Sara B. Oswalt, M.P.H, Ph.D., AASECT C.S.E.

# Department of Public Health University of Texas at San Antonio One UTSA Circle San Antonio, TX 78249

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*Curriculum Vitae - Updated December 2023*

**PRIMARY EXPERTISE & INTEREST AREAS**

College student health and well-being with special interest in sexual and reproductive health, GLBTQ+ health, and mental health and the connection of well-being to academic success.

**EDUCATION**

DOCTOR OF PHILOSOPHY August 2003

University of Georgia, Athens, GA

Major: Health Promotion and Behavior

Dissertation Title: A Model of Sexual Decision-Making in College Students

MASTER OF PUBLIC HEALTH May 1995

Indiana University, Bloomington, IN

Major: Public Health Education

BACHELOR OF SCIENCE May 1993

The Pennsylvania State University, University Park, PA

Major: General and Life Science

Minor: Philosophy

## CERTIFICATION

Certified Sexuality Educator, American Association of Sex Educators, Counselors and Therapists, 2011 – present

## PROFESSIONAL EXPERIENCE

Professor Department of Public Health

(with tenure) University of Texas at San Antonio (UTSA), San Antonio, TX

September 2018 – present

Adjunct Associate Professor The University of Texas Health Science Center at Houston (UTHealth) School of Public Health in San Antonio.

March 2017 – present

Inaugural Department Chair Department of Public Health

University of Texas at San Antonio (UTSA), San Antonio, TX

September 2020 – August 2023

Interim Department Chair Department of Public Health

Acting Department Chair Department of Kinesiology, Health and Nutrition

University of Texas at San Antonio (UTSA), San Antonio, TX

January 2020 – August 2020

Department Chair Department of Kinesiology, Health and Nutrition

University of Texas at San Antonio (UTSA), San Antonio, TX

August 2017 – December 2019

Associate Professor Department of Kinesiology, Health and Nutrition

(with tenure) University of Texas at San Antonio (UTSA), San Antonio, TX

September 2010 – August 2018

Coordinator, Health Program Department of Kinesiology, Health and Nutrition

University of Texas at San Antonio (UTSA), San Antonio, TX

2007 - 2008, 2009 – 2017

Assistant Professor Department of Health and Kinesiology

University of Texas at San Antonio (UTSA), San Antonio, TX

August 2004 – August 2010

Sexual Health Coordinator University Health Center

University of Georgia (UGA), Athens, GA

July 1998 - August 2004

Instructor Department of Counseling, Human Development

University of Georgia, Athens, GA

August 1998 - December 2003

Instructor Department of Health Promotion and Behavior

University of Georgia, Athens, GA

August 1999 - December 1999

Health Educator Health Services

Georgia Southern University, Statesboro, GA

January 1996 - July 1998

Adjunct Faculty Member Department of Health and Kinesiology

Georgia Southern University, Statesboro, GA

April 1997- June 1998

Bobby Whitney Memorial Intern Sexuality Information and Education Council in the United

States (SIECUS)

New York, NY

Summer 1995

Research Assistant Department of Applied Health Science

Indiana University, Bloomington, IN

Spring and Summer 1995

Intern Health and Wellness Center

Indiana University, Bloomington, IN

Spring 1995

Workshop Coordinator Department of Applied Health Science

Indiana University, Bloomington, IN

Summer 1994

Associate Instructor Department of Applied Health Science

Indiana University, Bloomington, IN

1993-1994

## AWARDS & HONORS

* Indiana University School of Public Health David L. Gallahue Champion Alumni Award (which recognizes contributions of alumni who advance the cause of justice and equality), 2022
* UTSA President's Distinguished Achievement Award, University Service, Tenured/Tenure-track faculty, 2022
* Best Professional Research Poster, American College Health Association Annual Meeting, 2017
* Southwest College Health Association Scholarship Recipient (Competitive award providing financial assistance to attend ACHA’s Annual Meeting), 2017, 2021
* UTSA, Department of Kinesiology, Health and Nutrition, Faculty of the Year, 2014
* Best Professional Research Poster, American College Health Association Annual Meeting, 2014
* Honoree, Honors Alliance, UTSA, 2006
* UGA Student Affairs Collaborative Teamwork Award, part of the Alcohol Sanction Evaluation Team, University of Georgia, 2004
* Campus Recreation & Intramural Staff Interaction Award, Georgia Southern University, 1997-98
* Health Services Employee of the Quarter, Georgia Southern University, Winter 1998
* Student Affairs Employee of the Quarter, Georgia Southern University, Summer 1997

**PEER REVIEWED JOURNAL ARTICLES**

Citation number retrieved from Google Scholar as of 12/12/2023

2022 Journal impact factor (IF) retrieved from Journal Citation Reports

58. **Oswalt, S.B.,** Butler, S., Sundstrom, B., Hughes, C.M.L., Petonic Robbins, C. (2023). Condoms on Campus: Understanding College Students’ Embarrassment, Self-Efficacy, and Beliefs about Distribution Programs. *Sexually Transmitted Diseases,* 50(11):720-725. doi: 10.1097/OLQ.0000000000001856. [2022 IF 3.1]

57. Lederer, A, Griner, SB, & **Oswalt, SB.** (2023). Expedited Partner Therapy at U.S. College Health Centers: Update and Recommendations for Improved Uptake and Measurement. *Sexually Transmitted Diseases*. 50(2):79-82. doi: 10.1097/OLQ.0000000000001713 [2022 IF 3.1]

56. Nevers, J.M., Eastman-Mueller, H.P, & **Oswalt S.B.** (corresponding author). (2023). Guiding Ethical Decision-Making for Sexuality Educators: A New Model. *Sex Education*. *23*(1): 49-65. doi: 10.1080/14681811.2021.2020089 [2022 IF 1.9; Citations 1]

55. Eastman-Mueller, H.P., **Oswalt, S.B**. & Nevers, J.N. (2023). Sexual Diversity on College Campuses: Using a BDSM Framework to Discuss Consent. *Journal of American College Health.* 71(3):660-664.doi: 10.1080/07448481.2021.1905649 [2022 IF 2.4; Citations 8]

54. Renfro, K., Haderxhanaj, L., Coor, A., Eastman-Mueller, H., **Oswalt, S.,** Kachur, R., Habel, M., Becasen, J.S., Dittus, P. (2022). Sexual-risk and STI-testing behaviors of a national sample of non-students, two-year, and four-year college students. *Journal of American College Health.* 71(2): 544-551. doi: 10.1080/07448481.2020.1756830 [2022 IF 2.4; Citations 13]

53. Lederer, A.M., Menefee, S.E.I., Burwell, C.B., & **Oswalt, S.B.** (2021). Improving faculty engagement in college health initiatives: Insights from current faculty with a college health background*. Journal of American College Health*. 69(3):340-344. doi: 10.1080/07448481.2019.1664553 [2022 IF 2.4; Citations 3]

52. Ullevig, S.L., Vasquez, L.L., Ratcliffe, L., **Oswalt, S.B**., Lee, N, & Lobitz, A. (2021). Establishing a Campus Garden and University Food Pantry to Address Food Insecurity: Lessons Learned. *Journal of American College Health*. 69(6): 684-688. doi: 10.1080/07448481.2019.1705830 [2022 IF 2.4; Citations 26]

51. **Oswalt, S.B.,** Eastman-Mueller, H., & Baldwin, A. (2021). Counseling College Students after a Positive Pregnancy Test: Trends in Practice. *Journal of American College Health. 69*(2): 227-231. doi:10.1080/07448481.2019.1657120 [2022 IF 2.4; Citations 2]

50. **Oswalt, S.B.,** Lederer, A.M., Chestnut, K., Day, C., Halbritter, A. & Ortiz, D. (2020). Trends in College Students’ Mental Health Diagnoses and Utilization of Services, 2009–2015. *Journal of American College Health. 68*(1): 41-51. *doi:* 10.1080/07448481.2018.1515748 [2022 IF 2.4; Citations 435]

49.Schnarrs, P., Baldwin, A., Garber, L., Light, B., **Oswalt, S.B**., Braun-Harvey, D., Lozada, K., Benton, A. & Courtois, F. (2019). Caring Adults: A Brief Report Assessing Adults’ Needs in Feeling More Comfortable Having Sexual Health Conversations with Youth in South Texas. *International Journal of Sexual Health. 31*(4): 384-393.doi: 10.1080/19317611.2019.1664697 [2022 IF 2.0; Citations 1]

48. Eastman-Mueller, H. P., Habel, M., **Oswalt, S.B.** & Liddon, N. (2019). Get Yourself Tested (GYT) Campaign: Investigating Campaign Awareness and Behaviors among High School and College Students. *Health Education and Behavior. 46*(1): 63-71*.* doi: 10.1177/1090198118788617 [2022 IF 4.2; Citations 11]

47. **Oswalt, S.B.,** Lederer, A.M., & Chestnut, K. (2019). Who is Willing to Come Back? College Students’ Willingness to Seek Help after Using Campus Mental Health Services. *Journal of American College Health. 67*(1): 10-16.doi: 10.1080/07448481.2018.1462818 [2022 IF 2.4; Citations 22]

46. **Oswalt, S.B.,** Wyatt, T. J. &Ochoa, Y.(2018). Sexual Assault is Just the Tip of the Iceberg: Relationship and Sexual Violence Prevalence in College Students. *Journal of College Student Psychotherapy. 32*(2):93-109.doi:10.1080/87568225.2017.1350122 [2022 IF 1.4; Citations 40]

45. **Oswalt, S.B.** & Eastman-Mueller, H.P (2017). Chlamydia and Gonorrhea Screening Guidelines and EPT Practices of College Student Health Centers. *Journal of American College Health. 65*(8) 542-547.doi:10.1080/07448481.2017.1351446 [2022 IF 2.4; Citations 8]

44. Eastman-Mueller, H.P. & **Oswalt, S.B**. (corresponding author) (2017). Trends in Pap Test Practices and Results: An 11-Year Review of the Annual ACHA Pap Test and STI Survey. *Journal of American College Health.**65*(7), 474-481.doi:10.1080/07448481.2017.1341898 [2022 IF 2.4; Citations 1]

43.Lederer, A. & **Oswalt, S.B.** (2017). The value of college health promotion: A critical population and setting for improving the public’s health. *American Journal of Health Education*. *48*(4), 215-218.doi: 10.1080/19325037.2017.1316692 [2022 IF 1.0; Citations 59]

42. Wyatt, T. J., **Oswalt, S.B**., & Ochoa, Y. (2017). Mental health and academic success of first-year college students. *International Journal of Higher Education*. *6*(3).doi:10.5430/ijhe.v6n3p178[Citations 142]

41. **Oswalt, S.B. &** Lederer, A.M. (2017). Beyond Depression and Suicide: The Mental Health of Transgender College Students. *Social Science*. 6, 20. doi:10.3390/socsci6010020 [2022 IF 1.7; Citations 86]

40. Wagner, L.M., Eastman-Mueller, H.P., **Oswalt, S.B.** (corresponding author), & Nevers, J.M. (2017). Teaching philosophies guiding sexuality instruction in U.S. colleges and universities. *Teaching in Higher Education,* 22(1), 44-61.doi: 10.1080/13562517.2016.1213231 [2022 IF 2.6; Citations 11]

39.Eastman-Mueller, H. P., Gomez-Scott, J. R., Jung, A., **Oswalt, S.B.** (corresponding author), & Hagglund, K. (2016). Implementation and evaluation of a condom availability program on a college campus: Lessons from the field. *American Journal of Sexuality Education,* 11(3), 189-204. doi:10.1080/15546128.2016.1198735 [2022 IF 1.2; Citations 10]

38. **Oswalt, S.B.,** Evans, S., & Drott, A. (2016). Beyond alphabet soup: Helping college health professionals understand sexual fluidity. *Journal of American College Health,* *64*(6), 502-508 doi: 10.1080/07448481.2016.1170688 [2022 IF 2.4; Citations 26]

37.**Oswalt, S.B.** & Wyatt, T.J. (2016). Evaluation of the Somos Fuertes HIV prevention programme in college women. *Sex Education 16*(4), 418-426.doi:10.1080/14681811.2015.1094735 [2022 IF 1.9; Citations 2]

36. Eastman-Mueller, H.P., Gomez-Scott, J. Jung, A., & **Oswalt, S.B.** (2015). Psychometric confirmation of the sexual health survey as a useful tool for college health professionals. *Journal of American College Health, 63*(6), 409-415. doi: 10.1080/07448481.2015.1031238 [2022 IF 2.4; Citations 4]

35. Lederer, A.M., Autry, D.M., Day, C.R.T., & **Oswalt, S.B**. (corresponding author) (2015). The Impact of work and volunteer hours on the health of undergraduate students. *Journal of American College Health, 63*(6), 403-408. doi: 10.1080/07448481.2015.1015028 [2022 IF 2.4; Citations 51]

34. **Oswalt, S.B.,** Lederer, A.M., & Schrader, L.T. (2015). Institutional characteristics and the connection to college student health. *American Journal of Health Behavior,* 39(4), 475-486. doi: 10.5993/AJHB.39.4. [2022 IF 2.3; Citations 13]

33. **Oswalt, S.B.** & Wyatt, T.J. (2015). Who needs more sleep? Comparing undergraduate and graduate students' sleep habits in a national sample. *International Journal of Higher Education, 4*(1), 77-85.doi:10.5430/ijhe.v4n1p [Citations 20]

32. **Oswalt, S.B.,** Wagner, L.M., Eastman-Mueller, H.P. & Nevers, J.M. (2015). Pedagogy and content in sexuality education courses in U.S. colleges and universities. *Sex Education, 15*(2), 172-187. doi: 10.1080/14681811.2014.991958 [2022 IF 1.9; Citations 35]

31. Wyatt, T.J. **& Oswalt, S.B.** (2014). Sexual behaviors of college freshman and the need for university based education. *College Student Journal, 48*(4), 603-612 [Citations 13]

30. Lederer, A. M., Comber, E. M., & **Oswalt, S. B.** (corresponding author) (2014). How to get the information you want: Best practices for survey design and implementation for health promotion professionals. *Health Behavior and Public Health, 4*(1),19-28*.*

29.Kenneady, D. & **Oswalt, S.B.** (corresponding author) (2014) Is Cass’s Model of Homosexual Identity Formation Model relevant to today’s society? *American Journal of Sexuality Education, 9*(2), 229-246. doi: 10.1080/15546128.2014.900465 [2022 IF 1.2; Citations 123]

28. **Oswalt, S.B.** & Wyatt, T.J. (2014). Hispanic and White College Students’ Sexual Behavior: More similar than different? *Journal of Hispanic Higher Education, 13*(3), 206 - 222. doi: 10.1177/1538192714532500 [Citations 5]

27. **Oswalt, S.B.** & Wyatt, T.J. (2014). But I’m married: Understanding relationships status and college students’ sexual behaviors. *American Journal of Sexuality Education, 9*(1),4-20. doi: 10.1080/15546128.2013.854009 [2022 IF 1.2; Citations 12]

26. **Oswalt, S.B.** & Wyatt, T.J. (2013). Sexual health behaviors and sexual orientation in a U.S. national sample of college students. *Archives of Sexual Behavior, 42*(8),1561-1572doi*:* 10.1007/s10508-012-0066-9 [2022 IF 3.8; Citations 89]

25. Wyatt, T.J. & **Oswalt, S.B.** (2013). Comparing mental health issues among undergraduate and graduate students*. American Journal of Health Education*. 44(2), 96–107 doi: 10.1080/19325037.2013.764248 [2022 IF 1.0; Citations 310]

24. **Oswalt, S.B.** & Vargas-Tonsing, T.M. (2013). How safe is the playing field? Collegiate coaches’ attitudes towards gay, lesbian, and bisexual individuals. *Sport in Society: Cultures, Commerce, Media, Politics*, 16(1),120-132. doi: 10.1080/17430437.2012.690407[2022 IF 1.4; Citations 66]

23. **Oswalt, S.B.** & Wyatt, T.J (2011). Sexual orientation and differences in mental health, stress, and academic performance in a national sample of U.S. college students*. Journal of Homosexuality,* 58, 1255–1280. doi:10.1080/00918369.2011.605738 [2022 IF 2.6; Citations 301]

22. **Oswalt, S.B** & Wyatt, T.J (2011). Of course we’re exclusive: Hispanic college students’ ideas about monogamy. *Journal of Hispanic Higher Education,* 10(4), 345 - 357. doi:10.1177/1538192711410700 [Citations 10]

21. Wyatt, T.J., & **Oswalt, S.B.** (2011). Letting students be innovative! using mini-grants to fund student-designed HIV/AIDS education*. Health Promotion Practice* 12(3), 414-424. doi:10.1177/1524839909348745 [2022 IF 1.9; Citations 11]

20. Wyatt, T.J & **Oswalt, S.B**. (2010). Practice Notes: Strategies in Health Education.: Somos Fuertes: Strong women making healthy choices. *Health Education and Behavior, 37*(6), 778-780. doi: 10.1177/1090198110371899 [2022 IF 4.2]

19. **Oswalt, S.B.** (2010). Beyond risk: Examining college students' sexual decision-making. *American Journal of Sexuality Education, 5*(3) 217-239. [2022 IF 1.2; Citations 39]

18. Grimstvedt, M.E., Kerr, J., **Oswalt, S.B**., Fogt, D.L., Vargas-Tonsing, T.M., & Yin, Z. (2010). Using signage to promote stair use on a university campus in hidden and visible stairwells. *Journal of Physical Activity and Health 7*(2), 232-238. [2022 IF 3.1; Citations 46]

17. White, C.S., **Oswalt, S.B.** (corresponding author),Wyatt, T.J., & Peterson, F.L. (2010). Out on the playing field: Providing quality physical education and recreational opportunities for lesbian, gay and bisexual youth. *The Physical Educator, 67*(1) 46-56. [Citations 18]

16. Vargas-Tonsing, T. & **Oswalt, S.B.** (2009). Coaches’ efficacy beliefs towards working with gay, lesbian and bisexual athletes. *International Journal of Coaching Science, 3*(2) 29-42*.* [Citations 13]

15. English, E., Shutt, M.D. & **Oswalt, S.B.** (corresponding author) (2009). Decreasing use of alcohol, tobacco, and other drugs on a college campus: Exploring potential factors related to change. *NASPA Journal, 46*(2) 162-182*.* [Continued as *Journal of Student Affairs Research and Practice* 2022 IF 1.1; Citations 12]

14. **Oswalt, S.B.** (2009). Don’t forget the “B:” considering bisexual students and their specific health needs. *Journal of American College Health, 57*(5), 557-560*.* [2022 IF 2.4; Citations 40]

13. Wyatt, T., **Oswalt, S.B**, White, C., & Peterson, F. (2008). Are tomorrow’s teachers ready to deal with diverse students? Pre-service educators’ attitudes toward gay men and lesbians. *Teacher Education Quarterly, 35*(2), 171-185. [Citations 95]

12. **Oswalt, S.B.** & Riddock, C.C. (2007). What to do about being overwhelmed: Graduate students, stress and university services. *College Student Affairs Journal, 27*(1) 24-44. [Citations 275]

11. **Oswalt, S.B.** & Wyatt, T.J. (2007). Mirror, Mirror, Help Me Like My Body: Examining a Body Image Media Campaign. *California Journal of Health Promotion, 5*(2) 135-147. [Citations 7]

10. **Oswalt, S.B.,** Shutt, M.D., English, E., & Davis Little, S. (2007). Did it work? Examining the impact of an alcohol intervention on sanctioned college students. *Journal of College Student Development, 48*(5), 543-557. [2022 IF 2.1; Citations 18]

### 9. Johnston Polacek G.N.L., Hicks, J. A**.**,& **Oswalt, S.B.** (2007). Twenty Years Later and Still at Risk: College Students’ Knowledge, Attitudes, and Behaviors about HIV/AIDS. Journal of Hispanic Higher Education, 6, 73-88. [Citations 32]

8. **Oswalt, S. B.** (2007).Review of Go Ask Alice! In S.F. Gambescia & B.D. Foy (Eds). Special Theme Reviews for Health Education/Promotion on College Campuses in *Health Promotion Practice,* *8*(1), 5-12. [2022 IF 1.9]

7. **Oswalt, S.B.,** Shutt, M.D., & Cooper, D.L. (2006). Incoming students’ alcohol use and intent to join Greek organizations. *Journal of the First Year Experience & Students in Transition, 18*(2), 31-52. [Citations 11]

6. Shutt, M.D., **Oswalt, S.B**., & Cooper, D.L. (2006). Parent misperceptions of incoming student alcohol and other drug use. *Journal of College Student Development, 47* (5), 577-585. [2022 IF 2.1; Citations 10]

##### 5. Oswalt, S.B., Cameron, K.C., & Koob, J.J. (2005). Sexual regret in college students. Archives of Sexual Behavior, 34(6) 663-669. [2022 IF 3.8; Citations 157]

4. **Oswalt, S.B.** (2005). Creating the best possible health education cover letter and resume. *California Journal of Health Promotion, 3*(1) 60-65.

3. Koob, J.J., Cameron, K.A., & **Oswalt, S.B.** (2000). The Effects of peer sexuality education on perceived risk, condom use, and sexual decision making. *The Peer Facilitator Quarterly, 17*(3), 76-83. [Citations 3]

2. Hamilton, D. & **Oswalt, S.** (1998). Distract me from my dreaded self: Strategies to enhance self-esteem. *Journal of School Health, 68*(7), 301-303. [2022 IF 2.2]

1. **Oswalt, S.,** Wells-Gray, H., Glover, S. and Minter, L. (1998). Need for HIV home testing kit option and education. *Journal of College Student Personnel, 39*(6), 627-29. [Continued as *Journal of College Student Development* 2022 IF 2.1]

**OTHER REFEREED PUBLICATIONS**

*Refereed Book Chapter*

1. **Oswalt, S.B** & Wyatt, T.J (2013). Sexuality Education in the University Setting: Necessity or Luxury? In G. T. Papanikos (Ed.) Issues on Education and Research: Volume 3 (pp. 177-190). Athens, Greece: Athens Institute for Education and Research. [Citations 1]

*Invited Journal Articles*

3. **Oswalt, S.** & Welle-Graf, H. (1999). Eating disorders: No longer trapped by food. *The International Electronic Journal of Health Education, 2*(1), 6-12. [Citations 3]

1. Hamilton, D. M., & **Oswalt, S.** (1998). A Lesson to enhance student self-esteem. *The Education Digest, 64,* 35-38.
2. **Oswalt, S.** (1997). Alcohol programming is more than just responsibility. *GAHPERD Journal, 31*(1) 29-30.

**MANUSCRIPTS UNDER REVIEW**

Butler, S.M, Oswalt, S.B. Hughes, C.M.L., Robbins, C.P., & Sundstrom, B. (under review). Condom Acquisition, Use and Errors among US College Students.

Lederer, A., Oswalt, S.B., Hoban, M., & Rosenthal, M. (under review). Health-Related Behaviors and Academic Achievement Among College Students

**NON-REFEREED PUBLICATIONS**

*Book Review*

**• Oswalt, S.B.** (2016). Understanding HIV and STI Prevention for College Students. *Sex Education. 16*(2), 229-231, doi:10.1080/14681811.2015.1077608

## *Encyclopedia Article*

* **Oswalt, S.B.**(2016). *College Athletes*. In A. Goldberg, (Ed.) SAGE Encyclopedia of LGBTQ Studies (pp. 238-239).Thousand Oaks, CA: Sage Publications. doi:10.4135/9781483371283.n86

## *Textbooks*

## Greenberg, J., Bruess, C, & Oswalt, S. (2016). Exploring the Dimensions of Human Sexuality, 6th Edition, Jones and Bartlett.

## Oswalt, S.B. (2015). Survey of Human Sexuality, 2nd Edition [ebook]. Dubuque, IA: Kendall Hunt.

## Greenberg, J., Bruess, C, & Oswalt, S. (2013). Exploring the Dimensions of Human Sexuality, 5th Edition, Jones and Bartlett. [Cited by 280]

## Oswalt, S.B. (2008). Survey of Human Sexuality. Dubuque, IA: Kendall Hunt.

*Article in Textbook*

* **Oswalt, S.** and Ragon, B. (1995). Tobacco companies: Banned from T.V. advertising? in *Personal Health A Guidebook,* (pp 12-15), Des Moines, IA: Wm. C. Brown Communications.

*Technical Reports*

* Benbrook, A., Brown, J., Butler, S. & **Oswalt, S.** (2016). ACHA 2015 Pap and STI Survey for Calendar Year 2014 Data. Available: https://www.acha.org/documents/resources/survey\_data/Pap\_sti/ACHA\_CY2014\_PapTest\_and\_STI\_Survey\_fulldatareport.pdf
* **Oswalt, S.B.,** Gutierrez, B. & Mayall, H.J. (2006) Ensuring a Welcoming Campus for All Minorities: Perceptions and Experiences of Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning Individuals at the University of Texas at San Antonio.
* Hill, R.J., Childers, J., Childs, A.P., Cowie, G., Hatton, A., Lewis, J.B., MacNair, N., **Oswalt, S**., Perez, R.M., & Valentine, T. (2002) *In the Shadow of the Arch: Safety and Acceptance of Lesbian, Gay, Bisexual, Transgender and Queer Students at the University of Georgia*. Athens, GA: The Campus Climate Research Group. [Citations 27]

*Newsletters*

* **Oswalt, S.B.,** & Wyatt, T.J. (2007). Somos Fuertes! *Women’s Studies Institute News, 4,* 7, 15.
* **Oswalt, S.B.** (2007). What Really Matters About Sex: Sexual-Decision Making in College Students. *ACHA Action Newsletter, 47*(1), 1 & 10.
* **Oswalt, S.B.,** & Kessler, D. (2006). Making UTSA Even More Welcoming for LGBT Individuals. *Women’s Studies Institute News, 3,* 9.

*Newspaper Columns*

* Columnist for RUMBO (Spanish language newspaper in Texas); twenty-six sexual health columns published in Spanish between 2004 and 2006

*Magazines*

* **Oswalt, S.** (1998). The Hidden Poison. *Southern Expressions*, Fall p. 8.
* **Oswalt, S.** (1996). Hey Man, Cool Tattoo. *Southern Reflector Magazine*. Fall, p. 10.

**INTERNATIONAL REFEREED PRESENTATIONS (\*oral presentations)**

7. Wilmoth, S., Biediger-Friedman, L., Sosa, E., **Oswalt, S**., Jones, T., Bustos, D., Perez, A., & He, M. (2012, May 25). College students’ perception of initiating a farmers’ market on campus. Annual Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Austin, TX, May 23-26.

6. Wyatt, T.J. & **Oswalt, S.B.** (2012, January 6). Examination of the Relationships between Stress/Mental Health Issues and Academics: A Comparison of Undergraduate and Graduate College Students. Hawaii International Conference on Education, Honolulu HI.

5.  **Oswalt, S.B.** & Wyatt, T.J. (2010, July 13) Changing Sexual Behavior and Communication in Today's Latinas: Results of an Education Workshop. IUHPE World Conference on Health Promotion, July 11 – 15, 2010, Geneva, Switzerland.

4. **Oswalt, S.B.** & Wyatt, T.J. (2010. May 24) Sexuality Education in the University Setting: Necessity or Luxury? 12th Annual International Conference on Education, Athens, Greece.\*

3. Wyatt, T.J. & **Oswalt, S.B.** (2009, November 4). A Gender-Based Examination of Sexual Behaviors among Hispanic/Latino College Students.Congress of the Society for the Scientific Study of Sexuality, Puerto Vallarta, Mexico.

2. Vargas-Tonsing, T.& **Oswalt, S.B.** (2009, June 13). Coaches’ Efficacy Beliefs towards Working with Gay, Lesbian, and Bisexual Athletes. North American Society for the Psychology of Sport and Physical Activity, Austin, TX.

1. **Oswalt, S.B.,** Cameron, K.A., & Koob, J.J. (2002, July). Sexual Regret as a Motivator for Responsible Behavior among College-Aged Students. 11th International Conference on Personal Relationships, Halifax, Nova Scotia.\*

**NATIONAL REFEREED PRESENTATIONS (\*oral presentations)**

64. Nevers, J., Eastman-Mueller, H.P. & **Oswalt, S.B.** (2022, December 13). Ethical Decision-Making for Sexuality Educators: A New Model. National SexEd Conference. Atlantic City, NJ. Virtual presentation\*

63. Lederer, A., **Oswalt, S.**, Rosenthal, M., Parise, I., & Horlick, R. (2022, November 8). Connecting college students’ health and academic performance: Results from a scoping review. American Public Health Association Annual Meeting, Boston, MA.

62. Sundstrom, B., Butler, S., Petonic, C., Hughes, C., & **Oswalt, S.** (2022, November 7). Condom use, misuse, and acquisition patterns among students attending six colleges and universities. American Public Health Association Annual Meeting, Boston, MA.

61. Butler, S., **Oswalt, S.,** Sundstrom, B., Hughes, C., Petonic, C. (2022, June 9). Condom Attitudes among Students: A Comparison of Users and Non-Users. Indiana University National HIV Conference (IUNHC), Indianapolis, IN.

60. Lederer, A.M., **Oswalt, S.B.,** Hoban, M.T., Rosenthal, M.N. (2022, May/June). Making the Grade: The Connection Between College Students’ Health-Related Behaviors and GPA. American College Health Association (ACHA) Annual Meeting. San Diego, CA.

59. Eastman-Mueller, H.P., **Oswalt, S.B.,** Nevers, J. (2021, June 9). Sexual Diversity on Campus: Distinguishing Between Consensual Sexual Behaviors from Reportable Title IX. American College Health Association (ACHA) Annual Meeting. Virtual Live Presentation.\*

58. Lederer, A., Parise, I., Rosenthal, M., Horlick, R., **Oswalt, S.B.** (2021, June). The Interconnection Between College Students’ Health and Academic Performance: What’s the Evidence? American College Health Association (ACHA) Annual Meeting. Virtual Recorded Presentation.\*

57.Schnarrs, P. W. Baldwin, A., Oswalt, S., Light, B., Garber, L., Braun-Harvey, D., Lozada, K., Benton, A., & Courtois, F. (2018, November). A community-based participatory research study to assess adults’ needs in feeling more comfortable having sexual health conversations with young people in South Texas," American Public Health Association, San Diego, CA.\*

56.Menefee, S., Lederer, A, Burwell, C., & **Oswalt, S.B**. (2018, June 1). Health Promotion Hot Topics: Perspectives on How to Engage Faculty – From Current Faculty Who Have a College Health Promotion Background. American College Health Association (ACHA) Annual Meeting. Washington D.C.\*

55.Nevers, J., Eastman-Mueller, H., & **Oswalt, S.B**. (2017, November 10). A New Model of Ethics for Sexuality Educators. Society for the Scientific Study of Sexuality Annual Meeting. Atlanta, GA.

54.Schnarrs, P.W., **Oswalt, S.B.,** Baldwin, A., Braun-Harvey, D., & Herbenick, D.(2017, November 10). Using the Principles of Sexual Health to Assess Advice for Young Men and Women about Sex: A Thematic Analysis of NSSHB Data. Society for the Scientific Study of Sexuality Annual Meeting. Atlanta, GA.

53. Nevers, J., Eastman-Mueller, H., & **Oswalt, S.B**. (2017, June 16). Guiding Ethical Decision-Making for Sexuality Educators: A New Model. American Association of Sexuality Educators, Counselors and Therapists Annual Conference. Las Vegas, NV.\*

52. **Oswalt, S.B**., & Lederer, A. (2017, June 1 & 2). Understanding Transgender College Students’ Mental Health. American College Health Association (ACHA) Annual Meeting. Austin, TX.

51. Lederer, A., **Oswalt, S.B.,** Halbritter, A. & Day, C. (2017, June 1 & 2).Trends in College Students’ Mental Health Diagnoses and Utilization of Services, 2009-2015. American College Health Association (ACHA) Annual Meeting. Austin, TX.

50. Lederer, A., **Oswalt, S.B**., & Chestnut, K. (2016, June 2 & 3). Identifying Differences in College Students’ Willingness to Access Mental Health Services. American College Health Association (ACHA) Annual Meeting. San Francisco, CA.

49. Wyatt, T.W., **Oswalt, S.B.** & Ochoa, Y. (2016, February 22). Mental Health and Academic Success of First-Year College Students. National Resource Center Annual Conference on the First-Year Experience. Orlando, FL.

48. Eastman-Mueller, H.P., Nevers, J. & **Oswalt, S.B.** (2015, June 5). Ethics in Sexual Health: Strategies for Application in Education. American Association of Sexuality Educators, Counselors and Therapists Annual Conference*,* Minneapolis, MN.\*

47. Lederer, A., Eastman-Mueller, H.P., & **Oswalt, S.B.** (2015, May 28).An Evaluation Toolkit: How to measure the success of your college health program. American College Health Association (ACHA) Annual Meeting. Orlando, FL.\*

46. **Oswalt, S.B.,** Lederer, A., & Schrader, L. (2015, May 28 and 29). Institutional characteristics and college student health: An exploratory study. American College Health Association (ACHA) Annual Meeting. Orlando, FL.

45. **Oswalt, S.B.** & Wyatt, T. J. (2015, May 28 and 29). Evaluation of *Somos Fuertes*: An HIV prevention workshop for college female students.American College Health Association (ACHA) Annual Meeting. Orlando, FL.

44. **Oswalt, S.B.,** Drott, A., & Evans, S. (2015, May 27).Beyond the alphabet soup:   
The fluidity of sexual orientation and gender identity of college students. American College Health Association (ACHA) Annual Meeting. Orlando, FL.\*

43. Nevers, J., Eastman-Mueller, H.P., & **Oswalt, S.B.** (2015, May 26). Ethics in Health Promotion: The Sequel. American College Health Association (ACHA) Annual Meeting. Orlando, FL (\*pre-conference workshop)

42. **Oswalt, S.B.,** Eastman-Mueller, H.P., Nevers, J. & Wagner, L. (2014, June 6). Education on today's colleges and universities: Lessons learned. American Association of Sexuality Educators, Counselors and Therapists Annual Conference*,* Monterey, CA.

41. Wagner, L. Nevers, J., Eastman-Mueller, H.P & **Oswalt, S.B.** (2014, June 6).Sex ed on the college campus: United States benchmarking. American Association of Sexuality Educators, Counselors and Therapists Annual Conference*,* Monterey, CA.

40. Eastman-Mueller, H.P., Nevers, J., & **Oswalt, S.B.** (2014, June 7). Answering difficult questions through an ethical framework. American Association of Sexuality Educators, Counselors and Therapists Annual Conference*,* Monterey, CA.\*

39. Ashcom, G., Brown, G., Shutter, J., Straight, P. & **Oswalt, S.B.** (2014, May 29). Selling the health promotion vision: Getting your institution behind your goals. American College Health Association (ACHA) Annual Meeting. San Antonio, TX.\*

38. **Oswalt, S.B.,** Eastman-Mueller, H.P., Nevers, J. (2014, May 31). Helping health promotion practitioners respond to difficult questions using an ethics framework. American College Health Association (ACHA) Annual Meeting. San Antonio, TX.\*

37. **Oswalt, S.B.** & Wyatt, T. J. (2014, May 29-30).Understanding the needs of sexual behavior of students who are married and in relationships. American College Health Association (ACHA) Annual Meeting. San Antonio, TX.

36. Autry, D., Lederer, A.M., Day, C. & **Oswalt, S.B.** (2014, May 29-30). Does employment and volunteer hours affect health status? Survey results from a national sample of college students.American College Health Association (ACHA) Annual Meeting. San Antonio, TX.

35. Wyatt, T. J. & **Oswalt, S.B.** (2013, November 9).The Sexual behaviors of college freshmen enrolled at a Hispanic-serving institution. Annual Meeting for the Society for the Scientific Study of Sexuality, San Diego, CA.

34. Lederer**,** A.**,** Cohen Segall**,** M, **Oswalt, S**. & Umscheid, D. (2013, May 30). How to get the information you need: Best practices in survey design and implementation. American College Health Association (ACHA) Annual Meeting, Boston, MA.\*

33. Wyatt, T.J. & **Oswalt, S.B.** (2012, October 11). Successful approaches to support gay, lesbian, and bisexual youth in educational settings. 86th Annual ASHA (American School Health Association) School Health Conference, San Antonio, TX.

32. **Oswalt, S.B.** & Wyatt, T.J. (2012, June 8). Using sexual orientation as a lens to examine sexual health behaviors in a national sample of college students. American Association of Sexuality Educators, Counselors and Therapists Annual Conference*,* Austin, TX.

31. Umscheid, D., Talbott, L., **Oswalt, S.**, & Burwell, C. (2011, June 4). Understanding Academic Faculty Concerns Related to Student Health.American College Health Association (ACHA) Annual Meeting, Phoenix, AZ.

30. **Oswalt, S. B**. & Realini, J.P. (2010, June 3). Twenty-somethings’ Attitudes and Beliefs about Unplanned Pregnancy. American College Health Association (ACHA) Annual Meeting, Philadelphia, PA.

29. Wyatt, T.J. & **Oswalt, S.B.** (2009, July 23). Changing Knowledge and Behavior to Reduce HIV/AIDS Risk of Young Latinas. National Association of Hispanic Nurses 34th Annual Conference, San Antonio, TX.

28. **Oswalt, S.B.** & Wyatt, T.J. (2009, May 29). Of Course We're Exclusive: Hispanic College Students Ideas about Monogamy. American College Health Association (ACHA) Annual Meeting. San Francisco, CA.

27. **Oswalt, S.B.** & Wyatt, T.J. (2008, June 5). Trends in Sexual Behavior of Students at a Hispanic-Serving Institution. American College Health Association (ACHA) Annual Meeting. Orlando, FL.

26. Wyatt, T.J. & **Oswalt, S.B**. (2008, June 5). A Preliminary Evaluation of an HIV/AIDS Prevention Education Curriculum for Latinas. American College Health Association (ACHA) Annual Meeting. Orlando, FL.

25. Grimstvedt, M.E., Fogt, D.L., **Oswalt, S.B.,** Kerr, J., Vargas-Tonsing, T.M., Yin, Z. (2008, May 28). Using Motivational and Directional Signage to Promote Stair Use on a University Campus. American College of Sports Medicine (ACSM) Annual Meeting. Indianapolis, IN.

24. Wyatt, T.J. & **Oswalt, S.B**. (2008). Letting Students Be Innovative: Using Mini-grants to Fund Student-Designed HIV/AIDS Education. American Association for Health Education (AAHE) Annual Convention. Ft. Worth, TX, April 8-12, 2008.

23. Shutt, M.D., **Oswalt, S.B.** & English, E. (2008, March 31).How Millennials May Be Changing Alcohol Use on College Campuses. American College Personnel Association (ACPA) Annual Convention, Atlanta, GA.\*

22. **Oswalt, S.B.** (2007, May 31). What Really Matters about Sex: Sexual Decision Making in College Students. American College Health Association (ACHA) Annual Meeting. San Antonio, TX.\*

21. **Oswalt, S.B**. & Kessler, D. (2007, June 1). What About the 'B'? Understanding Bisexuality and the Needs of Bisexual Patients. American College Health Association (ACHA) Annual Meeting. San Antonio, TX.\*

20. Shutt, M.D., **Oswalt, S.B.,** & Cohen, C. (2006, November 11). Queering College Campuses in the South. Creating Change Conference (The National Conference for the Lesbian, Gay, Bisexual and Transgender Movement’s Annual Conference), Kansas City, MO.\*

19. **Oswalt, S.B.,** & Shutt, M.D. (2006, June 1 & 2). The Health Center's Role Regarding Lesbian, Gay, Bisexual and Transgender Issues on Campus. American College Health Association (ACHA) Annual Meeting. New York, New York.

18. **Oswalt, S.B.,** & Shutt, M.D. (2006, June 1 & 2). Evaluating Alcohol Interventions: What Works and What Doesn’t. American College Health Association (ACHA) Annual Meeting. New York, New York.

17. Shutt, M.D. & **Oswalt, S.B.** (2006, March 20).Health Behaviors of Incoming Students: Conducting Needs Assessments. American College Personnel Association (ACPA) Annual Convention, Indianapolis, IN, March 20, 2006.\*

16. **Oswalt, S.B.,** & Shutt, M.D. (2006, March 20).Critical Components and Findings of a Collaborative Alcohol Intervention Evaluation. American College Personnel Association (ACPA) Annual Convention, Indianapolis, IN.\*

15. **Oswalt, S.B.,** & Shutt, M.D. (2006, March 21).Creating Campus Change Regarding Lesbian, Gay, Bisexual and Transgender Issues. American College Personnel Association (ACPA) Annual Convention, Indianapolis, IN.\*

14. [White, C](mailto:chris.white@mail.utexas.edu), Wyatt, T.J., Peterson, F.L., & **Oswalt, S.B**. (2005, December 12).Pre-Service Educators' Attitudes toward Gay and Lesbian Individuals. American Public Health Association (APHA) 133rd Annual Meeting, Philadelphia, PA.

13. **Oswalt, S.B.** & Varely, G. (2005, June 2 & 3). Stress in Graduate Students. American College Health Association (ACHA) Annual Meeting, San Diego, CA.

12. Kim, S., **Oswalt, S.B**., & Cohen, A. S. (2005, April 12). An Investigation of DIF Detection Methods for Likert-Type Items” American Educational Research Association (AERA), Montreal, Canada.

11. **Oswalt, S.B.,** Laird, J., Buhi, E., Foy, B., & Goodson, P. (2004, June). Learning the Basics: A Primer on Research for Every College Health Professional. American College Health Association (ACHA) Annual Meeting, New Orleans, LA.\*

10. Cameron, K.A., **Oswalt, S.B.,** & Koob, J.J. (2002, November). Sexual Decision Making: Emotional action guided by thought. National Communication Association Convention, New Orleans, LA.\*

9. **Oswalt, S.,** Varley, G., Bender, A., Brantley, M.A., Rachun, L., Sanford, B., Allen, D., & Middlebrooks, C. (2000, July). Beyond Perfect: Strategies for developing Positive Dialogue About Body Image. American College Health Association (ACHA) Annual Meeting, Toronto, ON (Canada).

8. Hamilton, D. & **Oswalt, S.** (1999, April). Techniques to Combat the High Cost of Low Self Esteem. American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD) National Convention and Exposition, Boston, MA.\*

7. **Oswalt, S.** & Hamilton, D. (1999, February). Building Better Leaders Through Enhanced Self-Esteem. National Association for Campus Activities (NACA) Educational Foundation Annual Meeting, Indianapolis, IN.\*

6. **Oswalt, S.** & Hamilton, D. (1998, June). Distract Me From My Dreaded Self: A Workshop to Enhance Self-Esteem. American College Health Association (ACHA) Annual Meeting, San Diego, CA.

5. Frazier, L., **Oswalt, S.** & Wells-Gray, H. (1998, June). HIV Testing on Campus: Two Models for Approaching the Research, Design and Evaluation of HIV Counseling & Testing Options. American College Health Association (ACHA) Annual Meeting, San Diego, CA.\*

4. **Oswalt, S.** & Wells-Gray, H. (1998, March). Eating Disorders: Where Do We Go from Here? Wellness ‘98 Conference, Myrtle Beach, SC.\*

3. **Oswalt, S.** & Hamilton, D. (1998, February). I’m Not Perfect But Parts of Me are Excellent: A Workshop for Self-Esteem. National Association for Campus Activities (NACA) Educational Foundation Annual Meeting, Indianapolis, IN.\*

2. **Oswalt, S.**, Bokram, R., Kundrat, S. & Coffman, E. (1997, May). Alternative Approaches to Weight Management in University Settings. American College Health Association (ACHA) Annual Meeting, New Orleans, LA.\*

1. Ragon, B. & **Oswalt, S.** (1996, April). Small Business and Health Promotion: A Survey of Programs in Indiana. American Alliance of Health Physical Education, Recreation and Dance (AAHPERD) National Convention and Exposition, Atlanta, GA.\*

**REGIONAL & STATE REFEREED PRESENTATIONS (\*oral presentations)**

6. Wyatt, T.J. & **Oswalt, S.B**. (2007, January 27). Creating a Supportive School Climate for Gay, Lesbian, Bisexual, and Transgender (GLBT) Students. Texas School Health Association Annual Conference. Austin, TX.\*

5. Kessler, D., & **Oswalt, S.B.** (2005, June, 13). A Campus-wide Approach to Addressing the Needs of GLBT Students. NASPA Region III - TACUSPA Summer Symposium, San Antonio, TX.\*

4. Shutt, M. & **Oswalt, S.B.** (2004, February). Collaboration in Evaluation: A Key to Success in Student Affairs. Georgia College Personnel Association (GCPA), Jekyll Island, GA.\*

3. **Oswalt, S.,** Bender, A., & Varley, G. (2001, March). Strategies for Addressing Body Image Issues on a College Campus. Southern College Health Association (SCHA) Annual Meeting, Atlanta, GA.\*

2. Campaigne, D., Bayens, E. & **Oswalt, S.** (1998, April). I Can’t Believe How Drunk I Was Last Night. Georgia College Personnel Association (GCPA), Jekyll Island, GA.\*

1. **Oswalt, S**. & Coffman, E. (1997, April). Hand in Hand: Nutrition and Exercise Programming. Georgia College Personnel Association (GCPA), Jekyll Island, GA.\*

**INVITED PRESENTATIONS & TRAINING**

*SMART Women Know How to Cope With Stress During COVID-19.* (Invited Presenter with Mary McNaughton-Cassill). San Antonio Women’s Chamber of Commerce. Wednesday March 24, 2021.

*Spicing Up Your Relationship.* (Invited Speaker.) HCaP and LaCantera WellU Series Lecture. Wednesday February 24, 2021.

*Conversation 360: Dating and Disability.* (Invited moderator).Moderator for Inclusion and Diversity group. February 2, 2021.

*Sex Positivity.* (Invited Panelist). Podcast for World AIDS Day for TaskUs (private company with ~10,000 employees globally) Monday November 30, 2020 (recording date).

*Stress/Coping in the COVID Era.* (Presentation with Mary McNaughton-Cassill). Happy Hour with HCaP. Tuesday October 20, 2020.

*Period Poverty and Public Health in San Antonio*. (Invited panelist). Texas Diaper Bank. Virtual presentation. Friday October 9, 2020.

*Addressing the Well-Being of a Diverse Student Body.* (Invited panelist.) College Health and Wellness Innovations and Leadership Summit, sponsored by ACHA. Washington, DC. October 8, 2018.

*Strategies for Engaging Faculty in Designing Well-being in the Classroom*. (Invited panelist.) College Health and Wellness Innovations and Leadership Summit, sponsored by ACHA. Washington, DC. October 8, 2018.

*How to Raise Sexually Healthy Kids*. MOPS Group Concordia Lutheran Church, San Antonio, TX. March 20 & 27, 2015.

*How to Raise Sexually Healthy Kids*. Moms Next Group, University United Methodist Church, San Antonio, TX. September 23, 2013.

*Becoming More Comfortable: Training for Sexuality Educators*. Northside Independent School District, San Antonio, TX. August 22 & 23, 2012.

*How to Raise Sexually Healthy Kids.* San Antonio Area Moms of Multiples, San Antonio, TX. June 14, 2012.

*Trying to Find Work-Life Balance*. Lackland Air Force Base. Guest Lecture for Women's History Month. March 30, 2011.

*Sexual Decision Making*. Girls, Inc. of San Antonio. San Antonio, TX. March 15, 2010.

*Sex? No Thanks, I’ll Take Sleep.* San Antonio Area Moms of Multiples. San Antonio, TX. January 14, 2010.

*Meeting the Needs of Gay, Lesbian, Bisexual and Transgender Adolescents.* Third Annual Adolescent Health Institute Teacher Professional Development Workshop. San Antonio TX. June 6, 2007.

*Queer College Campuses*. Queer Texas Conference. Austin TX. April 14, 2007.

*Issues of Sexuality Among Youth & the Role of Teachers*.Second AnnualAdolescent Health Institute Teacher Professional Development Workshop. San Antonio, TX. June 15, 2006.

*Improving Gender Communication: Understanding Context & Other Cues.* Leadership Summit for Greek Leaders at Bucknell University, Lewisburg, PA. January 16, 2006.

*How to be Sexually Healthy.* Workshops for Male and Female NCAA Athletes at Tennessee Tech University, Cookeville, TN. April 13, 2004.

*Tricks of the Trade: Techniques for Building Better Leaders.* Eagle Leadership Summit, sponsored by the Center for Student Leadership and Development and the Office of Student Programs of Georgia Southern University, Eatonton, GA. August 28, 1999.

## GRANT & CONTRACT ACTIVITY

## *Funded*

* **Oswalt, S.B. (PI).** Where Two Roads Meet: Lived Experiences of Mother-Students Balancing Home & School UTSA INTRA grant program. September 2017 – August 2018, $4,973.
* Sosa, E. & **Oswalt, S.B. (co-PI).** Cost benefit analyses and evaluation of teen pregnancy prevention program, San Antonio Metro Health District. Summer 2017, $45,450.
* Sosa, E. & **Oswalt, S.B. (co-PI).** Teen Program Evaluation, San Antonio Metro Health District. 2016. $40,000.
* Sosa, E. & **Oswalt, S.B. (co-PI).** Evaluation of Health Education Curriculum and Campaign, San Antonio Metro Health District. 2014-2015, $40,000.
* Realini, J. & **Oswalt, S.B. (co-I).** Healthy Futures Alliance: Preventing Unplanned Pregnancy Project, National Campaign to Prevent Teen and Unplanned Pregnancy. 2008-2010, $200,000.
* **Oswalt, S.B.** **(Co-PI)** & Wyatt, T.J. Somos Fuertes: Strong Women Making Healthy Choices, Office of Women’s Health, Department of Health and Human Services, 2006-10, $334,266.
* **Oswalt, S.B. (PI)** How Safe is the Playing Field? Collegiate Coaches’ Attitudes and Efficacy towards Working with Gay, Lesbian and Bisexual Athletes. The University of Texas at San Antonio College of Education and Human Development Mini-Research Grant, 2007, $1200.
* **Oswalt, S. (PI)** Evaluation of an Alcohol Intervention: What works and what doesn’t. The University of Texas at San Antonio College of Education and Human Development Mini-Research Grant, 2005, $770.
* Shutt, M. D., **Oswalt, S. B.,** **(Co-I).** & Phoenix, T. Development and Continuation of the University of Georgia Safe Space Project. The University of Georgia President’s Venture Fund Grant., 2003, $1,000.
* Davis, J. S, Shutt, M. D., & **Oswalt, S. B. (Co-I).** Alcohol Intervention Evaluation. Southern Association of Housing Officers Grant, 2003, $250.
* Shutt, M. D., & **Oswalt, S. B. (Co-PI).** Alcohol Intervention Evaluation. President’s Venture Fund Grant, 2003, $3,322.
* **Oswalt, S. (PI),** et al.Real Choices, NCAA Choices Grant for Alcohol Education Programming, 1997, $9,400.

*Under Review*

* Lederer, A. and **Oswalt, S.B. (co-PI).** Investigating the role of well-being in college student dropout intention: An understudied factor. Submitted to Spencer Foundation December 2023. Project Dates: 2024-26. Budget: $50,000

*Not Funded*

* Lederer, A. and **Oswalt, S.B. (co-PI).** Understanding the impact of postsecondary students; well-being on their academic success. Submitted to Spencer Foundation. Project Dates: 2022-25. Budget: $299,363.65
* **Oswalt, S.B. (PI).** Connections: Changing the Public Health Informatics Landscape in South Central Texas. Submitted to US Department of Health and Human Services. Project dates: 2021-2025. Budget: $2,756,838.
* **Oswalt, S.B. (co-PI)** & Schnarrs, P. **Resilience, Coping Strategies, and Cognitive Flexibility in Bisexuals.** Submitted to American Institute for Bisexuality. Project dates: 2017-2018. Budget: $32,099.
* **Oswalt, S.B. (co-PI)** & Trepal, H. A Counseling Approach to Women’s Sexual Health. Submitted to Patty Brisben Foundation. Project dates: June 2017 – December 2018. Budget $99,973.
* Akopian D. (PI) Applying and Optimizing Feedback-45,450Tailored Messaging Technology for College Health Promotion. NIH SCORE grant submission, $441,000. 2011-2014 **Oswalt’s role: collaborator**
* Girls Inc. (Main Agency). Pathway 2 Potential. (Teen and unplanned pregnancy prevention grant for Bexar County). 2010-2015. $16,029,835 [UTSA Direct 69,018] Oswalt’s role: consultant and intern liaison
* Houston-Vega, M.K., **Oswalt, S.B. (Co-PI),** & Realini, J. Understanding the Unmet Needs, Risks, and Protective Factors of Teen Mothers. University of Texas at San Antonio Collaborative Research Seed Grant Program, 2008, $30,000.
* Nicoll, G., Zenong Y., **Oswalt, S.B. (Co-I),** Solovyova, I., Rashed-Ali, H & Ryan, M. The Effect of Increasing the Stair Visibility and Signification of Purpose on Stair Use, Energy Use, and Health Behaviors. University of Texas at San Antonio Collaborative Research Seed Grant Program, 2008, $29,780.
* **Oswalt, S.B.**  **(Co-PI)** & Vargas-Tonsing, T. How Safe is the Playing Field? Collegiate Coaches’ Attitudes and Efficacy towards Working with Gay, Lesbian and Bisexual Athletes. Foundation for the Scientific Study of Sexuality, 2006, $1000
* **Oswalt, S.B.** **(Co-PI)** & Vargas-Tonsing, T. How Safe is the Playing Field? Collegiate Coaches’ Attitudes and Efficacy towards Working with Gay, Lesbian and Bisexual Athletes. American Psychological Foundation Wayne F. Placek Small Grant, 2007, $5000
* Vargas-Tonsing, T. & **Oswalt, S.B. (Co-PI).** How Safe is the Playing Field? Collegiate Coaches’ Attitudes and Efficacy towards Working with Gay, Lesbian and Bisexual Athletes. University of Texas at San Antonio Faculty Research Award, 2006, $5000
* Love, A., **Oswalt, S.B., (Co-I)** Wyatt, T.J., & Yin, Z. The University of Texas at San Antonio K-16 Initiative Early College High School Research Grant, 2005, $4000

## TEACHING ACTIVITIES

*UTSA Undergraduate Courses Taught*

* COR 1203 Freshmen Seminar (in person)
* HTH 2413 Introduction to Community and Personal Health (hybrid)
* HTH 2513 Personal Health (in person)
* HTH 3023 Survey of Human Sexuality (in person, online and hybrid)
* HTH 3543 Growth and Development (in person and online)
* HTH 4513 Consumer Health (in person)
* HTH 4523 Understanding Human Sexuality (in person, online and hybrid)
* HTH 4921 Capstone in Health (online)

*UTSA Graduate Courses Taught*

* KAH 5073 Health and Wellness/Health Promotion (in person)

*UGA Undergraduate Courses Taught*

* ECHD 3010 Paraprofessional Helping Strategies
* HPRB 1850 Contemporary Issues in Sexuality

*Georgia Southern University Undergraduate Courses Taught*

* HLTH 2520 Peer Health Education

*Co-Advisor for Graduate Thesis (UTSA)*

* Megan Grimstvedt – graduated Summer 2007 (“Promoting Stair Use on a College Campus: Effects of Direction in addition to Motivational Messages”)

*Reader for Doctoral Dissertation*

* Donna Kenneady (Doctorate of Education, Educational Leadership and Policy, UTSA) – Self-Disclosure in Sexual Minority Youth – graduated Spring 2016
* Ta’neka Vaden (Doctorate of Nurse Practitioner from University of Kentucky) –graduated May 2012 (“Use of Focus Group Methodology to Identify Unintentional Pregnancy Prevention Themes Among Single, African-American Females at 4 year Universities)

*Reader for Graduate Thesis (UTSA)*

* Adolph Delgado – graduated Fall 2014
* Summer Wilmoth – graduated Summer 2012
* Christina C. Riddock – graduated Fall 2007

*Advisor for Undergraduate Honors Thesis*

* Galina Latchkova – “Future Healthcare Professionals' Attitudes towards Intersex Individuals” – graduated fall 2009

*Reader for Undergraduate Honors Thesis*

* Kristina Wolf – graduated Spring 2006

**MEDIA COVERAGE**

* Understand How the Pandemic Changed the Job Market (Article on Zippa.com Career Website – 10/4/2021) https://www.zippia.com/health-educator-jobs/trends/#section-professor-817263546042
* ‘New You’: San Antonio spa goes beyond pampering to answer your health and wellness questions KSAT news video (9/28/2021) (<https://www.youtube.com/watch?v=5eRYpUpegTE>
* Quotes in Nature related to mental health issues:
  + The problem is greater than it’s ever been’: US universities urged to invest in mental-health resources (1/25/2021) - <https://www.nature.com/articles/d41586-021-00229-2>
  + PhDs: the tortuous truth (11/13/2019) - <https://www.nature.com/articles/d41586-019-03459-7?sf223557352=1&cid=db&source=ams&sourceId=300038>
* Bexar County young adults are contracting COVID-19 at higher rates. Here’s why. San Antonio Express News (7/11/2020) - [https://www.expressnews.com/news/local/article/Bexar-County-young-adults-are-contracting-15402127.php](https://nam03.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.expressnews.com%2Fnews%2Flocal%2Farticle%2FBexar-County-young-adults-are-contracting-15402127.php&data=02%7C01%7CSara.Oswalt%40utsa.edu%7Cd40f846b829b43b1e63e08d8272a1c4a%7C3a228dfbc64744cb88357b20617fc906%7C0%7C0%7C637302409102593024&sdata=b3%2FD6qm4x32KWYYwcLhK%2BhTsipJEvhJjQFPVQVDr9BY%3D&reserved=0)
* Gender minority college students at increased mental health risk; Rueters article, August 22, 2019 (https://www.reuters.com/article/us-health-transgender-college-students/gender-minority-college-students-at-increased-mental-health-risk-idUSKCN1VC21X)
* Multiple media references related to JACH article on college students’ mental health including WebMD, US News and World Report and Reuters (October 2018)
* UHS to train medical staffers on healthcare for transgender students in next academic year – The Daily Texan, April 14, 2017 (https://www.dailytexanonline.com/2017/04/14/uhs-to-train-medical-staffers-on-health-care-for-transgender-students-in-next-academic)
* Beyond He or She – TIME magazine, March 27, 2017

**INSTITUTIONAL SERVICE**

**University of Texas at San Antonio**

**Department (includes Health and Kinesiology; Kinesiology, Health and Nutrition; and Public Health)**

Academic Policy & Curricula Committee, 2004-2006

Subcommittee School Health Curriculum Task Force, 2004

Subcommittee Health, 2004-2005

Academic Research Committee, 2004-2006

Bylaws Task Force, 2013-2017

Departmental Faculty Advisory Committee, 2008-2012

Chair, 2009-2010

Departmental Faculty Review Advisory Committee, 2010-present

Third Year review committee 2010-present

Graduate Studies Committee, 2004-2008

Graduation and Retention Task Force, Chair, 2007-2008

Health Program Coordinator, 2007-2008, 2009-2017

Internship Coordinator 2020-21

Merit Review Task Force, 2005, 2013-2017

Chair, 2015-2017

Parliamentarian, 2008-2009, 2013-2017

Search Committees:

Athletic Trainer Faculty Position, 2004

Community Health Faculty Position, 2015-2016

Health Faculty Position, 2016-2017, committee chair

Health Promotion Faculty Position, 2007-2008

Health Promotion Faculty Position, 2011-12, committee co-chair

Strategic Planning Committee, 2004-2006, 2009-2011, 2013-2014

Undergraduate Advisor of Record 2020-21

**College for Health, Community and Policy**

College Banner Marshall for Graduation, December 2022

Diversity, Equity and Inclusion Committee, 2021-2022

Interdisciplinary PhD Working Group, 2020-2022

Search Committees:

College for Health, Community and Policy, Assistant Dean for Finance, 2019-2020

Department of Kinesiology, Chair, Search Committee Chair, 2020-21

**College of Education and Human Development**

College Council, 2006-2007

Faculty Development Leave Committee, Chair 2014

Search Committees:

Early Childhood Education, Department of ILT Search, 2016-2017, Affirmative Action Advocate

Scholarship Committee, 2008-2010, 2011-2012

Chair, 2009 – 2010

**University**

4+1 Accelerated MPH Program Review Committee, 2015-2023

Coordinator, 2018-2023

Advisor to Student Organizations

VOX: Voices of Planned Parenthood 2005-2007, 2008-2011

Lambda Alliance 2006

Advisory Board Member, Inclusion and Community Engagement Center 2007-2010

Affiliate Faculty, Women’s Studies Institute, 2004-2016

Curriculum Committee, Women’s Studies Program, 2004-2007

Women’s History Month Planning Committee, 2005-2011, 2013

Block Content SubCommittee of the Freshman Focus Committee, 2011

BS in Public Health Faculty Coordination Committee 2012-2020

Chairs’ Council, Secretary 2021-2022

College for Health, Community and Policy Transition Planning Team Lead, 2019

Faculty LMS Advisory Group, 2011

Faculty Grievance Committee, 2020-present

GLBT Allies Coordinating Committee 2004-2006

GLBT Allies Trainer, 2005-2007, 2010

Graduate Council, Health and Kinesiology Alternate, 2009-2010

Human Health Planning Task Force, 2018-2019

Inclusive Excellence Advisory Board, 2018-2020

Library Liaison, 2014-2017, 2020-present

Mentor to New Department Chairs, 2020-21

New Faculty Orientation Panel discussion, December 3, 2004

President’s Affirmative Action & Diversity Committee, 2005-2008

President’s Distinguished University Service Award Selection Committee, committee chair, 2023

President’s Task Force on Sexual Assault, Self-Assessment Subcommittee 2020-present

Public Health BA/BS Curriculum Development Committee, 2008, 2011

Search Committees:

College of Education and Human Development Dean, 2015-2016

Department of Management Chair, 2022-2023

Department of Mechanical Engineering Chair, 2020-2022

Department of Chemistry Chair, 2019-2020

Department of Sociology Chair, 2019-2020

Life Health Science Advising Center Director, 2018

Student Volunteer of the Year Selection Committee, 2008, 2009, 2010, 2011, 2016

Tactical Team 5: Enabling Clear Pathways to Degree Completion.

Co-chair for Degree Mapping sub-sub group 2020-21

TEAM (Teaching Excellence, Advancement, and Mentoring) Center Advisory Committee,

Service Learning Subcommittee, 2006-2007

Weighted Student Credit Hour (WSCH) Optimization Committee, 2017-2018

Co-Chair, Online and Summer subcommittee, 2017-2018

**UT School of Public Health San Antonio**

Academic Planning Committee, 2022-2023

MPH Curriculum Workgroup, 2022-2023

**University of Texas Health Science Center, San Antonio**

Visiting Scholar, Shared Core Resources School of Nursing, 2004 - 2006

**University of Georgia**

AIDS Quilt Memorial Host Committee, 2002.

UGA Greek Leadership Conference Presenter, 2000, 2001.

Advisor, Allies and Friends (formerly Straight But Not Narrow student group), 1999-2002.

BIG Event Presenter, 1999, 2000, 2001, 2002.

BIG Event Steering Committee, 1999.

Campus Climate Research Group Member 2001-2004

GLOBES (Gay, Lesbian, or Bisexual Employees and Supporters) Steering Committee, 1999-2000.

LeaderShape Faculty, 1999, 2000.

Search Committees:

Sexual and Relationship Violence Prevention Educator, Chair, 2001-2002, 2004

Executive Director, University Health Center, 2004

Nurse Practitioner/Physician Assistant for Women’s Clinic, 2002

Physician for Women’s Clinic, 2003-2004

Safe Space Executive Committee, 2002-2004

Administration Coordinator, 2003 - 2004

Orientation Facilitator, 2002-2004

Women’s Studies Program Associate, 1998-2004

University Health Center Diversity Committee, 1998-2004

Chairperson, 1999-2002

University Health Center Preventative Services Committee, 1998-present.

**Georgia Southern University**

Campus Recreation and Intramurals Advisory Committee, 1997-1998.

Depression Screening Committee, 1996.

Eating Disorder Awareness Week Planning Committee, 1996, 1997.

Co-Chair, 1998.

Health Services Communicable Disease Task Force 1997-1998.

National Coalition Building Institute, GSU affiliate, member 1997-1998.

National Collegiate Alcohol Awareness Week Planning Committee, Chair, 1997.

Co-Chair, 1996.

Position Search Committees:

Athletic Trainer, 1997.

Fitness Director, 1997.

Nurse Practitioner, 1996.

Sexual Assault Response Team, 1997-1998.

Student Affairs Alcohol Abuse Task Force, Chair, 1998.

University Wellness Council, 1997-1998.

Women's Awareness Week Committee, Co-Chair, 1997, 1998.

**PROFESSIONAL SERVICE**

Service on Journal Editorial Boards

Associate Editor, *Journal of American College Health,* 2023-present

Consulting Editor, *Journal of American College Health,* 2010-2016

Editorial Board Member, *American Journal of Health Behavior*, 2020-2021

Editorial Board Member, *American Journal of Sexuality Education*, 2014-2018

Managing Editor, Personal Health Section, *Journal of Health Education Teaching*, 2014-present

Manuscript Reviewer

*African Journal of AIDS Research,* 2017

*American Journal of Drug and Alcohol,* 2018

*American Journal of Health Behavior,* 2010-present

*American Journal of Sexuality Education*, 2012-present

*Annals of Behavioral Medicine,* 2021

*Archives of Sexual Behavior,* 2019-present

*California Journal of Health Promotion,* 2009-2010

*Culture, Health and Sexuality,* 2011

*Evaluation and Program Planning,* 2018

*Health Promotion Practice,* 2007-present

*Journal of American College Health,* 2005-present

*Journal of Homosexuality,* 2013-2016

*Journal of LGBT Youth,* 2017

*Journal of Sex Research,* 2013-present

*LGBT Health,* 2014-present

*PLOS One,* 2016

*Public Health Reports,* 2012

*Sex Education,* 2014-present

*Sex Roles,* 2019

*Social Work in Mental Health,* 2017

*The Sociological Quarterly*, 2014

*Women’s Health Issues*, 2015

Conference Abstract Reviewer

American College Health Association Annual Meeting: 2009-2014

American College Personnel Association Annual Meeting: 2008-2010, 2012-2014

NASPA/ACPA Joint Conference, 2007

Student Poster Presentation Reviewer

Society for the Scientific Study of Sexuality, 2012, 2013

Student Research Grant Reviewer

Society for the Scientific Study of Sexuality, Fall 2013

Review Board Member

Answers Sexual Health website, 2010-2011

Elected Officer – American College Health Association

LGBTQ+ Health Coalition (formerly known as Coalition of Allies for LGBT Health) Chair, 2014 -2016

Coalition of Allies for LGBT Health Chair Elect, 2013 - 2014

Health Promotion Section Program Planner, 2011 - 2012

Health Promotion Section Program Planner Elect, 2010 - 2011

Elected Officer – Society for the Scientific Study of Sexuality

Midcontinent Region Treasurer, 2012 - 2013

Committee Member – American Association of Sexuality Educators, Counselors, and Therapists

Sexuality Education Certification Committee, 2022

Committee Member - American College Health Association

Education Planning Committee, 2018-2020

Health Promotion Section Research Committee, 2012-2021

Sexual Health Promotion and Clinical Care Coalition, 2015-2020

Committee Member - Society for the Scientific Study of Sexuality

Finance Committee, 2013 - 2014

**COMMUNITY SERVICE**

* *Team Manager,* Boys U7 Team, Buffalos FC Fall 2016
* *Library Volunteer*, Las Lomas Elementary, 2014 - 2017
* *Soccer Coach,* YMCA Youth Sports Program (5 & 6 year olds), Fall 2014 & Spring 2015
* *Co-Chair*, Education Task Force, Healthy Futures Alliance (local San Antonio/Bexar County community coalition to address teen and unplanned pregnancy) 2008 - 2010
* *Co-Chair,* Young Leaders Task Force, Healthy Futures Alliance (local San Antonio/Bexar County community coalition to address teen and unplanned pregnancy) 2008 - 2010
* *Panel Speaker,* Sexuality Education in Texas. Event coordinated by Planned Parenthood Trust of San Antonio and South Central Texas, November 12, 2008
* *Participant and Panel Speaker,* National Campaign to Prevent Teen and Unwanted Pregnancy’s Learning Tour, December 2007.
* *Youth Education Strategic Planning Member,* Planned Parenthood of San Antonio and South Central Texas, 2007
* *Sexual health columnist for RUMBO* (Spanish newspaper for Southwest US). 2004-2006

### Human Rights Committee, Georgia Options (non-profit organization serving developmentally disabled individuals in Northeast Georgia) Athens, GA 2002-2004

## CURRENT PROFESSIONAL ORGANIZATIONS

American Association of Sexuality Educators, Counselors, and Therapists (2011-present)

American College Health Association (1995-present)

The Society for Scientific Study of Sexuality (2011-2021)