

CURRICULUM VITAE

Vidya Sharma, MA, RD, LD, CDCES

Date of Preparation: 09/01/2022

GENERAL INFORMATION

PERSONAL DATA:

Phone Number: (248) 508-1673

Email Address: vrs1213@yahoo.com

EDUCATION:

<u>Year</u>	<u>Degree</u>	<u>Discipline</u>	<u>Institution/Location</u>
2004	MA	Nutrition and Food Science (GPA 3.96)	Wayne State University, Detroit, MI, USA.
2004	CPD	Coordinated Program in Dietetics (GPA 4.0)	Wayne State University, Detroit, MI, USA.
1996	BHMS	Bachelor of Homeopathic Medicine and Surgery (GPA 3.61)	University of Mumbai, Mumbai, India

CERTIFICATIONS & TRAINING:

- Registered Dietitian (RD) - Registration # 949733
- Licensed Dietitian Texas (LD) - License # DT 81642
- Certified Diabetes Care and Education Specialist (CDCES) – License # 20810383
- Certification in Weight Management (ACE)
- Pediatric Nutrition Fellowship, Children’s Hospital of Michigan (2004)

PROFESSIONAL AFFILIATIONS:

- American Dietetic Association
- Texas Dietetic Association
- National Board of Certified Diabetes Educators

WORK EXPERIENCE:

- 01/22 - Current Senior Lecturer, University of Texas at San Antonio, TX
- Faculty for the Coordinated Program in Dietetics. Teaching Nutrition, Foodservice and Dietetics related classes.
 - Working with Preceptors at internship sites to facilitate supervised practice.
 - Involved in faculty professional development workshops.
 - Member of Dietetics program admissions committee, assist with reviewing internship applications.
- 04/22 - Current Graduate Advisor, Nutrition & Dietetics Program, University of Texas at San Antonio
- Advising graduate students on program requirements.
 - Coordinating with administrative team on graduation paperwork.
- 01/12- 12/21 Adjunct Instructor, University of the Incarnate Word, San Antonio, TX
- Teaching Introduction to Nutrition and Community Nutrition courses
- 09/15 – 12/21 Clinical Manager, Cecelia Health (Personalized Diabetes Coaching) – Working Part-time
- Managing a team of Health Coaches, providing guidance and closely working with the leadership team on scaling program and improving coach satisfaction, retention and training programs.
 - Troubleshooting technology related problems and working with leadership team on improving program outcomes and deliverables..
 - Previously providing coaching to diabetes patients using Cecelia Health's innovative and scalable Pathways platform that solves for the costly and complex problem of adherence to diabetes prescriptions. Providing comprehensive diabetes education, teaching patients how to use various devices,

medication titration.

- Matching the needs of patients to solution paths that deploy tools and resources effectively. Building rapport with patients and motivating them to improved health but helping them overcome barriers to taking their medications.
- Closely work with the Analytics team on program improvement, profit and future revenue projections.
- Have closely worked with Medicare/Medicaid population including major insurance programs and top Pharmaceutical companies.
- Communicated effectively with staff members, physicians and patients, employing active listening and interpersonal skills.
- Promoted high morale and staff retention through dynamic communication, prompt problem resolution, proactive supervisory practices and facilitation of positive work environment.

02/12-09/15

Nutrition Program Coordinator, San Antonio Fire Department Office of Health and Wellness

- Provide nutrition education and diet counseling for San Antonio Firefighters/EMS
- Conduct cooking classes at Fire Stations
- Address management of chronic diseases like diabetes, hypertension, hyperlipidemia

11/06 –06/10

Community Nutritionist, Mattapan Community Health Center, Mattapan, MA

- Developing nutrition education materials and providing medical nutrition therapy to prenatal; adult and pediatric patients with diabetes, hypertension, hyperlipidemia and weight management concerns
- Providing nutrition education to the community through participation in community outreach events
- Team member of Diabetes We Care Program, responsible for working toward achieving patient goals and satisfaction outcomes
- Authorship of weekly nutrition and health-related columns in the Mattapan Reporter and Boston Haitian Reporter newspapers

06/07 – 12/09

We Can! Nutrition Educator, Boston Public Health Commission, Boston, MA

- Conducting classes for adults on how to create healthy diets in

- their homes for preschoolers to middle-school aged children
- Educating adults about the importance of reducing screen time and increasing physical activity

- 10/08 – 12/09 Consultant, Center for Community Health, Education and Research, Boston, MA
- Design and develop curriculum related to diabetes in general and in the Haitian population
 - Provide input on all existing qualitative and quantitative data on diabetes related to immigrant and minority communities
 - Provide diabetes education sessions to participants

HONORS AND AWARDS:

- 2016-2017 Received CDE of the Quarter Award at Cecelia Health
- 2008-2009 Guest Speaker on Channel 26, Boston (Primetime 8:00 pm to 9:00 pm) on talk show related to Diabetes and Obesity
- 2003-2005 American Dietetic Association Scholarship
- 2003-2004 Women of Wayne Scholarship, Wayne State University, Detroit, MI
- 2003-2004 N.V Shah Memorial Scholarship, College of Science Dean’s Office, Wayne State University, Detroit, MI
- 2003-2004 College of Science Dean’s List, Wayne State University, Detroit, MI

PUBLICATIONS:

1. Sharma V, Feldman M, Sharma R. Telehealth Technologies in Diabetes Self-management and Education. J Diabetes Sci Technol. 2022 Apr 29:19322968221093078. doi: 10.1177/19322968221093078.
2. Sharma S, **Sharma V** and Sharma R. Remote Learning: Understanding Perspectives of Students and Teachers for Developing Novel Pedagogies. Int. J. High Sch. Res. *Accepted*.
3. Revised by Vidya Sharma, Jingyi Wang. Vitamin Requirements of the Older Adult. In: Nutrition for the Older Adult: Jones & Bartlett Learning; 2018. p. 91 - 107.
4. Reviewer Community Nutrition, Planning Health Promotion & Disease Prevention, 3 rd edition, by N.E NKakwe, Jones & Bartlett Learning

VOLUNTEER ACTIVITIES:

09/17-Current	Volunteer to teach regional language classes to elementary, middle and high school students, San Antonio, TX
09/14-Current	Consultant Dietitian, BAPS Charities Annual Health Fair, San Antonio, TX
02/09-12/09	Member of the Project Advisory Committee for Community Health Education and Literacy Program (CHELP), a program that will utilize a multidisciplinary and multifaceted approach that helps African-American and Latino patients understand and navigate the health system and improve their health literacy, Boston, MA
01/06-10/09	Assist with fundraising activities, Mattapan Community Health Center, Mattapan, MA
06/02-07/06	Children's Hospital of Michigan, Detroit, MI
09/02-09/03	Health Fair at the Annual Detroit Festival of Arts, Detroit, MI
08/02-08/03	University Cultural Association, Wayne State University, Detroit, MI

INVITED TALKS:

1. UTSA Active Minds. Talk on Nutrition & Mental Health, March 2022
2. DANSA – UTSA (Student Dietetic Association): Talk on Career Spotlight as a Certified Diabetes Educator Specialist, March 2022
3. Smt CMP Medical College, Mumbai, India. Invited Talk on Nutrition & Diabetes Management

EXTERNAL FUNDING:

Secure \$100 funding from Costco, San Antonio for Nutrition & Dietetics Program at UTSA.

EXTRACURRICULR ACTIVITIES AT UTSA CAMPUS:

- Graduate Advisor for program - mentoring currently enrolled graduate students including coordinating administrative tasks for completion of paperwork.
- Created 15-week curriculum called "NextGen RD Wellbeing Program" focusing on empowering Dietetics students at UTSA with tools & resources needed for improving mental health.
- Member of Curriculum Committee (created curriculum for 2 UTSA courses - Nutrition Counseling and Introduction to Public Health), Scholarship Committee, Orientation Committee and New Dietetics students application review committee
- Facilitating outreach and creating awareness of Nutrition program at UTSA by partnering with local schools, colleges and area resources.
- Worked with Typhon Rep to create new data tracking surveys and reports. Created new surveys in Typhon.
- Assisted another Faculty with coordinating a few sessions at the UT Health Sim Lab.

- Able to network and partner with external practicum sites to provide an opportunity for UTSA Dietetics students to be able to get their practicum hours and experience.
- Attended Texas Dietetic Association Annual Conference, during the conference was able to secure several free samples and giveaways (mini sanitizer bottles, miniature samples of sunflower oil, stress busters, coupons) that we were able to use during Orientation week as giveaways in goodie bags for all Dietetics students.