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CURRICULUM VITAE

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Academic Credentials

1989 Internship (Clinical Psychology) APA-Accredited
Western Psychiatric Institute & Clinic
The University of Pittsburgh School of Medicine

1989 Ph.D. (Clinical Psychology) APA-Accredited
The Ohio State University

1986 M.A. (Experimental Psychology)
Miami University

1980 B.A. (Honours in Psychology)
University of Western Australia

Primary Academic Appointments

2006-present Professor of Clinical/Health Psychology, Univ. of Texas, San Antonio

1996- 2006 Associate Professor, Clinical Health Psychology
Southern Methodist University
Special faculty in clinical psychology, University
of Texas Southwestern Medical Center (1998-2005)

1993-1995 Assistant Professor, Clinical Health Psychology
Southern Methodist University

1990-93 Lecturer, Clinical Psychology
Deputy Director of Psychology Clinic
University of Queensland, Australia

Visiting Scholarships

Summer 2016-2024	Visiting Professor, Psychology Dept., University of California, Berkeley
Spring 2014	Visiting Scholar, Institute of Personality & Social Research, University of California, Berkeley
Fall 2009	Visiting Scholar, Dept. of Linguistics, University of California, Berkeley & International Computer Science Institute, Berkeley, California
Fall 2000	Visiting Scholar, University of Washington, Seattle, School of Medicine

Other Academic Appointments

2018-present	Honorary Professorial Fellow, Australian Centre for Heart Health
2017-2018	Professorial Research Fellow, James Cook University

Peer-reviewed Articles/Chapters

- Fernandez, E.,** Perez, B., Sun, R., Kolaparathi, K., Pham, T., Iwuala, E., Garza, R., Shattuck, E. & Wu, W. (2023). Anger treatment via CBAT delivered remotely: outcomes on psychometric and self-monitored measures of anger. Clinical Psychology and Psychotherapy. DOI: <https://doi.org/10.1002/cpp.2907>
- Fernandez, E.** (in press). Inter-ethnic violence: Building theory from cumulative case analyses. Aggression and Violent Behavior: A Review Journal.
- Fernandez, E.** (2023). A framework for understanding emotions in violent ethnic conflict. Aggression and Violent Behavior: A Review Journal. DOI: 10.1016/j.avb.2023.101860
- Fernandez, E.** Pham, T., Kolaparathi, K., Sun, R., Perez, B., Iwuala, E., Wu, W. & Shattuck, E. (2022). Parameters of anger related to components of pain. Scandinavian Journal of Pain, <https://doi.org/10.1515/sjpain-2022-0131>
- Fernandez, E.,** Wu, W., Shattuck, E., & Kolaparathi, K. (2022). Sensory versus affective pain descriptors predicting functional versus psychosocial disability. The Journal of Pain, <https://doi-org.libweb.lib.utsa.edu/10.1016/j.jpain.2022.04.002>
- Fernandez, E.,** Woldgabreal, Y., Day, A., Pham, T., Gleich, B., & Aboujaoude, E. (2021). Live psychotherapy by video versus in-person: A meta-analysis of efficacy and its relationship to types and targets of treatment. Clinical Psychology & Psychotherapy, doi:<http://dx.doi.org.libweb.lib.utsa.edu/10.1002/cpp.2594>
[Top cited article 2021-2022]

- Johnson, S. L., Zisser, M. R., Sandel, D. B., Swerdlow, B. A., Carver, C. S., Sanchez, A. H., & **Fernandez, E.** (2020). Development of a brief online intervention to address aggression in the context of emotion-related impulsivity: Evidence from a wait-list controlled trial. *Behaviour Research and Therapy*, *134*, 1. <https://doi.org/10.1016/j.brat.2020.103708>
- Johnson, S. L., Sandel, D., Zisser, M., Pearlstein, J., Swerdlow, B., Sanchez, A., **Fernandez, E.**, & Carver, C. S. (2020). A brief online intervention to address aggression in the context of emotion-related impulsivity for those with remitted bipolar disorder: Feasibility, acceptability and pilot outcome data. *Journal of Behavioral and Cognitive Therapy*, *30*, 65-74.
- Fernandez, E.**, Callen, A., Johnson, S.L., Gaspar, C., Kulhanek, C., & Jose-Bueno, C. (2020). Prevalence, elicitors, and expression of anger in 21st century mass shootings. *Aggression and Violent Behavior*, <https://doi.org/10.1016/j.avb.2020.101483>
- Day, A., & **Fernandez, E.** (2020). The importance of understanding anger in the clinical assessment of violence. In J.S. Wormith, L.A. Craig & T. Hogue (Eds.). *What works in violence risk management: Theory, research and practice* (pp. 253-264). Hoboken, NJ: Wiley-Blackwell.
- Johnson, S.L., Zisser, M.R., Sandel, D.B., **Fernandez, E.**, & Carver, C.S. (2019). Tendencies to Respond to Emotion States in an Impulsive Manner: What Tools Might Work? *Advances in Cognitive Therapy*. Issue 1, 6-7.
- Fernandez, E.**, Woldgabreal, Y., Guharajan, D., Day, A., Ramtahal, N., & Kiageri, V. (2019). Social Desirability Bias against admitting anger: Bias in the test-taker or bias in the test? *Journal of Personality Assessment*. *101*, 644-652.
- Jackson, A., Ski, C.F., Murphy, B.M., **Fernandez, E.**, Alvarenga, M., Le Grande, M.R., & Thompson, D.R. (2018). What role does personality play in cardiovascular disease? *British Journal of Cardiac Nursing*, *13*, 2-9.
- Fernandez, E.**, Malvaso, C., Day, A., & Guharajan, D. (2018). 21st century Cognitive-Behavioral Therapy for anger: A systematic review of research design, methodology, and outcome. *Behavioural and Cognitive Psychotherapy*, *46*, 385-404.
- Fernandez, E.**, Kiageri, V., Guharajan, D., & Day, A. (2017). Anger parameters in parolees undergoing psychoeducation: Temporal stability, social desirability bias and comparison with non-offenders. *Criminal Behaviour and Mental Health*, doi:http://dx.doi.org/10.1002/cbm.2057
- Fernandez, E.**, & Johnson, S.L. (2016). Anger in psychological disorders: Prevalence, presentation, etiology, and prognostic implications. *Clinical Psychology Review*, *46*, 124-135.

- Fernandez, E. & Kerns, R.D.** (2016). New prospects for alleviation of anger in the context of chronic pain. In Z. Bajwa, C. Warfield, & J. Wootton (Eds.). Principles and Practice of Pain Medicine, 3rd Edition (pp.210-215). New York: McGraw-Hill.
- Fernandez, E., & Smith, T.W.** (2016). Anger, hostility, and cardiovascular disease in the context of interpersonal relationships. In M. Alvarenga & D.G. Byrne (Eds.). Handbook of Psychocardiology (pp. 665-683). New York: Springer Sciences.
- Fernandez, E., Salem, D., Swift, J., & Ramtahal, N.** (2015). Meta-analysis of dropout from Cognitive Behavioral Therapy: Magnitude, timing, and moderators. Journal of Consulting and Clinical Psychology, 83, 1108-1122.
- Newton, D., Day, A., Gillies, C. & **Fernandez, E.** (2015). Evidence-based evaluation of measures for assessing social and emotional wellbeing in Indigenous Australians. Australian Psychologist, 50, 40-50.
- Fernandez, E., Day, A., & Boyle, G.J.** (2015). Measures of anger and hostility in adults. In G.J. Boyle, D. Saklofske & G. Matthews (Eds.). Measures of Personality and Social Psychological Constructs (pp.74-100). London: Academic Press.
- Fernandez, E., Arevalo, I., Torralba, A., & Vargas, R.** (2014). Norms for five parameters of anger: How do incarcerated adults differ from the community? International Journal of Forensic Mental Health, 13, 18-24.
- Fernandez, E.** (2013). Anger dysfunction and its treatment. In E. Fernandez, (Ed.) Treatments for anger in specific populations: Theory, application, and outcome (pp.1-14). New York: Oxford University Press.
- Fernandez, E. & Malley-Morrison, K.** (2013). Gender-inclusive and gender-informed treatment of anger. In E. Fernandez, (Ed.). Treatments for anger in specific populations: Theory, application, and outcome (pp.213-235). New York: Oxford University Press.
- Fernandez, E.** (2013). Treatment of anger in different populations: Common and unique factors. In E. Fernandez, (Ed.). Treatments for anger in specific populations: Theory, application, and outcome (pp.255-265). New York: Oxford University Press.
- Fernandez, E. & Kerns, R.D.** (2012). Pain and affective disorders: Looking beyond the “chicken and egg” conundrum. In M.A. Giamberardino & T. Jensen (Eds.). Pain Comorbidities: Understanding and Treating the Complex Patient (pp.279-296). Seattle: International Association for the Study of Pain (IASP) Press.
- Fernandez, E.** (2012). Defining pain: Natural Semantic Metalanguage meets IASP: A Commentary on Wierzbicka’s “Is Pain a Human Universal?: A Cross-Linguistic and Cross-Cultural Perspective on Pain”. Emotion Review, 4, 320-321.

- Fernandez, E.,** Vargas, R., Mahometa, M., Ramamurthy, S. & Boyle, G.J. (2012). Descriptors of Pain Sensation: A Dual Hierarchical Model of Latent Structure. The Journal of Pain, 13, 532-536.
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- Fernandez, E.** (2008). The angry personality: A representation on six dimensions of anger expression. In G. J Boyle, G. Matthews & D. Saklofske (Eds.). International Handbook of Personality Theory and Testing: Vol. 2: Personality Measurement and Assessment (pp.402-419). London: Sage Publications.
- Wasan, A., **Fernandez, E.,** Jamison, R.N., & Bhattacharya, N. (2007). Association of anxiety and depression with reported disease severity in patients undergoing evaluation for chronic rhinosinusitis. Annals of Otolaryngology, Rhinology, and Laryngology, 116, 491-497.
- Fernandez, E.** (2005). The relationship between anger and pain. Current Pain and Headache Reports, 9, 101-105.
- Boyle, G.J., **Fernandez, E.,** & Ortet, G (2003). El cuestionario de dolor de McGill (McGill Pain Questionnaire--MPQ): consideraciones lingüísticas y estadísticas. Revista de Psicología de la Universidad de Chile, 12, 111-119.
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- Cipher, D.J., **Fernandez, E.**, & Clifford, P.A. (2002). Coping style influences compliance with multidisciplinary pain management. Journal of Health Psychology, *7*, 665-673.
- Fernandez, E.**, & Boyle, G.J. (2002). Affective and evaluative descriptors of pain in the McGill Pain Questionnaire: Reduction and reorganization. The Journal of Pain, *3*, 70-77. [Reprinted in G.J. Boyle & D.H. Saklofske (2003) Psychology of Individual Differences. London: Sage Publications]
- Cipher, D.J., **Fernandez, E.**, & Clifford, P.A. (2001). Cost effectiveness and health care utilization in a multidisciplinary pain center: Comparison of three treatment groups. Journal of Clinical Psychology in Medical Settings, *8*, 237-244.
- Fernandez, E.**, & Beck, R. (2001). Cognitive-behavioral self-intervention versus self-monitoring of anger: Effects on anger frequency, duration, and intensity. Behavioural and Cognitive Psychotherapy, *29*, 345-356.
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- Turk, D.C., & **Fernandez, E.** (1997). Cognitive-behavioural management strategies for pain and suffering. Current Review of Pain, *1*, 99-106 [Also abstracted in Current Pain and Headache Reports, Vol. 1, No.2]
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- Fernandez, E.**, & Sheffield, J. (1995). Psychosocial stressors predicting headache occurrence: The major role of minor hassles. Invited paper. Headache Quarterly: Current Treatment and Research, *6*, 215-220.
- Fernandez, E.**, & Turk, D.C. (1995). The scope and significance of anger in the experience of chronic pain, Pain, *61*, 165-175.

- Turk, D.C., & **Fernandez, E.** (1995). Personality assessment and the Minnesota Multiphasic Personality Inventory in chronic pain. The Pain Forum, 4, 104-107.
- Fernandez, E.**, & Milburn, T.E. (1994). Sensory and affective predictors of overall pain, and emotions associated with affective pain, The Clinical Journal of Pain, 10, 3-9. [Also published as abstract in Multidisciplinary Pain Abstracts, 1994, 4, issue 4, p.325].
- Fernandez, E.**, & Turk, D.C. (1994). Demand characteristics underlying differential ratings of sensory versus affective components of pain, Journal of Behavioral Medicine, 17, 375-390.
- Fernandez, E.**, & Llamas, M. (1993). EMG alone and in combination with posture feedback: A comparative treatment study in a case of torticollis. Behaviour Change, 10, 32-38.
- Fernandez, E.**, & Turk, D.C. (1993). Anger in chronic pain patients: A neglected target of attention. American Pain Society Bulletin, 3 (4), 5-7.
- Fernandez, E.**, Semple, C., Lakshminarasimhan, V., & McDowell, J.J. (1992). A "C" program to fit Herrnstein's hyperbola using Wilkinson's method. Behavior Research Methods, Instruments, & Computers, 24, 581.
- Fernandez, E.**, & Turk, D. C. (1992). Sensory and affective components of pain: Separation and synthesis. Psychological Bulletin, 112, 205-217. [Reprinted in G.J. Boyle & D.H. Saklofske (2003) *Psychology of Individual Differences*. London: Sage Publications]
- Fernandez, E.**, Nygren, T. E., & Thorn, B. E. (1991). An open-transformed scale for correcting ceiling effects and enhancing retest reliability: The example of pain. Perception and Psychophysics, 49, 572-578.
- Turk, D. C. & **Fernandez, E.** (1991). Pain and cancer: A cognitive-behavioral perspective. In M. Watson (Ed.), Cancer patient care: Psychosocial treatment methods (pp. 15-44). Cambridge: Cambridge University Press.
- Fernandez, E.** (1990). Artifact in pain ratings, its implications for test-retest reliability, and correction by a new scaling procedure. Journal of Psychopathology and Behavioral Assessment, 12, 1-15.
- Turk, D. C. & **Fernandez, E.** (1990). On the putative uniqueness of cancer pain: Do psychological principles apply? Behaviour Research and Therapy, 28, 1-13. [Also published as abstract in *Psychiatry/Neurology Digest*, 1992, and reprinted in S. Rachman (Ed.) (1997) Best of behaviour research and therapy (pp.157-169). New York: Pergamon/Elsevier Science Inc.].
- Fernandez, E.** (1989). Primary emotions in the affective contribution to chronic pain. (Doctoral Dissertation, The Ohio State University, 1989). Dissertation Abstracts International, 50, B-5313. (Also on University Microfilms International).

Fernandez, E., & Turk, D. C. (1989). The utility of cognitive coping strategies for altering pain perception: A meta-analysis. Pain, 38, 123-135. [Also published as abstract in Behavioral Medicine Abstracts]

Fernandez, E. (1986). A classification system of cognitive coping strategies for pain. Pain, 26, 141-151.

Fernandez, E. (1985). A new taxonomy of cognitive strategies for the management of pain. Resources in Education, 20 (8), ED 254 759.

Books

Day, A & **Fernandez, E.** (2015). Preventing Violence in Australia: Policy, Practice, and Solutions. Leichhardt, NSW, Australia: The Federation Press. [Reviewed in Crime Prevention and Community Safety, 2015, 291-292; Prison Service Journal, September 2016, issue 227, pp. 49-51]

Fernandez, E. (Ed.) (2013). Treatments for Anger in Specific Populations: Theory, Application, and Outcome. New York: Oxford University Press. [Reviewed in PsycCritiques, 2014, 59(19) doi:http://dx.doi.org/10.1037/a0036452; The Journal of Clinical Psychiatry, 2014;75(11):e1331 doi:10.4088/JCP.14bk09223; Clinical Psychology Forum, 2019: 321, p. 47]

Fernandez, E. (2002). Anxiety, Depression, and Anger in Pain: Research Findings and Clinical Options. Dallas, TX: Advanced Psychological Resources, Inc. [Reviewed in American Pain Society Bulletin, 2003, July/August p.15; Journal of Health Psychology, 2003, 8 (4), 477-478; Clinical Journal of Pain, 2005, 21, 458-459]

Block, A.R., Kremer, E.F., & **Fernandez, E.** (Eds.), (1999). Handbook of Pain Syndromes: Biopsychosocial Perspectives. Mahwah, NJ: Lawrence Erlbaum.

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Fernandez, E. (2001). The Anger Parameters and Expressions Scales. Registration TXu 992-146. Washington, D.C.: U.S. Library of Congress.

Fernandez, E. (2001). The Core of Negative Affect. Registration TXu 994-932. Washington, D.C.: U.S. Library of Congress.

Book Reviews

- Fernandez, E.** (1997). A review of M.E. Hunter, Making Peace with Chronic Pain: A Whole-Life Perspective. Behaviour Research and Therapy, *35*, 883
- Fernandez, E.** (1997). A review of C. Philips & S. Rachman, The psychological management of chronic pain: Treatment manual and patient manual. Behaviour Research and Therapy, *35*, 485.
- Fernandez, E.** (1996). A review of B. Bromm & J.E. Desmedt (Eds.), Pain and the Brain: From Nociception to Cognition. Advances in Pain Research and Therapy Vol. 22. Behaviour Research and Therapy, *34*, 846.
- Fernandez, E.** (1995). A review of H.B. Gibson, Psychology, Pain and Anaesthesia. Behaviour Research and Therapy, *33*, 357.

Test Reviews

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- Fernandez, E.** (2006). Multidimensional Affect and Pain Survey: Pros and Cons. In R. J. Gatchel (Ed.), Compendium of Outcomes Instruments For Assessment and Research of Spinal Disorders, 2nd edition (pp. 52-54). LaGrange, Illinois: North American Spine Society.
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- Fernandez, E.** (2001). Review of the Battery for Health Improvement. In B.S. Plake & J.C. Impara (Eds.), The 14th Mental Measurements Yearbook (pp.119-121). Lincoln, NE: Buros Institute of Mental Measurements.
- Fernandez, E.** (1998). Review of the Hamilton Depression Inventory. In J.C. Impara & B.S. Plake (Eds.), The 13th Mental Measurements Yearbook (pp.476-477). Lincoln, NE: Buros Institute of Mental Measurements.

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Publications in Conference Proceedings

Rafiqi S, Wangwiwattana C, **Fernandez E**, Nair S, Larson E. (2015). PupilWare-M: Cognitive Load Estimation Using Unmodified Smartphone Cameras. In Mobile Ad Hoc and Sensor Systems (MASS), 2015 IEEE 12th International Conference, 2015 Oct 19 (pp. 645-650). IEEE.

Rafiqi S, Wangwiwattana C, Kim J, **Fernandez E**, Nair S, Larson EC. PupilWare: towards pervasive cognitive load measurement using commodity devices. In Proceedings of the 8th ACM International Conference on PErvasive Technologies Related to Assistive Environments 2015 Jul 1 (p. 42). ACM.

Fernandez, E., Moon, C., Urrutia, M., Johnson, T., & Salinas, N. (1996). Correlates of anger in chronic pain. Annals of Behavioral Medicine, 18 (Suppl): S200.

Fernandez, E., Salinas, N., Swift, P., Iglesias, B., & Towery, S. (1995). Psychosocial factors that predict anger in chronic pain sufferers. Annals of Behavioral Medicine, 17 (Suppl): S164.

Fernandez, E., & Turk, D.C. (1994). A model of the interrelationships between anger and chronic pain. Annals of Behavioral Medicine, 16 (Suppl): S099

Fernandez, E. (1993). Predicting treatment outcomes in chronic pain management programs. Proceedings of the Second National Rehabilitation Conference, Australia, 438-441.

Select Works Under Review or In Progress

Fernandez, E. (guest editor). Emotions in Violent Ethnic Conflict. Special Issue, Aggression and Violent Behavior: A Review Journal.

Fernandez, E., Woldgabreal, Y., & Day, A. The Anger Parameters Scale: Psychometric properties.

Fernandez, E. Cognitive-Behavioral-Affective Therapy: An application to anger disorders.

Fernandez, E. Anger, opioids and chronic pain: Outcome of Cognitive-Behavioral Affective Therapy

Convention Presentations

- Sun, R., Wu, W., Fernandez, E., Perez, B., Kolaparthi, K., Pham, T., & Shattuck, E (2023). Design and statistical methodology for a randomized controlled trial of anger management in a medical population. Alamo Symposium in Statistics, San Antonio, TX.
- Pham, T., Kolaparthi, K., Perez, B., Garza, R., Iwuala, I., Munoz, R., Hernandez, C., Lumumba, L., Alvarez, C., Jimenez, A., Wu, W., Shattuck, E., & Fernandez, E. (2022). Anger Parameters In Relation to Sensory versus Affective Components of Pain. 63rd Annual National Student Research Forum, Galveston, TX. Awarded “Best Poster Presentation in Bioethics and Health Humanities”.
- Pham, T., Kolaparthi, K., Hernandez, C., Perez, B., Iwuala, I., Munoz, R., Lumumba, L., Alvarez, C., Garza, R., Jimenez, A., Wu, W., Shattuck, E., & Fernandez, E. (2022). Deconstructing Anger and Its Relationship to Sensory versus Affective Pain. Annual Convention of Southwestern Psychological Association, Baton Rouge, Louisiana.
- Cox, S., & Fernandez, E. (2019). Gender differences in reporting anger experience. Annual Convention of Southwestern Psychological Association, Albuquerque, NM.
- Henderson, M., & Fernandez, E., (2017). The Anger Parameters Scale and Anger Expressions Scale: A Psychometric Study. Annual Convention of Southwestern Psychological Association, San Antonio, TX.
- McManus, K., Herrera, T.A., Callen, A., Luo, T., & Fernandez, E. (2017). Mass shootings in 21st Century America: The role of anger. Annual Convention of Southwestern Psychological Association, San Antonio, TX.
- Callen, A., Castilleja, M.A., Santoyo, A., & Fernandez, E. (2017). Five-point profiles of anger: Categories and inter-rater consensus. Annual Convention of Southwestern Psychological Association, San Antonio, TX.
- Guharajan, D., Ramtahal, N., & Fernandez, E. (2016). Social Desirability Bias in Anger Self-Report: False Alarms of “Faking Good”. Association for Psychological Science 28th Annual Convention, Chicago.
- Fernandez, E., Salem, D., Swift, J., Elrafie, L., & Ramtahal, N., & Blackmon, K. (May 2015). *When clients quit: Magnitude, Timing, and Moderators of Dropout from Cognitive Behavioral Therapy*. Association for Psychological Science 27th Annual Convention, New York.
- Villareal, E, & Fernandez, E. (2012). *Configural Analysis of Multiple Parameters of Anger in a Forensic Population*. Association For Psychological Science 24th Annual Convention, Chicago.

- Garza, C., Fernandez, E., & Vargas, R. (2011). *The Five Parameters of Anger: A Configural Analysis*. Association For Psychological Science 23rd Annual Convention, Washington D.C.
- Kiageri, V. & Fernandez, E. (2011). *Multidimensional Anger in a Forensic Sample: Norms and Comparison With the Community*. Association For Psychological Science 23rd Annual Convention, Washington D.C.
- Fernandez, E., Vargas, R., & Garza, C. (2010). *Five parameters for mapping the angry person: Results from a community sample*. Association For Psychological Science 22nd Annual Convention, Boston.
- Garcia, A.M., Vargas, R. & Fernandez, E. (2009). *Anger: Community Norms and Gender Differences*. Paper presented at the MKN McNair Heartland Research Conference, Kansas City, Missouri.
- Fernandez, E., Del Valle, G., Thakkar, D., Schmitzensky, E., Nickle, S., & Thompson, M. (2009). *Words to assess pain and suffering: When "More" is Not "Better"*. Association For Psychological Science 21st Annual Convention, San Francisco.
- Fernandez, E. & Boyle, G.J. (2008). *An expanded cognitive-behavioral program for treatment of dysfunctional anger*. Second Asian CBT Conference, Bangkok, Thailand.
- Fernandez, E. (2008). *The Pain Descriptor System: A cumulative refinement of the vocabulary for pain assessment*. American Pain Society, Tampa, Florida.
- Wasan, A.D., Butler, S.F., Budman, S.H., Fernandez, E., & Jamison, R.N. (2007). *Psychiatric history and psychological adjustment as risk factors for aberrant drug-related behaviour among patients with chronic pain*. American Academy of Pain Medicine, New Orleans.
- Wasan, A.D., Tipirneni, N., Pham, L., Jamison, R.N., Fernandez, E., & Katz, J.N. (2007). *Impact of psychopathology on the effectiveness of medial branch blocks (MBBs) for facet-mediated chronic neck or back pain*. American Academy of Pain Medicine, New Orleans.
- Fernandez, E. (2005). *The Core of Negative Affect: Anxiety, Depression, and Anger*. The Hawaii International Conference on Social Sciences, Honolulu.
- Herd, V. & Fernandez, E. (2005). *The Efficacy of Integrative CBAT in Regulating Maladaptive Anger*. The 21st Annual Meeting of the Society for the Integration of Psychotherapy, Toronto, Canada.
- Fernandez, E. (2004). *Dynamic interactions between psyche and soma*. American Psychological Society Annual Convention, Chicago. Illinois.
- Bhatti, C. & Fernandez, E. (2004) *Perceived health as predicted by five attributions about*

- disease*. American Psychological Society Annual Convention, Chicago, Illinois.
- Dorvil, C. & Fernandez, E. (2004). *Expert validation of a new parsimonious set of pain descriptors*. American Psychological Society Annual Convention, Chicago, Illinois.
- Fernandez, E. (2002) *A new framework for conceptualizing the relationship between anger and pain*. Symposium on anger and pain, The Tenth World Congress of Pain, San Diego, California.
- Fernandez, E. (2002). *Classification and calibration of pain descriptors by pain clinicians*. The Tenth World Congress of Pain, San Diego, California.
- Fernandez, E., Krusz, J.C., & Kandalajt, M. (2002). *Classification and calibration of a parsimonious set of pain descriptors*. The 21st Annual Scientific Meeting of the American Pain Society, Baltimore.
- Fernandez, E., Silverstein, A., & Kaplan, S. (2000). *Clinical validation of pain descriptors*. The 21st Annual Scientific Sessions, Society of Behavioral Medicine, Nashville, Tennessee.
- Maize, S., & Fernandez, E. (2000). *Three decades of pediatric pain treatment: What have we learned?* The 108th Annual Convention of the American Psychological Association, Washington, D.C.
- Boyle, G.J., Fernandez, E., & Ortet, G. (1999). *El cuestionario del dolor de McGill: consideraciones liguisticas y estadisticas*. The First Iberoamerican Congress of Clinical and Health Psychology, Granada, Spain.
- Fernandez, E. (1999). *Integrating therapeutic techniques: The case of anger*. The First Mid-Atlantic Conference, Society for Psychotherapy Research, Baltimore.
- Scott, S. & Fernandez, E. (1999). *Anger management in chemically-dependent inpatients*. Annual Convention of the Texas Psychological Association, San Antonio.
- Fernandez, E. (1998). *Towards greater specificity in verbal descriptors of pain*. Seventeenth Annual Scientific Meeting of the American Pain Society, San Diego.
- Cipher, D.J., & Fernandez, E. (1997). *Cognitive predictors of tolerance and avoidance of pain*. Sixteenth Annual Scientific Meeting of the American Pain Society, New Orleans.
- Fernandez, E., & Boyle, G.J. (1997). *Affective and evaluative descriptors in the MPQ: Room for revision*. Sixteenth Annual Scientific Meeting of the American Pain Society, New Orleans.
- Fernandez, E., & Towery, S. (1996). *Streamlining MPQ descriptors of pain sensation*. Eighth World Congress on Pain, Vancouver, Canada.
- Fernandez, E., Moon, C., Urutia, M., Johnson, T., & Salinas, N. (1996). *Correlates of anger in*

- chronic pain*. Fourth International Congress of Behavioral Medicine, Washington, D.C.
- Skiffington, S., Fernandez, E., & McFarland, K. (1996). *Multicomponential differentiation of negative emotions*. One Hundred and Fourth Annual Convention of the American Psychological Association, Toronto, Canada.
- Blackman, B.D., Miller, M.D., & Fernandez, E. (1995). *Two motivational dimensions that differentiate among negative emotions*. Forty-First Annual Convention of the Southwestern Psychological Association, San Antonio.
- Fernandez, E., & Boyle, G. J. (1995). *Evaluation of the language of pain as indexed in the McGill Pain Questionnaire*. Thirtieth Annual Conference of the Australian Psychological Society, Perth, Western Australia.
- Fernandez, E., Salinas, N., Swift, P., Iglesias, B., & Towery, S. (1995). *Psychosocial factors that predict anger in chronic pain sufferers*. Sixteenth Annual Scientific Meeting of the Society of Behavioral Medicine, San Diego.
- Fernandez, E., & Boyle, G.J. (1994). *A reconsideration of the language of pain with reference to the McGill Pain Questionnaire*. Twenty-Third International Congress of Applied Psychology, Madrid, Spain.
- Fernandez, E., & Turk, D.C. (1994). *A model of the interrelationships between anger and chronic pain*. Fifteenth Anniversary Meeting of the Society of Behavioral Medicine, Boston.
- Towery, S., & Fernandez, E. (1994). *Describing pain sensations: MPQ words based on a new decision rule*. Thirteenth Annual Scientific Meeting of the American Pain Society, Miami.
- Fernandez, E., & Sheffield, J. (1993). *Major life events versus minor daily hassles related to the frequency and intensity of headache*. Seventh World Congress of Pain, Paris, France.
- Dahms, L., & Fernandez, E. (1992). *Reversal of preferences in non-monetary choice paradigms*. Nineteenth Annual Experimental Psychology Conference, Sydney, Australia.
- Elliott, E., & Fernandez, E. (1992). *Cognitive appraisal pathways to discrete emotions*. One Hundredth Annual Convention of the American Psychological Association, Washington D.C.
- Fernandez, E. (1992). *Functional reactions in the progression of a headache*. American Pain Society, San Diego, California.
- Fernandez, E., & Salter, J. (1992). *Contingent and extraneous reinforcement of pain behaviors in chronic pain patients*. Fourth World Congress of Behaviour Therapy, The Gold Coast, Australia.

- Fernandez, E., & Wright, L. (1992). *A functional reaction scale for headache assessment*. Fourth World Congress of Behaviour Therapy, The Gold Coast, Australia.
- Fernandez, E., & Brown, W.L. (1991). *Temporal changes in pain and emotional state during the course of dysmenorrhea among high school students*. Ninth National Behavioural Medicine Conference: Adolescence and Health, The University of Sydney, Sydney, Australia.
- Llamas, M., & Fernandez, E. (1991). *Home-based EMG and posture feedback for torticollis*. Fourteenth National Conference of the Australian Behaviour Modification Association, Sydney, Australia.
- Fernandez, E. (1988). *Distinguishing between sensation and affect in pain*. Twenty-Fourth International Congress of Psychology, Sydney, Australia.
- Fernandez, E. (1987). *A paradigm for reliable quantification of pain*. Fifth World Congress on Pain, Hamburg, Germany.
- Fernandez, E. (1986). *Expectancy effects in cognitive therapy for pain: Weight of the evidence*. Sixth General Meeting of the American Pain Society, Washington, D.C.
- Fernandez, E., & Thorn, B. E. (1986). *Aspects of reliability of the Submaximum Effort Tourniquet Technique*. Sixth General Meeting of the American Pain Society, Washington, D.C.
- Fernandez, E., & Turk, D. C. (1986). *Overall and relative efficacy of cognitive strategies in attenuating pain*. Ninety-Fourth Annual Convention of the American Psychological Association, Washington, D.C.
- Fernandez, E. (1984). *A new taxonomy of cognitive strategies for the management of pain*. Fifty-Sixth Annual Meeting of the Midwestern Psychological Association, Chicago, Illinois.

Invited Talks

- Fernandez, E. (December, 2016). *Maladaptive anger: A typology and implications for cardiovascular health*. Mental Health Professionals Network, Victorian Psycho-Cardiology Network Meeting, Australian Centre for Heart Health, Carlton, Victoria, Australia.
- Fernandez, E. (2014, October). *Anger management and mismanagement*. Psychology Department, University of North Texas, San Antonio.
- Fernandez, E. (2014, April). *Trends in anger treatments and links to affective science*. Institute of Personality and Social Research, University of California, Berkeley.
- Fernandez, E. (2013, October). *Anger management and mismanagement*. Psychology

Department, Trinity University, San Antonio.

- Fernandez, E. (2012). *Ways of enhancing and integrating psychotherapeutic techniques: The case of anger*. Psychologisches Institut – Klinische Psychologie (Psychotherapie affektiver Störungen, Universität Zürich, Switzerland.
- Fernandez, E. (2011). *What can language tell us about the sensory qualities and suffering of pain?* Seminar at Pain Management Research Institute, University of Sydney.
- Fernandez, E. (2011). *Pain: What I sense and how I feel and methods of separating the two*. Department of Psychology, Seminar in Psychological Methods, Universitait Van Amsterdam.
- Fernandez, E. (2011). *An update on lexical approaches to the assessment of pain*. Multidisciplinary Pain Research Day, School of Medicine & Public Health, The University of Wisconsin, Madison.
- Fernandez, E. (2011). *Two twins and a cousin: Negative affect in pain and medical populations*. Psychology Department, Australian National University, Canberra.
- Fernandez, E. (2010). *Qualitative and quantitative measures of pain descriptors*. School of Medicine, University of Western Sydney, Sydney.
- Fernandez, E. (2009). *Pain Assessment: Can we bridge paradigms from lexical semantics and psychometrics?* International Computer Science Institute, Berkeley, California.
- Fernandez, E. (2008). *Is there order and function in the English lexicon of pain?* School of Language Studies, College of Arts & Sciences, Australian National University, Canberra.
- Fernandez, E. (2008). *Emotional vital signs: Potential health disparities?* SALS Health Disparities Research Forum, University of Texas Health Sciences Center, San Antonio.
- Fernandez, E. (2008). *Static and dynamic relationships between depression and pain*. Centre for Mental Health Research, College of Medicine & Health Sciences, Australian National University, Canberra.
- Fernandez, E. (2007). *The stubbed toe, the failed back, and other elicitors of anger in the context of pain*. Swiss Center for Affective Sciences, University of Geneva, Switzerland.
- Fernandez, E. (2007). *Anxiety, depression, and anger in medical patients*. PSYWEST Clinic and The University of Western Sydney Psychology Colloquium Series, Sydney, Australia.
- Fernandez, E. (2005). *Anxiety, depression, and anger as the core of negative affect in pain*. The Eleventh World Congress on Pain, Sydney, Australia.

- Fernandez, (2002). *Models of dynamic interaction in psychosomatics*. The University of New South Wales Department of Psychology, Sydney, Australia.
- Fernandez, E. (2001). *Anger and the affective core of chronic pain*. The University of Melbourne Department of Psychology, Melbourne, Australia.
- Fernandez, E. (2001). *Integrative psychotherapy as applied to the regulation of anger*. Escuela de Psicología, Universidad de Santiago de Chile, Santiago Chile.
- Fernandez, E. (1999). *Addressing the emotional functioning of pain patients*. Second Annual Update in Pain Management, The University of Texas Southwestern Medical Center, Dallas.
- Fernandez, E. (1999). *A culture-sensitive cognitive-behavioral approach to anger and frustration in pain sufferers*. Christian Medical College, Vellore, India.
- Fernandez, E. (1998). *Pain, anger, and emotional distress*. Klinik für Kaufunktionsstörungen und Totalprothetik, University of Zurich, Switzerland.
- Fernandez, E. (1997). *The psychology of affect and its relevance to physical symptoms*. Symposium on Negative Affect, Arousal, and Emotions Intrinsic to Pain, 16th Annual Scientific Meeting of the American Pain Society, New Orleans.
- Fernandez, E. (1997). *The role of anger in pain and suffering*. Greenslopes Private Hospital, Brisbane, Australia.
- Fernandez, E. (1997). *The role of anger in pain and suffering*. John Flynn Hospital, Gold Coast, Australia.
- Fernandez, E. (1997) *Anger: A neglected part of the affective core of chronic pain*. Sixth Scientific Meeting of the Austrian Pain Society, Vienna.
- Fernandez, E. (1997). *Affective distress in pain sufferers: Focus on anger*. Institute for Spine and Biomedical Research Neuroscience Conference, Dallas, Texas.
- Fernandez, E. (1996). *Psychophysical measurement of acute pain*. Multidisciplinary Pain Clinic, The University of Washington, Seattle.
- Fernandez, E. (1996). *Pain assessment*. Macquarie University, Sydney, Australia.
- Fernandez, E. (1996). *Health and Illness Behaviors: A Relativistic View*. Ohio University, Athens, Ohio.
- Fernandez, E. (1994). *Applied behavior analysis of pain*. Baylor University Medical Center Second Annual Pain Symposium, Dallas, Texas.

- Fernandez, E. (1994). *Pain and anger*. Department of Veterans Affairs Medical Center: Psychology Service, Dallas, Texas.
- Fernandez, E. (1993). *Some ecological considerations in chronic pain behavior*. Seventh Annual Miniconference of Metroplex Social Psychologists, Texas Christian University, Dallas, Texas.
- Fernandez, E. (1993). *Ceiling effects in visual analogue scale ratings of pain*. Seminar on Methodological Problems in Experimental Pain Research in Humans, Seventh World Congress on Pain, Paris, France.
- Fernandez, E. (1993). *Cognitive-behavioral management of pain: Implications for treatment outcome research in psychology*. Bond University, Gold Coast, Australia.
- Fernandez, E. (1991). *The emotional concomitants of pain*. The Des O'Rourke Lecture Series. Toowoomba Base Hospital, Queensland, Australia.
- Fernandez, E. (1990). *Cognitive behaviour therapy for pain*. The Behaviour Therapy Update, Noosa Heads, Queensland, Australia.

Workshops & Symposia

- “An integrative approach to regulating maladaptive anger: From prevention to resolution”. Webinar presented within the series “Dialogues on Aggression” for the Neuropsychanalysis Association, October 15 2021.
- “Functional Analysis of Mass Anger in Ethnic Conflict”. Presented in Panel on Collective Anger in Ethnic Conflicts: Conditions, Dynamics and Change, Conflict Research Society – Virtual Annual Conference, September 9 2021.
- “Emotions and Strategy: A Multidisciplinary Conversation”. Invited participant in online workshop hosted by Professors Roger Petersen, Yoni Shimshoni & Ariel Levite, Massachusetts Institute of Technology, May 20 2020.
- “Anger in Men and Women: Idiographic Assessment, Diagnosis, and Treatment”. CE Workshop presented at the 127th Annual Convention of the American Psychological Association, Chicago, August 11th 2019.
- “Dysfunctional Anger in Men and Women: Assessment and Treatment”. CE Workshop presented at the 126th Annual Convention of the American Psychological Association, San Francisco, August 10th 2018.
- “Anger Modification: Cognitive, Behavioural, and Affective Approaches”. Workshop presented

at the British Columbia Psychological Association, Vancouver, Canada, April 13th 2018.
Day, A., & Fernandez, E. “Thinking about anger”. Workshop presented at Ferdy’s Haven, Palm Island, Australia, December 17th 2017.

“Understanding, Assessing, and Treating Dysfunctional Anger”. CE Workshop presented at the 125th Annual Convention of the American Psychological Association, Washington, DC, August 5th 2017.

“Developments in the Assessment & Treatment of Dysfunctional Anger”. CE Workshop presented at the conference of the 124th Annual Convention of the American Psychological Association, Denver, CO, August 7th 2016.

“Anger: Gold Standards in Research to Best Practices in the Real World”. Symposium organized for the Association For Psychological Science Annual Convention, New York, May 24th 2015.

“Anger Dysfunction, Assessment Milestones, and Treatment Approaches”. CE Workshop presented at the 122nd Annual Convention of the American Psychological Association, Washington, DC, August 7th 2014.

“Violence in Australia: Perspectives, Policies, and Solutions”. Roundtable Conference co-chaired with Andrew Day at Deakin University, Melbourne, Australia, July 1st, 2014.

“Treatment Approaches to Dysfunctional Anger”. Workshop presented at the University of California, Berkeley, Extension, April 19th 2014.

“Anger Dysfunction, Assessment Milestones, and Treatment Approaches”. CE Workshop presented at the 121st Annual Convention of the American Psychological Association, Honolulu, HI, August 2nd 2013.

“Developments in Assessment and Treatment of Anger”. Workshop presented at the Australian Centre for Posttraumatic Mental Health, The University of Melbourne Dept. of Psychiatry, Melbourne, Australia, July 2012.

“Enhanced and Integrated Psychological Techniques For Regulating Anger”. Workshop presented at the Annual Conference of the New Zealand Psychological Society, Rotorua, July, 2010.

“Problems in Pain Assessment and Solutions From Psychology”. Symposium chaired at the Association For Psychological Science Annual Convention, Boston, May 2010.

“Integrative Psychotherapy for Anger: Theory and Application”. Workshop presented at the Australian Psychological Society, College of Forensic Psychologists SA Section: Professional Development Seminar Series, Adelaide, Australia, July 2009.

“CBAT: An Innovative and Integrative Approach to Psychotherapy”. Workshop presented at the Hawaii International Conference on Social Sciences, Honolulu, June 2005.

“Current Clinical and Methodological Issues in Psychotherapy for Anger”. Workshop conducted at the Society for Psychotherapy Research, Lausanne, Switzerland, March 2005.

“Dynamic Interactions between Pain and Affect: Implications for Clinical Practice”. Workshop conducted at the 17th World Congress on Psychosomatic Medicine, Waikoloa, Hawaii, August 25 2003.

“Do Benefits of Opioids Outweigh Risks for Treatment of Chronic Pain?”. Debate moderator, 17th World Congress on Psychosomatic Medicine, Waikoloa, Hawaii, August 25 2003.

"Sequential Integration of Cognitive-Behavioral and Experiential Techniques for Regulating Anger". Workshop conducted at the Annual Conference of the Society for the Exploration of Psychotherapy Integration, Santiago, Chile, June 15 2001.

"Negative Affect, Arousal, and Emotions Intrinsic to Pain". Symposium chaired at the 16th Annual Scientific Meeting of the American Pain Society, New Orleans, October, 1997.

"Pain, Anger, and Negative Emotions". Symposium chaired at the 15th Annual Scientific Meeting of the American Pain Society, Washington, D.C., November, 1996.

"Anger Expression and Control". Invited workshop conducted at Southern Methodist University School of Continuing Education, March-April 1996.

"Emotional Suffering of Physical Pain: A Cognitive-Behavioral Analysis". Invited workshop conducted at the 18th National Conference of the Australian Behaviour Modification Association, Melbourne, July 1-5, 1995.

"The Affective Component of Pain: From Experimental to Clinical Applications". Workshop conducted at the 23rd International Congress of Applied Psychology, Madrid, Spain, July 17-22, 1994.

"Predicting Treatment Outcome in Chronic Pain Management Programs". Invited workshop conducted at the Second National Rehabilitation Conference, Sydney, May 12-14 1993.

"Psychological Remediation of Pain and Suffering". Invited workshop conducted at the First Asian Conference in Psychology, Singapore, October 28-30 1992.

"Pain and Behavioral Medicine". Symposium chaired at the Fourth World Congress of Behavior Therapy, July 4-8 1992, Queensland, Australia.

"Emotions". Continuing Education Workshop, The University of Queensland, April 11 1992.

"The Psychology of Pain". Workshop at The University of Western Australia Extension Service, June 15-July 20, 1982.

Select Service to Community & Media

Interview by National Public Radio (NPR Morning Edition). Can Rage Hotlines Prevent Some Mass Shootings? Researchers Study The Idea.

<https://www.npr.org/2021/07/08/1014098344/can-rage-hotlines-prevent-some-mass-shootings>
July 8 2021.

Interview by KTVU San Francisco regarding mass shootings. <https://www.ktvu.com/news/most-mass-shooters-share-one-very-commonplace-trait-anger>
May 27 2021

"Factitious Disorders in Mental Illness". Invited talk and discussion, Mental Health Day, UTSA, October 10 2020.

COLFA Discourses, UTSA. Led faculty discussion group on "Is the World Getting Hotter and Angrier?" San Antonio, April 2nd 2015.

Organized university-wide talk by Dr. David Biro (Downstate Medical Center, New York) on the language of pain.

Honorary guest speaker, Psi Chi Induction Ceremony, December 8th, 2013

"Dealing With Anger". Interview of Ephrem Fernandez by David Martin Davies, Producer: Paul Flahive, The Source, Texas Public Radio, Aug 21st 2013.

Research talk, Psi Chi National Honor Society, UTSA Chapter, November 14th 2011.

"In Pain? Fight the Stiff Upper Lip". Interview of Ephrem Fernandez by Radha Chitale, ABC News. Nov 11, 2008.

"Profiles of Anger: What's Functional and What's Dysfunctional?" Workshop presented at the San Antonio Council on Alcohol and Drug Abuse, May 2, 2008.

"Psychotherapy for a Better World?". Led discussion group for the "Great Conversation", UTSA/Institute of Texan Cultures, February 27th 2007.

"Anger Management". Invited workshop at Family Survival Camp, Dallas February 26th 2005.

"Anxiety, Depression, and Anger". Invited address to Psi Chi National Honor Society, SMU Chapter, October 28th 2002.

"Relax and Release: Stress Management and Emotional Regulation for Diabetics". Workshop presented at the American Diabetes Association, Dallas, Texas October 6th 2001.

"The Concept of Psychological Damage and its Measurement in Human Subjects Research". Presented at the Ethics Works-in-Progress Seminar, University of Texas Southwestern Medical Center, Dallas, Texas, September 21st 2001.

"Managing stress and distress in diabetics". Workshop presented at the American Diabetes Association, Dallas, Texas, February 20th 2001.

"Violence in Society". Workshop presented at the Youth Conference, Kerala Association of Dallas, October 23rd 1999.

Journal Reviewer for

Psychological Bulletin
 Australian Journal of Psychology
 Health & Quality of Life Outcomes
 PLOS ONE
 Information & Management

Health Psychology
 Journal of Psychosomatic Research
 Journal of Behavioral Medicine

Pain
 The Clinical Journal of Pain
 The Journal of Pain
 European Journal of Pain
 Pain Medicine
 Pain Research & Management
 Scandinavian Journal of Pain
 Emotions
 Motivation and Emotion
 Cognition and Emotion
 Comprehensive Psychiatry
 Aggression & Violent Behavior
 International Journal of Forensic Mental Health
 International Journal of Offender Therapy & Comparative Criminology

Journal of Consulting & Clinical Psychology
 Clinical Psychology & Psychotherapy
 Psychotherapy Research
 Cognitive Therapy & Research
 Behavioural & Cognitive Psychotherapy
 Behaviour Change
 Behaviour Research and Therapy
 Behavior Therapy
 Counseling Psychology Quarterly
 The American Journal of Psychotherapy
 The Cognitive Behaviour Therapist

Editorial Board

Aggression and Violent Behavior (2021-present)
 Journal of Pain (2015-present)
 Headache (1997-2001)
 Annals of Behavioral Medicine (1996-1997)
 North American Spine Society -- Outcomes Compendium Task Force (2003 – 2006)

Grant Reviewer for

San Antonio Life Sciences Institute
 Australian Research Council
 University of Leuven (Belgium) Research Council
 National Science Foundation
 National Institute of Health

Psychology Program Reviewer

Texas A&M University – Corpus Christi, M.A. Programs in Clinical Psychology and General Psychology. Reviewed on April 12-14 2015, Report produced April 23 2015.

Awards/Recognition

- 2023: WILEY certificate of recognition for top-cited article in Clinical Psychology & Psychotherapy
- 2021: Richard S. Howe Award for Excellence in Service to Undergraduate Students
- 2018 (October): The Journal of Pain: Elsevier Certificate of Outstanding Contribution in Reviewing
- 2017 (Nov 17): UTSA Honors Alliance award for “excellence in promoting academic integrity, intelligent living, and meaningful learning”
- 2016: Development Leave Award for Fall 2016
- 2011: UTSA Finalist for summer stipend application to National Endowment for the Humanities
- 2009: Development Leave Award for Fall 2009
- 2009: Psychology Dept. Finalist/Nominee for President’s Achievement Award in Research
- 2005: SMU Rotunda Outstanding Professor Award
- 2004: SMU Psychology Dept. Award for Excellence in Undergraduate Teaching
- 2002, 2003, 2004: HOPE (Honoring Our Professors’ Excellence) Recognition, SMU
- 2003: Honorary Faculty Member, Golden Key International Honor Society
- 2001: Teaching Fellowship, Maguire Center for Ethics & Public Responsibility, SMU
- 2000: SMU Dedman College Special Research sabbatical

- 1996: Southern Methodist University Dedman College Research Fellowship for Fall Semester
- 1993: Special Studies Program, University of Queensland, for six months' sabbatical at Pain Evaluation & Treatment Institute, University of Pittsburgh School of Medicine
- 1985: State of Ohio Traineeship for predoctoral clinical training, Ohio State University
- 1984: Graduate Research Award, Miami University -- for thesis research at Yale University
- 1984: Graduate Student Achievement Award, Miami University -- for paper presentation at Midwestern Psychological Association
- 1981: Postgraduate Research Award from University of Western Australia for graduate study in Psychology
- 1978-79: Tertiary Education Award, Education Dept. of Western Australia for Honours Program in Psychology, University of Western Australia.

Grants Completed

- Fernandez, E., (p.i.) Shattuck, E., Wu, W., & Sunil, T. Alleviating pain and opioid dependence through anger management: A pilot study. Grants for Research Advancement and Transformation (GREAT) Program, UTSA, \$20,000, 2019-2020.
- Fernandez, E. (p.i.) Cognitive Behavioral Affective Therapy (CBAT) for maladaptive anger in cardiovascular disease. San Antonio Life Sciences Institute, \$25,000, 2020-2021.
- Johnson, S.L., (p.i.), Carver, C., (co-I) & Fernandez, E. (co-I). Aggression in the context of impulsive responses to emotion: Testing an intervention. Guggenheim Foundation, \$80,000, 2016 -2017.
- Fernandez, E. (p.i.). Parameters and Expressions of Anger. International Initiatives Grant, UTSA, \$2500, 2013.
- Fernandez, E. (principal investigator). "Psychometric properties and diagnostic utility of the Pain Descriptor System". National Institutes of Health, R21NR009665 grant, \$309,278 (direct costs), 2007-2011.
- Fernandez, E. (principal investigator). "CBAT: An integrative program for regulating anger". University Research Council grant: \$6000, 2004-2006.
- Fernandez, E. (principal investigator). "Confirmation and cross-validation of a parsimonious subset of verbal descriptors of pain from the McGill Pain Questionnaire". R. W. Johnson Pharmaceutical Research Institute: \$50,000, 1999-2003.

- Fernandez, E. (principal investigator). "Cost effectiveness of multidisciplinary pain management". SMU URC Grant: \$3,000, 1998-1999.
- Fernandez, E. (principal investigator). "Self-disclosure versus support for pain and suffering". National Institutes of Health: \$35,818, 1995-1997.
- Fernandez, E. (principal investigator). "National survey of objects and issues of anger in a chronic pain. population". SMU URC Grant: \$2,000, 1994-1995.
- Fernandez, E. (principal investigator). "Measurement of pain and pain relief: extensions from the laboratory to clinical contexts". The University of Queensland Special Project Grant, \$10,000, 1992-1993.
- Fernandez, E. (principal investigator). "The Matching Law as a model for the description and modification of chronic pain behaviour". The University of Queensland New Staff Research Grant, \$15,000, 1992-1993.
- Fernandez, E. (principal investigator). "Psychophysical scaling of menstrual pain and its response to analgesics". Sterling Pharmaceuticals Pty Ltd.: \$13,000, 1991-1993
- Fernandez, E. (principal investigator). "Psychophysical scaling of pain and analgesia: clinical applications". The Boots Pharmaceutical Company Pty. Ltd.: \$3,000, 1991-1993.
- Fernandez, E. (principal investigator). "Pain and emotional distress: Issues of primacy and modifiability". The University of Queensland Psychology Department Research Grant: \$2,000, 1990-1991.

Teaching Experience

University of Texas at San Antonio (2006-present)

PSYC 7113: Advanced Topics in Clinical Psychology
 PSYC 5113: Professional Ethics & Standards
 PSYC 5313: Seminar in Psychopathology
 PSYC 5363: Seminar in Health Psychology
 PSYC 3543: Introduction to Clinical Psychology
 PSYC 4253: Psychology of Health
 PSYC 2513: Abnormal Psychology

Southern Methodist University (1993-2006):

PSYC 3380: Health Psychology; PSYC 5356: Introduction to Clinical Psychology; PSYC 6352: Counseling II: Group Therapy; SOSC 6322/BHSC 6322: Mind, Body & Health; PSYC 5383: Behavioral Medicine Techniques; PSYC 5362/PSYC 5387: Emotions: Psychological & Interdisciplinary Perspectives; PSYC 6360 Ethics in Psychological Science & Practice.

University of California, Berkeley (Summer 2016, 2018, 2019, 2020, 2022, 2023):

PSYCH N139 (Case Studies in Clinical Psychology)

PSYCH N135 (Treatment of Mental Illness)

PSYCH 137 (Mind-Body & Health)

University of Texas Southwestern Medical Center (2002 - 2005):

PSYC 5356: Doctoral course on Adult Psychopathology (Fall 2002); guest lectures in Health Psychology.

University of Queensland (1990-1993):

Lectured in team-taught courses: PY 809 (Behavior Analysis & Therapy), PY 466 (Special Topics in Clinical Psychology), PY 443 (Behavioral Therapies), PY 335 (Psychopathology), PY 269 (Human Associative Learning), PY 262 (Personality & Individual Differences), and PY 101 (Intro to Psychology).

Clinical Experience

Licensed psychologist, Australia: PSY0001304736

1996 – 2009: Consultant to David Rudick-Davis, Ph.D., psychologist in private practice

2004-2007: supervised by Dr. William E. Flynn, forensic psychologist in private practice.

1998-2000: Consultant on anger/violence management, Dallas County Sheriff's Dept. -- Chemical Dependency Unit, and the Trinity Center, Dallas.

1997-1999: Board of Directors of Victims Outreach, a support and referral center for victims of violent crime; currently on advisory board.

1996-2002: Consultant to Baylor Center for Pain Management, Dallas, Texas.

1991-92: Development and implementation of a program for assessment and management of suffering in patients with chronic, intractable pain.

1990-92: Management and supervision of psychological services at Psychology Clinic, University of Queensland; intakes and psychological screening, Director of Externship Program for graduate clinical training.

1989: Pain Evaluation & Treatment Institute, Presbyterian University Hospital: Screening of pain patients for research and intervention.

1989: Mayview State Hospital: Anger Management groups and individual therapy for forensic patients awaiting trial/sentencing

1988-89: Western Psychiatric Institute & Clinic, University of Pittsburgh School of Medicine: psychodiagnostic interviewing and cognitive-intellectual testing of children; implementing treatment programs for Attention Deficit Disorder, Oppositional/Conduct Disorder; exposure and flooding for adults with obsessive compulsive disorder, social phobia and agoraphobia; psychodiagnostic evaluation of emergency psychiatric admissions.

1987-88: Dept. of Physical Medicine (Dodd Hall), Ohio State University Hospitals. Psychopathology assessment, individual counseling and programmatic cognitive-behavioral therapy for inpatients with chronic pain; multidisciplinary case management.

1987-88: Ohio Industrial Commission, J. Leonard Camera Center, Health Psychology Division: Intellectual-cognitive testing and psychophysiological assessment and intervention for industrial accident victims claiming worker's compensation.

1986-87: Psychoeducational Clinic, Dept. of Psychology, Ohio State University: short-term individual psychotherapy for clinic clients, primarily utilizing rational-emotive approaches.

1985-86: Psychoeducational Clinic, Dept. of Psychology, Ohio State University: psychological screening and intakes for clients, and co-ordination of clinic services.

1984-85: Central Ohio Psychiatric Hosp: inpatient projective testing, experiential psychotherapy.

1983-84: Student Counseling Service, Miami University: applications of biofeedback for managing acute stress and psychophysiological disorders in student population.

Clinical Supervision

Supervision of 8 Master of Clinical Psychology interns within Psychology Clinic and Behaviour Research & Therapy Centre, Univ. of Queensland (1990-93).

Co-Supervisor for all Master of Clinical Psychology interns on external placements in community mental health facilities, Univ. of Queensland (1990-93).

Research Supervision

Theses/Dissertations Supervised

Perez, B.S. Cognitive Behavioral Affective Therapy (CBAT) for Anger in Chronic Pain Patients: A Randomized Control Trial, University of Texas at San Antonio, 2023.

Cox, S. Gender differences in reporting anger and social desirability bias. Master's Thesis in Psychology, University of Texas at San Antonio, 2018.

Callen, A.M. The role of anger, mental health, and other factors in 21st century mass shootings.

- Master's Thesis in Psychology, University of Texas at San Antonio, 2018.
- Ramtahal, N. Anger self-report and social desirability bias: Am I angry or am I biased? Master's Thesis in Psychology, University of Texas at San Antonio, 2017.
- Guharajan, D. Typologies of Anger in a Clinical Sample with Mild Cognitive Impairment Master's Thesis in Psychology, University of Texas at San Antonio, 2017.
- Mendoza, M. Client dropout from psychotherapy: Diagnostic variables. Master's Thesis in Psychology, University of Texas at San Antonio, 2016.
- Mounetou, S. Psychotherapy dropout and process variables. Master's Thesis in Psychology, University of Texas at San Antonio, 2016.
- Henderson, M. Measuring anger in a college population using the Anger Parameters Scale, Anger Expressions Scale, and the STAXI-2. Master's Thesis in Psychology, University of Texas at San Antonio, 2016.
- Fields, Alex J. Nature of anger in the workplace: Exploration of relevant variables and their structure. Master's Thesis in Psychology, University of Texas at San Antonio, 2015.
- Rafiqi, Sohail. (co-directed with Dr. Sukumaran Nair) PupilWare: Towards Cognitive and Context-Aware Computing. Ph.D. dissertation, School of Engineering, Southern Methodist University, Spring 2015.
- Villareal, Erica. *A Configural Analysis of Multiple Parameters of Anger in a Forensic Population*. Honors Thesis, University of Texas at San Antonio, Spring 2012.
- Garza, Cynthia. *The Five Parameters of Anger: A Configural Analysis*. Master's Thesis in Psychology, University of Texas at San Antonio, 2011.
- Kiageri, Vasiliki. *Anger Assessment in Violent Offenders on Parole: Norms and Pre- vs. Post-Treatment Change*. Honors Thesis, University of Texas at San Antonio, Spring 2011.
- Thakkar, D. *The Pain Descriptor System: Diagnostic Specificity and Predictive Validity*. Master's Thesis in Psychology, University of Texas at San Antonio, 2010.
- Steinberg, T. *Psychosocial Factors Predicting Health Status and Perceived Effectiveness of Healthcare in an AIDS/HIV Population*. Master's Thesis in Clinical Psychology, Southern Methodist University, 2006.
- Throop, Amy L. *The effects of recreational versus occupational injury on pain perception*. Master's Thesis in Clinical Psychology, Southern Methodist University, 2004.
- Tran, J. *Predictive Factors in the Resolution of Anger*. Distinction Thesis, Southern Methodist

University, 2005.

Khan, Z. *Spanish Validation of the Pain Descriptor System*. Distinction Thesis, Southern Methodist University, 2005.

Taj, M. *Retest reliability and Gender Norms for Parameters and Expressions of Anger*. Distinction Thesis, Southern Methodist University, 2005.

Bhatti, Chris, *Lifestyle predictors of diabetic health*. Distinction Thesis, Southern Methodist University, 2004.

Jain, Andrea, *Religiosity/Spirituality and the Core of Negative Affect*. Distinction Thesis, Southern Methodist University, 2004.

Lori Cohen-Sanford, *The Perception of Pain Under Conditions of Induced Versus Naturally Occurring Anger, Fear, and Sadness*. Master's Thesis in Clinical Psychology, Southern Methodist University, 2003.

Benjamin Bhatti, *A Psychometric Study of the Anger Parameters Scale and the Anger Expressions Scale*, Distinction project, Southern Methodist University, 2003.

Summer Lane, *Biopsychosocial Factors in the Adjustment of Adolescent Cancer Patients*. Master's Thesis in Clinical Psychology, Southern Methodist University, 2002.

Michelle Kandalaft, *The Classification and Calibration of Pain Descriptors in Students and Patients*. Distinction Thesis, Southern Methodist University, 2002.

Siobhan Maize, *Pediatric Pain: Meta-analysis and Comparative Study of Psychological Interventions*. Doctoral dissertation, Southern Methodist University, 2000.

Stephen D. Scott, *Anger in Chemically-Dependent Inpatients: Treatment Outcome and Gender Differences*. Master's Thesis in Clinical Psychology, Southern Methodist University, 2000.

Gracen Hauk, *Health change factors in diabetes and weight regulation*, Distinction project, Southern Methodist University, 2001.

Tiffany Bennett, *Emotional Adjustment in Victims of Crime*, Distinction project, Southern Methodist University, 2000.

Morgan Walls, *An Intra- and Cross-Cultural Evaluation of Self-Conscious Emotions*. Doctoral Dissertation, Southern Methodist University, 1999.

Kimberly Dambach, *The Effects of Self-Disclosure with and without Supportive Feedback on the Management of Chronic Pain*. Master's Thesis in Clinical Psychology, Southern Methodist University, 1999.

Megan Frosch, *Determining Variables that Predict Health Behavior Change*, Distinction project, Southern Methodist University, 1999.

Vincent Bhatti, *Relationships Between the Experience, Expression, and Resolution of anger*, Distinction project, Southern Methodist University, 1999.

Bryan Newton, *A Comparative Analysis of Relaxation Techniques: Progressive Muscle Relaxation, Autogenic Training, and Massage Therapy*, Distinction project, Southern Methodist University, 1998.

Daisha Cipher, *Factors Affecting Treatment Outcome and Cost Effectiveness of Pain Management*. Doctoral Dissertation, Southern Methodist University, 1998.

William Raymond Todd IV, *Variables in the Natural Resolution of Anger: An Exploratory Study*. Master's Thesis in Clinical Psychology, Southern Methodist University, 1998.

Richard Beck, *The Cognitive-Behavioral Treatment of Anger: Meta-analysis, Comparative Treatment Efficacy, and Process Variables*. Doctoral Dissertation, Southern Methodist University, 1997.

Suzanne Skiffington, (co-supervised x Dr. Ken McFarland) *A Multicomponential Approach to the Assessment of Negative Emotions*, Doctoral Dissertation, University of Queensland, Australia, 1997.

Lenora Wing Lun, (co-supervised x Dr. David Cairns) *Investigating the Psychometric Properties of the McGill Pain Questionnaire*, Honours Thesis, Macquarie University, Australia, 1996.

Stuart Towery, *Classification of Pain Descriptors from the McGill Pain Questionnaire: A Replication and Cross-Validation in Pain Patients*, Master's Thesis in Clinical Psychology, Southern Methodist University, 1996.

Patrick Savage, *Effects of Written Self-Disclosure on the Management of Chronic Pain*, Master's Thesis in Clinical Psychology, Southern Methodist University, 1996.

Daisha Cipher, (co-supervised with Dr. Patricia Capra), *Threshold, Tolerance and Avoidance of Pain: Cognitive and Affective Predictors*, Master's Thesis in Rehabilitation Counseling Psychology, University of Texas Southwestern Medical Center, 1996.

Nancy Salinas, *Psychosocial Predictors of Anger in Chronic Pain Sufferers*, Master's Thesis in Clinical Psychology, Southern Methodist University, 1995.

Stephen Blake Foster, *A Reclassification of MPQ Pain Descriptors into New Affective Subcategories*, SMU Distinction Research Project, 1995.

Jeanie Sheffield, *Headaches and Their Relationships to Daily Hassles, Life Events, and Coping Strategies*. Honours Thesis in Psychology, University of Queensland, 1992.

Michael Llamas (co-supervised with Dr. Tian Oei), *Does Pharmacotherapy Enhance the Long-Term Outcome of a Brief Intensive Group Cognitive Behavioural Therapy Program in the Treatment of Panic Disorder and Agoraphobia?* Master's Thesis in Clinical Psychology, University of Queensland, 1992.

Nicola Burton, *Validation of a Model of Appraisal-Emotion Relationships*, Master's Thesis in Clinical Psychology, University of Queensland, 1992.

Elizabeth Elliott, *The Cognitive Structure of Emotions: A Test of the Model Proposed by Ortony, Clore, & Collins*, Honours Thesis in Psychology, University of Queensland, 1991.

McNair Scholars supervised

Elizabeth Garcia	2020
Irving Arevalo, Psychology	2010
Adri Garcia, Psychology	2008

Dissertation chair for:

Brandon Perez	2023-present
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Master's thesis chair for:

Rudy Garza	2022-present
Kaylee White	2022-present

Thesis/dissertation committee member for:

Miranda Willis, UTSA Dept. of Biology – comps exam	2019
Paula Costa, UTSA Honors	2014
Viridiana Estrada, UTSA Honors	2013
Maria Estefanía Cisneros Jara, UTSA Honors	2013
Julie Bland, M.S. candidate, psychology, UTSA	2008
Robert Villareal, M.S., psychology, UTSA	2008
John Moring, M.S. psychology, UTSA	2008
Nichole M. Zarate, M.S., psychology, UTSA	2007
Rebecca Houston, doctoral candidate in clinical psychology, SMU	2005
Valerie Herd, doctoral candidate in clinical psychology, SMU	2006
Mary Clare Madeley, doctoral candidate in clinical psychology, SMU	2006
Leanne Reed, M.A., Clinical Psychology, SMU	2005
Mansour, Azadeh, M.A., Clinical Psychology, SMU	2005
Donald McGeary, Ph.D. Clinical Psychology, University of Texas Southwestern Medical Center	2003
Chris Anagnostis, Ph.D. Clinical Psychology, University of Texas Southwestern Medical Center	2002

Heather Robbins, Ph.D. Clinical Psychology, University of Texas Southwestern Medical Center	2001
Timothy Proctor, Ph.D. Clinical Psychology, University of Texas Southwestern Medical Center	2001
Jeffrey Dersh, Ph.D. Clinical Psychology, University of Texas Southwestern Medical Center	2000
Elaine Wacholtz, Ph.D. Human Development & Cognitive Neuroscience, Univ. Texas at Dallas	2000
Linda Fisk, M.A., Experimental Psychology	1998
Jonathan Evans, M.A., Clinical Psychology	1997
Eunice Gordon, M.A., Clinical Psychology	1997
Craig Miller, M.A., Clinical Psychology	1996
Krishnan G. Indiradevi, M.S., Computer Sci. & Engineering	1995
Sarah Yates, M.A., Psychology	1995
Wilson Schokopf, M.A., Clinical Psychology	1995
Jana Smith Assenheimer, Ph.D., Psychology	1994

External Examiner for:

Laurent, S. The development and initial trial of a cognitive bibliotherapy treatment for anger. Ph.D. dissertation in Psychology, The University of Sydney, Australia, 2015.

Riaz, R. *Effectiveness of cognitive behaviour therapy on incarcerated women*. Ph.D. dissertation, Institute of Clinical Psychology, University of Karachi, Pakistan, 2012.

Scott, S. *Anger experience in violent and nonviolent male offenders*. Ph.D. dissertation in Psychology, Department of Education, University of Miami, Florida, 2003.

Prabha, S. *The efficacy of rational emotive behavior therapy in the management of anger among adolescents*. Ph.D. dissertation in Psychology, Bharathiar University, Coimbatore, India, 2002.

Ladden, L. *Discrimination of sensation and affect in gastroesophageal reflux disease*. Ph.D. dissertation in Psychology, The Fielding Institute, Santa Barbara, California, 1999.

Blockey, P. *The effects of ongoing nociceptor discharge on sensory and autonomic activity and the relationship between psychophysiological factors and the subjective experience of pain in reflex sympathetic dystrophy*. Doctoral Dissertation in Psychology, Murdoch University, Australia, 1996.

Turner, M. *The evaluation of a treatment program for chronic pain sufferers who use opioid medications*. Master's Thesis in Psychology, The University of Canterbury, New Zealand, 1995.

(Select) Academic Governance

Psychology Dept, co-chair, Committee for revisions to Annual Review of Performance
 Psychology Dept, co-chair, health psych search committee
 Psychology Dept, Workload Policy Committee (Fall 2019- present)
 UTSA Committee on Diversity & Inclusion Inventory and Assessment (Fall 2019-20)
 UTSA COLFA Committee on Research & Creative Activities (Fall 2017-2019)
 UTSA COLFA Speaker Series: committee member (Fall 2017- 2019)
 Chair, Psychology Dept. Speaker Series (Fall 2017- 2019)
 Chair of subcommittee of UTSA Faculty Grievance Committee, Fall 2018
 UTSA Faculty Grievance Committee, Fall 2012-2013, Fall 2015, Fall 2018-2019
 Psychology Dept Emeritus Professor Review Committee (2010-present)
 Chair, Psychology Faculty Merit Evaluation Guidelines Committee, Fall 2015-Spr 2016
 UTSA Faculty Mentoring Program Development, Fall 2013-2015
 Senior Faculty Search Committee in Psychology, Fall 2012-present
 Chair, Dept Faculty Review Advisory Committee on PPE for Full Professors (Fall 2012)
 College Faculty Review Advisory Committee for Tenure & Promotions (Fall 2011, 2015)
 Chair, Department Faculty Review Advisory Committee Promotions to Professor (Fall 2011)
 University Task Force on Health Disparities (Fall 2008 to 2011)
 University Ad Hoc Task Force on Merit Review (Fall 2008 to 2010)
 Dean's Diversity Advisory Group (Summer 2011-2018)
 Psychology Ph.D. Development & Curriculum Committee (2011-2018)
 F&A Fund Allocation Committee
 Acting Chair for 3rd-year review of one assistant professor (2010)
 Search Committee for Faculty Hire in Health Psychology (Fall 2008- Spr '09)
 Faculty Merit Review Committee for Psychology Department (Fall 2008 to 2010)
 Chair, Department Faculty Review Advisory Committee Promotions to Professor (Fall 2008)
 Department Faculty Review Advisory Committee
 College Faculty Review Advisory Committee for Promotions to Full Professor (Fall 2008)
 Chair, Senior Faculty Search Committee, Psychology (Fall 2006 – 2007)
 University Faculty Review Advisory Committee (Spring 2007-Fall 2008)
 Merit Review Committee (Fall 2006-2007)
 Chair of SMU Institutional Review Board/Human Subjects Research (1997-2004)
 Academic Policies Committee (2004 – 2007)
 Faculty Senate, SMU (2001 - 2004)
 University Research Policy Committee (2002-2004)
 University Student Policies Committee (2001-2004)
 Faculty Advisor, Psi Chi National Honor Society in Psychology, SMU chapter (2000)
 Chair, Departmental Undergraduate Curriculum Committee (1999-2001)
 Director, Departmental Teaching Evaluation committee, SMU (1999-2002)
 Departmental Long-Term Planning Committee (2000-2001)
 Founding member, Clinical Psychology Ph.D. program in SMU
 SMU Health Professions Recommendation Committee (1996-'98)
 SMU Mentoring Program (1996-'98)

SMU Master's in Clinical Psychology Admissions Committee (1996-1999)
SMU Psychology Dept. Faculty Search Committees (1995-2006)
Organizing Committee for the Fourth World Congress of Behaviour Therapy (1992)
Coordinator of External Placements for Master of Clinical Psychology (1990-'93)
Consultant for Behaviour Research & Therapy Centre (1990-'93)
Deputy Director of Psychology Clinic, Univ. Queensland (1990-'93)