ANDREW SHIBATA

ASSISTANT PROFESSOR OF PRACTICE DEPARTMENT OF KINESIOLOGY THE UNIVERSITY OF TEXAS AT SAN ANTONIO

ANDREW.SHIBATA@UTSA.EDU

EDUCATION

BS California State University, Northridge May 2012

Bachelor of Science in Athletic Training Graduated Cum Laude

MA Fresno Pacific University July 2016

Master of Arts in Kinesiology

DAT A.T. Still University August 2021 – current

Doctor of Athletic Training (expected graduation in 2026)

TEACHING & MENTORING EXPERIENCE

Assistant Professor of Practice, Athletic Training

The University of Texas at San Antonio 08/2025-current

- Teaching Courses
 - o KIN 3463, Musculoskeletal Anatomy
 - A detailed examination of the musculoskeletal system. This course focuses on bones, bone markings, articulations, and origins, insertions, actions, and innervations of the muscles. The course is designed to provide students with knowledge of musculoskeletal anatomy that is fundamental to understanding sports, exercise, and rehabilitation sciences.
 - o KIN 4043, Therapeutic Modalities
 - This course is designed to introduce students to a variety of therapeutic modalities currently used in clinical rehabilitation. Students will learn the theoretical basis and application procedures for a variety of modalities including therapeutic heat and cold, electrotherapy, therapeutic massage, ultrasound, and laser/light therapy.
 - KIN 4243, Musculoskeletal Rehabilitation
 - This course examines various therapeutic exercises and programs used in the treatment and rehabilitation of exercise-related injuries.
 - KIN 4931, Clinical Application of Athletic Injuries
 - This course provides practical applications in prevention, diagnosis, treatment, and rehabilitation of athletic injuries, and includes a minimum of 150 hours of supervised field and clinical experiences in athletic training.

University of the Incarnate Word, San Antonio, Tx 08/2023 – 12/2024

- <u>Teaching a Course</u> (PEHP 1162, Foundations of Training/Conditioning)
 - O This course introduces a variety of conditioning activities that can be implemented into training, coaching, and fitness instruction. Students are exposed to the concepts, vocabulary, skill development, and methods necessary to conduct a variety of conditioning activities. This is an activity-based course.
 - o This course addresses the following topics:
 - Types and benefits of physical conditioning
 - Proper form and progression of conditioning activities
 - Program design for individuals and groups

Adjunct Faculty, Sports Medicine Team

University of Texas Health Science at San Antonio, San Antonio, Tx 05/2023 – 08/2024

• <u>Mentoring Students</u>: Clinical instructor for athletic training residency students at the University of Texas at San Antonio.

Clinical Educator, Sports Medicine Team

University of Texas at San Antonio, San Antonio, Tx 01/2019 – 08/2024

• <u>Developing and Providing Lectures</u>: Participated in developing in-service lectures on upper and lower extremity palpations, injuries evaluations, and rehabilitation. Provided lectures to athletic training students at the University of Texas at San Antonio.

Clinical Preceptor, Sports Medicine Team

El Camino Community College, Torrance, CA 06/2017 – 01/2019

• <u>Mentoring students</u>: Clinical Preceptor and Instructor for undergraduate and graduate students from California State University of Long Beach and California Baptist University accredited Athletic Training Education Programs.

WORK EXPERIENCE

Senior Athletic Trainer

Lackland Air Force Base, San Antonio, Tx 03/2025- 05/2025

- Evaluate Air Force Trainees for musculoskeletal injuries sustained during basic military training exercises.
- Monitor and respond to emergency situations during morning Physical Training (PT) sessions.
- Communicate with medical team doctors about the status of injured trainees
- Document and report injuries promptly through PowerChart and RevCycle.

Head Athletic Trainer

Our Lady of the Lake University, San Antonio, Tx 08/2024 – 11/2024

- Manage a team of 4 assistant athletic trainers
- Treat acute injuries, wound care/first aid treatment, and chronic injuries, rehabilitation exercises and therapeutic modalities
- Communicate with team coaches about the status of injured athletes
- Document and report injuries promptly through Healthy Roster EMR

Head Baseball Athletic Trainer

University of Texas at San Antonio, San Antonio, Tx 01/2019 – 08/2024

- Treat acute injuries, wound care/first aid treatment, and chronic injuries, rehabilitation exercises and therapeutic modalities
- Attend practice and home games. Travel with teams for away games
- Communicate with team coaches and Strength & Conditioning coaches about the status of injured athletes
- Document and report injuries promptly through the Athletic Trainer System (ATS)
- Teach in-service education lessons to athletic training students

Associate Head Athletic Trainer

El Camino College, Torrance, CA 06/2017 – 01/2019

- Direct daily operations of the athletic training facility and daily treatments for twenty-two sport programs
- Communicate with team coaches and Strength & Conditioning coaches for updates of injured athletes
- Coordinate with team physicians and orthopedists on care of student-athletes
- Document and report injuries properly through CSMI SportsWare Injury Tracking Software
- Coordinate and facilitate pre-season physicals
- Supervise clinical students from Cal-State Long Beach Athletic Training Education Program
- Secure medical authorization for processing insurance claims

Assistant Athletic Trainer

University of California, Santa Barbara, CA 02/2015 – 06/2017

- Primary sports assignments: Baseball and Men's Soccer
 - o 2016 College World Series Baseball Team Participants
 - o 2015 Big West North Men's Soccer Champions
- Treat acute injuries, wound care/first aid treatment, and chronic injuries, rehabilitation exercises and therapeutic modalities
- Attend all practice and home games. Travel with teams for all away games
- Communicate with team coaches and Strength & Conditioning coaches about the status of injured athletes
- Request necessary medical authorization for treatments from insurance companies
- Document and report injuries promptly through the Athletic Trainer System (ATS)
- Taking inventory and re-ordering supplies
- Responsible for equipment maintenance

Athletic Training Intern

Cal Poly San Luis Obispo, San Luis Obispo, CA 08/2012 – 02/2015

- Primary sports assignments: Baseball, Women's Volleyball, and Wrestling
 - o 2014 Big West Champion Baseball team
- Responsible for preparing athletes for both practice and games.
- Administer physical therapy treatments for injured athletes
- Request necessary medical authorization for treatments from insurance companies

CERTIFICATIONS

NATA BOC Certified Athletic Trainer: 2000011498

Texas State Licensed Athletic Trainer: AT7774

American Heart Association BLS Provider

Russian Kettlebell Certified Instructor (RKC)

Tecnica Gavilan Certified

RockTape FMT Certified

NASM Corrective Exercise Specialist (1200479818)

Personalized Blood Flow Restriction Rehabilitation (01142022A1)

IAR Sports & Orthopedic Regenerative Dry Needling Level 1

PROFESSIONAL AFFILIATIONS

Southwest Athletic Trainers' Association 2019-Present

California Community College Athletic Trainers' Association, 2017-2019

National Athletic Trainers' Association, 2012-Present

Far West Athletic Trainers' Association, 2012-2019 California Athletic Trainers' Association, 2012-2019