**Alan Meca, Ph.D.**

# CONTACT

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# ACADEMIC TRAINING

2014 – 2017 *University of Miami, Miller School of Medicine,* Miami, FL
NIAAA Post-Doctoral Fellow (R01AA021888-02S2)

2010 – 2014 *Florida International University,* Miami, FL.
Doctor of Philosophy in Applied Developmental Psychology.

2006 – 2010 *Florida International University, Miami, FL.*Bachelor of Arts in Psychology, Cum Laude, with Honors

# ACADEMIC POSITIONS HELD

2021 – Present Assistant Professor, Department of Psychology, *University of Texas at San Antonio.*

2017 – 2021 Assistant Professor, Department of Psychology, *Old Dominion University.*

2014 – 2017 Adjunct Professor,Department of Psychology, *Florida International University.*

# HONORS AND AWARDS

May 2020 **Towards 2044: Horowitz Early Career Scholars Program:** *Society for Research on Child Development* (Total Award: $2000).

April 2021 **Early Career Award:** Latinx Caucus, *Society for Research in Child Development (SRCD)* (Total Award: $1000).

May 2020 **Reign on Faculty Recognition Award:** Dean of Students, *Old Dominion University.*

April 2020 **Distinguished Teaching Award for Tenure Track Faculty:** College of Science, *Old Dominion University* (Total Award: $500).

May 2019 **Shining Star Award:** Dean of Students, *Old Dominion University.*

May 2019 **Outstanding Psychology Faculty Teaching Award:** Department of Psychology, *Old Dominion University.*

March 2019 **Interdisciplinary Research Training Institute on Hispanic Drug Abuse (IRTI):** *University of Southern California (USC) and National Institute on Drug Abuse (2R25DA026401)* (Total Award: $2500).

January 2019 **Frances Degen Horowitz Millennium Scholars Program (MSP):** *Society for Research on Child Development* (Total Award: $500).

July 2015 **Honorable Mention, Jeffrey S. Tanaka Memorial Dissertation Award:** Committee on Ethnic Minority Affairs (CEMA), *American Psychological Association*.

August 2014 **Post-Doctoral Fellowship:** National Institute on Alcohol Abuse and Alcoholism (NIAAA), *University of Miami Miller School of Medicine*.

April 2014 **Third Place Oral Presentation, Scholarly Forum (Psychology):** University Graduate School, *Florida International University* (Total Award: $100).

April 2014 **Provost Award for Outstanding Graduate Teaching:** University Graduate School, *Florida International University* (Total Award: $2,000).

July 2013 **McKnight Dissertation Fellowship**: *Florida Education Fund* (Total Award: $12,000).

March 2013 **First Place Oral Presentation, Scholarly Forum (Health Sciences)**: University Graduate School, *Florida International University* (Total Award: $350).

March 2012 **Second Place Oral Presentation, Scholarly Forum (Health Sciences)**

University Graduate School, *Florida International University* (Total Award: $300).

April 2010 **Graduated Cum Laude,** *Florida International University.*

April 2010 **Outstanding Academic Achievement in Psychology:** College of Arts and Sciences, *Florida International University.*

April 2010 **Outstanding Leadership:** Counseling and Psychological Services Center at *Florida International University.*

December 2009 **First Place Research Paper, McNair Symposium**: Ronald E. McNair Post-Bachelorette Fellowship, *Florida International University.*

October 2009 **Outstanding Leadership and Service:** Florida South-East Chapter, *American Foundation for Suicide Prevention.*

May 2009 **Psychology Research Initiatives Mentorship Experience Research Fellowship:** *American Psychology Association* (Total Award: $200).

March 2009 **Ronald E. McNair Post-Bachelorette Fellowship:** U.S. Department of Education Trio Program (Total Award: $3,000).

# PEER-REVIEWED JOURNAL PUBLICATIONS (\*graduate +undergraduate mentee)

Zamboanga, B. L., Merrill, J. E., Olthuis, J. V., Martin, J. L., Jarrell, J. T., Cannon, M**., Meca, A.,** Milroy. J. L., & Wyrick, D. L. (under review). A National Study on Drinking Game Behaviors and Related Consequences among NCAA Student-Athletes: Gender, Race, and Ethnic Considerations. *Journal of Psychopathology and Behavioral Assessment.*

Lorenzo-Blanco, E. I., Zhang, M., Cobb, C., **Meca, A.,** Szapocznik, J., Unger, J. B., Cano, M.A., Schwartz, S.J. (in press). Longitudinal Development of adolescent hope among recent immigrant Latinx adolescents: Links with adolescent and parent cultural stress, family functioning, emotional well-being, and behavioral health. *Child Development.*

**Meca, A.,** Gonzales-Backen, M., Rodil, J.\*, Cowan, I.**+**, Sharma, S.**+**, Webb, T.**+**, & Hayes, T. (in press). The Ethnic Identity Scale: Affirmation, really? *Cultural Diversity and Ethnic Minority Psychology.*

**Meca, A.,** Allison, K.\*, Ayers, K. I.\*, Carr, K.+, Cox, S.+, Bravo, A. J., Davies, R.\*, & Kelley, M. L. (in press). Understanding the unique effects of identity in adjustment among veterans. *Military Behavioral Health*.

Zamboanga, B. L., Merrill, J. E., Olthuis, J. V., Martin, J. L., Cannon, M., Jarrell, J. T., **Meca, A.,** Milroy. J. L., & Wyrick, D. L. (in press). Racial, ethnic, and sex differences in heavy alcohol use and negative drinking consequences in a national sample of NCAA student-athlete drinkers. *Journal of American College Health.*

Lee, T. K., Schwartz, S. J., **Meca, A.,** Cobb, C., Barton, A., & Unger J. B. (in press). Context of reception, daily linguistic biculturalism, and depressive symptoms among Hispanic college students. *Journal of Applied Developmental Psychology.*

Ward, C., Szabó, Á., Schwartz, S. J., & **Meca, A.** (in press). Acculturative stress and cultural identity styles as predictors of psychosocial functioning in Hispanic Americans: Short term change dynamics. *International Journal of Intercultural Relations*.

Vos, S.\*, Shrader, C. H., Vanessa, A., **Meca, A.,** Brown, E., Unger, J., Zeldon, I., Soto, D., & Schwartz, S. J. (2021). Latino adolescents and cultural stress in the era of Trump: A qualitative study. *International Journal of Intercultural Relations, 80,* 217-230. doi: 10.1016/j.ijintrel.2020.11.011

Cano, M. A., Marsiglia, F. F**., Meca, A.,** De La Rosa, M., Ramírez-Ortiz, D., Sánchez, M., … Domínguez García, M. J. (2021). Psychosocial stress, bicultural identity integration, and bicultural self-efficacy among Hispanic emerging adults. *Stress and Health, 37*(2), 392-398. doi: 10.1002/smi.2993

**Meca, A.,** Moreno, O.,Cobb, C., Lorenzo-Blanco, E. I., Schwartz, S. J., Cano, M. A., Zamboanga, B. L., Gonzales-Backen, M., Szapocznik, J., Unger, J. B., Baezconde-Garbanati, L., & Soto, D. W. (2021). Directional effects in cultural identity: A family system approach for immigrant Latina/o families. *Journal of Youth and Adolescence, 50*(5), 965-977. doi: 10.1007/s10964-021-01406-2

Tubman, J., **Meca, A.,** Schwartz, S. J., Velazquez, M. R., Egbert, A. W., Soares, M. H., & Regan, T. (*in press*). Brief underage alcohol use screener scores predict health risk behaviors. *Journal of School Nursing.* doi: 10.1177/1059840519871092

Schwartz, S. J., Martinez, C. R., Jr., **Meca, A.,** Szabó, A., Ward, C., Cobb, C. L., Cano, M. A., Unger, J. B., & Salas-Wright, C. P. (2021). Toward a micro-level perspective on acculturation among US Hispanic college students: A daily diary study. *Journal of Clinical Psychology.* doi: 10.1002/jclp.23009

**Meca, A.,** Cobb, C. L.\*, Schwartz, S. J., Szabo, A., Moise, R.\*, Zamboanga, B. L., Lee, T. K., Klimstra, T. A., Soares, M. H.\*, Ritchie, R. A., & Stephens, D. P. (2021). Exploring individual differences in the relationship between cultural identity processes and well-being. *Emerging Adulthood, 9*(1), 11-21.doi: 10.1177/2167696818817168

**Meca, A.,** Park, H., Higgins, J.+, Hamrick, H.+, Webb, T.+, Davis, R. L.\*, Golembiewski, L.\*, Bravo, A. J., & Kelley, M. L. (2020). The role of United States identity in adjustment among veterans. *Military Psychology, 32*(6)*,* 408-416*.* doi: 10.1080/08995605.2020.1802400

Cobb, C. L., Martinez, Jr., C. R., Schwartz, S. J., Salas-Wright, C. P., Pinedo, M., Martinez, P., **Meca, A.,** Garcia Isaza, A., Lorenzo-Blanco, E. I., McClure, H., Marsiglia, F. F., & Cano, M. A. (2020). Alcohol use severity, depressive symptoms, and optimism among Hispanics: Examining the immigrant paradox in a serial mediation model. *Journal of Clinical Psychology, 76,* 2329-2344*.* doi: 10.1002/jclp.23014

Tubman, J. G., Meca, A., Schwartz, S. J., & Regan, T. (2020). Using the NIAAA Brief Alcohol Screener in social work education for selected prevention practice targeting at-risk youth. *Journal of Social Work Practice in the Addictions, 20*, 222-229. doi: 10.1080/1533256X.2020.1793069

Cano, M. A., Sánchez, M., De La Rosa, M., Rojas, P., Ramírez-Ortiz, D., Bursac, Z., **Meca, A.,** Schwartz S. J., Lorenzo-Blanco, E. I., Zamboanga, B. L., Garcini, L. M., Roncancio, A. M., Arbona, C., Sheehan, D. M, & de Dios, M. A. (2020). Alcohol use severity among Hispanic emerging adults: Examining the roles of bicultural self-efficacy and acculturation. *Addictive Behaviors, 108,* 106442. doi: 10.1016/j.addbeh.2020.106442

Schwartz, S. J., Szabó, A., **Meca, A.,** Ward, C., Martinez, C. R., Jr., Cobb, C. L., Benet-Martínez, V., Unger, J. B., & Pantea, N. (2020). The convergence between cultural psychology and developmental science: Acculturation as an exemplar. *Frontiers in Psychology, 11,* 887. doi: 10.3389/fpsyg.2020.00887

Szabó, Á., Ward, C., **Meca, A.,** & Schwartz, S. (2020). Testing the empirical distinctiveness of the Multicultural Identity Styles Scale and the Bicultural Identity Integration Scale using exploratory structural equation modelling. *Psychological Assessment,* 32*,* 705-712*.* doi: 10.1037/pas0000825

**Meca, A.,** Zamboanga, B. L., & Kubilus, R.+ (2020). Operationalizing drinking identity from a developmental perspective: The Drinking Identity Management Scale (DIMS). *Identity: An International Journal of Theory and Research, 20*, 119-131. doi: 10.1080/15283488.2020.1747023

**Meca, A.,** Paulson, J. F., Webb, T., N.+, Kelley, M., & Rodil, J. C.\* (2020). Examining the relationship between parenting identity processes and internalizing Problems. *Identity: An International Journal of Theory and Research, 20,* 92-106*.* doi: 10.1080/15283488.2020.1737070.

**Meca, A.,** Gonzales-Backen, M., Davis, R.+, Rodil, J.\*, Soto, D. W., & Unger, J. B. (2020). Discrimination and ethnic identity: Establishing directionality among Latino/a Youth. *Developmental Psychology, 56,* 982-992. doi: 10.1037/dev0000908

Romero, A. J., Pina-Watson, B., Stevens, A., Schwartz, S. J., Unger, J., Zamboanga, B. L., Szapoznik, J., Lorenzo-Blanco, E. I., Cano, M., **Meca, A.,** Baezconde-Garbanati, L., Córdova, D., Soto, D. W., Lizzi, K. M., Des Rosiers, S. E., Pattarroyo, M., & Oshri, A. (2020). Disentangling the relationship between bicultural stress and mental well-being: A case for bicultural stress causal dominance among Latina/o immigrant adolescents. *Journal of Child Psychology and Psychiatry, 88,* 149-159. doi: 10.1037/ccp0000466

**Meca, A.,** Gonzales-Backen, M., Davis, R. +, Hassell, T., & Rodil, J.\* (2020). Development of the United States Identity Scale: Unpacking affirmation and commitment. *Journal of Latinx Psychology,* *8*, 127–141*.* doi: 10.1037/lat0000135

Jankowski, P. J., **Meca, A.**, Lui, P. P., & Zamboanga, B. L. (2020). Religiousness and acculturation as moderators of the direct and indirect effects of acculturative stress on levels of hazardous alcohol use. *Psychology of Religion and Spirituality, 12,* 88-100*.* doi: 10.1037/rel0000185

Lee, T. K., **Meca, A.,** Unger, J. B., Zamboanga, B. L., Baezconde-Garbanati, L., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Cano, M. A., Des Rosiers, S. E., Soto, D. W., Villamar, J. A., Pattarroyo, M., Lizzi, K. M., & Szapocznik, J., & Schwartz, S. J. (2020). Dynamic transition patterns in acculturation among Hispanic adolescents. *Child Development, 91,* 78-95*.* doi: 10.1111/cdev.13148

Robison, W. T.\*, Soares, M. H.\*, **Meca, A.,** Jacques, J.,Tubman, J., & Schwartz, S. J.(2019). Public Schools' Identification and Management of Underage Alcohol Use: A Qualitative Study. *Health Behavior and Policy Review, 6,* 619-631. doi: 10.14485/HBPR.6.6.7

**Meca, A.,** Rodil, J. C.\*, Paulson, J. F., Kelley, M., Schwartz, S. J., Unger, J. B., … Zamboanga, B. L. (2019). Examining the directionality between identity development and depressive symptoms among recently immigrated Hispanic adolescents. *Journal of Youth and Adolescence,* 48, 2114-2124. doi: 10.1007/s10964-019-01086-z

Ozer, S.\*, **Meca, A.,** & Schwartz, S. J. (2019). Globalization and identity development among emerging adults from Ladakh. *Cultural Diversity and Ethnic Minority Psychology, 25,* 515-526.doi: 10.1037/cdp0000261

Cobb, C.\*, Branscombe, N., **Meca, A.,** Schwartz, S. J., Xie, D., Cecilia-Zea, M., & Molina, L. (2019). Toward a positive psychology of immigration. *Perspectives on Psychological Science, 14,* 619-632. doi: 10.1177/1745691619825848

Schwartz, S. J., **Meca, A.,** Ward, C. A., Szabo, A., Benet-Martínez, V., Lorenzo-Blanco, E. I., Sznitman, G. A., Szapocznik, J., Unger, J. B., Cano, M. A., Stuart, J., & Zamboanga, B. L. (2019). Biculturalism dynamics: A daily diary study of bicultural identity and psychosocial functioning. *Journal of Applied Developmental Psychology, 62,* 26-37. doi: 10.1016/j.appdev.2018.12.007

**Meca, A.**, Zamboanga, B. L., Lui, P. P., Schwartz, S. J., Lorenzo-Blanco, E. I., Gonzales-Backen, M., … , Kubilus, R.+, Villamar, J. A., & Lizzi, K. M.. (2019). Examining the role of acculturation and cultural stressors in alcohol use among recent Hispanic adolescent immigrants. *American Journal of Orthopsychiatry, 89,* 569-578. doi: 10.1037/ort0000352

Moise, R. K.\*, **Meca, A.**, Schwartz, S. J., Unger, J., Lorenzo-Blanco, E. I., Szapocznik, J., Cano, M. A., Piña-Watson, B., Des Rosiers, S. E., Pattarroyo, M., Villamar, J., & Lizzi, K. (2019). The use of cultural identifications in predicting health behaviors in Hispanic immigrant adolescents. *Cultural Diversity and Ethnic Minority Psychology, 25,* 371-378.doi: 10.1037/cdp0000229

Cobb, C. L.\*, **Meca, A.,** Branscombe, N., Schwartz, S. J., Xie, D., Zea, M., Fernandez, C., & Sanders, G. L., (2019). Perceived discrimination and well-being among undocumented Hispanic Immigrants: The moderating role of ethnic/racial identity centrality. *Cultural Diversity and Ethnic Minority Psychology, 25,* 280-287.doi: 10.1037/cdp0000227

Ham, L. S., Zamboanga, B. L., **Meca, A.,** Blumenthal, H., Hardy, S., & Hurd, L. E. (2019). Factor Structure of the Brief Comprehensive Effects of Alcohol Scale in Adolescents. *Assessment, 26,* 604-618.doi:10.1177/1073191117694454

Lorenzo-Blanco, E. I., **Meca, A.**, Piña-Watson, B, Zamboanga, B., Szapocznik, J., Cano, M.A., . . . Schwartz, S. J.(2019). Longitudinal trajectories of family functioning among recent immigrant adolescents and parents: Links with adolescent and parent cultural stress, emotional well-being, and behavioral health. *Child Development, 90,* 506-523. doi: 10.1111/cdev.12914

Lorenzo-Blanco, E. I., **Meca, A.,** Unger, J. B., Szapocznik, J., Cano, M. A., Des Rosiers, S. E., & Schwartz, S. J. (2019). Cultural stress, emotional well-being, and health risk behaviors among recent immigrant Latinx families: The moderating role of perceived neighborhood characteristics. *Journal of Youth and Adolescence, 48,* 114-131.doi: 10.1007/s10964-018-0907-5

Ozer, S.\*, **Meca, A.,** & Schwartz, S. J. (2019). Identity processes in Ladakhi emerging adults: Validating the dimensions of identity development scale in an indigenous Himalayan population. *Emerging Adulthood, 7,* 45-51*.* doi: 10.1177/2167696818754919

Schwartz, S. J., Salas-Wright, C. P., Pérez-Gómez, A., Mejía-Trujillo, J., Brown, E. C., Montero-Zamora, P., Meca, A., Scaramutti, C., Soares, M. H., Vos, S. R., Javakhishvili, N., & Dickson-Gomez, J. (2018). Cultural stress and psychological symptoms in recent Venezuelan immigrants to the United States and Colombia. *International Journal of Intercultural Relations, 67*, 25-34. doi: 10.1016/j.ijintrel.2018.09.001

**Meca, A.,** Schwartz, S. J., Martinez Jr, C. R., & McClure, H. H. (2018). Longitudinal effects of acculturation on mental health: Does the measure of acculturation matter? *Development and Psychopathology, 30,* 1849-1866. doi: 10.1017/S0954579418001165

Schwartz, S. J., **Meca, A.,** Cano, M. A., Lorenzo-Blanco, E. I., & Unger, J. B. (2018). Identity development in immigrant youth: An international contextual perspective. *European Psychologist, 23*, 336-349*.* doi: 10.1027/1016-9040/a000335.

Tubman, J., **Meca, A.,** Schwartz, S. J., & Egbert, A. W. (2018). Health service application: The use of a brief alcohol use screener to identify adolescents at risk for school discipline due to externalizing behaviors. *Journal of School Health, 88*, 474-478. doi: 10.1111/josh.12629

Gonzales-Backen, M., **Meca, A.,** Lorenzo-Blanco, E. I., Cόrdova, D., Soto, D. W., Cano, M. A., Oshri, A., Zamboanga, B., Baezconde-Garbanati, L., Schwartz, S. J., Szapocznik, J., & Unger, J. B. (2018). Examining the temporal order of ethnic identity and perceived discrimination among Hispanic Adolescents from immigrant families. *Developmental Psychology*, *54*, 929-937. doi:10.1037/dev0000465

Grigsby, T.J., Forster, M., **Meca, A.**, Zamboanga, B.L., Schwartz, S.J., & Unger, J.B. (2018). Cultural Stressors, Identity Development, and Positive Cigarette, Alcohol and Drug Use Attitudes among Hispanic Immigrant Adolescents. *Journal of Community Psychology, 46*, 117-132. doi: 10.1002/jcop.21920

Cobb, C. L.\*, Zamboanga, B. L., Xie, D., Schwartz, S. J., **Meca, A.**, & Sanders, G. L. (2018). From advising to mentoring: Toward proactive mentoring in health service psychology doctoral training programs. *Training and Education in Professional Psychology, 12,* 38-45. doi: 10.1037/tep0000187.

**Meca, A.,** Cobb, C.\*, Xie, D., Schwartz, S. J., Allen, C., & Hunter, R. (2017). Exploring adaptive acculturation approaches among undocumented Latinos/as: A test of Berry’s Model. *The Counseling Psychologist, 45,* 1115-1140. doi: 10.1177/0011000017745978

Eichas, K., Montgomery, M., **Meca, A.**, & Kurtines, W.M. (2017). Empowering marginalized youth: A self-transformative model of positive youth development. *Child Development*, *88*, 1115-1124. doi: 10.1111/cdev.12866

**Meca, A.,** Sabet, R. F., Farrelly, C., Benitez, C. G., Schwartz, S. J., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Unger, J. B., Zamboanga, B., Baezconde-Garbanati, L., Picariello, S., Des Rosiers, S. E., Soto, D. W., Pattarroyo, M., Villamar, J. A., & Lizzi, K. M. (2017). Personal and cultural identity development in recently immigrated Hispanic adolescents: Links with psychosocial functioning. *Cultural Diversity and Ethnic Minority Psychology, 23,* 348-361. *doi: 10.1037/cdp0000129*

Farrelly, C. M., Schwartz, S. J., Amodeo, A. L., Feaster, D. J., Steinley, D. L., **Meca, A.,** Picariello, S. (2017). The analysis of bridging constructs with hierarchical clustering methods: An application to identity. *Journal of Research in Personality*, *70,* 93-106. doi: 10.1016/j.jrp.2017.06.005

**Meca, A.,** Tubman, J. G., Regan, T., Zheng, D. D.\*, Moise, R.\*, Kyoung Lee, T., Soares, M. H.\*, Velazquez, M. R., Egbert, A., & Schwartz, S.J.(2017). Preliminary evaluation of the two-item NIAAA brief alcohol use screener in a school-based sample of adolescents. *Alcohol and Alcoholism, 52*, 328-334. doi: 10.1093/alcalc/agx009.

Cobb, C.\*, **Meca, A.,** Xie, D., Schwartz, S., & Moise, R. (2017). Perceptions of legal status: Impact on psychosocial experiences of undocumented Latinos/as*. Journal of Counseling Psychology, 64,* 167-178. doi: 10.1037/cou0000189.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Szapocznik, J., Piña-Watson, B., Cano, M. A., Zamboanga, B., Baezconde-Garbanati, L., Des Rosiers, S. E., Soto, D. W., Villamar, J. A., Lizzi, K. M., Pattarroyo, M., & Schwartz, S. J. (2017). Longitudinal Effects of Latino Parent Cultural Stress, Depressive Symptoms, and Family Functioning on Youth Emotional Well-Being and Health Risk Behaviors. *Family Process, 56,* 981-996*.* doi: 10.1111/famp.12258

Schwartz, S. J., Unger, J. B., **Meca, A.,** Lorenzo-Blanco, E. I., Baezconde-Garbanati, L., Cano, M. A., Piña-Watson, B., Szapocznik, J., Zamboanga, B. L., Córdova, D., Romero, A. J., Soto, D. W., Villamar, J. A., Lizzi, K. M., Des Rosiers, S. E., & Pattarroyo, M. (2016). Personal identity development in Hispanic immigrant adolescents: Links with positive psychosocial functioning, depressive symptoms, and externalizing problems. *Journal of Youth and Adolescence*, *46*, 898-913. doi: 10.1007/s10964-016-0615-y

Cobb, C.\*, Xie, D., **Meca, A.,** Schwartz, S. J. (2016). Acculturation, discrimination, and depression among unauthorized Latino/a immigrants in the US. *Cultural Diversity and Ethnic Minority Psychology, 23,* 258-268. doi: 10.1037/cdp0000118

Schwartz, S. J., Lilienfeld, S. O., **Meca, A.,** & Sauvigné, K. (2016). Psychology and neuroscience: How close are we to an integrative perspective? Reply to Statts (2016) and Tryon (2016). *American Psychologist, 71,* 898-899. doi: 10.1037/cdp0000118

**Meca, A.,** Majdabadi, Z., Schwartz, S. J., Farzad, V., Shahrarav, M., & Moradi, A. (2016). Relationships of Contextual Factors and Personal Identity to Externalizing Problem Behavior among Iranian Early Adolescents. *Identity*: *An International Journal of Theory and Research,* *16,* 250-266. doi: 10.1080/15283488.2016.1229608

Córdova, D., Schwartz, S. J., Unger, J. B., Baezconde-Garbanati, L., Villamar, J. A., Soto, D. W., Des Rosiers, S. E., Kyoung Lee, T., **Meca, A**., Cano, M. A., Lorenzo-Blanco, E. I., Oshri, A., Salas-Wright, C. P., Piña-Wilson, B. M., & Romero, A. J. (2016). A longitudinal test of the parent-adolescent family functioning discrepancy hypothesis: A trend toward increased HIV risk behaviors among immigrant Hispanic adolescents. *Journal of Youth and Adolescence, 45,* 2164-77. doi: 10.1007/s10964-016-0500-8.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Gonzales-Backen, M., Piña-Watson, B., Cano, M. A., Zamboanga, B., & Schwartz, S.J. (2016). Latino parent acculturation stress: Longitudinal effects on family functioning and youth emotional and behavioral health. *Journal of Family Psychology, 30*, 966-976. doi: 10.1037/fam0000223

Lilienfeld, S. O., Schwartz, S. J., **Meca, A.**, Sauvigné, K., & Satel, S. (2015). Neurocentrism: Implications for psychotherapy practice and research. *Behavior Therapist*, *38*, 173-181.

Schwartz, S. J., Unger, J. B., Baezconde-Garbanti, L., Benet-Martínez, V., **Meca, A.**, Zamboanga, B. L., Lorenzo-Blanco, E. I., Des Rosiers, S. E., Oshri, A., Sabet, R. F., Soto, D. W., Pattarroyo, M., Huang, S., Villamar, J. A., Lizzi, K. M., & Szapocznik, J. (2015). Longitudinal trajectories of bicultural identity integration in recently immigrated Hispanic adolescents: Links with mental health and family functioning. *International Journal of Psychology*, *50,* 440-450. doi: 10.1002/ijop.12196.

**Meca, A.,** Ritchie, R. A., Beyers, W., Schwartz, S. J., Picariello, S., Zamboanga, B. L., Hardy, S. A., Luyckx, K., Kim, S. Y., Whitbourne, S. K., Crocetti, E., Brown, E. J., & Benitez, C. G. (2015). Identity centrality and psychosocial functioning: A person-centered approach. *Emerging Adulthood, 3*, 327-339. doi: 10.1177/2167696815593183

Côté, J., Mizokami, S., Roberts, S., Nakama, R.., **Meca, A.**, & Schwartz, S.J. (2015). The role of identity horizons in education-to-work transitions: A cross-cultural validation study in the United States and Japan. *Identity*: *An International Journal of Theory and Research, 15*, 263-286. doi: 10.1080/15283488.2015.1089507

Schwartz, S. J., Lilienfeld, S. O., **Meca, A.**, & Sauvigné, K. (2015). The role of neuroscience within psychology: A call for inclusiveness rather than exclusiveness. *American Psychologist, 71,* 52-70. doi: 10.1037/a0039678.

Schwartz, S. J., Hardy, S. A., Zamboanga, B. L., **Meca, A.**, Waterman, A. S., Picariello, S., Luyckx, K., Crocetti, E., Kim, S. Y., Loyd, A. S., Roberts, S. E., Whitbourne, S. K., Ritchie, R. A., Brown, E. J., & Forthun, L. F. (2015). Identity in young adulthood: Links with mental health and risky behavior. *Journal of Applied Developmental Psychology, 36*, 39-52. doi: 10.1016/j.appdev.2014.10.001

**Meca, A.,** Eichas, K., Quintana, S., Maximin, B. M., Ritchie, R. A., Madrazo, V. L., Harari, G. M.+, & Kurtines, W. M. (2014). Reducing identity distress: Results of an identity intervention for emerging adults. *Identity: An International Journal of Theory of Research, 14*, 312-331. doi: 10.1080/15283488.2014.944696

Dezutter, J., Waterman, A. S., Schwartz, S. J., Luyckx, K., Beyers, W., **Meca, A.**, Kim, S. Y., Whitbourne, S. K., Zamboanga, B. L., Lee, R. M., Hardy, S. A., Forthun, L. F., Ritchie, R. A., Weisskirch, R. S., Brown, E. J., & Caraway, S. J. (2014). Meaning in life in emerging adulthood: A person-oriented approach. *Journal of Personality, 82*, 57-68.doi: 10.1111/jopy.12033

Schwartz, S. J., Zamboanga, B. L., Tomaso, C. C., Kondo, K. K., Unger, J. B., Weisskirch, R. S., Ham, L. S., **Meca, A.**, Cano, M. A., Whitbourne, S. K., Loyd, A. S., Des Rosiers, S. E., Hurley, E. A., Vazsonyi, A. T., & Ravert, R. D. (2014). Association of acculturation with drinking games among Hispanic college students. *American Journal of Drug and Alcohol Abuse, 40*, 359-366. doi: 10.3109/00952990.2014.910521.

Schwartz, S. J., Zamboanga, B. L., Luyckx, K., **Meca, A.**, & Ritchie, R. A. (2013). Identity in emerging adulthood: Reviewing the field and looking forward. *Emerging Adulthood, 1*, 96-113. doi: 10.1177/2167696813479781

Ritchie, R. A., **Meca, A.**, Madrazo, V. L., Schwartz, S. J., Hardy, S. A., Zamboanga, B. L., Weisskirch, R. S., Kim, S. Y., Whitbourne, S. K., Ham, L. S., & Lee, R. M. (2013). Identity dimensions and related processes in emerging adulthood: Helpful or harmful? *Journal of Clinical Psychology, 69*, 415-432. doi: 10.1002/jclp.21960.

Rinaldi, R.L., **Meca, A**, Eichas, K., Kurtines, W. K., Albrecht, R. E., & Goodletty, S.+ (2012). The development of a qualitative extension for the Personally Expressive Activities Questionnaire (PEAQ-QE): A construct validation study. *Identity*: *An International Journal of Theory and Research, 12*, 320-344. doi: 10.1080/15283488.2012.716378

Schwartz, S. J., Zamboanga, B. L., **Meca, A.**, & Ritchie, R. A. (2012). Identity around the world: An overview. *New Directions for Child and Adolescent Development*, *1*, 96-113. doi: 10.1002/cad.20019

# PEER-REVIEWED MANUSCRIPTS UNDER REVIEW (\*graduate student +undergraduate)

**Meca, A.,** Webb, T., Cowan, I., Moulder, A., Schwartz, S. J., Szabo, A., & Ward, C. (revise and resubmit). Effects of cultural stress on identity development and depression among Hispanic College Students. *Identity*: *An International Journal of Theory and Research.*

**Meca, A.,** Allison, K., Kubilus, R., Olthuis, J. V., Merrill, J., E., Zamboanga, B. L., Wyrick, D., Milroy, J. J., & Carr, K. (in prep). Dimensions of athletic identity and their associations with drinking behaviors among NCAA college athletes: A national study. *Journal of Youth and Adolescence.*

Cacace, S., Smith, E., Cramer, R. J., **Meca, A.,** &Desmarais, S. L. (under review). Military self-stigma as a mediator of the link between military identity and suicide risk. *Military Psychology.*

Soto, D. W., Unger, J. B., Pattarroyo, M., **Meca, A.,** Villamar, J. A., Garcia, M. F., & Schwartz, S. J. (under review). "¡Pásale!: Gaining entrance to conduct research and practice with recent Hispanic immigrants: Lessons learned from the COPAL study. *PLOS One.*

Zamboanga, B. L., Napper, L., George, A., Olthuis, J., Newins, A., Rhiana, W., Ham, L., Martin, J., Blumental, H., & **Meca, A.** (under review). Utility of the Brief Young Adult Alcohol Consequences Questionnaire-Drinking Game (B-YAACQ-DG) in Screening Hazardous Alcohol Use among College Students. *Alcoholism: Clinical and Experimental Research*

Judah, M., Milam, A., Hager, N., Webb, T., Hamrick, H., & **Meca, A.** (under review). Cognitive Reappraisal and expressive suppression moderate the association between social anxiety and depression. *Journal of Psychopathology and Behavioral Assessment.*

# PEER-REVIEWED MANUSCRIPTS IN PREPARATION (\*graduate student +undergraduate)

Rodil, J. C., Meca, A., Allison, K. K., Martinez-Fuentes, S., Cowan, I. K., & Gonzales-Backen, M. A. (revise and resubmit). Measurement invariance testing for the United States Identity Scale (USIS) across Black, White, Hispanic, and Asian American college students. *International Journal of Intercultural Relations.*

Schwartz, S. J., Waterman, A. S., Cobb, C. L., Cano, M. A., Scaramutti, A., **Meca, A.,** Ozer, S., Ward, C., Puente-Durán, S., Lorenzo-Blanco, E. I., Unger, J. B., Duque, M. S., Vos, S. R., Zeledon, I., & Martinez, C. R. Jr. (revise and resubmit). Cultural stress, daily variability in well-being, and internalizing and externalizing symptoms among Hispanic college students. *Journal of Counseling Psychology.*

Schwartz, S. J., Cano, M. A., **Meca, A.,** Duque, M. C.\*, Vos, S. R.\*, Des Rosiers, S. E.\*, Ozer, S., Zeledon, I., Unger, J. B., Cruz, N., Celada-Dalton, T., West, A. E., Perazzo, P. A., Salas-Wright, C. P., Maldonado-Molina, M. M., Cobb, C. L., Martinez, Jr., C. R., & Zayas, L. H. (under review). Crisis migration adverse childhood events: A new category of youth trauma for immigrant children and adolescents. *Child Development Perspectives.*

# BOOK CHAPTERS (\*graduate student +undergraduate)

Schwartz, S. J., **Meca, A.,** Des Rosiers, S., Scaramutti, C.\*, Vos, S. R.\*, & Petrova, M.\* (under review). Identity during the transition to adulthood: Processes and outcomes. In J. Marcotte & M. Richard (Eds.), *Becoming adult: Identity and attachment.* Presses de I’Université de Québec.

**Meca, A.,** Allison, K.\*, Rodil, K.\*, Ayers, K.\*, & Eichas, K. (in press). “I Just Can’t”: Why are Emerging Adults Feeling More Anxious and Uncertain? In T. Duncan & A. Cohen (Eds.), *Cultivating Student Success: A Multi-faceted Approach to Working with Emerging Adults in Higher Education.* Oxford University Press.

**Meca, A.,** Polanco-Roman, L., Cowan, I.+, & Jimenez, A.\* (in press). Understanding suicide-related risk in immigrant and racial/ethnic minority youth through an ecological and developmental context. In R. Miranda & E. Jeglic (Eds.), *Handbook of Youth Suicide Prevention: Integrating Research into Practice.* Springer.

Eichas, K., Montgomery, M. J., **Meca, A.,** & Garcia, A. (in press). Engaging marginalized youth in positive development: The Changing Lives Program. In R. Dimitrova (Ed.), *Handbook of Positive Youth Development in a Global Context.*

**Meca, A.** & Schwartz, S. J. (2020). Acculturation and Substance Use. In K. Sweeny, M. L. Robbins, & L. M. Cohen (Eds.) *Wiley Encyclopedia of Health Psychology*. John Wiley and Sons.

**Meca, A.,** Eichas, K., Schwartz, S. J., & Davis, R. + (2019). Biculturalism and bicultural identity development: A Relational Model of Bicultural Systems. In P. F. Titzmann & P. Jugert (eds.), *Youth in Superdiverse Societies: Growing up with globalization, diversity, and acculturation* (pp. 41-57)*.* Routledge/Psychology Press.

Schwartz, S. J., **Meca, A.,** & Skhirtladze, N. (2018). The psychosocial moratorium: Exploration, Confusion, or both? In M. Bornstein (Ed.), The SAGE encyclopedia of lifespan human development (pp. 1775-1776). SAGE Publications. doi: 10.4135/9781506307633.n662

Schwartz, S. J., **Meca, A., &** Petrova, M.\* (2017). Who am I and why does it matter? Linking personal identity and self-concept clarity. In J. Lodi-Smith & K. DeMarree (Eds.), *Self-Concept Clarity* (pp. 145-164). Springer. doi: 10.1007/978-3-319-71547-6\_8

**Meca, A.,** Reinke, L.G.+, & Scheier, L. M. (2017). Acculturation and Tobacco/Illicit Drug Use in Hispanic Youth. In Schwartz S.J. & Unger, J. (Eds.), *Oxford Handbook of Acculturation* (pp. 281-300). Oxford University Press. doi: 10.1093/oxfordhb/9780190215217.013.20

Schwartz, S. J., Zamboanga, B. L., Luyckx, K., **Meca, A.**, & Ritchie, R. A. (2015). Identity in emerging adulthood: Reviewing the field and looking forward. In Arnett, J. J. (Ed), The Oxford Handbook of Emerging Adulthood (pp. 401-420). Oxford University Press.

Eichas, K., **Meca, A.**, Montgomery, M., & Kurtines, W.M. (2014). Identity and Positive Youth Development: Advances in Developmental Intervention Science. In McLean, K. & Syed, M. (Eds.), *Oxford Handbook of Identity Development* (pp. 337-354). Oxford University Press.

Crocetti, E., Meeus, W. H. J., Ritchie, R. A., **Meca, A.**, & Schwartz, S. J. (2014). Adolescent identity: The key to unraveling associations between family relationships and problem behaviors? In L. M. Scheier & W. B. Hansen (Eds.), *Parenting and teen drug use*(pp. 92-109). Oxford University Press.

# GRANTS AS PI/CO-I

**Awarded Grants**

2021 “2021 ODU Remote Experience for Young Engineers and Scientists REYES”

*Principal Investigator(s):* Orlando Ayala, *Old Dominion University
Role:* Co-Principal Investigator *Source:* Virginia Space Grant Consortium
*Award Amount:* $10,066(Direct)

2020 “APA Summer Undergraduate Psychology Research Experience”
*Principal Investigator:* Alan Meca, *Old Dominion University*
*Source:* American Psychological Association *Role:* Co-investigator
*Award Amount*: $23,244 *(Total)*; funding was declined due to COVID-19.

2020 Summer Research Fellowship Program (SRFP) “The effects of acculturation and cultural stressors on alcohol use among Hispanic college-attend emerging adults”
*Principal Investigator(s):* Alan Meca, *Old Dominion University*
*Source:* Office of Research, *Old Dominion University
Award Amount:* $7,000 *(Total)*.

2018 Junior Faculty Research Mentoring Program (JFRMP): “Parental Identity and Depression During the Transition into Parenthood”
*Principal Investigator(s):* Alan Meca, *Old Dominion University*
*Source:* Office of Research, *Old Dominion University.
Award Amount:* $3,000

2013 “Identity and inter-partner dating violence in Hispanic adolescent and colleges students”
*Principal Investigator(s):* Laura Oramas & Alan Meca, *Florida International University*
*Source:* Psychology Research Initiatives Mentorship Experience (PRIME) Research Grant, American Psychological Association *Award Amount:* $3,000

**Grants Under Review**

2021 “Identifying Cultural Stress Coping Strategies and their Effects on Hispanic Adolescents Health”
*Principal Investigator(s):* Seth J. Schwartz, *University of Texas, Austin* & Alan Meca, *University of Texas at San Antonio
Source:* Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) *Award Amount: $275,000 (Direct)*

**Grants in Preparation**

2021 “Discovering Cultural Stress Coping Strategies and their Effects on Alcohol Use for Hispanic Emerging Adults”
*Principal Investigator(s):* Alan Meca, *University of Texas at San Antonio,* & Seth J. Schwartz, *University of Texas, Austin
Source:* National Institute on Alcohol Abuse and Alcoholism (NIAAA)
*Award Amount: $275,000 (Direct)*

**Unfunded Grants**

2021 “Cultural assets, pandemic inequalities, civil unrest, & tobacco use among Black and Latinx families”
*Principal Investigator(s):* Oswaldo Moreno, *Virginia Commonwealth University*
*Source:* Virginia Foundation for Healthy Youth (VFHY)
*Award Amount:* $299,990 (Direct); this project was not funded.

2020 “Neuropsychosocial determinants of cultural stress, identity development, and depression among emerging Hispanic adults”
*Principal Investigator(s):* Angela R. Laird, *Florida International University* & Alan Meca, *Old Dominion University
Source:* National Institute on Mental Health (NIMH)
*Award Amount:* $2,287,525(Direct); this project was not discussed.

2020 “Neuropsychosocial determinants of acculturation and cultural stress on alcohol use among emerging Hispanic adults”
*Principal Investigator(s):* Angela R. Laird, *Florida International University* & Alan Meca, *Old Dominion University
Source:* National Institute on Alcohol Abuse and Alcoholism (NIAAA)
*Award Amount:* $2,589,722(Direct);this project was not discussed.

2021 “REYES’s Mentorship program for STEM students”

*Principal Investigator(s):* Raúl Briceño, *Old Dominion University
Role:* Co-Investigator *Source:* Virginia Space Grant Consortium
*Award Amount:* $10,000(Direct)

2020 “Identifying Cultural Stress Coping Strategies and their Effects on Alcohol Use for Hispanic Adolescents”
*Principal Investigator(s):* Alan Meca, *Old Dominion University* & Seth J. Schwartz, *University of Miami
Source:* National Institute on Alcohol Abuse and Alcoholism (NIAAA)
*Award Amount: $275,000 (Direct)*; this project was not funded but scored (36).

2020 “Research Initiation: Studying the Effects of Engaging Ethnic/Racial Minority Engineering Undergraduate Students in Emerging Topics for the 21st-Century Workforce”
*Principal Investigator(s):* Murat Kuzlu, *Old Dominion University
Source:* National Science Foundation
*Role:* Co-Principal Investigator *Award Amount: $200,000 (Total);* this project was not funded.

2019 “Identifying Cultural Stress Coping Strategies and their Effects on Alcohol Use for Hispanic Adolescents”
*Principal Investigator(s):* Alan Meca, *Old Dominion University* & Seth J. Schwartz, *University of Miami
Source:* National Institute on Alcohol Abuse and Alcoholism (NIAAA)
*Award Amount: $275,000 (Direct)*; this project was not funded but scored (34).

2019 “Intersections of Neighborhood, Culture, and Family Factors in Predicting Sexual Behaviors among Adolescent Hispanic Immigrants”
*Principal Investigator(s):* Melinda Gonzales-Backen, *Florida State University
Role:* Co-Investigator, *Old Dominion University
Source:* National Institute of Minority Health and Health Disparities
*Scientific Review Score:* Not scored.  *Award Amount: $100,000 (Direct);* this project was not funded.

2019 “Parental Identity and Depression During the Transition into Parenthood”
*Principal Investigator(s):* Alan Meca, *Old Dominion University
Role:* Principal Investigator, *Old Dominion University
Source:* National Institute of Mental Health
*Scientific Review Score:* Not scored.
*Award Amount:* $300,000 *(Direct)*; this project was not funded.

2019 Online Funding Inquiry: “Pathways of character development among Hispanic populations: An examination of cultural and developmental determinants”
*Principal Investigator(s):* Alan Meca, *Old Dominion University
Source:* Templeton Foundation
*Award Amount: $200,000 (Total);* this project was not invited for submission.

2019 “Creating Confidence in Computational Competency”
*Principal Investigator(s):* Frederic McKenzie, *Old Dominion University
Role:* Co-Principal Investigator *Source:* National Science Foundation
*Award Amount: $753,122 (Total)*; this project was not funded.

2019 “APA Summer Undergraduate Psychology Research Experience”
*Principal Investigator:* Jeremiah Still, *Old Dominion University*
*Source:* American Psychological Association *Role:* Co-investigator
*Award Amount*: $24,022 *(Total)*; this project was not funded.

2018 “Intersections of Neighborhood, Culture, and Family Factors in Predicting Sexual Behaviors among Adolescent Hispanic Immigrants”
*Principal Investigator(s):* Melinda Gonzales-Backen, *Florida State University
Role:* Co-Investigator, *Old Dominion University
Source:* National Institute of Minority Health and Health Disparities
*Scientific Review Score:* Not scored.  *Award Amount:* $100,000 *(Direct)*;this project was not funded.

2018 “An Innovative Interdisciplinary Graduate Program to Bridge the Skills Gap Leading to Career Readiness”
*Principal Investigator(s):* Orlando Ayala, *Old Dominion University
Role:* Co-Principal Investigator *Source:* National Science Foundation
*Award Amount: $346,952 (Direct)*; this project was not funded.

2018 “Summer Research Fellowship Program (SRFP): The effects of acculturation and cultural stressors on alcohol use among Hispanic college-attend emerging adults”
*Principal Investigator(s):* Alan Meca, *Old Dominion University*
*Source:* Office of Research, *Old Dominion University
Award Amount:* $7,000 *(Total)*; this project was not funded.

2018 “APA Summer Undergraduate Psychology Research Experience”
*Principal Investigator:* Jeremiah Still, *Old Dominion University*
*Source:* American Psychological Association *Role:* Co-investigator *Award Amount*: $23,500 *(Total)*; this project was not funded.

# CONSULTATION

**Consultant Positions**

2021-*Present* **Theoretical Consultant,** *Virtually Empowering Schools with Adolescent Immigrant Students (VISA-IS) (1R41MD015978-01), Research, Evaluation, and Social Solutions, INC (RESI) & University of Texas Austin.* Provided expertise on cultural identity development, acculturation, and biculturalism to develop EduGames content as part of a Phase I feasibility and acceptability (Principal Investigators: Seth J. Schwartz, Ph.D.).

2020-2021 **External Evaluator,** *Violence Intervention and Prevention, Newport News, VA.* Developed pre- and post-assessments and evaluated the effectiveness of trainings designed to address teenage violence and promote positive development through mentorship. Assisted with preparation of a funded community grant proposal (Award = $10,000) to United Healthcare (Principal Investigator: Cameron Bertrand).

2020-2021 **External Evaluator,** *Teens with a Purpose (TWP), Norfolk, VA.* Developed pre- and post-assessments and evaluated the effectiveness of various programming offered by TWP to youth from under resourced communities. Assisted with preparation of two community grant proposals, both currently under review (Principal Investigator: Deirdre Love, Ph.D.).

2019-2021 **Statistical and Methodological Consultant,** *Advancing the Measurement of Cultural Stress for Hispanic Adolescents (R21HD095636-01), University of Miami.* Facilitated the development of a comprehensive measure of cultural stress based on focus group conducted during the first phase of the study and will spearhead the validation of the measure with data collected as part of the phase II longitudinal study (Principal Investigators: Seth J. Schwartz, Ph.D., & Jennifer Unger, Ph.D.).

2019 **Statistical and Methodological Consultant,** *Multisite School-Based Evaluation of a Brief Screener for Underage Drinking (*R01AA021888*), American University.* Conducted analysis for several research studies examining the longitudinal utility of the two-item screener. Manuscripts currently in preparation to be submitted for publication (Principal Investigators: Jonathan Tubman & Seth J. Schwartz, Ph.D.).
Contract Amount: $10,000

2017-*Present* **Research Affiliate/Advisor & Statistical Consultant,** *College Athletes and Risky Drinking Study (CARDS), Institute to Promote Athlete Health & Wellness (IPAHW), University of North Carolina-Greensboro*. Served as a research design advisor and will conduct statistical analysis as part of the CARDS study, a multisite/national study designed to examine psychological and sociocultural determinants of alcohol use and risky drinking behaviors among student-athletes (Principal Investigator: David Wyrick, Ph.D.).

2016-2018 **Statistical Consultant,** *Project RED (Reteniendo y Entendiendo Diversidad para Salud), University of Southern California, Los Angeles, CA.* Conducted analysis for several research studies under Project RED, a longitudinal study among Hispanic/Latino youth in Los Angeles designed to examine psychological and sociocultural determinants of risk behaviors (Principal Investigator: Jennifer Unger, Ph.D.).

2015-*Present* **Methodological Consultant,** *RER Consulting LLC, Miami, FL.* Developed pre- and post-assessments and evaluated the effectiveness of trainings designed to facilitate positive interactions between adolescents and school resource officers and general community police officers (Principal Investigator: Ruban Roberts, MBA, MSW).

2013 **Statistical Training**, *Project SOL (Student from Other Lands),* *Florida International University, Miami, FL.* Trained research staff on Structural Equation Modeling and best practices of Mplus. (Principal Investigator: Mary Levitt, Ph.D.).

**Grants as Statistical/Methodological Consultant or Grant Writer**

**Awarded**

2020 “Virtually Empowering Schools with Adolescent Immigrant Students”
*Principal Investigator(s):* *Research, Evaluation, and Social Solutions, INC (RESI) &* Seth J. Schwartz, *University of Texas Austin
Source:* National Institute of Minority Health and Health Disparities (1R41MD015978-01)
*Role:* Grant Writer and Survey Developer  *Award Amount:* $225,000

2019 “Post-Maria Puerto Rican Families Relocated to Florida: A Multisite Study of Alcohol Misuse and Mental Health Problems"
*Principal Investigator(s):* Christopher Salas-Wright, *Boston University
Source:* National Institute of Minority Health and Disparities (R01 MD014694).
*Role:* Statistical and Methodological Consultant  *Award Amount:* $2,484,503

2017 “Advancing the Measurement of Cultural Stress for Hispanic Adolescents”
*Principal Investigator(s):* Seth J. Schwartz, *University of Miami*
*Source:* National Institute of Child Health and Human Development (R21HD095636-01).  *Role:* Grant Writer and Statistical and Methodological Consultant  *Award Amount:* $279,179

**Under review**

2020 Advancing interventions for youth and emerging adults with barriers to engagement along the HIV care continuum: Developing new intervention components using the multiphase optimization strategy (MOST)"
PI: Marya Gwadz, Ph.D., New York University
Source: National Institute on Drug Abuse (R01 DA053183-A1)
Role: Consultant on intervention design
Award amount (requested): $2,711,922

**Grants as External Evaluator**

**Awarded**

2020 “Violence Intervention and Prevention Nutrition Oasis Program"
*Principal Investigator(s):* Violence Intervention and Prevention (VIP) *Source:* United Healthcare
*Role:* External Evaluator *Total Award Amount:* $10,000
*Contract:* $500

# SELECTED PRESENTATIONS AND SYMPOSIA

**National and International Scientific Meetings (\*graduate student +undergraduate)**

**Meca, A.,** Moreno, O., Cobb, C., Lorenzo-Blanco, E. I., Schwartz, S. J., Cano, M. A., Zamboanga, B., Gonzales-Backen, M., Szapocznik, J., & Unger, J. B. (2022, May). The cultural identity family system among recently immigrated Hispanic families. In R. Corona (Chair), Navigating a Sense of "Otherness:" The Experiences of Latinx Adolescents and Emerging Adults. Symposium to be presented at the 2022 Special Topic Meeting of the Society for Research in Child Development (SRCD): Construction of the ‘Other,’ Rio Grande, Puerto Rico.

**Meca, A.,** Rodil, J.\*, Cowan, I.**+**, Sharma, S.**+**, Webb, T.**+**, Gonzales-Backen, M. (2022, May). The Ethnic Identity Scale: Affirmation, really? In A. Meca (chair), Important Directions in Cultural Identities Among Ethnic/Racial Minorities. Symposium to be presented at the 2022 Special Topic Meeting of the Society for Research in Child Development (SRCD): Construction of the ‘Other,’ Rio Grande, Puerto Rico.

Rodil, J.\*, Allison, K.\*, Sharma, S.+, **Meca, A.,** & Gonzales-Backen, M. (2022, May). Measurement invariance testing for the United States Identity Scale (USIS) across Black, White, and other college students. Poster to be presented at the 2022 Special Topic Meeting of the Society for Research in Child Development (SRCD): Construction of the ‘Other,’ Rio Grande, Puerto Rico.

Puharic, B., Milam, A. L., **Meca, A.**,& Kelley, M. L. (Under Review). The role of identity confusion, military to civilian transition, and social support in predicting posttraumatic stress disorder symptoms among veterans. Poster submitted to International Society for Traumatic Stress Studies (ISTSS), Washington D.C.

**Meca, A.,** Cruz, B., & Laird, A. R. (2021, November). Profiles of cultural stress among college-attending Hispanic emerging adults. Paper to be presented at the 2021 Society for the Study of Emerging Adulthood (SSEA) Conference.

Allison, K. K.\*, **Meca, A.,** Kubilus, R.+, Olthuis, J. V., Merrill, J. E., Zamboanga, B. L., Wyrick, D., Milroy, J. J., & Carr, K.+ (2021, November). Dimensions of athletic identity and their associations with drinking behaviors among NCAA college athletes: A National study. Paper to be presented at the 2021 Society for the Study of Emerging Adulthood (SSEA) Conference.

Cox S., Chae J., Meca A., Kelley, M.L. (2021, May) The impact of meaning in life on the relationship between in-depth exploration and negative repetitive thoughts. Poster presented virtually at the virtual APS annual convention.

**Meca, A.,** Rodil, J.\*, Garcia, B. W.**+**, Nunez-Valencia, E.**+**, Szabó, Á, Schwartz, S. J., & Ward, C. (2021, May). Bicultural identity and its impact on daily cultural stress and symptoms of depression among Hispanic youth. Paper to be presented at the 2021 of the Society for Research in Child Development (SRCD) Biennial Meeting.

**Meca, A.,** Webb, T.**+**, Rodil, J.\*, Humphries, M., & Loyd, A. (2021, April). Preliminary validation of a generalizable measure of identity shifting. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Ayers, K.\*, **Meca, A.,** Rodil, J.\*, Cowan, I.+, & Gober, T.+ (2021, April). Interpersonal relationships and attachment in ethnic and racial minorities: The influence of discrimination and trauma. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Webb, T.+, Moulder, A.+, Carr, K. M.+, & **Meca, A.** (2021, April). Exploring the moderating effects of heritage and US identity between discrimination and social anxiety. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Rodil, J.\*, **Meca, A.,** Allison, K.\*, Ayers, K.\*, Carr, K.+, & Ray, T.+ (2021, April). The cost of racism: Examining the experiences of the majority. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Carr, K.+, Cowan, I.**+**, Webb, T.**+**, **Meca, A.,** Lorenzo-Blanco, E. I., Schwartz, S. J., & Unger, J. B. (2021, April). The unique effects of acculturative stress components on parenting among recently immigrated Latinx parents. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Wilkinson, D.\*, Maya, A.\*, **Meca, A.,** & Loyd, A. (2021, April). Examining relations between ethnic identity, U.S. identity, and academic functioning among Asian American, African American, and Latinx emerging adults. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Allison, K.\*, Sharma, S.+, Meca, C., Jodil, J.\*, Perez, T., & **Meca, A.** (2021, April). Mental health mediation of bicultural stress and academic motivation for Latinx emerging adults. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Allison, K.\*, Sharma, S.+, Webb, T.+, Taylor, D.+, Rodil, J.\*, & **Meca, A.** (2021, April). Cultural identity orientations among Latinx emerging adults. Poster to be presented at the 2021 Society for Research in Child Development (SRCD) Biennial Meeting.

Loyd, A., Rodil, J.\*, LeBlanc, Humphries, & **Meca, A.,** (2020, December). “I Just Need to be Me, authentically”: Exploring identity shifting among college students of color.Poster to be presented at the 2020 Special Topic Meeting of the Society for Research in Child Development (SRCD): Construction of the ‘Other,’ Rio Grande, Puerto Rico.

Cano, M. A., Marsiglia, F. F., De La Rosa, M., **Meca, A.,** Sánchez, M., Ramírez-Ortiz, D., Alamilla, S. G., Ahmed, S., Taskin, T., & Domínguez García, M. (2020, October). Psychosocial stress, bicultural identity integration, and bicultural self-efficacy among Hispanic emerging adults. Poster to be presented at the virtual conference of the National Hispanic Science Network on Drug Abuse.

Jauregui, A., Olthuis, J. V., Martin, J. L., **Meca, A.,** Milroy, J. J., Wyrick, D. L., & Zamboanga, B. L. (2020, August). Preparty motives and their associations with preparty behaviors in a national sample of college student-athletes. Poster presented at the 2020 Virtual APA Annual Convention.

**Meca, A.** & Cano, M. A. (2019, October). Configurations of bicultural identity and their relation to mental health and alcohol use: A person-centered approach. Poster to be presented at the conference of the National Hispanic Science Network on Drug Abuse, New Orleans, LA.

Cano, M. A., Sánchez, M., De La Rosa, M., Rojas, P., Ramírez-Ortiz, D., Bursac, D. Z., **Meca, A.,** … de Dios, M. A. (2019, October). Alcohol use Severity among Hispanic emerging adults: Examining associations with bicultural self-efficacy, acculturation, and enculturation. Poster to be presented at the conference of the National Hispanic Science Network on Drug Abuse, New Orleans, LA.

Ward, C., Szabo, A., Schwartz, S. J., & **Meca, A.** (August, 2019). Can alternating cultural identities be adaptive? Paper presented at the 2019 International Academy of Intercultural Research (IAIR) Conference, Shanghai, China.

Martin, J. L., Tineo, Y. A. C., Zamboanga, B. L., **Meca, A.,** Olthuis, J. V., Jarrell, J. T.+, Milroy, J., & Wyrick, D. (August, 2019). Development of the expanded Drinking Motives Questionnaire in a national sample of student athletes. Poster presented at the 2019 APA Annual Convention, Chicago, IL.

Zamboanga, B. L., Martin, J. L., Pazienza, R., Jarrell, J., **Meca, A.,** Blumenthal, H., & Wegner, R. (August, 2019). Development of the motives for choosing players to drink measure. Poster presented at the 2019 APA Annual Convention, Chicago, IL.

Davies, R. L.\*, Ehlke, S., Kelley, M. L., & **Meca, A.** (May, 2019). Meaning in Life as a Moderator for Development of Moral Injury in Military Personnel. Poster presented at the 2019 APS Annual Convention, Washington, D.C.

**Meca, A.,** Rodil, J.\*, Davis, R.+, Schwartz, S. J., Unger, J., & Soto, D. W. (March, 2019). The directional links between synthesis and confusion among Hispanic immigrant adolescents. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

Kubilus, R.+, Taylor, D.+, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). A longitudinal study of adolescent identity development and harmful alcohol use within a racially/ethnically diverse sample. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

Rodil, J.\*, Davis, R.+, Robles, K.+, **Meca, A.**, Gonzales-Backen, M., Soto, D. W., & Unger, J. B. (March, 2019). Discrimination and ethnic identity across the transition to adulthood. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

Davis, R.+, Rodil, J.\*, Ballard, T.+, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). Exploring the link between academic self-concept and identity development in Black adolescent. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

Taylor, D.+, Kubilus, R.+, Brown, I.+, **Meca, A.**, Tubman, J., & Schwartz, S. J. (March, 2019). The relationship between ethnic identity and alcohol use. Poster presented at the 2019 Society for Research in Child Development (SRCD) Biennial Meeting, Baltimore, MA.

Salas-Wright, C.P., Schwartz, S.J., Perez-Gomez, A., Mejía-Trujillo, J., Brown, E.C., Montero-Zamora, P., **Meca, A.,** Scaramutti, C., Soares, M.H., Vos, S.R., & Javakhishvili, N. (January, 2019). Psychological distress among Venezuelan immigrants in the US and Colombia: The role of discrimination and context of reception. Workshop presented at the Annual Conference of the Society for Social Work and Research (SSWR), San Francisco, CA.

Eichas, K., Montgomery, M. J., **Meca, A.,** & Garcia, A. (2018). Engaging marginalized youth in positive identity development: The changing lives program. Paper presented at the 2018 European Association for Research on Adolescence (EARA), Ghent, Belgium

Salas-Wright, C., Schwartz, S. J., Perez-Gomez, A., Mejia-Trujillo, J., Brown, E. C., Montero-Zamora, P., **Meca, A.,** Scaramutti, C., Soares, M., Vos, S., & Javakhishvili, N. (2018, January). Psychological Distress among Venezuelan Immigrants in the US and Colombia: The Role of Discrimination and Context of Reception. Paper presented at 23rd Biennial Society for Social Work and Research, San Francisco, CA.

Montgomery, M. J., Eichas, K., **Meca, A.,** & Kurtines, Wl. (2017, November). Empowering marginalized youth: A group intervention for promoting positive development. Paper presented at the First Annual Department of Counseling/Human Behavior/Human Services Research Symposium: Honoring Faculty Research and Scholarship, Minneapolis, MN.

Tubman, J., Schwartz, S. J., **Meca, A.,** Davila, M., & Egbert, A. (March, 2018). Aggressive Behavior Clusters in a School-Based Sample: Gender Differences in Relations with Measures of Alcohol Risk Behaviors. Poster presented at the 17th Biennial Meeting of the Society for Research on Adolescence.

**Meca, A.**, Johnson, S., Skhirtladze, N., & Schwartz, S. J. (November, 2017). Joint validation of the Dimensions of Identity Development (DIDS) and the Utrecht- Management of Identity Commitments Scale (U-MICS). Paper presented at the Biennial Meeting of the Society for Study of Emerging Adulthood (SSEA), Washington, D.C.

**Meca, A.**, Moise, R.\*, Jacques, J., Alsolami, A., & Schwartz, S. J. (November, 2017). Personal and cultural identity development: Directionality within a daily diary study. Paper presented at the Biennial Meeting of the Society for Study of Emerging Adulthood (SSEA), Washington, D.C.

Robison, T. W.\*, Soares, M.\*, Schwartz, S. J., & **Meca, A.** (November, 2017). Implementing a brief alcohol use screener in Miami-Dade County Public Schools: acceptability and feasibility. Poster presented at the American Public Health Association (APHA), Atlanta, GA.

Jankowski, P. J., Zamboanga, B. L**., Meca, A.**, & Lui, P. P. (August, 2017). Acculturative stress and hazardous alcohol use: Moderating effects for religiosity and biculturalism. Poster presented at the 125th Annual Convention of the American Psychological Association, Washington, DC.

Soares, M. H.\*, **Meca, A.,** Zheng, D.\*, Moise, R. K.\*, Schwartz, S. J., Tubman, J., Egbert, E., Velazquez, M. R. (May, 2017). Validation of a Developmentally Appropriate Underage Alcohol Screening Tool. Poster presented at the Society for Prevention Research (SPR) 25th Annual Meeting, Washington, D.C.

**Meca, A.,** Schwartz, S. J., Moise, R.\*, Zamboanga, B. L., Stephens, D. P., Ritchie, R. A., Szabo, A., & Soares, M. H.\* (April, 2017). Exploring the role of identity centrality in the relationship between commitment and well-being. In G. Stein (chair), Ethnic and National Identity in Latino and Asian Populations. Symposium presented at the Biennial Meeting of the Society for Research on Child Development (SRCD), Austin, TX.

Eichas, K., Montgomery, M., **Meca, A.,** & Kurtines, W. (April, 2017). Empowering marginalized youth: A self-transformative intervention for promoting positive youth development. Paper presented at the Biennial Meeting of the Society for Research on Child Development (SRCD), Austin, TX.

Moise, R. K.\*, **Meca, A**., Asfour, L., Carucci, D., Lebron, C., Schwartz, S. J., Natale, R., Messiah, S. E., & Brossoit, R. M. (October, 2016). Prevalence and Perinatal Etiology of Obesity in Haitian Preschool Children. Paper presented at the 144th American Public Health Association Conference, Denver, CO.

Ozer, S.\*, **Meca, A.**, & Schwartz, S.J. (2016, August). Globalization and identity development in Ladakh. Poster presented at the 23rd conference meeting of the International Association for Cross-Cultural Psychology, Nagoya, Japan.

Whitbourne, S. K., **Meca, A., &** Brossoit, R. M. (August, 2016). The role of identity in predicting career paths from college to early adulthood. Poster presented at the Annual Convention of the American Psychological Association, Denver, CO.

Gonzales-Backen, M. A., **Meca, A.**, Lorenzo-Blanco, E. I., Des Rosiers, S. E., Cόrdova, D., Soto, D. W., Cano, M. A., Oshri, A., Zamboanga, B. L., Baezconde-Garbanti, L., Schwartz, S. J., Szapocznik, J., & Unger, J. B. (April, 2016). Examining the temporal order of ethnic identity and perceived discrimination among Hispanic adolescents from immigrant families. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.

Lorenzo-Blanco, E. I., **Meca, A.**, Unger, J. B., Romero, A., Piña-Watson, B., Cano, M. A., Zamboanga, B., & Schwartz, S.J. (March, 2016). Latina/o parent’s cultural stress: Links with family functioning and youth mental health substance use. Paper to be presented at the 16th Biennial Meeting of the Society for Research on Adolescence.

**Meca, A.,** Sabet, R. F., Farelly, C., Benitez, C. G., Schwartz, S. J., Gonzales-Backen, M., Lorenzo-Blanco, E. I., Unger, J. B., Zamboanga, B. L., & Baezconde-Garbanati, L., (2015). Personal and cultural identity development in recently immigrated Hispanic adolescents. Paper presented at the 16th Biennial Meeting of the Society for Research on Adolescence (SRA), Baltimore, MD.

**Meca, A.,** Schwartz, S. J., & Tubman, J. (March, 2016). Evaluation of the NIAAA/AAP Brief Screening Measure in a school setting. Poster presented at the 16th Biennial Meeting of the Society for Research on Adolescence.

**Meca, A.,** Schwartz, S. J., & Stephens, D. P. (January, 2016). Bicultural identity integration and psychosocial functioning: A daily diary study. Paper presented at the 17th Annual Convention of the Society for Personality and Social Psychology (SPSP) in San Diego, CA.

**Meca, A.,** Benitez, C. G., Ritchie, R. A., Beyers, W., Schwartz, S. J., Picariello, S., Zamboanga, B. L., Hardy, S. A., Luyckx, K., Kim, S. Y., Whitbourne, S. K., Crocetti, E., & Brown, E. J. (October, 2015). Identity centrality and psychosocial functioning: A person-centered approach. Paper presented at the 7th Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Miami, FL.

Eichas, K., Dennard, C., Stickley, Z.,& **Meca, A.** (2015). Promoting positive adult development: Results from an identity-focused program for adult students. Poster presented at the 9th Biennial Meeting of the Society for the Study of Human Development (SSHD), Austin, TX.

Eichas, K., **Meca, A.**, & Whiteley, J. (May, 2015). Promoting positive identity: The making career and education choices workshop. Poster presented at the 22nd Annual Meeting of the Society for Research on Identity Formation (SRIF), Bellingham, WA.

Picariello, S., Amodeo, A. L., **Meca, A.**, & Schwartz, S.J. (2014, September). Personality profiles and group belonging: Preliminary results from an Italian adolescent sample. Poster presented at the 14th biennial conference meeting of the European Association for Research on Adolescence, Cesme, Turkey.

Zamboanga, B. L., Tomaso, C. C., Schwartz, S. J., Kondo, K. K., Unger, J. B., **Meca, A.**, Vazsonyi, A. T., Des Rosiers, S. E., Ham, L.S., Hurley, E. A., & Whitbourne, S. K. (August, 2014). Cultural domains of acculturation and drinking games involvement among Hispanic college students: A bidimensional approach. Poster presented at the 122nd Annual Convention of the American Psychological Association (APA), Washington D.C.

Garcia, T. A., Hospital, M. M., **Meca, A.,** Ritchie, R.A., Wagner, E., & Mendez, S.A. (June, 2014). A longitudinal evaluation of the effects of heavy episodic drinking on educational attainment. Poster was presented at the 37th Annual Research Society on Alcoholism (RSA) Scientific Meeting, Washington D.C.

Moffatt, M., Whiteley, J., Stickley, Z., Eichas, K., Dennard, C., Horn-Johnson, T., Cox, S., **Meca, A.**, & Maximin, B. (2014, March). Identity development among university center students: The role of academic self-regulation. Poster presented at the 21st Annual Meeting of the Society for Research on Identity Formation (SRIF), Austin, TX.

Eichas, K., Horn-Johnson, T., Dennard, C., Moffatt, M., **Meca, A.**, & Maximin, B. (2014, March). Identity development and academic self-regulation among Emerging Adults following nontraditional educational pathways. Poster presented at the 15th Biennial Meeting of the Society for Research in Adolescents (SRA), Austin, TX.

**Meca, A.,** Eichas, K., Quintana, S., Maximin, B., Madrazo, V., Ritchie, R., & Kurtines, W. M.(2014, March). Preliminary evaluation of the Adult Development Project: An identity intervention for emerging adults. Poster presented at the 15th Biennial Meeting of the Society for Research in Adolescents (SRA), Austin, TX.

Madrazo, V. L., **Meca, A.,** & Maximin, B. M. (2013, November). Spirituality and Emerging Adults: The roles of gender and ethnic identity on self-esteem and perceived discrimination. Poster was presented at the 8th Biennial Meeting of the Society for the Study of Human Development (SSHD), Fort Lauderdale, FL.

Maximin, B. M., **Meca, A.**, Quintana, S., & Kurtines, W. (2013, October). Critical thinking and identity resolution in minority Emerging Adults. Poster was presented at the 6th Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Chicago, IL.

**Meca, A.**, Maximin, B. M., Quintana, S., Madrazo, V. L., Ritchie, R. A., Garcia, T., & Kurtines, W. M. **(**2013, October**).** Personal Control and Responsibility Measure (PCRM). Poster presented at the 6th Biennial Meeting of the Society for the Study of Emerging Adulthood (SSEA), Chicago, IL.

Maximin, B. M., **Meca, A.**, Madrazo, V. L., & Kurtines, W. (2013, May). Critical thinking, life goals, and behavioral outcomes - an outcome mediation cascade model. Poster presented at the 20th Annual Meeting of the Society for Research on Identity Formation (SRIF), Saint Paul, MN.

**Meca, A.,** Garcia, T.A., Ritchie, R.A., Madrazo, V.L., & Schwartz, S.J. (2013, May). Identity processes and alcohol expectancies. Poster presented at the 20th Annual Meeting of the Society for Research on Identity Formation (SRIF), Saint Paul, MN.

Madrazo, V.L., **Meca, A.,** Schwartz, S.J., & Stephens, D.P. (2013, May). A multiethnic study on the effects of family variables on emotion regulation. Poster presented at the 2013 Association for Psychological Science (APS) Convention, Washington, DC.

Madrazo, V.L., **Meca, A.,** Eichas, K.R., Ritchie, R.A., & Kurtines, W.M. (2012, August). The effects of a positive youth development intervention on problem behavior outcomes. Poster presented at the 2012 American Psychological Association (APA) Convention, Orlando, FL.

Quintana, S., **Meca, A.**, & Kurtines, W.M. (2012, August). The development of the Inventory of the Dimensions of Emerging Adulthood-Qualitative Extension. Poster presented at the 120nd Annual Convention of the American Psychological Association (APA), Orlando, FL.

**Meca, A.**, Ritchie, R., Eichas, K., Albrecht, R., Rinaldi, R., Goodletty, S.+, & Kurtines, W. M. (2011, February). The relationship between identity distress and identity conflict resolution in the Miami Youth Development Project. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Ritchie, R., **Meca, A.**, Madrazo, V., Garcia, A., Varela, A., Rinaldi, R., Maximin, B. M., Kasian, E., Quintana, S., Harari, G.+, & Kurtines, W. M. (2011, February). Commitment in a positive youth development project. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Madrazo, V., **Meca, A.**, Eichas, K., Ritchie, R., Rinaldi, R., Garcia, A., Varela, A., Quintana, S., Maximin, B. M., Kasian, E., & Kurtines, W. M. (2011, February). The evaluation of an outcome mediation cascade model on interaction effects of a Positive Youth Development Intervention. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Goodletty, S.+, **Meca, A.**, Varela, A., Ritchie, R., Rinaldi, R., Garcia, A., Quintana, S., Madrazo, V., Kurtines, W. M. (2011, February). Parent-adolescent relationships at the onset of the Changing Lives Program (CLP) Intervention and its implications for later identity development. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Quintana, S., Rinaldi, R., **Meca, A.**, Ritchie, R., Garcia, A., Varela, A., Maximin, B. M., Kasian, E., Madrazo, V., & Kurtines, W. M. (2011, February). The Adult Development Project: A preliminary study. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Maximin, B. M., Garcia, A., Harari, G., Kasian, E., Madrazo, V., **Meca, A.**, Quintana, S., Rinaldi, R., Ritchie, R., Varela, A., & Kurtines, W. M. (2011, February). Investigation of the Critical Problem-Solving Skills Scale. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Eichas, K., Rinaldi, R., Quintana, S., Ritchie, R., Garcia, A., Varela, A., Maximin, B.M., Madrazo, V., **Meca, A.**, & Kurtines, W. M. (2011, February). Evaluating Positive Youth Development: Relational Data Analysis. Poster presented at the 18th Annual Meeting of the Society for Research on Identity Formation (SRIF), Daytona Beach, FL.

Ritchie, R., **Meca, A.**, Madrazo, V., Garcia, A., Eichas, K., & Kurtines, W. (2010, March). Investigating mediators of identity development in a school-based youth development project. Poster presented at the 17th Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

**Meca, A.,** Rinaldi, R., Eichas, K., Kasian, E., & Kurtines, W. (2010, March). A longitudinal investigation of the effects of participation in the Changing Lives Program on control and responsibility over life change goals. Poster presented at the 17th Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

**Meca, A**., Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Kkasian, E., O’Dowd, B., Quintana, S., & Kurtines, W. (2010, March). Positive youth development: Promoting control and responsibility for life challenges. Poster presented at the 17th Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

Rinaldi, R., **Meca, A.**, Eichas, K., Kasian, K., & Kurtines, W. (2010, March). A longitudinal investigation of the effects of participation in the Changing Lives Program: An integrative quantitative qualitative evaluation model. Poster presented at the 17th Annual Meeting of the Society for Research on Identity Formation (SRIF), Philadelphia, PA.

Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Varela, A., Madrazo, V., Maximin, B., Kasian, E.., **Meca, A**., O’Dowd, B., Quintana, S., & Kurtines, W. (2009, October). Evaluating positive youth development: an integration of quantitative and qualitative methods. Poster presented at the 6th Biennial Meeting of the Society for the Study of Human Development, Ann Arbor, MA.

**Meca, A.**, Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Ekasian, K, O’Dowd, B., Quintana, S., & Kurtines, W. (2009, October). Positive youth development: Promoting control and responsibility. Poster presented at the 6th Biennial Meeting of the Society for the Study of Human Development, Ann Arbor, MI.

**Regional Scientific Meetings**

Cowan, I.+, Allison, K. K.\*, Carr, K.+, Webb, T.+, & **Meca, A.** (2021). Comparison of Hispanic College and Noncollege Emerging Adults. Poster to be presented at the 2021 Old Dominion University’s Undergraduate Research Symposium.

Webb, T.**+**, Brown, I.**+**, Carr, K.**+**, & **Meca, A.** (2020). Effects of Cultural Identity and Discrimination on Social Anxiety. Poster accepted to be presented at 2020 Virginia Academy of Science.

Dwyer, N.+, Webb, T.+, **Meca, A.,** & Judah, M. (2020). Co-rumination is associated with depression only if one holds positive beliefs about rumination. Poster presented at Old Dominion University’s Undergraduate Research Symposium.

Carr, K.+, Cowan, I.**+**, Webb, T.**+**,& **Meca, A.,** (2020). Exploring the Family Stress Model (FSM) among recently immigrated Hispanic parents. Poster presented at Old Dominion University’s Undergraduate Research Symposium.

Webb, T.**+**, Brown, I.**+**, Carr, K.**+**, & **Meca, A.** (2020). Exploring the mediating effects of American and heritage cultural practices between discrimination and social anxiety. Poster presented at Old Dominion University’s Undergraduate Research Symposium.

Higgins, J. M.+, Meca, A., & Kelley, M. K. (2019). Social support and moral injurious experiences among military personnel and veterans. Poster presented at the 2019 Virginia Academy of Science, Norfolk, VA.

Davis, R.**+**, & **Meca, A.** (2018, April). Identity Development and Academic Motivation in STEM. Poster presented at the Undergraduate Psychology Integrated Learning Community Conference at Old Dominion University, Norfolk, VA.

Kubilus, R.**+**, & **Meca, A.** (2018, April). Problematic drinking in college students. Poster presented at the Undergraduate Psychology Integrated Learning Community Conference at Old Dominion University, Norfolk, VA.

**Meca, A.** (2014, March). Ethnic and American identity development in recently immigrated Hispanic adolescents and their caregivers. Paper presented at the 4th Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A.,** Schwartz, S. J., & Stephens, D. P. (2014, February). Ethnic and American identity in recently immigrated Hispanic adolescents. Paper presented at the McKnight Mid-Year annual meeting, Tampa, FL.

**Meca, A.** (2013, March).Identity Processes and Drinking Motives. Presentation made at the 3rd Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A.** (2012, February). Positive Youth Development: Control and responsibility as a mediator of change. Presentation made at the 2nd Annual Graduate Student Scholarly Forum at Florida International University, Miami, FL.

**Meca, A**., Eichas, K., Rinaldi, R., Ritchie, R., Garcia, A., Madrazo, V., Kkasian, E., O’Dowd, B., Quintana, S., & Kurtines, W. (2009, December). Positive Youth Development: Promoting control and responsibility for life challenges. Poster presented at the 2009-2010 FIU Ronald E. McNair Symposium.

# TEACHING EXPERIENCE

**Old Dominion University**

* **Introduction to Psychology (PSYC 201S):** Spring 2019 (*n* = 74).
* **Lifespan Development (PSYC 203S):** Fall 2017 (*n* = 80), Winter 2017 (Online, *n =* 25), Spring 2018 (*n* = 113), Summer 2018 (*n* = 21), Winter 2018 (Online, *n* = 22), Summer 2019 (*n*  = 7), Fall 2019 (*n* = 74), Winter 2019 (Online, *n* = 28), & Summer 2020 (Online, *n* = 43)
* **Psychology of Adolescence (PSYC 322):** Spring 2019 (*n* = 130), Fall 2019 (*n* = 65), & Spring 2020 (*n* = 150).
* **Theories of Personality (PSYC 408):** Spring 2018 (*n* = 50), Summer 2018 (Online*, n* = 37), Fall 2018 (Online*, n* = 58), Summer 2019 (Online, *n* = 47), Spring 2020 (*n* = 116), & Summer (Online, *n* = 50 & 14).
* **Developmental Psychology (PSYC 651):** Fall 2018 (*n* = 19) & Spring 2020 (*n* = 9).

**Florida International University**

* **Developmental Psychosocial Interventions (DEP 4720):** Summer 2013 (*n* = 47).
* **Introduction to Psychology (PSY 2012):** Fall 2014 (*n* = 446) & Spring 2015 (*n* = 99).
* **Experimental Social Psychology (SOP 4214):** Summer 2012 (*n* = 37) & Spring 2013 (*n* = 48).
* **Psychology of Adolescences (DEP 3305):** Fall 2015 (*n* = 140), Spring 2016 (*n*=140), & Spring 2017 (*n*=190).
* **Research Methods (PSY 3213):** Spring 2014 (*n* = 48).
* **Senior Seminar (PSY 4931 Positive Development):** Fall 2014 (*n* = 48) & Spring 2015 (*n* = 48).
* **Senior Seminar (PSY 4931 Identity):** Spring 2016 (*n* = 48), Spring 2017 (*n* = 48), & Summer 2017 (*n* = 48).
* **Social and Personality Development (SOP 3015):** Fall 2012 (*n* = 264), Summer 2015 (*n* = 81), Fall 2015 (*n* = 140), Summer 2016 (*n* = 84), & Summer 2017 (*n* = 180).
* **Theories of Personality (PPE 3003):** Spring 2012 (*n* = 149), Summer 2014 (*n* = 100), Summer 2016 (Online, *n* = 68), & Summer 2017 (Online, *n* = 72).

**Teaching Training & Certificates**

2017 Improving Disciplinary Writing (IDW), *Old Dominion University*.

2017 Foundational Strategies for Effective Online Teaching, *Old Dominion University*.

# ADVISING & MENTORSHIP

**Graduate Student Award**

2021 **Kelsie Allison,** Outstanding Graduate Student Teaching Assistant, Department of Psychology.

2020 **Julie Rodil,** Graduate Student Award Program, Graduate School, *Old Dominion University* (Award = $3,000)*.*

**Graduate Student Supervision**

2021 – *Present* **Bethany Cruz,** *University of Texas at San Antonio.*

2020 – *Present* **Kenneth Ayers, Jr,** *Old Dominion University.*

2019 – *Present* **Kelsie Allison,** *Old Dominion University.*

2018 – 2021 **Julie Rodil,** *Old Dominion University.*

2016 – 2017 **Mariya Petrova,** *University of Miami.*

2016 – 2017 **Diana Zheng,** *University of Miami.*

2015 – 2019 **Cory Cobb,** *University of Arkansas.*

2015 – 2017 **Simon Ozer,** *Aarhus University.*

2015 – 2017 **Theodore Robison,** *University of Miami.*

2015 – 2017 **Rhoda Moise,** *University of Miami.*

2014 – 2018 **Mary Soares,** *University of Miami.*

**Dissertation Student Committees**

2020- **Emily Fisher,** *Old Dominion University*, Dissertation Committee, Member.

2020-2021 **David Moran,** *Old Dominion University*, Dissertation Committee, Member.

2019-2021 **Kelsey T. Ellis,** *Old Dominion University*, Dissertation Committee, Member.

**Master’s Student Committees**

2019- **Nhan T. Le,** *Old Dominion University*, Master’s Thesis Committee, Member.

2019-2020 **Julie Rodil,** *Old Dominion University*, Master’s Thesis Committee, Chair.

2019-2020 **Rachel Davies,** *Old Dominion University*, Master’s Thesis Committee, Member.

2019-2020 **Heather Leon,** *Old Dominion University*, Master’s Thesis Committee, Member.

2018-2019 **Caitlyn Turner**, *Old Dominion University*, Master’s Thesis Committee, Member.

2017-2018 **Elena Auer**, *Old Dominion University*, Master’s Thesis Committee, Member.

**Major Area Paper Committees**

2017 **Jessica Jenkins**, *Old Dominion University*, Major Area Paper, Member.

**Honors Thesis Committees**

2020 **Taylor Webb,** *Old Dominion University,* Honor’s Thesis Committee, Chair.

2018 – 2019 **Rachel Davis,** *Old Dominion University,* Honor’s Thesis Committee, Chair.

2012 – 2013 **Jessica Jetter,** *Florida International University*, Honor’s Thesis Committee, Member.

2011 – 2012 **Rebecca Fernandez,** *Florida International University*, Honor’s Thesis Committee, Member.

2011 – 2012 **Michelle Rodriguez,** *Florida International University*, Honor’s Thesis Committee, Member.

2010 – 2011 **Sashay Goodletty,** *Florida International University*, Honor’s Thesis Committee, Member.

**Undergraduate Student Awards**

2020 **Eneyda Nunez-Valencia,**John Evan Cash Memorial Scholarship, *Department of Psychology, Old Dominion University* (Award = $200).

2020 **Kyla Carr,** Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = $2,000)*.*

2020 **Taylor Webb,** Provost's Award for Outstanding Undergraduate Researcher, *Old Dominion University* (Award = $200)*.*

2020 **Jennise Higgins,** Elizabeth C. Guy Outstanding Academic Award, *College of Science* (Award = $50).

2020 **Taylor Webb,** Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = $2,000)*.*

2019 **Jennise Higgins,** Raymond H. Kirby Award for Best Student Presentation in the Psychology Section, *Virginia Academy of Sciences* (Award = $50).

2019 **Tedra Ballard,** Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = $3,000)*.*

2018 **Iayonna Brown,** Michael Greenspan Study Abroad Award, *Department of Psychology, Old Dominion University* (Award = $4,000)

2018 **Richie Kublius,** Undergraduate Research and Creativity Grant, *Honors College, Old Dominion University* (Award = $2,000)*.*

**Undergraduate Student Placement**

2020 **Iayonna Brown,** Master’s Program in Psychology, *Regent University.*

2020 **Kristie Robles,** Doctor of Medicine, *Ponce School of Medicine.*

2019 **Rachel Davis,** Doctoral Program in Development Psychology, *Virginia Commonwealth University.*

2018 **Gabriela Peregrino,** Master of Arts inForensic & Legal Psychology, *Marymount University.*

2016 **Lauren Glenn Reinke,** Master of Public Administration, *The University of Oklahoma.*

2014 **Danielle Cassey,** Master of Science in Counselor Education, *Florida International University*.

2015 **Ian Campbell,** Master of Science in International Law and Legal Studies, *University of Oregon.*

2014 **Merlin Cruz,** Master of Science in Counselor Education, *Florida International University*.

2014 **Christy Querol,** Doctor of Clinical Psychology, *Nova Southeastern University.*

2014 **Rebecca Fernandez,** Master of Science in Information Science and Technology, *Temple University.*

2013 **Alexis Rosen,** Master of Science in Clinical Psychology, *Palo Alto University.*

2012 **Ashley Lynch,** Master of Social Work, *Arizona State University.*

2012 **Sashay Goodletty,** Master of Science inMental Health Counseling, *Barry University.*

**Undergraduate Student Research Supervision**

2020 – 2021 **Talar Gober,** *Old Dominion University.*

2020 – 2021 **Alicia Moulder,** *Old Dominion University.*

2020 – 2021 **Brittani W. Garcia,** *Old Dominion University.*

2019 – 2021 **Eneyda Nunez-Valencia,** *Old Dominion University.*

2019 – 2021 **Taityana C. Ray,** *Old Dominion University.*

2019 – 2021 **Tim Sipes,** *Old Dominion University.*

2019 – 2021 **Kyla Carr,** *Old Dominion University.*

2019 – 2021 **Sangeeta Sharma,** *Old Dominion University.*

2019 – 2021**Isis Cowan,** *Old Dominion University.*

2019 – 2020**Nicollette Dwyer,** *Old Dominion University.*

2019 – 2020 **Vivian Rios Rodriguez,** *Old Dominion University.*

2018 – 2021 **Taylor Webb,** *Old Dominion University.*

2018 – 2021**Dariel Taylor,** *Old Dominion University.*

2018 – 2021 **Richie Kublius,** *Old Dominion University.*

2018 – 2020**Jennise Higgins,** *Old Dominion University.*

2018 – 2020 **Iayonna Brown,** *Old Dominion University.*

2018 – 2019 **Tedra Ballard,** *Old Dominion University.*

2018 – 2019 **Kristie Robles,** *Old Dominion University.*

2018 – 2019**Rachel Davis,** *Old Dominion University.*

2017 – 2018 **Gabriela Peregrino,** *Old Dominion University.*

2014 – 2015 **Lauren Glenn Reinke,** *University of Miami.*

2013 – 2014 **Danielle Cassey,** *Florida International University*.

2013 – 2014 **Ian Campbell,** *Florida International University*.

2013 – 2014 **Merlin Cruz,** *Florida International University*.

2012 – 2013 **Alexis Rosen,** *Florida International University*.

2012 – 2013 **Jessica Jetter,** *Florida International University*.

2011 – 2013 **Christy Querol,** *Florida International University*.

2011 – 2012 **Rebecca Fernandez,** *Florida International University*.

2011 – 2012 **Michelle Rodriguez,** *Florida International University*.

2010 – 2012 **Katya Cabeza,** *Florida International University*.

2010 – 2011 **Marietta Campillo,** *Florida International University*.

2010 – 2011 **Kimberly Tucker,** *Florida International University*.

2010 – 2011 **Ashley Lynch,** *Florida International University*.

2010 – 2011 **Sashay Goodletty,** *Florida International University*.

2009 – 2010 **Gabriella Harari,** *Florida International University*.

**Student Mentoring Program**

2019 – 2020**Erika Bonilla, Hispanic Mentoring Program, Office of Intercultural Relations,** *Old Dominion University.*

2019 – 2020**Mariah Johnson, ODU F1ST Mentoring Program, Center for High Impact Practices** *Old Dominion University.*

**Presentations to Students**

July 2020 **R.E.A.L. (Respect/ Engagement/ Awareness/Learning) Conversations**. Invited as a guest speaker to share perspective about how diversity intersects with leadership, *Old Dominion University*, Norfolk, VA*.*

June 2020 **McNair’s** **Scholar Hour**. Invited as a guest speaker to provide McNair Fellows with information on applying to graduate programs, *Florida International University,* Miami, FL.

April 2020 **2020 McNair Induction Ceremony**. Invited keynote speaker for the 2020 McNair induction ceremony, *Florida International University*, Miami, FL.

April 2020 **2020** **Clinical Psychology Diversity Outreach Workshop (Canceled due to COVID-19).** Invited panelist for discussion on experiences in psychology as a member from underrepresented group, *Virginia Consortium Program in Clinical Psychology*, Norfolk, VA.

November 2019 **Graduate School in Psychology.** Invited panelist for discussion on graduate programs in psychology hosted by Psi Chi, *Old Dominion University*, Norfolk, VA.

September 2019 **Careers in Psychology.** Invited panelist for discussion on careers in psychology for Introduction to the Sciences: Inward Reflections, Outward Experiences (UNIV 101), *Old Dominion University*, Norfolk, VA.

April 2019 **Graduate School in Psychology.** Invited panelist for discussion on graduate programs in psychology hosted by Psi Chi, *Old Dominion University*, Norfolk, VA*.*

April 2019 **2019 Clinical Psychology Diversity Outreach Workshop.** Invited panelist for discussion on experiences in psychology as a member from underrepresented group, *Virginia Consortium Program in Clinical Psychology*, Norfolk, VA.

May 2019 **2019 Millennium Scholars Program.** Invited panelist for discussion on getting through a doctoral program, *Society for Research in Child Development*, Baltimore, MD.

April 2018 **2018 Clinical Psychology Diversity Outreach Workshop.** Invited panelist for discussion on experiences in psychology as a member from underrepresented group, *Virginia Consortium Program in Clinical Psychology*, Norfolk, VA.

March 2018 **2018 Minority Male Student Symposium.** Hosted a workshop focused on encouraging cultural self-awareness among Hispanic Male, *Old Dominion University*, Norfolk, VA.

October 2017 **McKnight Fellows Meeting and Graduate School Conference.** Invited panelist for “Best Practices for Securing Post Doctorate Appointments and Private and Governmental Employment”, *Florida Education Fund.,* Tampa, FL.

February 2015 **Panther Alumni Week (PAW).** Invited lecturer for a Psychology Senior Seminar on Positive Psychology, *Florida International University,* Miami, FL.

October 2014 **GEM GRAD Lab**. Panelist for ‘Voices from the field’, *Florida International University*,Miami, FL.

February 2014 **Graduate School Q&A.** Panelist for Psi Chi, *Florida International University*,Miami, FL.

October 2013 **Honors Research and Graduate School.** Invited lecturer for the Discovering Your Research Potential Lecture Series by Psi Chi and the Department of Psychology Advising Office, *Florida International University*,Miami, FL.

October 2013 **Effective Teaching: The Next Frontier.** Invited lecturer for Psychology Graduate Student Association (PGSA), *Florida International University*,Miami, FL.

February 2013 **Graduate School at Florida International University.** Panelist for the Department of Psychology’s Graduate Recruitment Day, *Department of Psychology, Florida International University*,Miami, FL.

February 2012 **Graduate School at Florida International University.** Panelist for the Department of Psychology’s Graduate Recruitment Day, *Florida International University*,Miami, FL.

June 2012 **Careers in Psychology: Things You Should Know.** Workshop Leader for the Department of Psychology Advising Office, *Department of Psychology, Florida International University*,Miami, FL.

# UNIVERSITY SERVICE AND PROFESSIONAL ACTIVITIES

**Service to Department**

2020 – 2021 **Member,** **Clinical Psychology Hiring Committee,** Department of Psychology, *Old Dominion University.*

2019 – 2021 **Member,** **Clinical Psychology Diversity Committee,** Department of Psychology, *Old Dominion University.*

2020 – 2021 **Interim Chair,** **Clinical Psychology Diversity Committee,** Department of Psychology, *Old Dominion University.*

2018 – 2021 **Member,** **Introduction to Psychology Textbook Selection Committee,** Department of Psychology, *Old Dominion University.*

2018 – 2021**Member,** **Health Psychology Committee,** Department of Psychology, *Old Dominion University.*

2017 – 2021 **Member,** **Master’s Committee,** Department of Psychology, *Old Dominion University.*

2017 – 2021 **Member, Strategic Planning Committee,** Department of Psychology, *Old Dominion University.*

2020 **Member,** **Social Media Team,** Department of Psychology, *Old Dominion University.*

2019 **Psychology Faculty Representative,** Admitted Students’ Day,*Old Dominion University*

2018 **Member,** **Clinical Health Disparities Hiring Committee,** Department of Psychology, *Old Dominion University.*

2018**Coordinator, Fall 2018 Brown Bag,** Department of Psychology, *Old Dominion University.*

2018 **Psychology Faculty Representative,** Admitted Students’ Day,*Old Dominion University.*

2018 **Psychology Faculty Representative,** Scholar’s Day,*Old Dominion University.*

2017 – 2018 **Member,** **Applied Psychological Science Committee,** Department of Psychology, *Old Dominion University.*

2015 **Reviewer, Annual Department of Public Health Sciences Student Poster Reception**, *University of Miami.*

**Service to College**

2019**College of Science Delegate,****Southern Regional Education Board (SREB),** *Old Dominion University.*

2018 – 2021 **Member, Committee for College of Science Events,** *College of Sciences, Old Dominion University.*

2018 – 2021 **Member, College of Science Diversity Committee,** *College of Sciences, Old Dominion University.*

**Service to University**

*Committees*

2020 – 2021**Member,** **General Education Assessment of Human Behavior,** *Old Dominion University.*

2020 – 2021**President, Hispanic Latino Employee Association,***Old Dominion University.*

2020 – 2021**Member & Sub-Committee Leader for** **Science Content Management, Assessment, and Interdisciplinary Panels,** **Remote Experience for Young Engineers and Scientists (REYES),** *Old Dominion University.*

2019 – 2020**Vice-President, Hispanic Latino Employee Association,***Old Dominion University.*

2019 – 2020**Member,High Achieving Latinos in Engineering & Science (HALES) Summer Program Steering Committee,** *Old Dominion University.*

2019**Member,ODU’s Southern Regional Education Board (SREB) Institutional Scholar Review Committee,** *Old Dominion University.*

2018**Member, 2018 Mano a Mano Event Steering Committee,***Old Dominion University.*

2017 – 2021 **Member, Hispanic Latino Employee Association,***Old Dominion University.*

2017 – 2018 **Member, 2018 Minority Male Student Symposium Steering Committee,***Old Dominion University.*

2014 **Reviewer, McNair Scholars Research Conference**, *Florida International University.*

2011 **Reviewer, McNair Oral Defense Presentations**, *Florida International University.*

2010 **Member, McNair Associate Director Hiring Committee**, *Florida International University.*

2009 – 2010 **Founding President, Active Minds at FIU**, *Florida International University.*

*Presentations*

October 2020 **Promoting Positive Identity Development**. Invited Guest Lecturer for the 2020 Old Dominion Advising Network Conference, *Old Dominion University.*

August 2020 **Who am I? Understanding Identity Development**. Invited Guest Lecturer for the 2020 REYES Program, *Old Dominion University.*

August 2020 **Understanding Cultural Change Among Immigrant Families**. Invited Guest Lecturer for the 2020 REYES Program, *Old Dominion University.*

June 2020 **Key-Note Speaker,** **2020 Student Success Conference,** *Old Dominion University.*

April 2020 **Moderator and Panelist,** Effective Mentorship and Supervision – Inspiring the Next Generation**,** *Mentoring Monday, Faculty Diversity and Inclusion, Old Dominion University.* <https://www.odu.edu/content/dam/odu/offices/academic-affairs/videos/mentoring-monday-hlea.mp4>

April 2020**Panelist, Diverse Conversations with Dr. Key: Why is Diversity Important to Me,** Office of Faculty Diversity and Retention,*Old Dominion University.*

*Other*

August 2020 **Diversity Representative on Interviews for Dean of Darden College of Education and Professional Studies**,*Old Dominion University.*

**Service to Profession**

*Society Positions*

2019 – *Present* **Member, Diversity Science Initiative,** *Society for the Study of Human Development.*

2019 – *Present* **Member, Governing Council,** *Society for the Study of Emerging Adulthood.*

2019 – *Present* **Member, Publications and Communications Subcommittee,** *Society for Study in Child Development Latino Caucus.*

2016 – *Present* **Chair, Communications Committee,** *Society for the Study of Emerging Adulthood.*

2016 – 2017 **Member, Communications Committee,** *Society for the Study of Emerging Adulthood.*

2014 – 2020 **Member, Emerging Scholars Committee Member,** *Society for the Study of Human Development.*

*Local Planning Committee*

2014 7th Biennial Meeting for the Society for the Study of Emerging Adulthood

2013 8th Biennial Meeting for the Society for the Study of Human Development

*Registration and Volunteer Coordinator*

2013 8th Biennial Meeting for the Society for the Study of Human Development

2010 17th Annual Meeting for the Society for Research in Identity Formation

*Editorial Positions*

2020 **Editorial Board Member,** *Identity: An international journal of theory and research*

2020 **Editorial Board Member,** *Cultural Diversity and Ethnic Minority Psychology.*

2019 **Editorial Board Member,** *Journal of Youth and Adolescence.*

*Ad-hoc Journal Reviewer (years indicate first invited to serve as reviewer)*

2020 Substance Use & Misuse

2020 Sociological Spectrum

2020 Development and Psychopathology

2020 Addiction Research and Theory

2019 Self and Identity

2019 Applied Developmental Science

2019 Journal of Personality and Social Psychology

2019 International Journal of Intercultural Relations

2018 Journal of Cross-Cultural Psychology

2018 Journal of International Migration and Integration

2018 Journal of Educational Psychology

2018 Stigma and Health

2018 Asian American Journal of Psychology

2018 American Journal Orthopsychiatry

2017 Journal of Youth and Adolescence

2017 Journal of Cross-Cultural Psychology

2017 BMC Public Health

2016 Youth & Society

2016 European Journal of Developmental Psychology

2016 Developmental Psychology

2016 Cultural Diversity and Ethnic Minority Psychology

2015 Journal of Adolescence

2015 American Journal of Drug and Alcohol Use

2015 Journal of Applied Developmental Psychology

2015 Prevention Science

2015 PLOS One

2014 European Journal of Personality

2014 Emerging Adulthood

2014 Journal of Immigrant and Minority Health

2014 SAGE Open

2013 Identity: An International Journal of Theory and Research

2013 Journal of Adolescent Research

2013 Journal of Ethnicity in Substance Abuse

*Book Reviewer*

2019 Kuther, T. L. (2019). *Lifespan Development: Lives in Context*. Thousand Oaks, CA: SAGE Publications, Inc.

2019 Stangor (2017). *Introduction to Psychology*. Boston, MA: Flatworld

2015 Schwartz S.J. & Unger, J. (2017). *Oxford Handbook of Acculturation*. New York: Oxford University Press.

2015 Breedlove (2015). *Principles of Psychology.* New York: Oxford University Press.

*Conference Reviewer*

2018 17th Biennial Meeting for the Society for Research on Adolescence

2017 8th Biennial Meeting for the Society for the Study of Emerging Adulthood

2016 16th Biennial Meeting for the Society for Research on Adolescence

2015 7th Biennial Meeting for the Society for the Study of Emerging Adulthood

*Grant Reviewer*

2019 Early Career Investigator Grant, Society for Research on Child Development.

2018 Individual Research Grants., The Israel Science Foundation.

**Service to Community**

*Presentations*

April 2019 **Understanding the Cultural Experiences of Immigrant Youth.** Invited guest speaker for the 2019 Virginia Academy of Clinical Psychologists, *Newport News, Virginia.*

October 2014 **Research, Science, and Beyond**. Invited guest speaker for 6th and 8th graders at José Martí MAST 6-12 Academy, *Miami-Dade County Public School System.*

*Media Presentations*

November 2019 Interviewed for NEWS @ ODU Professorfor “Offers Advice for Turning Down the Political Heat at Thanksgiving Dinner”. <https://www.odu.edu/news/2019/11/thanksgiving_gatheri#.XfuKKVdKiUk>

June 2018 Guest appearance on WHOV 88.1 FM Radio Show “La Conexión”. <https://www.facebook.com/LaConexionConFancirAlcala/videos/vl.339888466691971/2096200887294138/?type=1>

*Community Positions*

2019 – 2021 **Member, Advisory Board,** *Hispanic Leadership Forum of Hampton Roads.*

2010 – 2013 **Member, Board of Directors,** Florida Southeast Chapter, *American Foundation for Suicide Prevention.*

2008 – 2013 **Walk Chair** (2011- 2013)**,** **University Campus Coordinator**(2010)**, &** **Walk Chair Assistant** (2009): Miami Dade Out of the Darkness Community Walk, *American Foundation for Suicide Prevention.*

# PROFESSIONAL AFFILIATIONS

**Academic Societies**

* American Psychological Association (APA)
* International Society for Research on Identity (ISRI)
* Psi Chi
* Society for Research on Adolescence (SRA)
* Society for Research on Child Development (SRCD)
* Society for Research on Child Development (SRCD) Latino Caucus
* Society for Study in Emerging Adulthood (SSEA)
* Society for the Study of Human Development (SSHD)
* Youth Suicide Research Consortium (YSRC)

**Fellowships**

* McKnight Fellowship
* NIAAA Postdoctoral Fellowship
* PRIME Fellowship
* Ronald E. McNair Fellowship

# PROFESSIONAL SKILLS

**Language**

English Native Proficiency

Spanish Moderate Proficiency

**Statistics**

**Advanced Proficiency:** Exploratory Factor Analysis, Confirmatory Factor Analysis, Path Analysis, Structural Equation Modeling, Multiple Regression, Zero Inflated Poisson Regression, Cluster Analysis, Latent Cass Analysis, Latent Growth Curve Modeling, & Latent Growth Curve Mixture Modeling.

**Moderate Proficiency:** Multi-Level SEM & Random-Intercept-Cross-Lagged Panel Model (RI-CLPM).

**Limited Proficiency:** Exploratory Structural Equation Modeling (E-SEM)

**Computer Skills**

**Advanced Proficiency:** Mplus v7.2, SPSS v22, Qualtrics Survey System, Microsoft Office 2016, hardware installation, & operations and basic repair and maintenance.

**Moderate Proficiency:** Amos, Wired and wireless computer networks, & Macromedia Dreamweaver and Photoshop (MX Edition through CS4).

# RECOMMENDATIONS

Available upon request