure for Combat PTSD: A Case Report.* Poster presented at annual Military Health System Research Symposium, Orlando, FL.

- 99. *Lara-Ruiz, J., **Straud, C.,** Hale, W., Hansen, H., Shah, D., Baker, M., Bryant, R., Isler, W. C., Young-McCaughan, S., Hancock, A., Mintz, J., Cigrang, J. A., & Peterson, A.; for the STRONG STAR Consortium (2018, August). *The Impact of Head Trauma History on Symptom Presentation in Deployed Settings after Acute Blast Injury.* Poster presented at annual Military Health System Research Symposium, Orlando, FL.
- 100. Feldman, C., Friedman, B., **Straud, C. L.**, Schlairet, T. J., Smith, E., Mayersohn, G., & Nierenberg, B. (2016, July). *A meta-analysis of factors influencing the psychological treatment of chronic pain: Part III.* Poster presented at the 19th annual meeting of the APA Division of Rehabilitation Psychology (Division 22), Denver, CO.
- 101. Henderson, S., **Straud, C.,** Gibson, C., & Wilson, J. (2015, August). *Epidemiological analysis of homelessness: A comparison of veteran and civilian populations.* Poster presented at the 123rd annual meeting of the APA, Toronto, ON.
- 102. Feldman, C., Friedman, B., **Straud, C. L.**, Schlairet, T. J., Mayersohn, G., Smith, E., & Nierenberg, B. (2015, July). *Understanding the effectiveness of cognitive behavioral therapy across different pain conditions: A meta-analysis*. Poster presented at annual meeting of the Florida Psychological Association, Orlando, FL.
- 103. **Straud, C.,** Henderson, S., Steinkopf, B., & Van Hasselt, V. (2015, March). Impact of Exposure to Critical Incidents. In S. Henderson & V. Van Hasselt (Chairs), *Mental Health of Law Enforcement Officers: Current Strategies and Issues in Prevention and Intervention.* Symposium conducted at 35th annual meeting of the Anxiety and Depression Association of America, Miami, FL.
- 104. Straud, C. L., Friedman, B., Mayersohn, G., Feldman, C., Schlairet, T. J., Smith, E., & Nierenberg, B. (2015, February). Cognitive-behavioral treatment for chronic pain: A systematic review and meta-analysis. Poster presented at the 17th annual meeting of the APA Division of Rehabilitation Psychology (Division 22), San Diego, CA
- 105. **Straud, C. L.**, & Sprang, K. (2014, November). A comparative meta-analysis of large scale group events and individual PTSD: Differences in psychotherapy treatment outcomes. Poster presented at the 30th annual meeting of the ISTSS, Miami, FL.
- 106. Sprang, K., & **Straud, C. L.** (2014, November). *Efficacious treatments for PTSD following exposure to community violence: A meta-analysis.* Poster presented at the 30th annual meeting of the ISTSS, Miami, FL.
- 107. Henderson, S., & **Straud, C. L.** (2014, October). *A review of the risk factors for domestic violence among police officers*. Poster presented at the 31st annual meeting of the International Society for the Study of Trauma and Dissociation, Long Beach, CA.
- 108. Guedj, S. D., Messer, S. M., Howell, B., Snow, J., **Straud, C. L.**, El-Tahch, M. (2014, August). *Worldwide epidemiology of social anxiety disorder: A meta-analytic review.* Poster presented at the 122nd annual meeting of the APA, Washington, D.C.
- 109. Schlairet, T. J. & **Straud, C. L.** (2014, July). *A psychometric evaluation of the DASS-21.* Poster presented at the annual meeting of the Florida Psychological Association, Bonita Springs, FL.
- 110. El-Tahch, M., Messer, S. C., **Straud, C.,** & Guedj, S. D. (2014, March). *Efficacy of evidence-based psychotherapy for social anxiety disorder: A meta-analytic review.* Poster presented at the 34th annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
- 111. **Straud, C. L.**, Messer, S. C., Guedj, S. D., & El-Tahch, M. (2013, November). *PTSD treatment outcomes and trauma type: A meta-analytic review*. Poster presented at the 29th annual meeting of the ISTSS, Philadelphia, PA.
- 112. **Straud, C. L.**, & Schlairet, T. J. (2013, November). *A systematic analysis of proactive coping in managing stressful events*. Poster presented at the 29th annual meeting of the ISTSS, Philadelphia, PA.
- 113. Guedj, S. D., Messer, S. C., El-Tahch, M., **Straud, C.,** Howell, B., Paisley, S. R., Schlairet, T., Snow, J., Bougere, L., & Mahler, C. (2013, October). *Comparative efficacy of CBT for combat and noncombat-related PTSD: A meta-analytic review.* Poster session presented at the 65th annual meeting of the Institute of Psychiatric Services, Philadelphia, PA.
- 114. **Straud, C.,** McNaughton-Cassill, M. E., & Fuhrman, R. (2013, May). *An analysis of Schwarzer's (2001) four styles of coping and the Big Five personality traits*. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C.
- 115. Messer, S. C., Barack, D., Zoller, L., Coad, S., **Straud, C.,** Guedj, S. D., & Sharma, V. (2012, October). *Efficacy of SSRI/SNRI pharmacotherapy for PTSD due to combat and noncombat-related trauma: A meta-analytic review.* Poster presented at the annual meeting of the American Public Health Association, San Francisco, CA.

RESEARCH GRANTS:

Description: Approximately, \$47,000,000 in total across 28 funded projects.

ACTIVE GRANTS

Project #: 2L30TR004727-02

Funding Agency: National Institute of Health (NIH), National Center for Advancing Translational Science

(NCATS)-Loan Repayment Program (LRP)

Grant Title: Novel Neurobiological and Pharmacological Interventions for Posttraumatic Stress Disorder and Trauma-Related Conditions: Translational Research to Augment Treatment Response

Time period: 9/2025-9/2027

Grant role: Mentored Principal Investigator, Senior-PI, Alan Peterson, Professor, UTHSCSA (0%)

Budget & Total Direct Costs: N/A-up to \$50,000 (annually) of education debt forgiveness

Brief Detail: The NIH LRP is a grant program established by the U.S. Congress incentivize and retain highly qualified academic health research professionals by repaying up to \$50,000 annually of a researcher's qualified educational debt in return for a commitment to engage in NIH mission-relevant research.

Project #: TP240521 / HT9425-24-S-TBIPH1

Funding Agency: Department of Defense (DoD) CDMRP-TBIPHRP FY24

Grant Title: A Randomized Clinical Trial Using Noninvasive Brain Stimulation Combined with Written Exposure

Therapy for PTSD in Military Personnel with Mild TBI

Time period: 9/2025-9/2029

Grant role: PI

Budget & Total Costs: \$3,100,000

Brief Detail: The primary objective of this project is to test the synergistic effects of combining transcranial direct current stimulation (tDCS) with written exposure therapy (WET) for the treatment of PTSD in military service members and veterans (N=150) with mild traumatic brain injury (mTBI).

Project #: HT9425-24-S-TBIPH1

Funding Agency: DoD CDMRP-TBIPHRP FY24

Grant Title: Increasing the Reach of Evidence-Based PTSD Treatment: Development and Clinical Trial of Al-

Facilitated, Web-Based Written Exposure Therapy Training

Time period: 9/2025-9/2029

Grant role: Co-I, PI: LoSavio Assistant Professor, UTHSCSA

Budget & Total Costs: \$3,100,000

Brief Detail: The study design is a Phase 2 randomized controlled trial that includes a two-step randomization sequence of foundational training (web vs. standard) and consultation (AI vs. standard), producing four total conditions. We will evaluate a state-of-the-art, comprehensive clinician training, supported by generative artificial intelligence (AI), to increase workforce capacity to deliver brief, evidence-based treatment for posttraumatic stress disorder (PTSD) to Veterans and Service Members.

Project #: DM240014 / HT942524DMRDPPTRCTA

Funding Agency: DoD Defense Medical Research and Development Program Psychedelic Treatment Research Clinical Trial Award FY24

Clinical That Award F 124

Grant Title: MDMA-Enhanced Massed Prolonged Exposure for PTSD in Active Duty Military Personnel

Time period: 9/2025-9/2029

Grant role: Co-I, PI: Peterson, Professor, UTHSCSA

Budget & Total Costs: \$4,000,000

Brief Detail: We will conduct a 2-armed, double-blind, RCT (N = 100) across 2 sites to evaluate the efficacy of 3,4-methylenedioxy-methamphetamine hydrochloride (MDMA) combined with Massed Prolonged Exposure (PE) for the treatment of posttraumatic stress disorder (PTSD) in eligible active duty military, guard, and reserve personnel. Both arms of the study will receive 10 sessions of Massed PE conducted over a 2- weeks. MDMA will be administered in one 100 mg therapeutic dose or one 20 mg subtherapeutic dose to help maintain the double blinding of patients and therapists.

Grant role: Co-I; PI: Kumar Sharma, Professor, UTHSCSA

Budget & Total Costs: \$1,200,000

Brief Detail: An area of concern in the military is toxic "forever chemicals" from deployment-related exposures. For the proposed study, we will complete a secondary analysis of de-identified plasma samples from 300 participants collected before and after deployment to evaluate changes in PFAS over the deployment cycle. We will also examine how PFAS levels are related to risk of mental (e.g., PTSD, insomnia) and health (e.g., cardiovascular disease) following deployment.

Funding Agency: NIH National Center for Advancing Translational Sciences (NCATS), Institute for Integration of

Medicine and Science (IIMS) Clinical and Translational Science Award (CTSA)

Grant Title: Combining Intranasal Esketamine and Prolonged Exposure Therapy for PTSD: A proof-of-concept

pilot project

Time period: 1/2025-12/2026

Grant role: PI

Budget & Total Costs: \$80,000

Brief Detail: The objective of this project is to complete an open-label clinical trial to evaluate the feasibility, acceptability, and effects of a novel combined treatment of intranasal esketamine concurrently delivered with massed prolonged exposure (PE) as standard of care for PTSD. Individuals will receive 10 sessions of PE and 6 sessions of esktamine over two weeks.

Project #: TP230064 / HT9425-23-S-TBIPH1 Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Executive Functions, Brain Games, and Brain Stimulation: An RCT for Mild TBI

Time period: 9/2024-9/2028

Grant role: Co-Investigator; PI: Thomas Coyle, Professor, UTSA

Budget & Total Costs: \$3,000,000

Brief Detail: The objective of this project is to conduct a four-arm randomized clinical trial to evaluate the efficacy of two active interventions to improve cognitive functioning in 120 military service members and veterans with a history of mild traumatic brain injury and persistent postconcussive symptoms. The intervention arms will include (1) an evidence-based computer brain game designed to improve cognitive performance, (2) transcranial electrical stimulation, (3) a combination of an evidence-based computer brain game and transcranial electrical stimulation, or (4) a control condition consisting of a non-evidence-based computer game and a placebo sham transcranial electrical stimulation.

Project #: TP230337 / HT9425-23-S-TBIPH1 Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Treatment of TBI-Related Tinnitus and Comorbid PTSD: Examination of Neurobiological Markers

Related to Symptom Improvement **Time period**: 9/2024-9/2028

Grant role: Co-Investigator; PI: Moring, Associate Professor, UTHSCSA

Budget & Total Costs: \$3,000,000

Brief Detail: This randomized clinical trial will examine the effects of Cognitive Processing Therapy for PTSD and Progressive Tinnitus Management for the treatment of comorbid TBI-related tinnitus and PTSD in 160 military service members and veterans. A sub-sample of participants undergo resting-state functional magnetic resonance imaging of the limbic, attentional, auditory, and default-mode networks associated with TBI-related tinnitus and PTSD severity at baseline, posttreatment, and 6-month follow-up.

Project #: TP230288 / HT9425-23-S-TBIPH1 Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: ASPIRED: Alleviating Suicidality by Combining Psychotherapy and IM Ketamine for Rapid Treatment

in the Emergency Department: A Randomized Clinical Trial

Time period: 9/2024-9/2028

Grant role: Co-Investigator; PI: De Lorenzo, Professor, UTHSCSA

Budget & Total Costs: \$3,000,000

Brief Detail: The study will be a four-arm randomized clinical trial evaluate the efficacy of intramuscular ketamine and Crisis Response Planning used as monotherapies or in combination for the for the rapid reduction of suicidal ideation in 180 patients treated in an emergency department setting prior to a psychiatric hospitalization for suicide. The intervention arms will include (1) 1 mg/kg intramuscular ketamine alone, (2) Crisis Response Planning for suicide prevention alone, (3) the combination of intramuscular ketamine and Crisis Response Planning, or an intramuscular saline.

Project #: NA

Funding Agency: Wellcome LEAP

Grant Title: An open-label clinical trial of Image-guided, robot-navigated transcranial magnetic stimulation vs naltrexone for alcohol use disorder and development of a neurobiological biomarker for craving and relapse validated using a direct biochemical biomarker of alcohol use.

Time period: 4/2024-3/2027

Grant role: Co-Investigator; Pls: Ginsburg & Peter Fox, Professors, UTHSCSA

Budget & Total Costs: \$3,900,000

Brief Detail: The <u>overall goal</u> of this research proposal is to improve therapeutic outcomes in alcohol use disorder (AUD). The <u>specific objectives</u> of this proposal are to 1) compare efficacy of IR-TMS therapy for AUD with that of the FDA approved medication naltrexone and 2) validate brain functional connectivity (FC) as a quantitative biomarker for AUD and recovery. Both will be accomplished with PEth and clinical measure outcomes. If we find that IR-TMS is not inferior to naltrexone, we will seek funding for a comparison of active IR-TMS with sham.

Project #: W81XWH-22-TBIPHRP-PCRA Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Implementing and Evaluating a Patient-Centered PTSD Treatment Program for Military Personnel

Time period: 9/2023-9/2027

Grant role: Co-Investigator; Co-Pls: Vanessa Jacoby, Associate Professor, UTHSCSA; Alan Peterson,

Professor, UTHSCSA.

Budget & Total Costs: \$750,000

Brief Detail: The primary objective of the project is to evaluate the relationships between patient characteristics, preferences, treatment engagement, and outcomes for active duty services members engaging in a Shared Decision Making pre-intervention followed by evidence-based posttraumatic stress disorder (PTSD) treatment. A secondary objective is to evaluate the impact of Shared Decision Making to match patients to evidence-based cognitive behavioral treatments for PTSD.

Project #: W81XWH-22-S-TBIPH

Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: A Randomized Clinical Trial of Quetiapine Monotherapy versus Treatment As Usual Polypharmacy

for Post Concussive Syndrome in Veterans (Expected) Time period: 9/2023-9/2027

Grant role: Co-Investigator; PI: Rais Baig, Assistant Professor, UTHSCSA

Budget & Total Costs: \$3,000,000

Brief Detail: The aim of this project is to complete a randomized clinical trial to examine quetiapine (monotherapy) compared to Treatment As Usual (polypharmacy) for post concussive syndrome in U.S. military veterans.

Project #: N/A

Funding Agency: DoD CDMRP-TBIPHRP-FPA

Grant Title: Informing the Future of Psychological Health Care in the Military: The STRONG STAR-CAP

Longitudinal Outcomes Project **Time period**: 9/2024-9/2028

Grant role: Co-Investigator; Co-PI: Peterson (Professor, UTHSCSA) & Keane (Professor, Boston University)

Budget & Total Costs: \$5,000,000

Brief Detail: This Focused Program Award will address the long-term psychological health impact, functioning, and treatment outcomes in military personnel. We propose four integrated, yet independent prospective, longitudinal research projects: Project 1: a quantitative follow-up of previous clinical trial participants treated for PTSD, sleep disorders, or chronic pain; Project 2: a quantitative follow-up of a non-clinical cohort of combat soldiers previously assessed before and after a deployment; Project 3: a quantitative and qualitative follow-up of previous clinical trial participants treated for combat-related PTSD including treatment responders, non-responders, and dropouts; Project 4: an analysis of polymorbidity profiles as predictors of treatment response and attrition in previous clinical trial participants treated for PTSD, sleep disorders, or chronic pain.

Project #: W81XWH-22-2-00411

Funding Agency: DoD-Chronic Pain Management Research Program Translational Research Award **Grant Title:** Functional Restoration for Chronic Pain Management in Active Duty Military Personnel: An

Effectiveness-Implementation Trial **Time period:** 9/2022-9/2026

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$2,600,000

Brief Detail: This study will use a hybrid type 2 and stepped-wedge cluster randomized trial design to simultaneously evaluate clinical and implementation outcomes of the Functional Occupational Rehabilitation for Troops (FORT) functional restoration program.

Project #: W81XWH-22-1-1059

Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Written Exposure Therapy for Suicide Prevention (WET-S): A Randomized Clinical Trial

Time period: 9/2022-9/2026

Grant role: Co-Investigator; Co-PIs: Brian Marx (Professor, Boston University) and Ian Stanley (Assistant

Professor, University of Colorado) **Budget & Total Costs:** \$3,000,000

Brief Detail: The primary objective is to evaluate the efficacy of a novel, brief, scalable, cognitive behavioral therapy, Written Exposure Therapy for Suicide Prevention (WET-S), in reducing the incidence and severity of self-injurious thoughts and behaviors (SITBs) in active duty military service members, veterans, and adult military beneficiaries following a psychiatric hospitalization due to suicidal ideation, suicide plans, or a suicide attempt.

Project #: W81XWH-21-S-TBIPH

Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Combining Stellate Ganglion Block with Prolonged Exposure for PTSD: A Randomized Clinical Trial

Time period: 9/2022-9/2026

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$3,000,000

Brief Detail: The primary objective of the project is to evaluate the potential additive or synergistic effects of combining a stellate ganglion block injection with massed prolonged exposure (once daily 90-minute prolonged exposure (PE) session over 2 weeks) for the treatment of posttraumatic stress disorder (PTSD) in active duty military personnel. A secondary objective is to evaluate the behavioral, cognitive, and psychophysiological mechanisms of change with prolonged exposure.

Project #: W81XWH-22-2-0085

Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Assessment and Treatment of Chronic Anger and Aggression following Military-Related Interpersonal

and Institutional Betrayal: A Pilot Investigation **Time period:** 9/2022-9/2025 (*no cost extension*)

Grant role: Co-Investigator; PI: Vanessa Jacoby, Associate Professor, UTHSCSA

Budget & Total Costs: \$750,000

Brief Detail: This study focuses on a novel intervention for the treatment of chronic anger, aggression, and improvement of relationship functioning in military service members who have experienced military-related betrayal. Study aims are to test the acceptability and feasibility of a novel intervention for anger and to evaluate anger/aggression symptom reductions and interpersonal functioning improvements following treatment.

GRANTS IN REVIEW

Project #: N/A

Funding Agency: Huo Family Foundation Special Project Application FY 2025

Grant Title: Physiological and Psychological Safety of Virtual Reality Usage Among Early Adolescents

Time period: 1/2026-1/2030

Grant role: Co-Principal Investigator (C-PIs: Drs. Monica Lawson and John Quarles)

Budget & Total Direct Costs: \$1,192,726

Brief Detail: The aims of this project are to complete an experimental and longitudinal assessment of the effects and impact of repeated virtual reality use on attitudes and acceptance of virtual reality and children's development in multiple domains. We propose a multimethod and transdisciplinary approach to further enhance the scientific rigor and impact of the work. The current proposal reflects a synthesis of the research team's expertise in virtual reality technology, computing privacy, child development, clinical psychology, and longitudinal studies.

Project #: N/A

Funding Agency: Department of Defense (DoD), Trauma Research and Combat Casualty Care Collaborative (TRC4Clinical Research Award

Grant Title: Transcranial Direct Current Stimulation Combined with Exposure Therapy for PTSD: An Examination

of Neurobiological Markers and Symptom Improvement

Grant role: Pl

Budget & Total Costs: \$500,000

(Expected) Time period: 5/2025-5/2027

Brief Detail: The objectives of this study are to evaluate: (1) tDCS induced changes in network functionality and connectivity using resting state fMRI and (2) how treatment-induced decreases in connectivity correlate with symptom improvement.

Project #: I01CX002853

Funding Agency: Veteran Health Administration (VA), Clinical Science Research and Development Service, Combined Proof of Concept and Clinical Trial Merit Award

Grant Title: Cannabidiol Combined with Written Exposure Therapy for PTSD and Cannabis-Use: A Proof of

Concept and Randomized Clinical Trial

Time period: 8/2025-8/2031 Grant role: Principal Investigator

Budget & Total Direct Costs: \$2,600,000

Brief Detail: The aims of this project are to first complete a proof of concept pilot study (2-years) to determine if we can combine pharmacological and cognitive-behavioral interventions to improve symptoms and functioning in Veterans with PTSD self-medicating with marijuana. The medication will be CBD and administered as a harm reduction approach paired with an integrated cognitive-behavioral intervention that combines written exposure therapy (WET) for PTSD and guided self change (GSC) for marijuana use. Results in the concept phase will be used to carry out a larger randomized clinical trial to test efficacy of the intervention (4-year).

Project #: N/A

Funding Agency: DoD CDMRP-PRMRP FY25

Grant Title: Does Precision Matter? Image Guided, Robotic Controlled Transcranial Magnetic Stimulation for

PTSD

Time period: 9/2026-9/2030

Grant role: Co-I, PI: Moring, Associate Professor, UTHSCSA

Budget & Total Costs: \$3,100,000

Brief Detail: The primary objective is to complete a randomized, double-blind, image guided-controlled, 4-week trial of TMS for active duty service members and veterans with PTSD who are concurrently receiving evidence-based trauma-focused therapy (i.e., PE or CPT) as a standard of care along with standard pharmacological management in a residential treatment setting. Participants (N = 160) will either receive active ir-TMS to the right DLPFC (Arm 1) or active CT-TMS to the left DLPFC (Arm 2).

COMPLETED GRANTS

Project #: 1L30TR004727-01

Funding Agency: National Institute of Health (NIH), National Center for Advancing Translational Science

(NCATS)-Loan Repayment Program (LRP)

Grant Title: Translational Research to Enhance Posttraumatic Stress Disorder Treatment

(Expected) Time period: 9/2023-9/2025

Grant role: Mentored Principal Investigator, Senior-PI, Alan Peterson, Professor, UTHSCSA (0%)

Budget & Total Direct Costs: N/A-up to \$50,000 (annually) of education debt forgiveness

Brief Detail: The NIH LRP is a grant program established by the U.S. Congress incentivize and retain highly qualified academic health research professionals by repaying up to \$50,000 annually of a researcher's qualified educational debt in return for a commitment to engage in NIH mission-relevant research.

Project #: N/A

Funding Agency: Veterans Administration-National Center for PTSD IPAA

Grant Title: Consortium to Alleviate PTSD-Genetic and Epigenetic Alterations as Biomarkers of PTSD

Time period: 6/2022-6/2025

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$300,000

Brief Detail: The primary aim of this research project is to support secondary research data analysis and dissemination of the 11 studies completed Consortium to Alleviate posttraumatic stress disorder (PTSD) grant projects.

Project #: K12 TR002646

Funding Agency: National Institute of Health (NIH) – National Center for Advancing Translational Sciences (NCATS), Mentored Translational Research Award

Grant Title: Enhancing Prolonged Exposure with Cannabidiol to Treat PTSD: A Pilot Randomized Clinical Trial

Time period: 7/2021-6/2024

Grant role: Principal Investigator; Senior PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$300,000

Brief Detail: The primary aims of the study were to a) examine the feasibility, safety, and posttraumatic stress disorder(PTSD) symptom reductions associated with cannabidiol vs. placebo in a sample receiving prolonged exposure; and b) evaluate biological and physiological markers associated with cannabidiol.

Project #: N/A

Funding Agency: NIH National Center Advancing Translational Sciences (NCATS), Center for Biomedical Neurosciences (CBN) & Institute for Integration of Medicine and Science (IIMS)

Grant Title: Transcranial direct current stimulation for the treatment of post-traumatic stress disorder-from rodent models to clinical studies.

Time period: 3/2022-2/2024

Grant role: Principal Investigator; Co-Pls: Daniel Lodge, (Professor, UTHSCSA) and Flavia Carreno (Assistant

Professor, UTHSCSA)

Budget & Total Costs: \$200,000

Brief Detail: This is multi-PI center pilot project that combines the expertise of preclinical and clinical researchers to examine transcranial direct current stimulation (tDCS) as a therapeutic approach for the treatment of post-traumatic stress disorder (PTSD).

Project #: N/A

Funding Agency: South Texas Veterans Health Care System **Grant Title:** Secondary Data Analyses of PTSD Studies

Time period: 01/2021-09/2021

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$104,145

Brief Detail: Design and implement secondary studies, analyze data, and publish results from STRONG STAR

research projects.

Project #: 158391

Funding Agency: UTHSCSA, Military Health Institute

Grant Title: Intramural Postdoctoral Military Research Fellowship, President's Fund

Time period: 09/2017-09/2019

Grant role: Mentored Postdoctoral Principal Investigator; Mentored PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$95,000

Brief Detail: The purpose of this grant funding is to support postdoctoral fellows and junior investigators

dedicated to military health research.

Project #: W81XWH-13-2-0065

Funding Agency: DoD CDMRP-TBIPHRP

Grant Title: Project Remission: Maximizing Outcomes with Intensive Treatments for Combat-Related PTSD &

The STRONG STAR Consortium to Alleviate PTSD (CAP)

Time period: 09/2013-09/2020

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA **Budget & Total Costs:** \$3,000,000 (part of \$45,336,000 Consortium Award)

Brief Detail: My primary roles within the consortium were twofold. First, I served as a biostatistical co-investigator

across CAP studies and collaborated with study PI and consortium leaders on technical final reports and

publications. Second, I served as a study therapist on Project REMISSION (\$3.4 million study), a RCT investigating the efficacy of two forms of intensive outpatient prolonged exposure therapies. The overarching goals of STRONG STAR CAP are to improve the psychological and physical health and well-being of Service Members (Active Duty, National Guard, and Reserve) and Veterans who have deployed in support of OEF/OIF/OND by developing and evaluating the most effective diagnostic, prognostic, prevention, treatment, and rehabilitative strategies for combat-related posttraumatic stress disorder (PTSD) and comorbid conditions.

Project #: N/A

Funding Agency: UTHSCSA, Institute for Integration of Medicine and Science (IIMS)

Grant Title: Combining Stellate Ganglion Block and Massed PE to Treat PTSD in Active Duty Service Members:

A Pilot Study.

Time period: 11/2019-11/2021

Grant role: Co-Investigator; PI: Alan Peterson, Professor, UTHSCSA

Budget & Total Costs: \$200,000

Brief Detail: The primary research objective is to conduct a pilot study exploring the potential treatment effectiveness and safety of a stellate ganglion block combined with Massed Prolonged Exposure in reducing posttraumatic stress disorder (PTSD) symptoms in active duty and retired service members.

Project #: N/A

Funding Agency: Bob Woodruff Foundation

Grant Title: STRONG STAR Training Initiative: Gulf Coast

Time period: 05/2020-08/2021

Grant role: Co-Investigator; PI: Brooke Fina, Associate Professor, UTHSCSA

Budget & Total Costs: \$428,393

Brief Detail: This project aims to increase community-level access to Evidence-Based Treatments for posttraumatic stress disorder (PTSD) for veterans seeking services in the Texas Gulf Coast Region.

Project #: FA8650-19-2-6949

Funding Agency: Department of the Air Force

Grant Title: Service-Connected Life Trajectory Comparison of Psychiatric Aeromedical Evacuation Patients from

2001 to 2013.

Time period: 11/2019-11/2023

Grant role: Co-Investigator; PI: Cubby Gardner, Professor, Uniformed Services University of the Health

Sciences, United States Air Force Budget & Total Costs: \$821,362

Brief Detail: The objective of this study is to add additional information to an existing database of information about individuals medically evacuated from theater with the addition of comparison cohorts of those both with and without deployment experience and aeromedical evacuation history that will better enable the military to characterize and compare long-term physical and mental health outcomes among active duty service members.

SERVICE

CLINICAL ROLE / PATIENT CARE:

INPATIENT/RESIDENTIAL CARE

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

December 2016-March 2017 Predoctoral Psychology Intern, VA Pittsburgh Healthcare System, Center for Treatment of Pittsburgh, PA (APA Accredited)

Addictive Disorders

<u>Description:</u> Delivered evidence-based treatment (EBT) for substance abuse and addiction. Veterans seen in the Center for Treatment of Addictive Disorders (CTAD) present with a wide range of concerns in addition to addiction, including homelessness, unemployment, chronic medical problems, and co-occurring psychiatric diagnoses. Veterans also present with varying substance-related goals (stabilization, early recovery, maintenance, relapse prevention, moderation, harm reduction). The CTAD clinic is composed of the Acute Inpatient Detoxification/Stabilization, Residential Rehabilitation Program, the Outpatient Aftercare and Recovery

Program, and the Opioid Substitution Therapy Clinic (OSTC). Duties as part of the Inpatient Stabilization program rotation included motivational and diagnostic assessment to transition into the Residential program. The Residential Rehabilitation Program included addictions-focused diagnostic assessments, treatment planning, as well as individual/group psychotherapy. EBT interventions delivered included Motivational Interviewing, Motivational Enhancement Therapy, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Contingency Management.

OUTPATIENT CARE

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

Jan 2024-present Team Psychologist San Antonio Spurs, National Basketball Association with UTHSCSA Sports

Medicine

<u>Description:</u> Deliver evidence-based, cognitive behavioral therapy interventions for motivation, stress management, performance, and other psychological factors. Duties include psychological diagnostic assessments, consultation, individual psychotherapy, treatment planning, and working as a member of multidisciplinary medical team. Also responsible for behavioral health walk-in and on call consultation. Walk-in clinic includes set hours during the week where players can "drop in" for psychological services without a scheduled appointment ranging from a brief consultation to a one-hour appointment. While on call, the psychologist responds to behavioral health issues as needed.

DatesService Role TitleSource entityAug 2017-Aug 2025Study Therapist and Independent
EvaluatorUTHSCSA, STRONG STAR,
Department of Psychiatry and
Behavioral Sciences

<u>Description:</u> Deliver evidence-based psychotherapy (EBT) interventions for posttraumatic stress disorder (PTSD) and suicidality across a series of clinical trial research studies, clinical community-based projects, and clinical cases for the STRONG STAR Consortium Clinic (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience), the world's largest consortium dedicated to the understanding, assessment, and treatment of PTSD, common comorbidities, and military health. EBT interventions delivered include: prolonged exposure therapy and written exposure therapy for PTSD; crisis response planning for suicidality. Additionally, administer standardized interview assessments across various clinical trial research studies, clinical community-based projects, and clinical cases to determine study eligibility or clinical appropriateness for trauma-focused psychotherapy treatment (baseline) and treatment progress/maintenance (follow-up).

DatesService Role TitleSource entityApril 2017-August 2017Predoctoral Psychology Intern,
OEF/OIF Outpatient Mental
Health ClinicVA Pittsburgh Healthcare System,
Pittsburgh, PA (APA Accredited)

<u>Description:</u> Delivered evidence-based treatment (EBT) for Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) military service members and veterans seeking behavioral health care for a myriad of presenting problems. The OEF/OIF clinic is a general outpatient behavioral health clinic that provides clinical services to OEF/OIF veterans and service members. The primary focus of this clinic rotation is general mental health treatment from a cognitive and behavioral therapy (CBT) model. Duties psychological diagnostic assessments, treatment planning, and individual/group psychotherapy. Interns are also responsible for behavioral health emergency (on call). While on call, interns respond to behavioral health emergencies throughout the VA hospital as needed. EBT interventions delivered on this rotation included CBT for depression, anxiety, substance misuse and other presenting problems. I also delivered prolonged exposure (PE) and cognitive processing therapy (CPT) for PTSD while on this rotation

<u>Dates</u> <u>Service Role Title</u> Source entity

December 2016-March 2017 Predoctoral Psychology Intern, Center for Treatment of Addictive Disorders VA Pittsburgh Healthcare System, Pittsburgh, PA (APA Accredited)

<u>Description:</u> Delivered evidence-based treatment (EBT) for substance abuse and addiction. Veterans seen in the Center for Treatment of Addictive Disorders (CTAD) present with a wide range of concerns in addition to

addiction, including homelessness, unemployment, chronic medical problems, and co-occurring psychiatric diagnoses. Veterans also present with varying substance-related goals (stabilization, early recovery, maintenance, relapse prevention, moderation, harm reduction). The CTAD clinic is composed of the Acute Inpatient Detoxification/Stabilization, Residential Rehabilitation Program, the Outpatient Aftercare and Recovery Program, and the Opioid Substitution Therapy Clinic (OSTC). Duties as part of the Outpatient Aftercare and Recovery Program and the OSTC included addictions-focused diagnostic assessments, treatment planning, and individual/group psychotherapy. EBT interventions delivered included Motivational Interviewing, Motivational Enhancement Therapy, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Contingency Management. I also delivered Seeking Safety and Skills Training in Affective and Interpersonal Regulation (STAIR) for comorbid substance disorders and posttraumatic stress disorder.

Dates Service Role Title Source entity

August 2016-Augst 2017 Predoctoral Psychology Intern,
Cognitive Processing Therapy
VA Provider Status Certification

VA Pittsburgh Healthcare System, Pittsburgh, PA (APA Accredited)

<u>Description:</u> Cognitive Processing Therapy (CPT) Is an evidence-based, first-line psychological intervention for posttraumatic stress disorder (PTSD) based on cognitive theory. Psychology Interns may elect to complete a year-long minor rotation focused on CPT. Duties on this minor rotation included intensive CPT training program developed in collaboration with Patricia Resick, PhD, ABPP (CPT treatment developer) which included a two-day training (16 hours), intensive supervision (30 hours), and completion of CPT clinical cases. At the end of the internship year, I was certified as an expert provider in CPT through the VA.

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

August 2016-November 2016 Predoctoral Psychology Intern, VA Pittsburgh Healthcare System, Combat Stress Recovery Clinic Pittsburgh, PA (APA Accredited)

<u>Description:</u> Delivered evidence-based treatment (EBT) for posttraumatic stress disorder (PTSD) and common comorbidities. The Combat Stress Recovery Clinic (CSRC) is a nationally designated PTSD Clinical Team (PCT) focused on combat-related PTSD, as well as all types of trauma across the lifespan, including, sexual trauma, childhood abuse, accidents, natural disasters. The CSRC is comprised of an interdisciplinary team to provide a wide range of outpatient services which include initial diagnostic evaluations, treatment planning, and individual and group psychotherapy. Duties on this rotation included trauma-focused diagnostic assessments, treatment planning, and individual/group psychotherapy. EBT interventions delivered included prolonged exposure (PE) and cognitive processing therapy (CPT), two best practice treatments for PTSD. I also co-facilitated psychoeducational and therapeutic groups including: anger management therapy and era-based combat groups.

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

Addictive Disorders

December 2016-March 2017 Predoctoral Psychology Intern,
Center for Treatment of Pittsburgh, PA (APA Accredited)

<u>Description:</u> Delivered evidence-based treatment (EBT) for substance abuse and addiction. Veterans seen in the Center for Treatment of Addictive Disorders (CTAD) present with a wide range of concerns in addition to addiction, including homelessness, unemployment, chronic medical problems, and co-occurring psychiatric diagnoses. Veterans also present with varying substance-related goals (stabilization, early recovery, maintenance, relapse prevention, moderation, harm reduction). The CTAD clinic is composed of the Acute Inpatient Detoxification/Stabilization, Residential Rehabilitation Program, the Outpatient Aftercare and Recovery Program, and the Opioid Substitution Therapy Clinic (OSTC). Duties as part of the Inpatient Stabilization program rotation included motivational and diagnostic assessment to transition into the Residential program. The Residential Rehabilitation Program include addictions-focused diagnostic assessments, treatment planning, as well as individual/group psychotherapy. EBT interventions delivered including Motivational Interviewing, Motivational Enhancement Therapy, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Contingency Management. I also delivered Seeking Safety and Skills Training in Affective and Interpersonal Regulation (STAIR) for comorbid substance disorders and posttraumatic stress disorder.

<u>Dates</u> August 2015-August 2016 <u>Service Role Title</u> Psychology Doctoral Trainee <u>Source entity</u>
Florida Atlantic University,
Counseling and Psychological Services,

Boca Raton, FL

<u>Description:</u> Delivered evidence-based, time limited dynamic psychotherapy (TLDP) and cognitive and behavioral therapy (CBT) for a myriad of behavioral health problems. The Florida Atlantic University (FAU) Counseling & Psychological Services provides students with behavioral health services to improve and maintain their mental well-being and meet their educational, personal, emotional, and psychological goals. CAPS further supports students by providing training, consultation, and outreach programming to students, faculty and staff so that they might better respond to the psychological needs of students. Duties included diagnostic assessment, treatment planning, and individual/group psychotherapy. EBT interventions delivered included TLDP and CBT for mood disorders, anxiety disorders, adjustment (related to college transition), trauma (related to sexual assault, childhood abuse), relationship issues, stress management, and suicidality. I also facilitated an interpersonal process oriented group psychotherapy and provided behavioral health psychoeducation/service at various campus outreach events.

Dates Service Role Title Source entity

August 2014-August 2015 Psychology Doctoral Trainee West Palm Beach VAMC,
Primary Care Behavioral Health Clinic
West Palm Beach, FL

<u>Description:</u> Delivered evidence-based, cognitive and behavioral therapy (CBT) for a myriad of behavioral health problems. The West Palm Beach VA Medical Center (WPB VAMC) Primary Care Behavioral Health Clinic is an interdisciplinary clinic utilizing the biopsychosocial model in the assessment, treatment, and triage of primary care patients in outpatient primary care clinics across the hospital. Individuals are trained to be proficient in "warm handoffs," "curbside consultation," interdisciplinary treatment planning meetings, brief cognitive assessment, assessment of mental health disorders, contributing to interdisciplinary care and treatment planning, and triaging to appropriate specialty clinics. The primary therapeutic approaches for this rotation are cognitive behavioral therapy (CBT) and motivational interviewing (MI). Duties included motivational and diagnostic assessment, treatment planning, and individual/group psychotherapy. Frequent presenting problems included adjustment disorders (often related to sudden or chronic medical illness), mood and anxiety disorders, grief, insomnia, cognitive impairment, and need for health behavior change associated with chronic medical conditions such as diabetes, hypertension, renal disease, obesity, and obstructive sleep apnea. I also received training in, and

Dates Service Role Title Source entity

August 2013-August 2016 Psychology Doctoral Trainee Nova Southeastern University,
Guided Self Change Clinic
Ft. Lauderdale, FL

<u>Description:</u> Delivered evidence-based treatment (EBT) for substance abuse, addiction, and health-related presenting problems. The Guided Self-Change (GSC) Healthy Lifestyles outpatient program clinic at Nova Southeastern University's (NSU) College of Psychology offers an evidence-based, non-12 step alternative, motivational cognitive-behavioral harm reduction treatment that was established Drs. Linda and Mark Sobell. GSC duties included motivational and diagnostic assessment, treatment planning, and individual/group psychotherapy. EBT interventions delivered included motivational interviewing and cognitive behavioral therapy (CBT) for substance use disorders, tobacco cessation, and health-related problems (sleep disturbances, weight loss, exercise, gambling, or internet/video game addiction). I facilitated residential substance use disorder group psychotherapy at the Broward Outreach Center, a residential center service people with homelessness and addiction. Finally, my role at GSC included tobacco cessation community groups and seminars utilizing motivational interviewing approaches and supervised junior students following completion of my 1st year rotation.

SUPERVISION OF UTHSCSA STUDENTS AND FELLOWS

delivered, cognitive processing therapy (CPT) for PTSD.

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

2021-2025 Associate Coordinator of CBT Track, UTHSCSA, Department of Psychiatry APA Accredited Psychology and Behavioral Sciences

APA Accredited Psychology and Benavioral Science: Internship

<u>Description:</u> Curriculum and training program development. Organization of weekly didactic seminars and training schedule for the predoctoral psychology internship program cognitive behavior therapy (CBT) track annual intern class, in collaboration with the Coordinator of the CBT Track (Dr. John Moring. Seminars include

guest lecture presentation from intramural and extramural behavioral health scientists. Responsibilities also include participation in annual clinical psychology predoctoral internship interview process from candidates across the nation, as well as engagement in monthly meetings with members of the Resident Training Committee (RTC).

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

2019-2025 Advanced Clinic Minor Rotation, UTHSCSA, Department of Psychiatry

Clinical Supervisor, APA Accredited and Behavioral Sciences

Psychology Internship

<u>Description:</u> Supervise and mentor clinical/counseling psychology predoctoral interns on the Advanced Psychotherapy minor rotation. The Advanced Psychotherapy Outpatient Clinic is a multidisciplinary outpatient clinic that provides mental health services to the San Antonio community. This minor rotation is 12-months and involves 1 days/week of specific clinical, supervision, and training activities. Interns are typically training in cognitive and behavioral interventions to address a variety of presenting mental health disorders.

Dates Service Role Title Source entity

2019-2025 Preceptor/Mentor, UTHSCSA, Department of Psychiatry

APA Accredited Psychology and Behavioral Sciences

Internship

<u>Description:</u> Preceptor/Mentor role involves guidance on professional growth and progression through internship year (e.g., internship progression, fellowship applications, and doctoral dissertation). Preceptors are paired with one intern for the training year and meet regularly outside of clinical supervision and didactic activities

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

2018-2025 STRONG STAR Major Rotation UTHSCSA, Department of Psychiatry

Clinical Supervisor, APA Accredited and Behavioral Sciences

Psychology Internship

<u>Description:</u> Supervise and mentor clinical/counseling psychology predoctoral interns whose primary rotation includes STRONG STAR (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience), the world's largest research consortium dedicated to the understand, assessment and treatment of posttraumatic stress disorder, common comorbidities, military health. Interns on the STRONG STAR rotation engage in a variety of clinical and training experiences dedicated to posttraumatic stress disorder and military health. Interns are supervised on the administration of gold-standard PTSD assessments and first-line evidence-based treatment, including prolonged exposure and written exposure therapy. The STRONG STAR rotation is 6-months and involves 4 days/week of site specific clinical, supervision, and training activities.

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

2018-2025 Member, RTC Committee UTHSCSA, Department of Psychiatry

APA Accredited Psychology and Behavioral Sciences

Internship

<u>Description:</u> The Psychology Internship Resident Training Committee (RTC) serves as the major forum for ongoing discussion of the training program and formulates recommendations for program development for interns. Informal evaluations of the interns will be presented to the training committee during monthly meetings. Formal evaluations of the intern will be presented to the training committee quarterly. Responsibilities also include participation in annual clinical psychology predoctoral internship interview process from candidates across the nation, as well as presentations at didactics for the internship class (all tracks).

Dates Service Role Title Source entity

2018-2025 Clinical and Research Supervisor, UTHSCSA, Department of

STAR STRONG STAR Trauma Psychiatry and Behavioral Sciences

Psychology Fellowship

<u>Description:</u> Supervise and mentor Clinical and Experimental Psychology Postdoctoral Fellows at the STRONG STAR (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience), the world's largest research consortium dedicated to the understand, assessment and treatment of posttraumatic stress disorder, common comorbidities, military health. Clinical Psychology Fellows at STRONG STAR engage in a variety of clinical and training experiences dedicated to posttraumatic stress disorder and military health. Clinical Fellows are supervised on the administration of gold-standard PTSD assessments and first-line evidence-based

treatment, including prolonged exposure and written exposure therapy. The STRONG STAR Trauma Psychology Fellowship is full-time, 2-year fellowship of site specific clinical, research, supervision, and training activities.

SERVICE TO THE INSTITUTION:

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

09/2019-present Member, STRONG STAR UTHSCSA, Department of Psychiatry

BDCS Core and Behavioral Sciences

<u>Description:</u> The STRONG STAR Biostatistics, Data, and Computing Services (BDCS) Core is one of four Cores within the STRONG STAR Consortium (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience), the world's largest consortium dedicated to the assessment, understanding, and treatment of posttraumatic stress disorder (PTSD). The objective of the BDCS is to facilitate STRONG STAR research by providing (1) a central repository for all the data included in the research, (2) data entry and validation services, and (3) report generation and statistical programming services across STRONG STAR research projects. My role as a member of the STRONG STAR BDCS Core includes collaboration with principal investigators on research planning, design, data analysis, statistical reporting, and scientific computing for clinical trials and translational research. Members of the STRONG STAR BDCS Core meet bi-weekly for 1-hour to review and approve data analysis and manuscript/presentation requests.

<u>Dates</u> <u>Service Role Title</u> <u>Source entity</u>

9/2019-present Member, STRONG STAR UTHSCSA, Department of

Data Repository Psychiatry and Behavioral Sciences

<u>Description:</u> Under the leadership of the STRONG STAR Consortium (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience) the world's largest research consortium dedicated to the understand, assessment and treatment of posttraumatic stress disorder (PTSD), common comorbidities, military health. The STRONG STAR Data Repository collects and archives data for secondary data analysis and publication from approximately 80 STRONG STAR research projects (clinical trials, epidemiology, neuroimaging, biomarkers, and preclinical), making it one of the largest military PTSD databases available. The STRONG STAR Data Repository is also available to the public and can be accessed with a data repository request. Responsibilities of the Data Repository Committee involve managing data collection and storage for archiving, as well as review and approval of intramural and extramural repository data requests. The committee meets biweekly for 1-hour.

Dates Service Role Title Source entity

2021-2025 Member, Center for Biomedical UTHSCSA, Graduate School of

Neuroscience Biomedical Sciences

<u>Description:</u> The Center for Biomedical Neuroscience (CBN) is a multidisciplinary organization dedicated to teaching, research, service, and outreach activities related to translational neuroscience at the UTHSCSA. The CBN has over 120 members from 6 basic science and 11 clinical departments at UTHSCSA and is considered a nationally competitive program in the U.S. The CBN funds collaborative pilot projects, sponsors an annual spring retreat and the fall San Antonio Brain Health Symposium. It hosts other world-class speakers and special lectures throughout the year, promotes enrichment and outreach, including the annual Brain Bowl and other Brain Awareness Week activities. My role as CBN member includes (1) regular participation in the Mood Disorders Translational Research Center meeting, designed to stimulate multi-PI translational collaborations between Pharmacology, Neuroscience, and Psychiatry; (2) patriation in the annual San Antonio Brain Health Symposium and CBN retreat; and (3) service as a grant reviewer for CBN pilot project submissions.

Dates Service Role Title Source entity

2021-2023 Member, Rigor and Reproducibility in UTHSCSA, Graduate School of

Biomedical Research Workshop Biomedical Sciences

<u>Description:</u> The Rigor and Reproducibility in Biomedical Research Workshop is presented by the Graduate School of Biomedical Sciences in collaboration with the Office of Postdoctoral Affairs at UTHSCSA and focuses on two of the cornerstones of science advancement, which are rigor in designing and performing scientific research and the ability to reproduce biomedical research findings. The workshop emphasizes experimental design, methodology, analysis, interpretation, and reporting of results as described by the National Institutes of

Health (NIH). The workshop is hosted each semester and includes a series of lectures from faculty over four days. My role as a committee member includes conducting two lectures focused on research methods, design, and statistical analysis each semester to biomedical science graduate and postgraduate students. Lectures are approximately 1-hour in length.

<u>Dates</u> <u>Service Role Title</u>

Community Training Consultant STRONG STAR Training Initiative

Source entity

U.S. Mental Health Provider and Military Communities in Collaboration with UTHSCSA, Department of Psychiatry and Behavioral Sciences

<u>Description:</u> Under the leadership of the UTHSCSA, the STRONG STAR Training Initiative (SSTI) extends the innovative research from the STRONG STAR (South Texas Research Organizational Network Guiding Studies on Trauma and Resilience), the world's largest consortium dedicated to the assessment, understanding, and treatment of posttraumatic stress disorder (PTSD). The SSTI is a nationally recognized health education leader, competency-based training program, for licensed mental health providers. The SSTI aims to increase nationwide community-level access to evidence-based treatments (EBTs) for PTSD for military veterans by training mental health providers and organizations to ensure long-term sustainability of PTSD treatment programs. Duties include provision of weekly one-hour consultation calls to community providers newly trained in prolonged exposure therapy, cognitive processing therapy, or written exposure therapy, all evidence based treatments for PTSD, and co-facilitating training workshop. Consultation delivered to more than 100 providers.

FORMAL STANDING COMMITTEE SERVICE:

2018-2024

DatesRole Title/CommitteeSource entity09/2022-09/2025Member, Council of PrincipalUTSHCSA

Investigators

<u>Description:</u> The Council of Principal Investigators (CPI) is comprised of faculty elected to represent UTHSCSA PI's and the research community. The CPI engages UTHSCSA administration to ensure continued improvement of the research environment for faculty, students, and staff at UTHSCSA. CPI committee members are elected to serve a three-year term and represent their school within UTHSCSA. Membership also includes attendance at monthly CPI meetings.

Dates Role Title/Committee Source entity

04/2022-09/2022 Member, Standpoint Department UTSHCSA, Department of Psychiatry

Task Force Committee and Behavioral Sciences

<u>Description:</u> This Department Task Force Committee was established by the Psychiatry and Behavioral Sciences Department Chair (Steven Pliszka, MD) in response to the Association of American Medical Colleges (AAMC) Department Standpoint Survey, which gathers data on faculty satisfaction, engagement, and experience. The primary goal of this Task Force was to review findings from the AAMC Standpoint Survey, identify areas for Departmental improvement, and present deliverable action plans to Department and LSOM leadership. This committee met monthly (2 hours) with the end goal being to deliver presentations to the LSOM Dean, the LSOM Vice Dean, the Department Chair, and the Department of Psychiatry Faculty.

Dates Role Title/Committee Source entity

1/2021-12/2021 Chair, STRONG STAR Combat UTHSCSA, Department of Psychiatry PTSD Planning Committee and and Behavioral Sciences

and Benavioral Co

Conference

<u>Description:</u> The San Antonio Combat posttraumatic stress disorder (PTSD) Conference is hosted by STRONG STAR, the world's largest PTSD and military health research consortium, in collaboration with UTHSCSA. The conference is international in scope and is focused on emerging outcomes and ongoing scientific research on the assessment and treatment of combat-related PTSD and comorbid conditions in active duty service members and veterans. Service as Chair of the 6th annual STRONG STAR San Antonio Combat PTSD Conference Planning Committee and Conference involved coordination and oversight of all conference-related activities with a team of UTHSCSA faculty and staff members. Duties involved oversight of conference theme, conference scheduling (date/daily agenda), identifying and coordinating with keynote and plenary presenters, developing and organizing announcements for symposia and poster presentation submissions, establishing review committees for

submissions, development and coordination of communications (email blasts, social media, website development) for the conference, establishment of community sponsorship, and budget review.

SERVICE TO THE PROFESSION:

INSTRUCTION/SUPERVISION OF UTSA PSYCHOLOGY STUDENTS

DatesService Role TitleSource entity2018-presentAdjoint Professor,
Research Supervisor,
Thesis/Dissertation Committee
MemberUniversity of Texas at San Antonio,
Department of Psychology in
collaboration with STRONG STAR and
UTHSCSA, Department of Psychiatry
and Behavioral Sciences

<u>Description:</u> This service role as a jointly appointed faculty member at the UTHSCSA, Department of Psychiatry and Behavioral Sciences and the University of Texas at San Antonio (UTSA), Department of Psychology was an initial bridge relationship to establish a joint Clinical Psychology PhD Program, which has now progressed into the development of a formal state application for program approval. Within the UTSA Department of Psychology, I have provided service in three major areas as a (1) *course instructor*, (2) *research supervisor*, and (3) *committee member* on master thesis and dissertation projects.

PROFESSIONAL SOCIETIES / MEMBERSHIP ORGANIZATIONS:

<u>Dates</u>	Organization Name	<u>Scope</u>	Membership Type
2023-present	Association of Behavior and Cognitive Therapies	National	Full Member
2021-present	American Board of Professional Psychology	National	Full Member
2013-present	International Society for Traumatic Stress Studies	International	Full Member
2012-present	American Psychological Association Trauma Psychology-Division 56	National	Full Member

Professional Organizational / Service Leadership Roles:

<u>Dates</u> <u>Entity Name</u> <u>Role</u>

2024-2028 Palo Alto Veterans Administration, Data and Safety Monitoring

Grant DoD HT94252410516 Board Member

<u>Description</u>: Service as a Data Safety and Monitoring Board (DSMB) member for the Department of Defense Grant # HT94252410516, *Increasing Access to Evidence-Based PTSD Treatment in the Military: Behavioral Health Technician Delivered Written Exposure Therapy* (PI: Carmen McLean, PhD). Attend quarterly meetings and provide review of data safety and monitoring procedures.

<u>Dates</u> <u>Organization</u> <u>Leadership Role</u>

2024-present American Board of Professional Board of Trustee, Behavioral and Psychology Cognitive Specialty Representative

<u>Description</u>: The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology. Less than 3% of psychologists have achieved the ABPP board certification. The Board of Trustees (BOT) consist of one Trustee from each Member Specialty; one Trustee Early Career Psychologist elected by the Trustees to represent the interest of early career psychologist; one public (non-psychologist) Trustee; and the President, President-elect, immediate Past-President, Secretary, and Treasurer of the Board of Trustees. My service role on the BOT involves a four-year term of service representing the Behavior and Cognitive Diplomate Specialty Board.

Dates Organization Leadership Role

2023-present American Board of Professional Early Career Psychologist Liaison,
Psychology Behavioral and Cognitive Specialty

Representative

<u>Description</u>: The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology. Less than 3% of psychologists have achieved the ABPP board certification. My

service role as an early career ABPP liaison is to support other early career psychologists in board certification. In this role, I collaborate with other early career psychology specialty board members to represent and support the interests of psychologists in the first 10 years of their career through policy advocacy, mentorship, and resources to promote professional development and support the mission of ABPP and the Behavioral and Cognitive Psychology Specialty Board.

<u>Dates</u> <u>Organization</u> <u>Leadership Role</u>

2022-present American Board of Professional Board of Directors Member

Psychology, Behavioral and Cognitive Specialty Diplomate

<u>Description</u>: The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology. Less than 3% of clinical psychologists have achieved the ABPP board certification. The Behavioral and Cognitive Psychology specialty board emphasizes an empirical approach toward behavioral and cognitive sciences and theory to understand human behavior and develop interventions that enhance the human condition. My service role as a board member involves collaborative administration among members to advance the specialty board in a manner consistent with ethical, legal, and principles of psychological governing bodies and the specialty board, as well as financial policies that advance its mission. Board members attend a quarterly meeting.

<u>Dates</u> <u>Organization</u> <u>Leadership Role</u>

2021-presemt American Board of Professional Diplomate Written and Oral

Psychology, Behavioral and Examiner

Cognitive Specialty Diplomate

<u>Description</u>: The American Board of Professional Psychology (ABPP) is the primary organization for specialty board certification in psychology. Less than 3% of clinical psychologists have achieved the ABPP board certification. The Behavioral and Cognitive Psychology specialty board emphasizes an empirical approach toward behavioral and cognitive sciences and theory to understand human behavior and develop interventions that enhance the human condition. My service role as a written examiner involves review of written application materials for pre-approval prior to sitting for an oral examination. Oral examination involves a 3-hour examination with a panel of three board certified psychologists.

DatesOrganizationLeadership Role2018-2021Military Special Interest Group,Chair Member

International Society for Traumatic

Stress Studies

<u>Description</u>: The International Society for Traumatic Stress Studies (ITSS) is an international organization dedicated to the effects of trauma and the discovery and dissemination of knowledge about policy, program and service initiatives that seek to reduce traumatic stressors and their immediate and long-term consequences. The Military Special Interest Group (SIG) specifically focuses on the relationship between military and trauma. My role as the Military SIG chair involved hosting an annual SIG meeting at the annual ISTSS conference and serving as the editor of the monthly Military SIG newsletter.

EDITORIAL or ADVISORY BOARD

<u>Dates</u> <u>Entity Name</u> <u>Role</u>

2023-present The Behavior Therapist, Associate Editor Board

Association of Behavioral and Member

Cognitive Therapies

<u>Description:</u> Service as an editorial board member for The Behavior Therapist of the Association of Behavioral and Cognitive Therapies. Role includes review and evaluation on submitted manuscripts for publication. Members are also expected to lead a special issue journal topics to promote collaborations within ABCT SIG members.

<u>Dates</u> <u>Entity Name</u> <u>Role</u>

2022-present Journal of Traumatic Stress, Editorial Board

International Society of Traumatic Member

Stress Studies

<u>Description:</u> Service as an editorial board member for the Journal of Traumatic Stress of the International Society of Traumatic Stress Studies. Role includes review, evaluation, and input on 4-6 (on average) submitted manuscripts to the journal per year prior to consideration for publication.

Dates Entity Name Role

2021-present University of Pennsylvania, PCORI Data and Safety Monitoring

Grant # CER-2020C1-19382 Board Member

<u>Description</u>: Service as a Data Safety and Monitoring Board (DSMB) member for the PCORI Grant # CER-2020C1-19382, *A comparison of Prolonged Exposure therapy, pharmacotherapy, and their combination for PTSD: What works best, and for whom* (PI: Keith Bredemeier, PhD). Attend quarterly meetings and provide review of data safety and monitoring procedures.

AD HOC MANUSCRIPT REVIEWER:

<u>Dates</u>	Entity Name	<u>Role</u>	<u>Frequency</u>
2019-present	European Journal of Psychotraumatology	Reviewer	1/year
2018-present	Psychological Trauma: Theory,	Reviewer	2-4/year
	Research, Practice, & Policy		
2018-present	Journal of Anxiety Disorders	Reviewer	2-4/year
2018-present	Journal of Affective Disorders	Reviewer	1/year
2018-present	Journal of Psychiatric Research	Reviewer	1/year
2018-present	Military Medicine	Reviewer	1/year
2017-present	Journal of Personality and Individual Differences	Reviewer	1/year
2017-present	Military Behavioral Health	Reviewer	1/year

GRANT REVIEWER / STUDY SECTION REVIEWER:

<u>Dates</u> <u>Granting Agency and Review Panel Name</u> <u>Role</u>

2025-present Veteran's Health Administration, Health Systems Grant Reviewer

Research

<u>Description</u>: The mission of the Veteran's Administration (VA) Health Systems Research (HSR) is to improve Veteran health by developing, testing, and implementing strategies that improve the organization, delivery, and effectiveness of health care and related services for Veterans. Scientific reviewers individually review a series of submitted projects and then meet as a panel over several days regarding submitted grant projects.

Dates Granting Agency and Review Panel Name Role

2024-present National Institute of Health, Research Career Grant Reviewer

Development Award (K)

<u>Description</u>: The purpose of this program is to support institutional career development awards designed to prepare newly-trained scientists who have made a commitment to independent research careers, and to facilitate their transition to more advanced support mechanisms. My role involved serving as a scientific reviewer for submitted projects.

<u>Dates</u> <u>Granting Agency and Review Panel Name</u> <u>Role</u>

2023-present Congressionally Directed Medical Research Grant Reviewer

Program for the Department of Defense

<u>Description</u>: The Congressionally Directed Medical Research Programs (CDMRP) for the Department of Defense supports research across the full range of science and medicine, with an underlying goal of enhancing the health, care, and well-being of military service members, veterans, retirees, and their family members. Scientific reviewers individually review a series of submitted projects and then meet as a panel over several days regarding submitted grant projects.

<u>Dates</u> <u>Granting Agency and Review Panel Name</u> <u>Role</u>

2021-2024 Center for Biomedical Neuroscience, Grant Reviewer

LSOM, UTHSCSA

<u>Description</u>: The Center for Biomedical Neuroscience (CBN) is a multidisciplinary organization dedicated to teaching, research, service, and outreach activities related to translational neuroscience at the UTHSCSA. The CBN funds collaborative pilot projects, One role of the CBN is to fund translational pilot project. One of my roles as a CBN member is service as a grant reviewer for pilot project submissions.

PUBLIC SERVICE/COMMUNITY SERVICE

<u>Dates</u> <u>Service Role or Action</u> <u>Source entity</u>

Fall, 2023 The Potential of Cannabinoids STRONG STAR Training Initiative,

for the Treatment of PTSD UTHSCSA

<u>Description:</u> Delivered a 1-hour in-service presentation to community behavioral health providers engaged in training with the STRONG STAR Training Initiative on the theory and potential benefits of cannabinoids for the treatment of posttraumatic stress disorder (PTSD). The SSTI in collaboration with STRONG STAR and UTHSCSA is a nationally recognized health education leader, competency-based training program, for licensed mental health providers. The SSTI aims to increase nationwide community-level access to evidence-based treatments (EBTs) for PTSD for military veterans by training mental health providers and organizations to ensure long-term sustainability of PTSD treatment programs

Dates Service Role or Action Source entity

2023-2024 Skills Lab Webinar Series STRONG STAR Training Initiative,

for PTSD UTHSCSA

<u>Description:</u> Six week course delivered once a semester that includes weekly 1-hour in-service presentations followed by role plays to community behavioral health providers engaged in training with the STRONG STAR Training Initiative (SSTI). Trainings focused on assessment of PTSD, motivational techniques to enhance engagement, shared decision making, identifying a criterion A event, and addressing avoidance. The SSTI in collaboration with STRONG STAR and UTHSCSA is a nationally recognized health education leader, competency-based training program, for licensed mental health providers. The SSTI aims to increase nationwide community-level access to evidence-based treatments (EBTs) for PTSD for military veterans by training mental health providers and organizations to ensure long-term sustainability of PTSD treatment programs

<u>Dates</u> <u>Service Role or Action</u> <u>Source entity</u>

Summer, 2023 Community Presentation on Oasis Program in collaboration etiology, pathology, and treatment with GRECC, UTHSCSA Community

of PTSD Outreach Program

<u>Description:</u> Will deliver a 1-hour presentation on the etiology, pathology and treatment for posttraumatic stress disorder (PTSD) at San Antonio Oasis, a unique community educational program for older adults. staff and residents. This presentation will be delivered in collaboration with the UTHSCSA Geriatric Research, Education and Clinical Center (GRECC). GRECC provides education, research, and clinical services to elderly adults in Central and South Texas. The San Antonio Oasis is a partnering center with the UTHSCSA GRECC.

<u>Dates</u> <u>Service Role or Action</u> <u>Source entity</u>

Summer, 2023 In-Service Evidence Based South Texas Veterans

Treatments for PTSD in the Healthcare System, Mental Health

Community Service Line

<u>Description:</u> Delivered a 30 minute presentation to the South Texas Veteran's Healthcare System Mental Health Service Line on evidence based treatments for posttraumatic stress disorder (PTSD) and ongoing research studies being conducted at STRONG STAR.

Dates Service Role or Action Source entity

Spring, 2023 In-Service Presentation on South Texas Veterans

Transcranial direct current stimulation Healthcare System

for the treatment of PTSD

<u>Description:</u> Delivered a 1-hour in-service presentation to the South Texas Veteran's Healthcare System PTSD Clinic staff members on the theory and potential benefits of transcranial direct current stimulation for the treatment of posttraumatic stress disorder (PTSD).

Dates Service Role or Action Source entity

Fall, 2022 In-Service Presentation on Endeavors, Veteran Wellness Center

Transcranial direct current stimulation

for the treatment of PTSD

<u>Description:</u> Delivered a 1-hour in-service presentation to the Endeavors, Veteran Wellness Center staff members on the theory and potential benefits of transcranial direct current stimulation for the treatment of posttraumatic stress disorder (PTSD).

<u>Dates</u> <u>Service Role or Action</u> <u>Source entity</u>

Spring, 2022 Community Presentation on Crosspoint, Veterans Program

etiology, pathology, and treatment of PTSD in military populations

<u>Description:</u> Crosspoint is a chartered nonprofit organization that provides residential facilities to aid in the rehabilitation of persons with emotional and psychological problems. Crosspoint also house a specialty unit specifically designated for Military Veterans. Delivered a 1-hour presentation to the Crosspoint staff and residents on the etiology, pathology, and treatment for posttraumatic stress disorder (PTSD).

Dates Service Role or Action Source entity

Spring, 2022 In-Service Presentation on South Texas Veterans
Cannabidiol for the Healthcare System

treatment of PTSD

<u>Description:</u> Delivered a 1-hour in-service presentation to the South Texas Veteran's Healthcare System Psychiatry Service Line staff on the theory and potential benefits of cannabidiol for the treatment of posttraumatic stress disorder (PTSD).

Dates Service Role or Action Source entity

Fall, 2021 In-Service Presentation on South Texas Veterans
Cannabidiol for the Healthcare System

treatment of PTSD

<u>Description:</u> Delivered a 1-hour in-service presentation to the South Texas Veteran's Healthcare System PTSD Clinic staff members on the theory and potential benefits of cannabidiol for the treatment of posttraumatic stress disorder (PTSD).

<u>Dates</u> <u>Service Role or Action</u> <u>Source entity</u>

Fall, 2021 In-Service Presentation on Northwest San Antonio VA

Cannabidiol for the Community Based Outreach Clinic

treatment of PTSD

<u>Description:</u> Delivered a 1-hour in-service presentation to the Northwest San Antonio VA Community Based Outreach Clinic staff members on the theory and potential benefits of cannabidiol for the treatment of posttraumatic stress disorder (PTSD).

<u>Dates</u> <u>Service or Action</u> <u>Source entity</u>

Fall, 2021 Marketing & Communications UTHSCSA, Communications

Interview for the STRONG STAR

<u>Description:</u> Completed a communications interview with the UTHSCSA Communications Department to promote the 6th annual STRONG STAR San Antonio PTSD Conference. The San Antonio Combat posttraumatic stress disorder (PTSD) Conference is presented by STRONG STAR, the world's largest PTSD and military health research consortium, in collaboration with UTHSCSA. The conference is international in scope and is focused on emerging outcomes and ongoing scientific research on the assessment and treatment of combat-related PTSD and comorbid conditions in active duty service members and veterans.

Dates Service or Action Source entity

Fall, 2021 Mental Health Awareness UTHSCSA, Human Resources

Podcast Interview

<u>Description:</u> Completed a communications podcast interview with the UTHSCSA Human Resources focused on violence prevention and trauma. Topics included posttraumatic stress disorder, intimate partner violence, child abuse, sexual violence, emotional abuse.

Dates Service or Action Source entity

Spring-Fall, 2020 Volunteer Behavioral Consultant UTHSCSA, Department of Psychiatry

Helping Healthcare Heroes (H3) and Behavioral Sciences

<u>Description</u>: The H3 program was developed in response to the COVID pandemic and focused specifically on providing psychological first aid to health care workers. Psychological First Aid is an evidence-informed modular approach to help individuals in the immediate aftermath of disaster and terrorism.

DatesService or ActionSource entityFall, 2018Prolonged Exposure WorkshopUnited States Special Operations

for Combat-Related PTSD for Command (SOCOM)

Military Special Forces

<u>Description</u>: This two-day workshop was delivered to SOCOM behavioral health providers in Tampa, Florida. The workshop provided a theoretical and practical overview of prolonged exposure therapy (PE) for combatrelated posttraumatic stress disorder (PTSD). The workshop also covered adapting standard, weekly PE to a massed, daily format to address the needs of special forces service members.